RESEARCH PARTICIPATION OPPORTUNITY

Study Title: Weaving Narrative Therapy into a Decolonizing Approach to Counselling: A Collaborative Narrative Exploration of Indigenous Healing in Canada

The research project is seeking therapists who have been trained in narrative therapy to share their stories of practicing with Indigenous clients in Canada.

If you qualify for this study, you are invited to participate in a collaborative research process informed by Indigenous research methods that will involve sharing your experience and exploring meanings of your story with the Principal Investigator. Interviews will be either video or audio recorded and can be conducted at any SFU campus (i.e. Vancouver, Burnaby or Surrey), negotiated alternative location or via telephone. You will be providing valuable information about a critical and under-published topic in mental health. In gratitude, participants in the project will be offered a token gift at the end of their involvement and reimbursed travel costs associated with their participation (i.e. transit passes or cash for parking/gas gift cards reflecting distance travelled).

Please contact the project’s Principle Investigator at katrina_smeja@sfu.ca if you:

a) are a mental health service provider who is currently registered with a professional body (i.e. B.C.A.C.C., B.C. College of Social Workers, C.C.P.A., College of Psychologists of B.C.)

b) have an active counselling practice in Canada (i.e. urban, rural or remote settings) where Indigenous clients regularly make up at least a portion of your caseload

c) have received formal training in narrative therapy (e.g. foundations level – advanced certificate)

d) integrated some narrative approaches into your practice at some point in your career, if not currently.
PARTICIPANT CONSENT FORM

Study Title: “Weaving Narrative Therapy into a Decolonizing Approach to Counselling: A Collaborative Narrative Exploration of Indigenous Healing in Canada”

1. Who is conducting this study?

Principal Investigator (PI): Katrina Smeja, Faculty of Education (katrina_smeja@sfu.ca). The study is being carried out in fulfillment of the PI’s Master’s thesis project and the findings will be reported in a manuscript that will be publicly available. The PI may present findings at academic conferences (e.g. Canadian Counselling Psychology Conference) and submit the manuscript to counselling journals, Indigenous health/studies journals, and/or qualitative research journals for publication. Efforts will be made to disseminate practical counselling implications derived from the study’s results to organizations such as the BC Association of Clinical Counsellors. The results will also be shared with the Indigenous community, in lay language, possibly through publications like The Nation magazine. No video/audio-recordings will be published.

Faculty Supervisors: Dr. Alanaise Goodwill, Ph.D. contact at 778-782-7604 or agoodwil@sfu.ca and Dr. Sharalyn Jordan, Ph.D. contact at 778-782-9075 or sjordan@sfu.ca

Co-investigators: Those who consent to participate in this study will be also known as the co-investigators. Co-investigators will be involved in reviewing their own data (i.e. transcribed stories) only and will not have access to other co-investigators’ stories.

2. Why should you participate in this study?

You are being invited to take part in this research study because you are a practitioner trained in narrative therapy who works with Indigenous clients in Canada. The study’s focus is to better understand how narrative therapy can lend itself to a decolonizing approach to counselling Indigenous clients in Canada. Your knowledge of your field and clientele will help the study convey the worldviews, life meanings and understandings of healing when working with Indigenous clients. Through a combination of a collaborative narrative process and an Indigenous research process, we hope to hear how narrative therapy has/has not supported your practice with Indigenous clients. We also hope to hear about how you might see your narrative practice fitting within the context of decolonization (i.e. decolonizing counselling).
3. **Your participation is voluntary**

   Taking part in this study is entirely up to you. You have the right to refuse to participate in this project. If you decide to take part, you may still choose to withdraw from the study at any time without giving a reason and without any negative impact on your education, employment or participation in current/future projects or services sponsored by Simon Fraser University. If you choose to enter the study and then decide to withdraw at a later time, all data collected about you during your enrolment in the project will be destroyed.

4. **How is the study done?**

   If you agree to participate, here is how we will do the study: In order to better understand how narrative therapy might fit with a decolonizing approach to counselling, we would like to ask you some questions about your experience integrating narrative therapy into your practice with Indigenous clients. Our conversation(s) will also provide opportunities to discuss your initial interest in narrative therapy, as well as your impressions on what narrative therapy might/might not offer Indigenous clients. This meeting would take place on one of the three SFU campuses (i.e. Vancouver, Burnaby or Surrey campus) or at a negotiated alternative location. You may also choose to do the interview via telephone. If you wish, we will review the transcript of our conversation from this first meeting on our own and discuss our interpretations of your story in a second meeting. You also have the option to meet a third time to read and respond to the written narrative, which will include our/your interpretations of your story. These follow-up meetings could be done on one of the SFU campuses, at a negotiated alternative location or via telephone. Our hope is to make this as collaborative of a process as possible. We estimate that we will require anywhere between 1-8 hours of your time, depending on how many aspects of the study you choose to be involved in. Each meeting could take approximately 1-2 hours (e.g. 30 mins – 2 hours), but how much time you decide to devote to this study is up to you.

   If you decide to participate in the project, our conversation(s) will be video/audio recorded during the first meeting then transcribed. Specific questions may be asked in order to clarify any uncertainties, but our hope is for you to share your story with least interruption. You may ask questions at any point during the process. If at any time you feel uncomfortable answering a question please let us know, you do not need to answer it. Or, if you want to share part of your story but do not want it recorded, please let the principal investigator know and we will turn off the recording device. If you decide to participate in the meaning making steps of this study, the second meeting will also be video/audio recorded. If you decide not to participate in the study, you will not be recorded at any point in time.

   Once the study is complete, the data (i.e. transcribed stories) will be stored on a password-protected USB for seven years to allow for future analyses, in accordance with Canadian Psychological Association (CPA) guidelines. The PI’s research supervisor, Dr. Sharalyn Jordan, will be entrusted with storing the data in her office upon the PI’s graduation from SFU.
5. Potential risks of the study
   There are no foreseeable risks to you in participating in this study.

6. Potential benefits of the study
   Though you will not experience direct benefits from participating in this study, your involvement will contribute to a largely under-published area in academia and will hopefully enrich fellow therapists’ practice.

7. Will you be paid for your time/taking part in this research study?
   You will not be paid for your time when participating in this study, but in gratitude, you will be offered a token gift at the end of your involvement, however long that might be. You will also be reimbursed costs for travel associated with your participation, limited to transit passes or cash for parking and gas gift cards reflecting the cost of distance travelled.

8. Measures to maintain confidentiality
   Whether you want to be identified by name in this project is up to you. If you do not want to be named, your decision will be respected and all information that is collected will remain confidential with regard to your identity. In that case, you will be identified by a pseudonym of your choice and identifying information on transcripts will be replaced with the chosen pseudonym. In any case, all original data (i.e. video/audio recordings) will be stored on a password-protected device (i.e. USB) and kept in a locked filing cabinet. All transcripts will be stored on a different password-protected device (i.e. USB) and identifying information (e.g. consent forms) will be filed separately. All recordings will be deleted immediately after transcription is completed. Only the principal investigator and supervisors will have access to the files.

   It is important for you to know, that although we are taking measures to ensure the privacy of those who wish to be identified by a pseudonym, you represent a small and specific group of practitioners. This means that it might be possible for other professionals/clients/community members to speculate your/other co-researchers’ involvement in the project. Throughout the study, we will check-in with you to make sure you are/are not identified to the extent you want. Please know that you have the right to change your decision throughout the research process.

   You will receive a copy of this form for your own personal records.

9. Who can you contact if you have questions about the study?
   If you have any questions about the study, feel free to contact the PI, Katrina Smeja, at katrina_smeja@sfu.ca. You may also contact Dr. Alanaise Goodwill at 778-782-7604 or by email at agoodwil@sfu.ca or Dr. Sharalyn Jordan at 778-782-9075 or by email at sjordan@sfu.ca.
10. Who can you contact if you have complaints or concerns about the study?

If you have any concerns or complaints about your rights as a research participant and/or your experiences while participating in this study, contact Dr. Jeffery Toward, Director, Office of Research Ethics at jtoward@sfu.ca or 778-782-6593.
PARTICIPANT CONSENT AND SIGNATURE

Taking part in this study is entirely up to you. You have the right to refuse to participate in this study. If you decide to take part, you may choose to pull out of the study at any time without giving a reason and without any negative impact on your employment or participation in current/future projects or services sponsored by Simon Fraser University.

- Your signature below indicates that you have received a copy of this consent form for your own records.
- Your signature indicates that you consent to participate in this study.
- You do not waive any of your legal rights by participating in this study.

In addition, please specify if you consent to the following (add your initials in the corresponding box):

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<th>YES - AGREE</th>
<th>NO – DO NOT AGREE</th>
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<td>Do you want to be contacted in the future to be part of the meaning making (i.e. data analysis) of your story?</td>
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<td>Do you want to be contacted in the future to receive a copy of the final manuscript?</td>
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<td>Do you want your name acknowledged in the research?</td>
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<td>Do you agree to be audio recorded for this research?</td>
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<td>Do you agree to be video recorded for this research?</td>
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Participant Signature                                      Date (yyyy/mm/dd)

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Printed Name of the Participant signing above

Study # 2018s0583