WOMEN'S STUDIES PROGRAM

FALL 1989
HARBOUR CENTRE/EVENING
(Sec. E1)

W.S. 001-3
ISSUES IN WOMEN'S HEALTH AND HEALTH CARE

Issues will be those important to women as recipients and providers of health care. Biomedical, psychosocial and cultural-ideological models will be explored. Main topic areas will be:

1. The health care industry and its promulgation of patriarchal beliefs about women. Institutional negligence and violence directed towards women by drugs, diagnoses, and unnecessary surgery.

2. Specific topics such as menstruation, PMS, birthing, mothering, contraception, infertility, and new reproductive technologies, sexually transmitted diseases (including AIDS), cancers and diseases which are specific to women, stress, substance abuse, menopause and aging, depression, eating disorders, and anxiety. These will all be discussed in the context of self-care practices, and informed consumption of medical care when necessary.

3. The relationship of women's work, both domestic and occupational, and women's health.

4. The health needs of particular groups of women will be explored: lesbians, native women, disabled women, immigrants, women of colour, elderly women, pregnant women, and so on.

5. Self-care, alternate models of health care, and the Women's Health Movement.

REQUIRED READING


RECOMMENDED READING


Ehrenreich, B. & English, D., For Her Own Good: 150 Years of Expert's Advice to Women. (Garden City, N.Y.: Anchor Books, 1979)

(cont'd)


**ASSIGNMENTS**

- 30% Health Her-Story (4-6 pages, mid-term)
- 30% Research Paper (6-8 pages, December)
- 25% Take-home Final Exam (6 pages)
- 15% Tutorial Participation & Tutorial or Class Presentation

**Note** *This course does not count toward the WS minor.*

**THIS COURSE MAY BE APPLIED TO THE CERTIFICATE IN LIBERAL ARTS**