

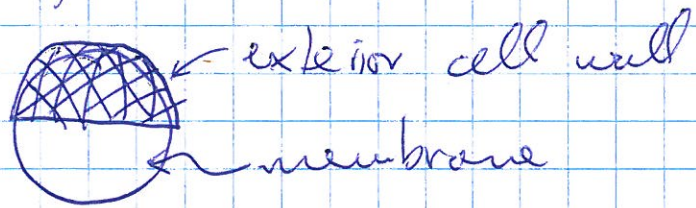
Cell Mechanics: Boal

(1)

- 10^{14} cells in body & ~200 cell types
- Physics of cell shape? movement? tissues?
- "Form follows Function" - Louis Sullivan

Architecture:

- thin membrane on a supporting cytoskeleton + rigging (ropes)
- similar to hot air balloon when $P_{in} > P_{out}$
 - system under tension



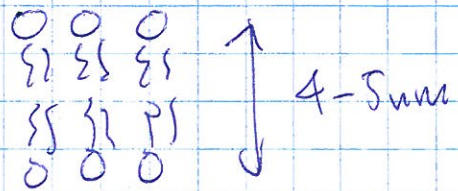
optimal layout.

- Material transport:

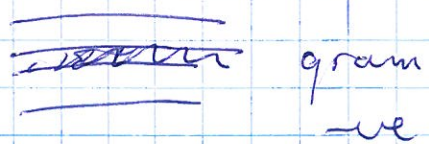
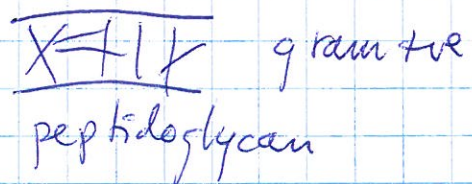


most efficient might be complex web

Bilayers:

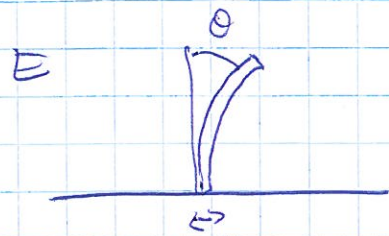


Cell walls:



Filaments & Sheets

(2)



$E \sim \theta^2 \sim K \sim d^4$
 soft materials $K \sim 100 \times$ less
 than conventional hard materials.

Rods & Ropes

• cytoskeleton = actin, intermediate filaments, microtubules

bending $E = K_f \frac{L}{2R^2} = \gamma I \frac{L}{2R^2}$ $K_f = \gamma I$

soft: $\gamma \sim 10^9 \text{ J/m}^3$, for circular rod $I \sim \frac{\pi R^4}{4}$

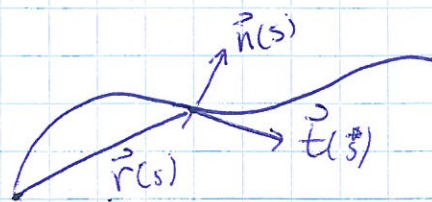
• given diff R 's for biofilaments, K_f spans 5 orders of magnitude in cell material

• Fluctuations:

$\frac{\Delta p}{kT} = \frac{K_f}{kT} \sim \frac{1}{T}$

- rubber $\sim 0.1 \times 10^9 \text{ J/m}^3$
- Plastic $\sim 1 \times 10^9 \text{ J/m}^3$
- wood $\sim 10 \times 10^9$
- Metal $\sim 100 \times 10^9$
- Diamond $\sim 1000 \times 10^9$

Continuum shapes



$\vec{t} = d\vec{r}/ds$

curvature $C\vec{n} = d\vec{t}/ds = \frac{d^2\vec{r}}{ds^2}$

$R_c = \frac{1}{C} \equiv$ radius of curvature

Hollow



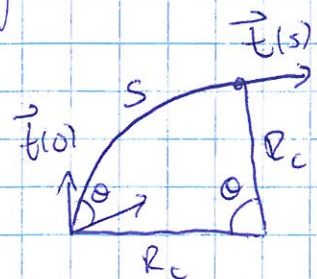
$I = \int dA x^2 = \frac{\pi R^4}{4}$

$I = \frac{\pi}{4} (R^4 - R_i^4)$

More general

$$E_{\text{end}} = \frac{K_f}{2} \int_0^L ds \left(\frac{\partial \vec{t}}{\partial s} \right)^2 \quad (K_f = YI) \quad (3)$$

Rigid:



$$s = R_c \theta$$

$$\left| \frac{\partial \vec{t}}{\partial s} \right| = C = \frac{1}{R}$$

$$\rightarrow E = \frac{K_f}{2} \frac{L}{R^2}$$

$$E_b(\theta) = \frac{K_f}{2} \frac{s}{R_c^2} = \frac{K_f}{2} \frac{\theta^2}{s}$$

Avg fluctuation:

$$\langle \theta^2 \rangle = \frac{\int d\Omega \theta^2 P(\theta)}{\int d\Omega P(\theta)}$$

$$= \frac{\int d\theta \sin\theta \theta^2 P(\theta)}{\int d\theta \sin\theta P(\theta)}$$

$$\langle \theta^2 \rangle = \left(\frac{2s}{\beta K_f} \right) \frac{\int_{-\infty}^{\infty} x^3 e^{-x^2} dx}{\int_{-\infty}^{\infty} x e^{-x^2} dx} (\sin\theta \approx \theta)$$

so

$$\langle \theta^2 \rangle = \frac{2s}{\beta K_f} = \frac{2s}{\xi_p}$$

Correlation function:

$$\langle \vec{t}(0) \cdot \vec{t}(s) \rangle = \langle \cos\theta \rangle \approx 1 - \langle \theta^2 \rangle / 2$$

$$= 1 - s/\xi_p \quad \text{for } \left(\frac{s}{\xi_p} \ll 1 \right)$$

In general: $\langle \vec{t}(0) \cdot \vec{t}(s) \rangle = \exp(-s/\xi_p)$ for arb $\frac{s}{\xi_p}$

End-to-end distance:

(4)

$$\vec{r}(s) = \vec{r}(0) + \int_0^s ds \vec{t}(s)$$

SWP

$$\langle \vec{r}_{ee}^2 \rangle = \langle [\vec{r}(L) - \vec{r}(0)]^2 \rangle = \int_0^L du \int_0^L dv \langle \vec{t}(u) \cdot \vec{t}(v) \rangle$$

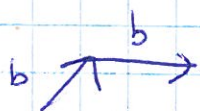
$$= 2 \int_0^L du \int_0^u dv \exp(-[u-v]/\xi_p)$$

= ...

$$= 2 \frac{\xi_p}{2} L_c - 2 \frac{\xi_p^2}{2} [1 - \exp(-L_c/\xi_p)]$$

for $L \gg \xi_p \rightarrow \langle \vec{r}_{ee}^2 \rangle \approx 2 \frac{\xi_p}{2} L_c$

so $|\vec{r}_{ee}| \sim \sqrt{L_c}$



Discrete poly: $\langle \vec{r}_{ee}^2 \rangle \sim N b^2 = L_c b$

Restricted bonds - $\sqrt{\langle r_{ee}^2 \rangle} \sim N^{1/2}$ indep of d

Self Avoidance: $\langle r_{ee}^2 \rangle^{1/2} \sim N^{1/2}$ (D: $\langle r_{ee}^2 \rangle^{1/2} \sim N^1$)

general $\boxed{\nu = 3/(2+d)}$ \equiv Flory exponent
for $d \leq 4$

$\nu_{ideal} = 1/2$

* Flory derivation p. 190

Distributions:

(5)

1D: $P(x) = \frac{1}{\sqrt{2\pi\sigma^2}} \exp(-x^2/2\sigma^2)$ $\sigma^2 = Nb^2$

slip

3D: $P(r) = \frac{4\pi r^2}{\sqrt{2\pi\sigma^2}^{3/2}} \exp(-r^2/2\sigma^2)$ $\sigma^2 = \frac{Nb^2}{3}$

Entropic force:

$P(x) \sim e^{-\frac{kx^2}{2kT}}$ for SHO & small x

so $\frac{kx^2}{2kT} = \frac{x^2}{2\sigma^2}$ so $\left[k_s = \frac{kT}{\sigma^2} = \frac{kTd}{Nb^2} \right]$

$k_s = \frac{kTd}{2z_p L_c} \propto T$

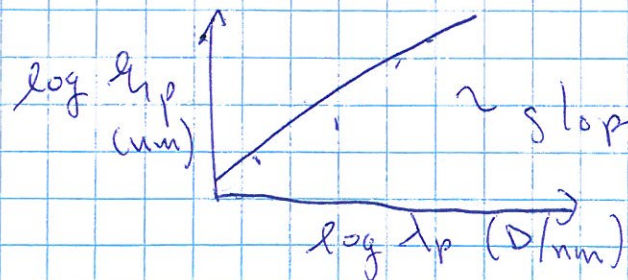
WLC:

z_p table: See table 2.2 p. 49

Generic biopolymer: $z_p \approx \pi Y R^4 / 4kT$

use mass/length $\equiv \lambda_p = \rho_m \pi R^2$

$\rightarrow z_p \approx \left(Y / 4\pi kT \rho_m^2 \right) \lambda_p^2$



$\rightarrow Y \sim 0.5 - 1.5 \times 10^9 \text{ J/m}^2$
steel $\sim 10^{11} \text{ J/m}^2$

Ch 2 Problems:

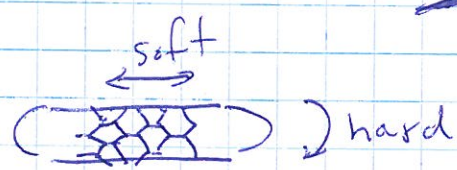
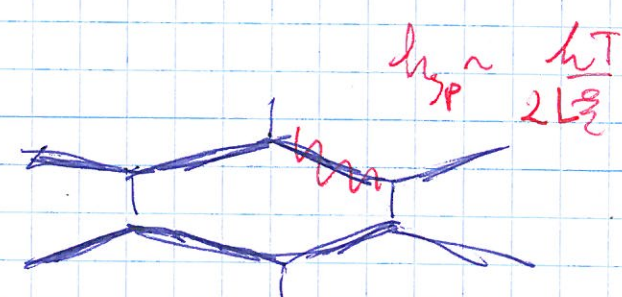
- Estimation: * 2.1 & 2.2
- Design: * 2.5, * 2.17
- Page: * 2.6 (P347)

Ship
 (in class P347)
 Math: * 2.9 (d-chain)
 * 2.14 (Estimation)

6

Ch 3 Networks

peptidoglycan



mix of soft & stiff filament

- How does the network behave?

Modes: 2D isotropic



compression/expansion - angle preserving
 Shear area preserving

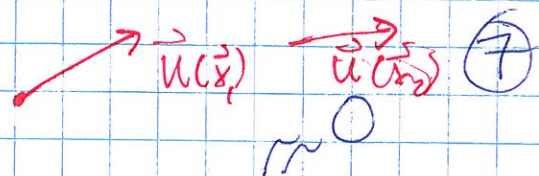
Network of springs: $K_A = \frac{\sqrt{3}}{2} k$ & $\mu = \frac{\sqrt{3}}{4} k$ (for 6-fold)

units = energy/area

@ T=0

for T ≠ 0 & ext stresses - network deforms from above and change K_A & μ .

General: Strain Tensor

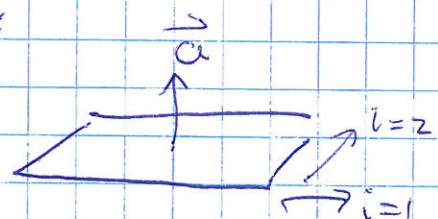


$$u_{ij} = \frac{1}{2} \left[\frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} + \sum_k \left(\frac{\partial u_k}{\partial x_i} \right) \left(\frac{\partial u_k}{\partial x_j} \right) \right]$$

here $j = 1, 2$ (or 3) $\rightarrow x, y$ (or z)

- Translation: $u_{ij} = 0$, expansion $u_{xy} = u_{yx} = 0$
 $u_{xx} = -u_{yy}$

Stresses:



$$F_i = \sum_j \sigma_{ij} a_j$$

Hooke:

$$\sigma_{ij} = \sum_{kl} C_{ijkl} u_{kl}$$

energy \rightarrow

$$\Delta F = \frac{1}{2} \sum_{ijkl} C_{ijkl} u_{ij} u_{kl}$$

Note not all C_{ijkl} are indep. Symmetries!

isotropic: $C_{ijkl} = C_{jikl} = C_{ijlk} & C_{ijkl} = C_{klij}$

\rightarrow 6 indep in 2D: $C_{xxxx}; C_{yyyy}; C_{xyxy} = C_{yyxx}$

$C_{xyxy} = \dots; C_{xxyy}; C_{yyxx}$

More symmetries: 6-Fold & 4-Fold

let $\xi = x + iy$ & $\eta = x - iy$

change in $x, y \rightarrow \xi = \xi \exp(i\theta)$ & $\eta = \eta \exp(-i\theta)$

-6-fold: $\exp(i\frac{\pi}{3})$ is invariant \therefore need equal
 need n & q an even # of times
 # of n & q or zero for non-zero $C \rightarrow$ all others

so $C_{n_1 n_2 n_3} & C_{m_1 m_2 m_3} \neq 0 \Rightarrow$ just 2

$$\text{so } \Delta F = 2 C_{z\eta\eta\eta} u_{z\eta} u_{z\eta} + C_{z\zeta\zeta\zeta} u_{z\zeta} u_{z\zeta}$$

• Components of tensor transform as products of coordinates:

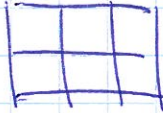
$$\text{so } \frac{\partial^2}{z^2} = x^2 + y^2 + 2ixy$$

$$\text{so } u_{z\zeta} = u_{xx} - u_{yy} + 2iu_{xy}$$

Gives

$$\Delta F = \underbrace{2C_{z\eta\eta\eta}}_{2K_A} \underbrace{(u_{xx} + u_{yy})^2}_{\text{expansion}} + \underbrace{C_{z\zeta\zeta\zeta}}_{\substack{\text{shear} \\ 2\mu}} \underbrace{[(u_{xx} - u_{yy})^2 + 4u_{xy}^2]}_{\text{shear}}$$

$$\text{6-fold } \Delta F = \left(\frac{K_A}{2}\right) (u_{xx} + u_{yy})^2 + \mu \left[\frac{(u_{xx} - u_{yy})^2}{2} + 2u_{xy}^2 \right]$$

4-fold:  6 indep: $x \rightarrow -x$ & $y \rightarrow -y$ get rid of odd # C_{ijkl}

and rotate $\pi/2 \rightarrow x \rightarrow -y$ & $y \rightarrow x \rightarrow C_{xxxx} = C_{yyyy}$

Define:

$$K_A = (C_{xxxx} + C_{yyyy})/2$$

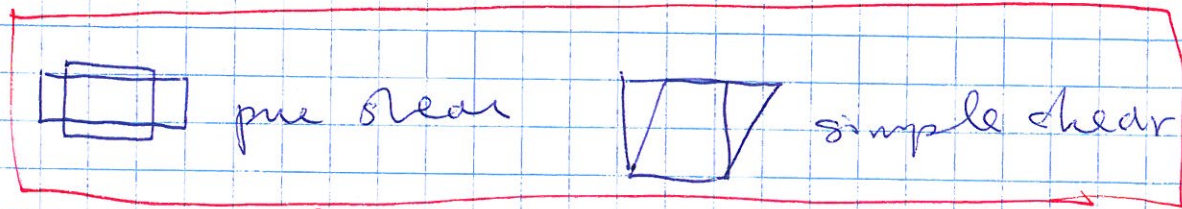
$$\mu_p = (C_{xxxx} - C_{yyyy})/2 \quad (\text{pure shear})$$

$$\mu_s = C_{xyxy} \quad (\text{simple shear})$$

9

~~50~~ ~~fold~~

$$\Delta F = \left(\frac{K_A}{2}\right) (u_{xx} + u_{yy})^2 + \frac{\mu}{2} (u_{xx} - u_{yy})^2 + 2\mu_s u_{xy}^2$$

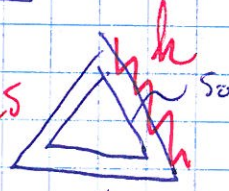


~~P=0~~ Microscopes

write K_A ; μ in terms of k

6-fold

(fluctuations only)



$$\Delta U = 3 \left(\frac{1}{2} k \delta^2\right) \text{ (units of } E)$$

$$\Delta F = \frac{\Delta U}{A_0} = \sqrt{3} k \left(\frac{\delta}{s_0}\right)^2$$

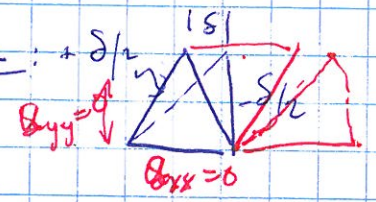
$$A_0 = \frac{\sqrt{3}}{2} s_0^2$$

Connection: $u_{xx} = u_{yy} = \delta/s_0$ & $u_{xy} = 0$ (indep)

Macro

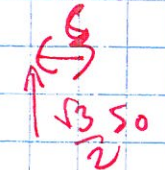
$$\Delta F = 2K_A \left(\frac{\delta}{s_0}\right)^2 = \sqrt{3} k \left(\frac{\delta}{s_0}\right)^2 \Rightarrow \boxed{K_A = \frac{\sqrt{3}}{2} k}$$

Shear



$$\Delta U = 2 \left(k \delta^2 / 8\right) \Rightarrow \Delta F = \frac{1}{2\sqrt{3}} k \left(\frac{\delta}{s_0}\right)^2$$

Macro: $u_{xx} = 0$ & $u_{yy} = 0$

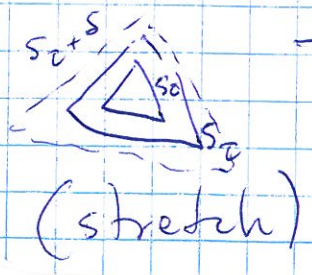


$$u_{xy} = \frac{\delta}{\sqrt{3}s_0} \Rightarrow \Delta F = \left(\frac{2\mu}{3}\right) \left(\frac{\delta}{s_0}\right)^2 \Rightarrow \boxed{K_A = 2\mu}$$

$$\boxed{\mu = \frac{\sqrt{3}}{4} k}$$

$$K_A = 2\mu \text{ (6-fold)}$$

With Stress: (6-fold) (human erythrocyte) (do 9a)



$$\boxed{K_A = \frac{\sqrt{3}}{2} k (1 - \frac{\tau}{\sqrt{3}h})}$$

$$\boxed{\mu = \frac{\sqrt{3}}{4} k (1 + \frac{\sqrt{3}\tau}{h})}$$

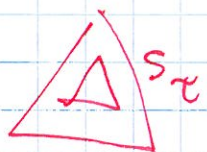
grows with τ
resists shear

qa

Energy with shear: apply τ

$$H = E - \tau A$$

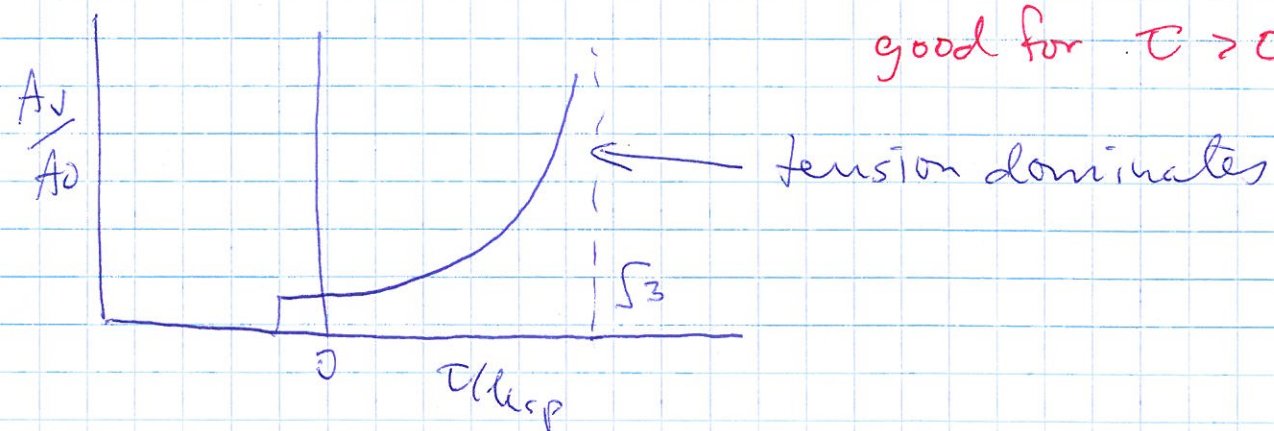
$$A_v = \sqrt{3} s^2 / 2$$



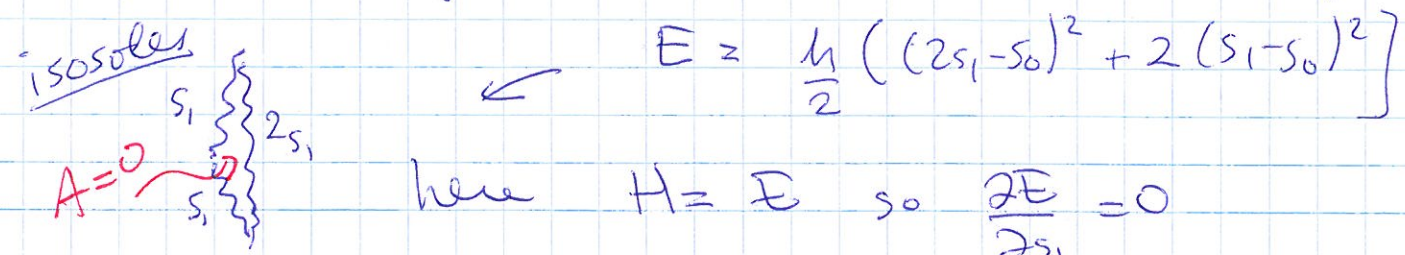
so energy/vertex: $H_v = \frac{3}{2} h (s-s_0)^2 - \frac{\sqrt{3} \tau s^2}{2}$

$$\frac{\partial H}{\partial \tau} = 0 \rightarrow s_c = \frac{s_0}{(1 - \tau / \sqrt{3} h)}; H_{\min}^{\text{equ}} = \frac{\sqrt{3/2} \tau s_0^2}{(1 - \tau / \sqrt{3} h)}$$

good for $\tau > 0$



Compression: equilateral is not the lowest E shape



$$E = \frac{h}{2} [(2s_1 - s_0)^2 + 2(s_1 - s_0)^2]$$

here $H = E$ so $\frac{\partial E}{\partial s_1} = 0$

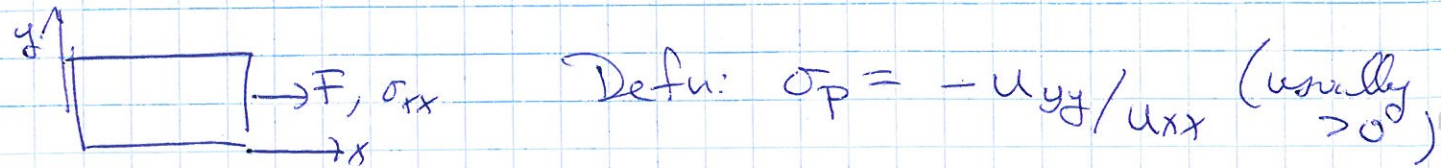
$$\rightarrow s_1^* = 2s_0/3 \quad \& \quad H_{\min}^{\text{iso}} = h s_0^2 / 6$$

collapse @ $H_{\min}^{\text{equ}} = H_{\min}^{\text{iso}}$

$$\rightarrow \tau_{\text{col}} = -\sqrt{\frac{3}{8}} h$$

Application to Poisson Ratio

(10)



in terms of elastic moduli (2D)

$$\sigma_p = \frac{(K_A - \mu)}{(K_A + \mu)} \quad \text{see Appendix D}$$

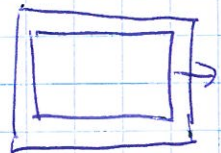
for triangle net @ OT with $\tau = 0 \rightarrow \sigma_p = \frac{(2\mu - \mu)}{3\mu}$

However @ $\tau > 0$:

$$= 1/3$$

$$\sigma_p = \frac{1 - (5\tau/\sqrt{3}h)}{3 + (\tau/\sqrt{3}h)}$$

- $\sigma_p < 0$ when $\frac{\tau}{h} \geq \frac{\sqrt{3}}{5} \Rightarrow$ -ve Poisson ratio
 \rightarrow expands



- These calculations are good for uniform length springs (i.e. low T or high τ)

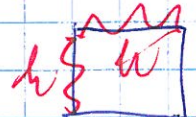
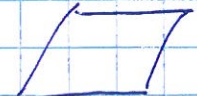
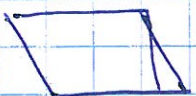
Temp dependence: Give as problem proceeding

graphs for A_0/A_0 , $K_A(T)$, $\mu(T)$ (p. 76)

\rightarrow @ finite T shapes distort & fun things happen

4-fold: (nuclear lamina)

(VI)


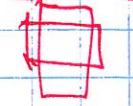

@ $T=0$    all have same F

so $\mu_s = 0$ @ $T=0$ collapse for $\tau < 0$ 

• Collapse for any $\tau < 0$ since $A=0$ minimizes H τ/μ

•  for τ & $T=0$ $H = 2 \left(\frac{1}{2} h(s-s_0)^2 \right) - \tau s^2$

• τ dependence: $K_A = \frac{h-\tau}{2}$; $\mu_p = \frac{h+\tau}{2}$; $\mu_s = \tau$
 $s_0 = \frac{1-\tau/h}{2}$

3 deform: i)  ii)  iii) 
 Problems: under $\tau > 0$

3.4 - Thermal expansion, 3.5 - real network

3.6 - Lamellar network, 3.8 -

3.9: Ideal gas, Area comp modulus. $K_A^{-1} = -\frac{1}{A} \left(\frac{\partial A}{\partial P} \right)$

$$PV = NkT \Rightarrow PA = NkT \text{ or } A = \frac{NkT}{P}$$

$$= + \frac{1}{A} \left(\frac{NkT}{P^2} \right) = \frac{1}{P}$$

• 3.10: Poisson ratio } 3.13 - 4-fold net

• 3.11 - stretch } 3.15 - honeycomb net

3.16 - asym 4-fold net

Percolation & Rheology: Viscoelastic materials

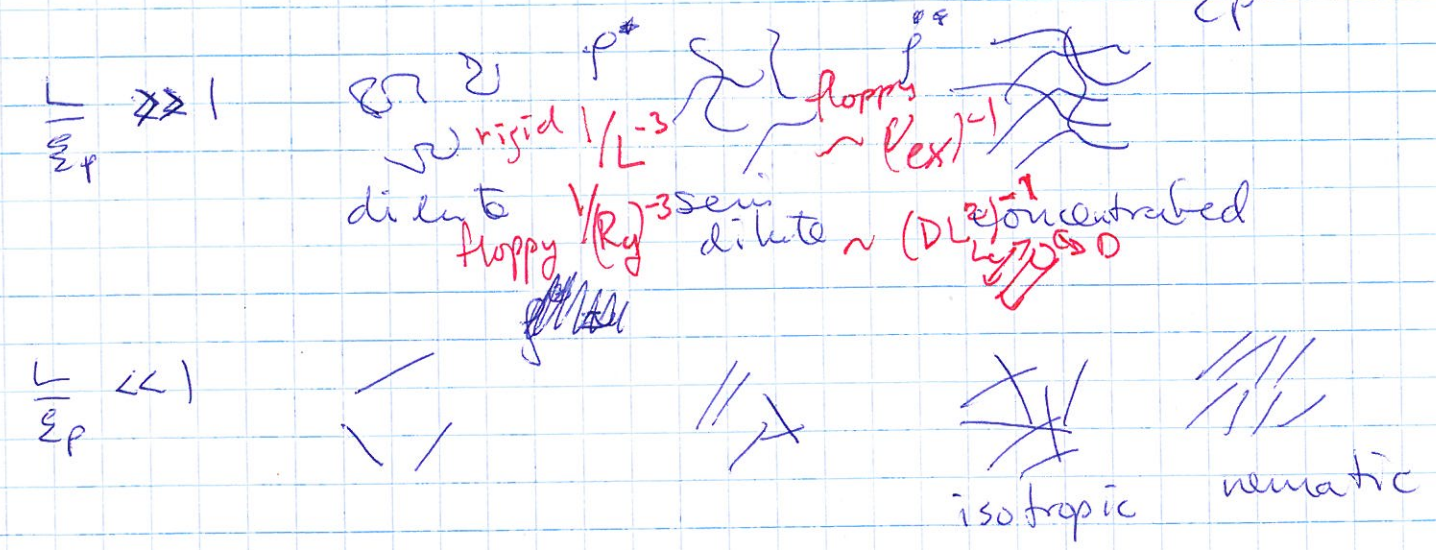
Apply strain @ ω :

$$\sigma_{xy} = \underbrace{G'(\omega)}_{\text{Shear storage modulus}} u_{xy}(t) + \frac{\underbrace{G''(\omega)}_{\text{Shear loss modulus}}}{\omega} \frac{du_{xy}}{dt}$$

(a) $G'(0) = \text{shear modulus}$ & $G''(0) = \eta$

Properties of Viscoelastic materials:

depend only on $c \equiv \text{concentration}$ & $\frac{Lc}{\xi_p}$



response?

relaxation modulus

$$\sigma_{xy} = \int_{-\infty}^t G(t-t') \frac{du_{xy}}{dt'} dt'$$

• if one waits $\sigma_{xy} \rightarrow 0$ as system relaxes

Mean H



$$u_{xy}(t) = u_{xy}^0 \sin \omega t$$

$$\frac{du_{xy}}{dt} = \omega u_{xy}^0 \cos \omega t$$

$$\begin{aligned} \rightarrow \sigma_{xy}(t) = & u_{xy}^0 \left[\omega \int_0^{\infty} \underbrace{G(\tau)}_{G'(\omega)} \sin \omega \tau d\tau \right] \sin \omega t \\ & + u_{xy}^0 \left[\omega \int_0^{\infty} \underbrace{G(\tau)}_{G''(\omega)} \cos \omega \tau d\tau \right] \cos \omega t \end{aligned}$$

• Fluid: $G'(0) = 0$

• Dense: isotropic, floppy polymer (homework)

$$\mu \sim \rho \lambda^3 T$$

↑
density