“There are so many amazing opportunities to learn, gain valuable experience and create lasting relationships at SFU — it just takes a willing mind to seek them out.”

Carolina Costa-Giomi
4th yr. Environmental Science student
JOIN YOUR STUDENT UNION

Make new friends, socialize with like-minded students, find study partners, learn about volunteer opportunities and share survival techniques. Your DSU (Departmental Student Union) is the best place to start.

Archaeology Student Union
go.sfss.ca/unions/2/info
facebook.com/groups/27500864708

Environmental Science Student Union
facebook.com/groups/EVSCSU
Next meeting Sept 12th, 1:30pm, TASC2 7470

Geography Student Union
sfu.ca/geography/student-organizations/geography-student-union
facebook.com/groups/sfuGSU

Resource and Environmental Management (BESU) Student Union
sfu.ca/benv/BESU
Next meeting Sept 12, 12:30pm, TASC2 7470

CONNECT WITH THE FACULTY OF ENVIRONMENT

• Follow us on social – Facebook, Instagram, Twitter (@sfuenv) to stay up to date on events and volunteer opportunities; LinkedIn to see where alumni are working and to start making career connections.
linkedin.com/in/sfuenvironment
• Read our weekly e-newsletter [check your SFU email account!] for information on events, new courses, research and student stories, job and volunteer opportunities.
• Attend public talks like Pondering a Profession in Planning? Sept 19: ponderingplanning.eventbrite.ca

MAKE AN IMPACT

• Participate in our Faculty’s Environmental Stewardship Challenge on Oct 23: sfustewardship-challenge.eventbrite.ca
• Join Embark – empowering the next generation of student sustainability leaders: embark sustainability.org
• Sustainability at SFU – As a student, there are plenty of ways to advance ecological, social and economic sustainability at SFU.
  sfu.ca/sustainability/participate

OWN YOUR SUCCESS

Resources abound to support your success – get the help you need.

• Academic Advisors – Every area has a specific academic advisor that can support your course planning, so drop by and connect with them. They are your support network so reach out early and often.
sfu.ca/fenv/students/current-students/undergraduate-students/advising
• Student Learning Commons – whether you need help with study skills, writing papers, or tips to overcome exam anxiety, the SLC can help.
lib.sfu.ca/about/branches-depts/slc
• Co-op – integrate work experience with academic studies and graduate with an advantage in the job market. Your Co-op Coordinator is Paul DeGrace (degrace@sfu.ca) – stop by his office [RCB 7130] and introduce yourself!
sfu.ca/fenv/students/current-students/coop-education

MAKE TIME FOR SELF-CARE

• Health and Counselling offers a range of support services and events from Doctors to Counsellors, Dog Therapy to Mental Health Days.
sfu.ca/students/health
• Support when you need it - Download My SSP [Student Support Program] app.
sfu.ca/students/health/support/mental-health/my-ssp
• Physical activity is a great way to reduce stress, feel good, and meet people. Recreation offers a range of options including a fitness centre, intramural sports, club sports, yoga and more.
sfu.ca/students/recreation
• Studying late? Use the Safe Walk Program when heading to your vehicle.
sfu.ca/srs/security/personal-security/safe-walk

CUSTOMIZE YOUR DEGREE

• Explore minors and certificates as a way to customize your degree and set yourself apart in the workforce. Connect with your academic advisor for details.
sfu.ca/fenv/programs/undergraduate

Your university experience isn’t just about formal studies. Join our community and get more than a degree. Step out of your comfort zone and get involved.