CARING FOR SENIORS IN RESIDENTIAL CARE

Dignity in heart, mind & action

Christina Krause, Executive Director
ckrause@bcpsqc.ca  I  @ck4q
A Balanced Approach To Antipsychotic Medication Use
“How best can we work together and support each other in our efforts to improve care?”
Attendees

- UBC Department of Family Practice & Capilano University
- MoH
- Medical Directors & Directors of Care at residential care facilities (province-wide)
- Members of Shared Care Committee – Polypharmacy Committee
- BCMA; College of Physicians and Surgeons
- Patient Voices Network
- WorkSafe BC
- Community & Acute Care Pharmacists
- Health Authority Administrators for Residential Care Programs (VIHA, VCH, IHA, Fraser, Providence)
- Alzheimer Society of BC, Advocates for Care Reform
- Geriatric Psychiatrists, Family Physicians & Geriatricians
Vision

CLeAR will enhance the dignity of seniors in residential care by supporting residential facilities throughout BC to work collaboratively and with partners to deliver individualized assessment and evidence-based care, which will lead to a reduction in the use of anti-psychotic medications.
Call for Less Antipsychotics in Residential Care

- A voluntary quality improvement initiative designed to support interested teams in their efforts to address BPSD (within the context of Ministry and health authority priorities, policies and initiatives)
- Enhanced support to achieve goals for work already underway vs new work being created
- Build capability and capacity for improvement in residential care
- Bring system together to create vision of what we can achieve
Alignment Opportunities

- Shared Care Polypharmacy
- Optimal Prescribing Uptake and Support (OPUS)
- Clinical Care Management
  - Medication reconciliation in residential care
  - 48/6 in acute care
- Seniors Action Plan
- Provincial Dementia Action Plan
- BPSD Guideline Implementation Working Group
What Does This Look Like?
Our Aim

Achieve a 50% reduction from baseline in the inappropriate use of antipsychotics through evidence-based management of the behavioural and psychological symptoms of dementia for seniors living in residential care by December 31, 2014.
Goals

— Improve dignity for seniors who live in residential care with cognitive impairment through a focused collaborative and support to reduce use of antipsychotics;
— Enhance linkages of existing initiatives that align and support the work of this initiative; and
— Build improvement capability and capacity in residential care.
Guided by ...

**Partnership Alliance**

- Provide overall guidance to CLeAR
- Find and create opportunities for alignment between partners organizations/groups and CLeAR
- Share ideas and collaborate to take action through respective networks and organizations
Guided by ...

*Clinical Advisory Group*

- Provides clinical expertise and perspectives to inform the identification of resources, tools, clinical information and other related materials
- Participate in development of areas for improvement
- Collaborate on CLeAR initiative including participant engagement and implementation
# Clinical Advisory Group

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Organization</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chris Rauscher</td>
<td>Clinical Lead, Senior’s Care</td>
<td>BCPSQC</td>
</tr>
<tr>
<td>Carol Ward</td>
<td>Geriatric Psychiatrist</td>
<td>Interior Health</td>
</tr>
<tr>
<td>Elizabeth Antifeau</td>
<td>Practice Lead, Home Health, Special Populations</td>
<td>Interior Health</td>
</tr>
<tr>
<td>Kathleen McFadden</td>
<td>Medical Coordinator</td>
<td>Yucalta Lodge</td>
</tr>
<tr>
<td>Faria Ali</td>
<td>Director of Care</td>
<td>Three Links Care Centre</td>
</tr>
<tr>
<td>Betty Murray</td>
<td>Patient Representative</td>
<td>PVN</td>
</tr>
<tr>
<td>Elizabeth Drance</td>
<td>Geriatric Psychiatrist</td>
<td>Providence Health Care</td>
</tr>
<tr>
<td>Louise Joycey</td>
<td>Manager, Recreation &amp; Therapeutic Programs</td>
<td>New Vista Care Home</td>
</tr>
<tr>
<td>Chris Hunter</td>
<td>Pharmacist</td>
<td>Reid's Prescriptions</td>
</tr>
<tr>
<td>Gillian Biard</td>
<td>Quality Leader</td>
<td>BCPSQC</td>
</tr>
</tbody>
</table>
Guided by ...

**BC Patient Safety & Quality Council**

- Secretariat and leadership support to CLeAR Partnership Alliance and Clinical Advisory Group
- Explore opportunities for alignment and coordination
- Communicate progress of CLeAR to partners and initiatives
- Facilitate and track improvement efforts
- Provide improvement coaching to Action & Improvement Teams
- Provide learning opportunities including in-person workshops, resources and on-line webinars
- Support engagement of residents and families in improvement activities
- Provide funding to the initiative
How Can You Be Involved?

1. **Action & Improvement Team**
   - Receive improvement coaching
   - Participate in learning opportunities
   - Collect data to measure improvement
   - Residential care facility-level and multi-disciplinary in nature

2. **Organizational Partner**
   - Receive information resources
   - Participate in online learning opportunities

3. **Individual Member**
   - Receive information resources
   - Participate in online learning opportunities
Principles for Working Together

- Emphasis on community, collaboration & effective communication
- Multi-disciplinary care teams
- Collection and sharing of data
- Drawing upon evidence to support decision-making
- Setting realistic and achievable goals that align with existing initiatives
- Engaging residents, families and the public in opportunities for improvement
- Honouring the local context in which work is done
Opportunities to Participate

1. Partnership Group: provides overarching direction and collaboration to the initiative
   - Alzheimer’s Society, Care Providers Association, MoH, HA, WorkSafeBC and other key stakeholders

2. Clinical Advisory Group

3. Local Improvement “Teams”
   - staff from care facilities, physicians, pharmacist, HA supports, residents and families and others as identified

4. Individuals who may not be part of a local team but wish to be connected, participate in webinars, etc.
Area of Focus for Improvement

1. Medication Reviews
2. Care Planning
3. Teamwork & Communication
4. Behaviour Management (PIECES)
Measures

• Data will be collected and monitored over time.

• Some data will be reported provincially to the BCPSQC for:
  – Understanding whether we are reaching our goal; and
  – Helping us provide the kind of support that would most benefit participating teams.

• Required and optional measures:
  – Required measures will be collected on a monthly basis and reported to BCPSQC
  – Optional measures are area teams may also want to collect data on to determine how they are doing in their improvement work.
Proposed Activity Plan

- Call to Action (*June*)
- Information Calls (*June 18, 25 & July 9*)
- Team Enrollment Deadline (*August 30*)
- Call to Action Kick-Off (In-person) (*October 9*)
- Online Webinars (*monthly*)
- Site Visits / Coaching for Teams
- CME for Physicians & Pharmacists
Interested? Questions?

We hope you will join us!

rescare@bcpsqc.ca