Established in 1982, the Simon Fraser University Gerontology Research Centre (GRC) promotes and conducts innovative interdisciplinary research on topics relating to individual and population aging and provides research and consultation services to the academic community, government, public and private organizations. The GRC supports a Communication Officer; has an active publications program (including our two newsletters, *GRC News* and *Seniors’ Housing Update*); hosts workshops and conferences (*John K. Friesen Conference in Gerontology* and *Ellen M. Gee Memorial Lecture*); and provides free public lectures. The GRC maintains an exceptional national and international reputation as a top-tier centre. The primary research activities of the GRC entail both basic and applied gerontology in six thematic areas. These include:

1) **Aging and the Built Environment**: Research on planning, design, development and evaluation of housing, care facilities, community environments and enabling technology.

2) **Changing Demography and Lifestyles**: Examination of the impact of changes in the timing of life events and in retirement, pension and income support policy and programs.

3) **Health Promotion/Population Health and Aging**: Examination of determinants and consequences of population aging and health, development and evaluation of programs that assist seniors to improve their mental and physical health, resilience, coping with chronic illness, and prevention of disability.

4) **Prevention of Victimization and Exploitation of Older Persons**: Research and development of programs to prevent financial, psychological, physical and sexual abuse of older people, and facilitate access to rights and services.

5) **Technology and Aging Research**: Development and evaluation of technologies to support independent living and enhance quality of life.

6) **Culture and Aging**: Examination of ethnic-cultural dynamics of aging, including access to services, diaspora, family relationships, and resilience.

**Leadership**

The current Director, Professor Andrew Wister, was appointed on September 1, 2016. Professor Habib Chaudhury is the Associate Director. The Centre is governed by the GRC Steering Committee which provides guidance to the GRC Director; fosters the interests of the GRC within SFU and the wider academic community; reviews the position of Director and recommends reappointment or succession; reviews the strategic plan of the GRC and provides guidance in its primary goals, resources and feasibility. The GRC comes under the authority of the Dean of Arts & Social Sciences.
GRC Steering Committee:

Chair: Dr. Scott Lear, Professor Health Sciences, SFU
Dr. Andrew Wister, GRC Director, Professor Gerontology, SFU
Dr. Habib Chaudhury, Chair, Department of Gerontology, SFU
Dr. Nancy Olewiler, Director, School of Public Policy, SFU
Dr. Dawn MacKey, Associate Professor, Biomedical, Physiology, & Kinesiology, SFU
Dr. Steve Robinovitch, Prof. School of Engineering Science SFU
Dr. Theodore Cosco, Assistant Professor, Department of Gerontology, SFU
Dan Levitt, Executive Director Tabor Village

Core People

Director: Dr. Andrew Wister, Sept. 1, 2016–present
Associate Director: Dr. Habib Chaudhury, Sept. 1, 2016–present
Research Associate: Dr. Gloria Gutman, Sept. 1, 2016–present
University Research Associate: Dr. Sarah L. Canham, Sept. 1, 2016–present
University Research Associate: Dr. Sharon Koehn, Sept. 1, 2018–present
Post-Doctoral Fellow: Dr. Theodore D. Canham, Nov. 1, 2017–Dec. 31, 2018
Post-Doctoral Fellow: Dr. Susan Peters, Jan. 1, 2018–Dec. 31, 2018
Manager, CLSA Data Collection Site: Dr. Heather Stewart, Sept. 1, 2016–present (+12 RAs/staff)
Manager, CLSA CATTI Site: Nicole Pernat, Sept. 1, 2016–present (plus 4 RAs/staff)
Statistician: Ian Fyffe, Sept. 1, 2016–present
Communications Officers: Ray Adams/Aman Chandi/Kevin R. Wagner, Sept. 1, 2016–present

Current Funded Research

April 2019–April 2020

April 2019–April 2020

December 2018–December 2020
**December 2018–June 2020**

**Gutman, G.** Co-I (PI: Blaber, A. P.; Co-Is: McPherson, L., Scarisbrick, T., Tavololian, K. & Xu, D.) From orbit to bedside: Using space-based bed-rest techniques to study cardio-vascular and skeletal muscle-pump orthostatic reflexes with and without a strength and HIT exercise intervention to prevent falls in older adult patients after hospitalization. CHIR. Total: $200,000. GRC:$0.

**Nov 2018–Oct 2019**


**September 2018–August 2019**


**September 2018–August 2019**


**June 2018–May 2021**


**April 2018–March 2021**

**Wister, A.** SFU Lead/Co-I (PIs: Raina, P. Kirkland, S., & Wolfson, C). Canadian Longitudinal Study on Aging (CLSA) follow-up wave II comprehensive and tracking cohorts. CHIR: Targeted 3-Year Direct CHIR Grant. Total: $41.6 million nationwide; Direct to Wister/GRC: $874,633; to Data Collection Site FU2: $551,556; to Computer-Assisted Telephone Interview Site FU2: $323,086.98.

**April 2018–March 31, 2019**

**Gutman, G.** PI. Making it matter: Mobilizing aging research, practice and policy. SSHRC: Connection Grant. Total: $25,000; Direct to Gutman/GRC: $25,000.

**October 2018–August 2019**


**September 2018–March 2019**

**Canham, S. L.** PI (Co-PI/ Lead Agency: Anthony Kupferschmidt (West End Seniors’ Network)). Convening grant for community dialogue on “promoting a healthy drinking culture in BC.” Community Action Initiative: 6-Month Contract. Direct to Canham/GRC: $3,344.
January 2018–December 2018


November 2017–April 2020


November 2017–November 2018


April 2017–March 2019


March 2017–April 2020


March 2017–March 2019


September 2016–December 2019


September 2016–May 2019


Completed Research:

January 2017–December 2017

September 2016–January 2017

March 2016–March 2017

April 2015–March 2018

April 2015–March 2018
Wister, A.: SFU Lead/Co-I (PIs: Raina, P., Kirkland, S., & Wolsson, C.). Canadian Longitudinal Study on Aging (CLSA) follow-up wave I comprehensive and tracking cohorts. CIHR: Targeted 3-year Grant. Total of $41.6 Million; Direct to Wister/GRC: $975,350 combined for DCS and CATI sites.

April 2012–March 2018

Books, Monographs:


Book Chapters:


Articles in Refereed Journals:

In Press:


2019:


2018:


**2017:**


**2016:**


**Selected Reports:**


**Invited Plenary Lectures, Keynotes, Distinguished Lectures and Panels:**


**Wister, A.**: Invited Keynote Speaker. (2016, December 5). Inherent tensions between population aging and health care system innovation: What can we expect the future to look like? *Conference Board of Canada, Healthy Aging and Seniors: Strengthening Quality of Life*, Ottawa, ON.


**Conventions Organized and Chaired:**


**Symposia Organized**

Selected Media Activities (TV, Radio, and Newspaper)


Wister, A. CLSA on the Hill (Ottawa) – The Canadian Longitudinal Study on Aging released its first report on health and aging in Canada in Ottawa with over 100 members of Parliament in attendance Tuesday, May 22, 2018. The report (funded by Public Health Agency of Canada) is on the CLSA website and resulted in numerous media reports on the social isolation chapter (Wister et al.).


