Appendix C: Promotion Flyer

**RESEARCH PARTICIPANTS NEEDED FOR FOCUS GROUP STUDY**

Are you a baby boomer (born between 1946-1965) living in Metro Vancouver? And do you have at least one adult child (aged 19+)?

OR

Are you age 19+, living in Metro Vancouver and have a baby boomer parent born between 1946-1965?

We would like to hear your perspectives on future family care for aging baby boomers.

Your participation will involve attending an in-person focus group with similar aged peers at a mutually agreed upon time and location.

**Note: potential participants do not need a family member also in the study in order to participate**

To participate please contact Emily Lonsdale at elonsdal@sfu.ca
Appendix E: Focus Group Informed Consent Form

STUDY TITLE: Intergenerational Perceptions of Family Care: Examining baby boomers and adult children of baby boomers

PRINCIPAL INVESTIGATOR: Emily Lonsdale, MA Candidate | elonsdal@sfu.ca | 403-875-3706 | Department of Gerontology, Simon Fraser University

FACULTY SUPERVISORS: Dr. Barbara Mitchell, Senior Supervisor | mitchello@sfu.ca | Department of Gerontology, Simon Fraser University
Dr. Andrew Wister | wister@sfu.ca | Department of Gerontology, Simon Fraser University
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A. PURPOSE
The purpose of this study is to examine perceptions of future family care from the perspective of two generations: baby boomers as future care recipients, and adult children of baby boomers as future caregivers.

B. PROCEDURES
You are invited to take part in a focus group with similar aged peers (i.e., other baby boomers, or other children of baby boomers). Please read this consent form before signing and feel free to discuss it with others. The focus group conversation will be conducted in English and discuss future family care for aging baby boomers. The focus group will take approximately 90 minutes of your time, and I will ask you to sign the form below to give permission to record the focus group discussion. I will separately collect your demographic details (e.g., gender, employment status, cultural background, and age). This optional and anonymous information will be used to reflect the general group characteristics of the study participants.

The focus group will take place in a previously agreed upon group location. The location will be private, so the conversation will not be overheard by persons not participating in the study (e.g., other visitors or staff).

Your participation in this study is completely voluntary, and you can withdraw at any time without penalty or question. If you withdraw from the study, your data will not be used. You are also free to refuse to answer any questions during the interviews, or only share what you want. As a reminder, focus groups are intended to be respectful and open group conversations about our different perspectives and experiences, therefore respecting the privacy and opinions of other participants is very important.

At the end of the study, you may receive an electronic copy of the final report, space is provided below, please check yes and provide your e-mail contact information if you want to be sent a copy of the final document. Your contact information will only be used to provide you with the results, and you will not be contacted for any other purpose.

Version: 2019June13
Page 1 of 4
**Confidentiality**

To protect your privacy, identifying information will be removed or replaced with a pseudonym (a false or generic name) during the transcribing of audio recordings. Additionally, any identifying information mentioned for non-participants will also be replaced/removed. The original focus group recordings will be safely stored on SFU's secure online server for three months, and then permanently destroyed. All other study data will be stored securely on the same SFU online server or in a locked office in the gerontology department only to be accessed by the research team. All study materials will be safely destroyed after 2 years.

After transcribing the audio files, the focus group conversations will be studied for themes and patterns. This process helps the researcher compare the conversations across the different focus groups. The electronic copies of transcripts and analysis materials will be stored in password protected files on SFU's secure server accessible only to the principal investigator and the supervisory committee.

Any information you provide will be only used in this study, and will not be used in any other way. All research materials will only be accessible to myself or my supervisors. Study materials will only be shared through secure and private methods, (i.e. in a password protected files online or in private face to face meetings).

Because this study entails focus group interviews, there are some limits to your confidentiality. Full confidentiality cannot be maintained in a group setting. We encourage participants not to discuss the content of the focus group conversations to people outside the group; however, we can’t control what participants do with the information discussed after the study is over.

**C. RISKS AND BENEFITS**

This research gives you the opportunity to talk about future care scenarios with similar aged peers and share your perspective on family care. Although this study may not present any direct benefits, encouraging more discussion of family care may result in better awareness of and supports for aging Canadians and their family caregivers.

It is also possible, that participation in this study may bring up personal or emotional topics from your life. You are welcome to contact the researcher for any follow-up questions, or consult the provided resource list to discuss these areas further with a support person.

**D. COMPENSATION**

Participants will not be paid for their participation in this study. However refreshments will be provided during the focus groups.

**E. STUDY CONTACTS**

If you would like to discuss this research further or have any questions, feel free to
contact the principal investigator or their senior supervisor:

**Principal Investigator:** Emily Lonsdale, MA Candidate | elonsdal@sfu.ca | Dept. of Gerontology, Simon Fraser University

**Senior Faculty Supervisor:** Dr. Barbara Mitchell | mitchello@sfu.ca | Department of Gerontology, Simon Fraser University
PARTICIPANT CONSENT TO PARTICIPATE

I understand the information and consent form and have had sufficient time to consider the information provided.  

I understand that all of the information collected will be digitally recorded and kept confidential.  

I understand that my participation is voluntary and that I am free to refuse to participate or to withdraw without changing the quality of care I receive.  

I would like to receive a copy of the final report.  

If you check the last box and would like a copy of the final study results, please provide your e-mail below:

________________________________________________________________

Your signature below indicates that you consent to participate in this study

______________________________  ________________________________  
Participant Name  Participant Signature  

______________________________  
Date (yyyy/mm/dd)  

If you have any concerns or complaints about your rights as a research participant and/or your experiences while participating in this study, you may contact Dr. Jeffrey Toward, Director of the Office of Research Ethics at SFU: jtoward@sfu.ca or 778-782-6593.

Please keep a copy of this form for your records.