NAMETAG—swipe two fingers across your heart (where your nametag would be)
**SIT** (sĭt), v., SAT, SITTING. (The act of sitting.) The extended right index and middle fingers are draped across the back of the same two fingers of the downturned left hand. The hands then move straight downward a short distance. *Cf.* BE SEATED, CHAIR, SEAT.

**TABLE** 1 (tā' bal), n. (The shape and the legs.) The downturned open hands are held together before the chest, fingers pointing forward. From this position the hands separate and move in a straight line to either side, indicating the table top. Then the downturned index fingers are thrust downward simultaneously, moved toward the body, and again thrust downward. These motions indicate the legs.

**SUPPER** (süp' ar), n. (An evening or night meal.) The sign for NIGHT is made: The left hand, palm down, is positioned at chest height. The downturned right hand, held an inch or so above the left, moves over the left hand in an arc, the sun setting beneath the horizon. This is followed by the sign for EAT: The closed right hand goes through the natural motion of placing food in the mouth. This latter movement is repeated. The NIGHT and EAT signs may be reversed.

**QUIET** 2, n., adj., interj., v. (Quiet and peace.) The open hands are crossed before the mouth, the right palm facing left, left facing right. Then both hands held palms down, move down from the mouth, curving outward to either side of the body. *Cf.* BE QUIET 2, BE STILL, CALM, SILENCE 2.

**START** (stārt), v., STARTED, STARTING. (Turning a key to open up a new venture.) The right index finger, resting between the left index and middle fingers, executes a half turn, once or twice. *Cf.* BEGIN, COMMENCE, ORIGIN.

**HELP** (hĕlp), n., v., HELPED, HELPING. (Helping up, supporting.) The left “S” hand, thumb side up, rests in the open right palm. In this position the left hand is pushed up a short distance by the right. *Cf.* AID, ASSIST, ASSISTANCE, GIVE ASSISTANCE.

**GOOD** (gŏd), adj. (Tasting something, approving it, and offering it forward.) The fingertips of the right “S” hand are placed at the lips. The right hand then moves out and into a palm-up position on the upturned left palm. *Cf.* WELL 1.

**NIGHT** (nĭt), n. (The sun drops beneath the horizon.) The left hand, palm down, is positioned at chest height. The downturned right hand, held an inch or so above the left, moves over the left hand in an arc, as the sun setting beneath the horizon.

**FUN** (fŭn), n. (The wrinkled nose—indicative of laughter or fun.) The index and middle fingers of the right “U” hand, whose palm faces the body, are placed on the nose. The right hand swings down in an arc and, palm down, the “U” fingers strike their left counterparts on the downturned left “U” hand, and either stop at that point or continue on.