Welcome

Welcome to the School for the Contemporary Arts (SCA) at Simon Fraser University, and welcome to the dance area. This handbook contains practical and helpful information about the SCA and information specific to the dance area. If after reading if you still have questions, please feel free to consult any of the full time Dance Faculty or Barbara Ringham, the Undergraduate Advisor.

The SCA Dance Area provides the unique opportunity to study, create and perform dance within a collaborative, interdisciplinary department. The program features a variety of courses that include dance technique and composition, choreography, repertory/performance, and the history and aesthetics of dance. These are enriched by other courses in improvisation, somatic approaches to body conditioning and dance/movement analysis. Our students are challenged in studio and lecture courses to be versatile and articulate, to interact with new technology, and to understand that the collaborative process is crucial to their development as contemporary artists. They are also encouraged to engage with contemporary ideas and concepts of dance as an art form that is historically linked to a range of other art forms. We believe in a versatile approach to training and, to this end, offer technique courses in modern, contemporary, and ballet techniques. Additionally, courses in experimental anatomy and body conditioning introduce students to the fundamental principles of movement. Our studio courses complement a wider set of lecture courses in aesthetics, history and critical theory offered by other disciplines throughout the School. The dance program is enriched with courses from Film, Music, Theatre Performance, Theatre Production and Design, Visual Art, and Art, Performance and Cinema Studies.
## Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>General Information</td>
</tr>
<tr>
<td>II</td>
<td>Dance Faculty</td>
</tr>
<tr>
<td>III</td>
<td>Curriculum Option</td>
</tr>
<tr>
<td>IV</td>
<td>Counseling Services</td>
</tr>
<tr>
<td>V</td>
<td>Studio Booking</td>
</tr>
<tr>
<td>VI</td>
<td>Campus Resources and Services</td>
</tr>
<tr>
<td>VII</td>
<td>Productions</td>
</tr>
<tr>
<td>VIII</td>
<td>Dancers Health</td>
</tr>
<tr>
<td>IX</td>
<td>SCA Grading Guidelines</td>
</tr>
<tr>
<td>X</td>
<td>Dance Student Union</td>
</tr>
<tr>
<td>XI</td>
<td>SFU Calendar</td>
</tr>
<tr>
<td>XII</td>
<td>Curriculum</td>
</tr>
</tbody>
</table>
I General Information

Dance is one of six disciplinary areas in The School for the Contemporary Arts. Each area has its own coordinator. The School has a Chair and an Associate Chair, an academic adviser and staff that administer the programs from the Main Office in the SCA.

Director: Elspeth Pratt (2019/20 Arne Eigenfeldt)
Associate Director: Rob Kitsos
Undergraduate Chair: Claudette Lauzon
Area Co-ordinators: Each area has its own area coordinator.
Undergraduate Advising: Barbara Ringham/ Dean Lastoria
Budget/ Administration: Kristen Schiefke
Secretary to the Director: Samantha Diamond
Administrative Assistant: Julie Beauvez

SFU Woodward’s
SFU’s acclaimed School for the Contemporary Arts unique dance, film, music, visual arts, and theatre training programs are located at the stunning cultural facilities within the redeveloped Woodward’s complex on Hastings Street in downtown Vancouver.

The SFU Woodward’s includes various teaching studios, a multimedia centre, and a sound stage and features a cinema, a flexible theatre and two studio theatres, a world art studio, and a gallery.

Lecture Rooms are spread across the University’s main campus in Burnaby. Other courses may take place at the downtown SFU campus at Harbour Centre or the SFU campus in Surrey.

Students are strongly advised to set up their computing accounts as soon as possible after registration in order to access e-mail, computing labs, individual storage and web space on the University’s computing network. External email addresses do not work with SFU computerized course lists.
Orientation Week
During the first week of classes, there is a general meeting for dance students and faculty. This meeting welcomes new students, transfer students and returning students. Faculty and guest sessonal instructors are introduced and information about the program, productions and scheduled guests is presented. Additionally, during the first week placement classes are held for those registered in all the contemporary technique groups. Students are observed by all contemporary technique faculty and at week’s end are assigned to an appropriate level.

The **Dance Area Coordinator** acts as the liaison between students and faculty and co-ordinates general administration within the area. This is a rotating position. All faculty, full as well as part-time, are available for tutorials and consultations throughout the semester. If a student has personal concerns, his or her first port of call is the **course instructor**. If these concerns are not resolved, then that student may approach the **area co-coordinator**. If the student’s concerns are still not adequately addressed, the next step is to make an appointment to see the **Associate Director**.

**Academic Advising**
Students should meet at least once a year with the Undergraduate Advisor Barbara Ringham to ensure that courses are taken in the appropriate sequence and that program and degree requirements are being met. It is important that course selections are made according to student’s year of study in order to satisfy course prerequisites and to avoid scheduling difficulties. Academic advising hours are posted outside the general office. The student is advised to bring a copy of their transcript to the meeting.
II Dance Area Faculty

**Henry Daniel** (Professor) MA, City University, London. Ph.D., Bristol Henry Daniel (Professor) MA, City University, London, UK. Ph.D., Bristol University, Bristol, UK. Henry attended the Boston Conservatory of Music and the Juilliard School in New York as a dance major student. He performed as an actor with Derek Walcott’s Trinidad Theatre Workshop, as a dancer with the Alvin Ailey American Dance Centre Workshop, and was a soloist with the José Limón Dance Company of New York. He danced and choreographed at State Theatres in Freiburg, Münster and München in Germany and was Artistic Director of Henry Daniel and Dancers in Germany and the UK. He taught as a dance, theatre and performance lecturer at City University London (The Laban Centre), the University of Hull (UC Scarborough), University of Plymouth (Exmouth) and the University of Southampton (KAC Winchester). He is Artistic Director of Full Performing Bodies, a vehicle for his primary research in Dance, Performance Studies and New Technologies. Henry teaches both studio and lecture/ seminar courses on the undergraduate programs in the School, the MFA in Interdisciplinary Studies, and the MA in Comparative Media Arts.

**Marla Eist** (Associate Professor) BA, American University, DC. MFA, New York University, NYU. Performer and Choreographer-Eist studied at Washington School of Ballet, Pennsylvania Ballet, Pittsburgh Ballet Theatre, Royal Winnipeg Ballet Professional Program, and with Larry Rhodes, Maggie Black, Majorie Mussman, Cindi Green and Zvi Gotheiner, among others in NYC. She performed with DC Contemporary Dance Theatre (Washington, DC), The Green Room (New York City), Sybil Dance Company (Philadelphia). Marla was awarded a full fellowship and received her MFA in dance from Tisch School of the Arts, NYU. Her choreography has been presented nationally and internationally. Her teaching is heavily influenced by somatic practices, functional anatomy and injury prevention. Teaches ballet, contemporary technique, movement fundamentals, repertory, and composition. repertory, and composition.
Judith Garay (Associate Professor) London School for Contemporary Dance. A graduate of the London School for Contemporary Dance, Professor Garay has also been a Principal Dancer with the Martha Graham Dance Company in New York. She is Artistic Director of Dancers Dancing, a Vancouver based contemporary dance repertory company. With Dancers Dancing she choreographs, commissions new works, remounts existing choreography and tours regularly. Her international career as a dancer, choreographer and teacher has taken her throughout Europe and North America. She has danced the works of numerous choreographers, choreographed more than forty dances and taught at universities, colleges, professional schools, festivals and professional companies. At SFU, she teaches contemporary dance technique, composition, and repertory and has engaged students as part of the Dance Area’s Apprentice Program to understudy with her company Dancers Dancing.

Rob Kitsos (Professor) BA, Theatre/Dance, Bard College, MFA, University of Washington. Performing artist, choreographer, dancer, and musician, Rob has been a full time faculty member at the University of Washington (1998-2002) as well as a Senior lecturer at the Hong Kong Academy for Performing Arts (2002-2004). He has studied mime at Ecole Jacques Lacoq in Paris, been a member of over fifteen dance companies- created over 100 works and has performed in Europe, Asia, South America and the United States in dance styles from ballet and modern to hip-hop. He has composed and performed his own sound scores for choreography and experiments with digital video production and photography. He currently teaches contemporary technique, composition, dance aesthetics, interdisciplinary collaboration and repertory.

Cheryl Prophet (Senior Lecturer) BFA York University Canada Cheryl is a dance educator and choreographer. She is also a Certified Movement Analyst in Laban/Bartenieff Movement Studies (CMA) and Certified in the Level 1 Franklin Method. She has an extensive background in experiential anatomy, Pilates, Yoga and various somatic practices. She trained in ballet, contemporary
dance and voice work in Montreal, Toronto, Vancouver and New York City. Formerly from Montreal, she performed and toured nationally and internationally with Le Groupe de la Place Royale, Fortier Danse Creation and Fondation Jean-Pierre Perrault. She was also active in the independent dance scene in Montreal and Vancouver as a dancer and choreographer. She teaches contemporary dance technique courses, improvisation and dance composition, interdisciplinary studio in composition and collaboration, movement fundamentals, repertory and movement analysis. She has taught extensively at various institutions including eight years in the dance department at Université du Québec a Montréal and internationally at the 2009 Guangdong International Dance Festival in China. She was an advisor and faculty member for the 2010 Vancouver-based Laban/Bartenieff and Somatic Studies International program. She has presented at numerous conferences nationally and as a consultant for media. Cheryl’s choreography has been presented nationally and internationally.

Ron Sterling: (Head Accompanist) Using Drums, Percussion and Voice and anything else he can get his hands on, Ron has been accompanying African, Modern, Contemporary and even Ballet dance classes for almost 30 years. He has performed across Canada and throughout North America and the world for even longer than that. In the past 15 years Ron has been teaching hand drumming and has also been facilitating corporate and community rhythm events. His life revolves around his family and exploring all things rhythmic. Life is Rhythm is Life

* Part-time dance instructors (sessionals) vary from semester to semester and including Megan Walker-Straight, Emmalena Fredrickson, Edmond Kilpatrick, Antonio Somera, Kim Sato, Megan Andrews, Gurpreet Sian, Delina Law and more.
III Curriculum Options:

To graduate with a **BFA in Dance**, a student must complete 79 credits from the major, plus 41 credit Faculty of Arts Breadth requirements within a total of 120 credits required for the degree. (Please refer to SFU Calendar for details [http://students.sfu.ca/calendar](http://students.sfu.ca/calendar) An **extended minor in Dance** requires a minimum of 48 credit hours in dance and related areas in contemporary arts.

The School also offers a **joint degree/diploma program** with the National Ballet School Teacher Training Program (TTP). This five-year program allows students to initiate their studies at either SFU or the National Ballet School (NBS). To obtain a BFA degree and a NBS Teacher Training Diploma, students must spend their first three years at SFU and then transfer to the NBS for the remaining two years. Students who transfer to SFU after three years of study at NBS and complete two years of training at SFU receive a Bachelor of Arts degree and the NBS Teacher Training Diploma. Students interested in pursuing this program are advised to declare their intention during the first year of study at SFU as there are specific requirements that must be adhered to. Before entering the NBS portion of the joint five-year program, students must have successfully completed the R.A.D or Cecchetti Elementary Examination. Please note that these exams are not offered at SFU. Students will be expected to audition for the National Ballet School Teacher Training Program.

**SCA Honors Programs, Dance Major (BFA Hons)**

The six areas, Dance, Film, Music, Theatre, Visual Art and Art and Culture, proposed five BFA majors and our BA program. This is a more comprehensive and high quality education for some of our most committed and highest achieving students. To apply for program entry, students complete the same lower and upper division requirements as the major program, and have a minimum 3.5 grade point average in CA courses, and a 3.0 CGPA. To complete the program, 132 units are required, including the selection of listed courses, and maintenance of a minimum 3.5 grade point average in upper-division CA courses.
**Master of Fine Arts Program (MFA)**
The School for the Contemporary Arts offers a unique Master of Fine Arts program in Interdisciplinary Studies. It is dedicated to fostering creativity through interdisciplinary explorations, studio training and the integration of new technologies in the fine and performing arts. The program offers advanced professional training for artists in dance, film, theatre and visual art. Admission is highly competitive and substantial training in at least one art discipline, evidence of an active art practice, and a clear interest in interdisciplinary experimentation and the interrelationships among the arts is expected. For the MFA application students are required to submit a portfolio of work, letters of reference, and artist statement. Applicants may be asked to audition.

**CA 306/406: Internship in Contemporary Arts I,II**
This course is intended for advanced students to gain hands-on learning experience with an arts organization. This can include artist run centres, film festivals, media arts or performance venues, galleries, museums, and arts publications. The student’s time in the internship should total approximately between 80-120 hours, to be carried out over the course of a semester. Projects can involve apprenticeships, research, writing, organizing events, curating exhibitions and programs, public relations, media production, archiving, and related activities. This course can be repeated for credit.

**CA 306/406** can include apprenticeships - which provides talented senior dance students with opportunities to apprentice with professional choreographers in the local community. This pre-professional dance experience is excellent preparation for students intending to pursue a career in performance.

**Guidelines for CA 306/406** Students must be upper division, third or fourth year students and depending on the internship, have completed either:
CA 326-3    Repertory I or 327-3 Repertory II
or

**Apprenticeships** may also be done for credit under the Directed Studies course number CA 400-1-9. Refer to the SFU calendar for information about this courses. On average, the number of credits received for a course is determined by the amount of time students spend in class and outside of class on assignments. For example, a 3-credit course requires approximately 9-12 hours total per week, a 4- credit course approximately 12-16 hours per week and a 5-credit course about 15-20 hours per week. This number is multiplied by the 13-week semester. Select the appropriate DS course number according to the scope of the apprenticeship project.

**Directed Studies**
The following course numbers are used for directed studies courses:

- CA 400 (1-9) Directed Studies (Studio)
- CA 401 (1-9) Directed Studies (History/ Theory)

Prerequisite: 60 units plus a minimum standing of completion of second year in any of the programs offered in the School for the Contemporary Arts, and prior approval.

Directed Studies (DS) courses are designed for the upper division student who has shown outstanding initiative as well as creative and organizational skill, who wants to undertake an independent course of study that cannot be accommodated by regular course offerings. The dance area does not accept directed studies for training programs. The directed study course is designed for independent projects in areas of study or research that fall outside the offerings of the SCA Dance curriculum.
A directed studies course may involve studio work (CA 400) or academic research (CA 401) and range between 1 credit and 9 credits. All directed studies projects must be approved before registering, both by the supervising dance faculty member, and by the Dance Area Coordinator. Because of the occasional high demand for directed studies, not all proposals can be accepted.

An academic directed studies in history/theory (CA 401) may include research papers, journals, or other research related to dance.

A directed studies project in studio (CA 400) is designed as the culmination of previous study in dance composition. Students are advised to complete CA 324 (New Dance Composition) before applying for a directed studies project in choreography. Directed studies projects may be presented as informal showings in the studio during the semester. The focus of DS projects is primarily on the process of creation/development as opposed to the production of a public performance.

Each DS student is in charge of writing a proposal and approaching a full-time dance faculty member to supervise the directed study 6-8 weeks before the start of the semester. [for the Fall semester, by April 1st; for the Spring semester, by November 1st.

*To apply for a Directed Study, see a full time faculty member for the application process.

**IV Counseling Services**

SFU offers counseling for students who need support in any way transitioning into university life, or any other personal challenges. To access counseling services at the Burnaby campus please Student Services Heath and Counseling: http://www.sfu.ca/students/health.html
SFU Heath and Counseling:
Vancouver Clinic
Hours: 9:30 am – 4:30 pm
Monday – Friday*
Phone: 778.782.5200
Location: Harbour Centre, Room 300
Lower level at the base of the escalator

Burnaby Clinic
Hours: 9:00 am – 4:30 pm
Monday – Friday
Phone: 778.782.4615
Location: Maggie Benston Centre, Room 0101
Bottom floor

**(new) Student Support Program

My SSP (Student Support Program) is a two year pilot initiative that offers 24/7 immediate counseling support via phone or chat as well as the option for booked, ongoing counseling appointments with the same counselor. There is no cost for SFU students to access counseling support for My SSP -SFU and the SFSS have paid for the pilot - it is available for all SFU students - graduate and undergraduate.

If a student is interested in booking ongoing/ in-person appointments with a My SSP counselor they would phone the My SSP main number (available through the app or they can call directly) and request an in-person appointment. They can also request their preferred location for in-person counseling (eg. if they live in North Van they could request a counselor in North Van - however, the more flexible they are with location the faster they will likely get in for an appointment). Students can also request counseling in a specific language - for either the immediate support option or the ongoing counseling option. Here is more info about My SSP and how to download the app: https://www.sfu.ca/students/health/support/mental-health/my-ssp.html
V Studio Bookings

Students registered in courses in the SCA may book additional studio time to work on projects. Here are the guidelines for using the SCA studio spaces:

1. Students may book space for 2 weeks at a time.
2. Students need to be aware of the needs of the other students and not overbook the spaces. Generally consider 3-5 hours of extra time a week. If you are in need of more time— you may be required to get faculty permission. Space will be limited during production weeks.
3. Please contact the Administrative Assistant for bookings. If your space is not claimed within 1/2 hour of your booked start time—then another student may use the space.
4. All bookings must be made through SCA Administrative Assistant. There are no exceptions to this rule.
5. In order to avoid confusion please enter the time you have booked into a day planner or organizer.
6. Please plan your rehearsal times by coordinating your schedule with the other students involved BEFORE booking time.

Studio Maintenance and Security

It is the student’s responsibility to clean up the studio before they vacate it: please return chairs and tables to their appropriate positions, remove or return props to storage. All extraneous materials like water bottles, paper, handouts, etc., must be removed. Under no circumstances must food be taken into the studios. Clothes left in the hall or studio will be placed in the lost and found bin in the studio area. Please lock all windows and doors when you leave. For any problems regarding the studios, please contact the General Office. For after hours help please call Security.
Floors
There is special flooring in all the studios. Some have hardwood floors or synthetic Marley floors. Street shoes must never be worn in the studios. Floors should not be taped without consulting faculty, and chairs, tables, and other large set up or prop pieces should not be used on these surfaces without faculty permission. In no circumstances should cleaning fluids be used on these surfaces, as the constituent chemicals are quite unhealthy for dancers. We cannot overstress how important it is for students to act in a responsible way concerning the studio floors, as these are extremely expensive to fix, and the latter process results in a disruption of classes and rehearsal times.

VI Campus Resources and Services

Dance Student Union and Simon Fraser Student Society
The Dance Student Union (DSU) is made up of SCA dance students, organized through the Simon Fraser Student Society (SFSS). The DSU acts as the liaison between students and dance faculty and advocates on behalf of the dance students. The DSU also organizes dance classes and workshops and various extracurricular dance events, including the year-end Grad show that is entirely choreographed and performed by dance students. Sign up to get on the e-mailing list right away and get involved! DSU positions include Chairperson, Treasurer, Secretary, and Class representatives. Students are encouraged to attend DSU meetings that are held weekly or bi-weekly.

Financial Assistance and Awards
As a student, you are eligible to apply for financial aid though bursaries. There are specific bursaries for SCA students such as the Gloria Garett Carlton Bursary in Dance, Murray Far Award in Performing Arts and the Adeline May Clark Award. Students are also eligible for a variety of financial assistance programs including entrance or continuing scholarships, bursaries, awards, and loans. Scholarships recognize outstanding academic
achievements and **bursaries** are awarded based on financial need and have an approved major in Dance, Theatre or Music. Students may be nominated by dance faculty for university awards. These awards acknowledge outstanding artistic achievement and/or contributions to the community. Government student loans are awarded based on financial need by the student’s province of residence. Emergency loans are available from Simon Fraser University to students in short-term financial crisis. As a student you are eligible to apply for bursaries by completing the Application for Student Financial Assistance forms available from <students.sfu.ca/fa>

See 3200 Maggie Benston Student Services Centre, 604.294.8600

Art Gallery AQ 3004  Tel: (778) 782-4266
The Peak MBC 2901  Tel: (778) 782-4560
Simon Fraser Student Society MBC 250  Tel: (778) 782-5843
Simon Fraser Public Interest Group  Tel: (778) 782-4360
Women’s Centre TC 3013  Tel: (778) 782-3670
Out on Campus  TC 314  Tel: (778) 782-5933
Crisis Line/nightline  Tel: (778) 782-7148
Quad Books  MBC 2260  Tel: (778) 782-4164
CJSF 90.1 Radio TC 216  Tel: (778) 782-3727

**W.A. C. Bennett Library and the Fine Arts Room**
The W.A.C Bennett Library is located on the Burnaby campus. Its holdings include an extensive collection with over 2,000,000 items. The video library is on the first floor and holds many videos on dance and theater. Video playback systems and DVD players are also provided so that the student can listen to and watch recommended material.
Recreation and Athletics
SFU students receive free membership to Recreation services by obtaining a recreation ID tag from Recreation service counter. To become a member students must sign and agree to waiver. Once a member ID tag must be visible at all times while using recreational services. The basic privileges for a member include drop in swim times, Piper’s fitness centre and The Bog, squash and racquet ball courts, all drop in gym times, field 4 and track, tennis and outdoor basketball courts. Students only receive free intramurals and fitness classes, and 10% of activity classes.

Campus Security
All Emergencies-Medical (24hrs) (778) 782-4500
Patrol Operations (24hrs) (778) 782-3100
Lost and Found (778) 782-5451
Campus Student Patrol (778) 782-5425
Parking Info Line (778) 782-5534/2398
Recorded Parking Information (778) 782-4577
SFU Campus Crime Stoppers (778) 782-TIPS

Safe Walk
The Safe Walk Program was developed by Campus Security as a safety initiative for moving around the Burnaby campus at night. Either a Security Officer or a Campus Security Student Patroller will provide the Safe Walk escort. Any member of the university community who wishes to have an escort when walking across the campus at night may call 24 hours a day and request a Safe Walk at 291-3100 or by using any one of the direct dial telephones located at the Safe Walk stations. The Safe Walk Program is restricted to the boundaries of Simon Fraser University property. When requesting a Safe Walk, always give the dispatcher your exact location and destination desired. After making the request for a Safe Walk, wait for the escort inside a building if possible.

The escort will meet you at the location specified. The Safe Walk program is a free service provided by Campus Security, initiated in an attempt to increase everyone’s feeling of personal safety.
VII Productions

*All SCA productions are very reasonable for students. The SCA Pass allows you to see all the school productions for a one time low fee. See the box office on the main floor for more information. Please make sure to see as many productions you can across all areas of the school- it’s a valuable part of your education!

Main Stage Dance Productions
Some of our repertory concert performances will take place at the SFU Woodward’s Fei and Milton Wong Experimental Theatre. Fei and Milton Wong Experimental Theatre is an intimate state-of-the art space performance venue and with a flexible seating arrangement that can accommodate a variety of stage configurations.

Fall Repertory Dance Concert (CA 326/327)
Fall semester, late November. Choreography created by the dance faculty and guest artists. Performed by students registered in the repertory courses. May include performances by dance faculty and guests.

Student Dance Concert
The choreography created and performed by students. There will be lighting and special technical support. The choreography for this production is selected through an adjudication process.

Repertory (CA 425)
Spring semester, mid-late March. Choreography is created for the students registered in the FPA 425 Intensive Studies in Dance course and may include existing repertory and/or new works created by dance faculty and guest artists, including the Iris Garland Visiting Choreographer.
Informal Dance Shows
Two or three informal dance shows take place over both semesters and feature choreography created exclusively by students. These shows are organized by dance students under the guidance of a dance faculty member and presented in studio D. The work may still be in process or completed projects. Critique is not officially given after these performances, but choreographers and performers are welcome to approach faculty members to receive feedback. These productions are organized through the Dance Student Union.

Other SCA Related Presentations
Visual art exhibitions featuring the work of graduating visual art students are held in April, at 611 Alexander Centre or at the Woodwards building. 611 Alexander is also the home of the Bartlett Space, an alternative venue for MFA student presentations. We highly recommend that you take advantage of these events.

Black Box is the student-run Theatre performance group that operates every Spring semester. Black Box has a skit format with an interdisciplinary focus, incorporating work from all SCA students. Ideas are generated at a “pitch-night” and then refined and put together in two weeks. These very popular shows run bi-weekly and are free.

We also recommend that you take advantage of the professional performances presented regularly in Vancouver. Check the bulletin boards for posters and flyers with information including discount rates for students. Some events to look out for are: The Vancouver International Dance Festival, 12 Minutes Max, and Dancing on the Edge Festival “Chutzpah” festival and the Ballet BC Season.
VIII Dancer’s Health

Injuries- Ice Packs and Basic First Aid Supplies
Dance injuries are a constant for dancers, whether the injury is major or minor, acute to chronic. As a student of dance, it is likely that you will have a dance injury at some point. It is up to you to take care of your injuries. If your injury demands immediate medical attention phone security at 3100 or 4500. Apply ice (located outside the 4th floor dance studios) to the area immediately, there will be ice pack available in several location and you are encouraged to bring your own reusable ice packs.

Rest the injury, and put immediate pressure on the area to reduce swelling. Do not continue dancing. Wrap the injury in a tensor bandage and ice 20 minutes on, 10 minutes off for 24-48 hours. Elevate the injury higher than your heart; this will reduce swelling as the blood flows away from the injury. This attention to the injury is required for injuries such as shin splints and tendonitis. An anti-inflammatory or aspirin may be helpful to further reduce swelling. If the injury is chronic (develops and recurs over time), notify your teacher before class begins. Care for the injury as prescribed by your health care professional. It is recommended that you continue to ice the injured area after dancing. It is important to frequently monitor your injury and take the necessary precautions in order to heal effectively. An injury can be a result of fatigue, poor technique or stress. It is your responsibility to monitor your body through production time as stress and fatigue increases. A proper warm up and cool down will assist in preventing injury as well use of proper technique and alignment. If the injury persists it is recommended that you seek medical attention.

Basic Medical Insurance:
As per the university policy, it is the student’s responsibility to ensure that they are covered by MSP (Medical Services Plan of British Columbia). If you qualify for premium assistance (low-income subsidies) from MSP you will be insured for a portion of your “chiropractic, massage therapy, naturopathy, physical therapy and
non-surgical podiatry for a combined annual limit of 10 visits each calendar year.” If you do not qualify for premium assistance, you will need to pay for these services. For more information, log onto the MSP website at: [www.hlth.gov.bc.ca/msp/](http://www.hlth.gov.bc.ca/msp/)

**Extended Medical Insurance:**
As a dancer there is a greater risk for injury and accidents to occur and therefore it is highly advisable that the student is also covered under an extended medical plan, which covers a portion of treatments often required for dance injuries (i.e. physiotherapy) as well as emergency medical assistance (i.e. ambulance). Many students will be covered under their parent’s plans (if under 25 years of age and enrolled in full-time studies), however it is advisable to confirm this upon enrollment in the Dance Program at SFU.

There are a number of private insurance companies available for students who do not have extended medical coverage. For more information about Extended Medical and Dental insurance, log onto:

- Blue Cross Canada: [www.bluecross.ca](http://www.bluecross.ca)
- Manulife Insurance: [www.manulife.ca](http://www.manulife.ca) or [www.coverme.com](http://www.coverme.com)
- Most banks and credit unions can also refer you to a reputable insurance company

As each student’s circumstances are different and unique, it is important to consult with a professional insurance company when deciding the type of coverage that you should apply for. It should also be noted that there are special policies for out-of-province and out-of-country claims, including students who have moved to BC from another province/country for their period of study.

**Health Counseling and Career Center (HCCC)**
Open Monday to Friday, 9:00am to 4:30pm  Ground Floor, Maggie Benston Center. The HCCC provides a variety of services to SFU students including health care, physiotherapy, personal counseling, learning skills, career services and business career services.
HCCC Physiotherapy
Physiotherapy is located in the Athletic Complex and is open weekdays. Services are available for all members of the SFU community.

SHAPE (Safety and Health in Arts Production and Entertainment) provides and educates artists in the performing arts community in BC about having a safe and healthy working environment.
Suite 280-1385 West 8th Avenue
(604) 733-4682  1-888-229-4692 Toll Free
www.shape.bc.ca

Physiotherapy and Chiropractor Services around the Lower Mainland
Dr. Robert Cannon
8415 Cumberland Place Burnaby, BC V3N 5C3
Highly experienced in dealing with dance injuries.

Scotiabank Dance Centre - Dance Therapy Clinic
Vincent Walker is located on the fifth floor of the Scotiabank Dance Center and offers injury rehabilitation, relaxation, and performance enhancement. Treatments include, massage therapy, exercise therapy and hydrotherapy.

677 Davie Street (604) 606-6438
dancetherapyclinic@hotmail.com

Lynn Valley Orthopaedic and Sports Physiotherapy Centre
Saranne Drew 45-1199 Lynn Valley North Van (604) 983-8514
*It should also be noted that there are special policies for out-of-province and out-of-country claims, including students who have moved to BC from another province/country for their period of study.*
IX Grade Guidelines for the SCA

(These scales may vary from course to course and will be provided for you in the first week of classes).

A+ 4.33 95-100% Outstanding
Thorough knowledge of concepts and/or techniques, with a very high degree of skill and strong elements of originality and an outstanding ability to communicate. Deep levels of research and valuable contribution to critique.

A 4.0 95-100%/ A- 3.67 85-89% Excellent
A very high level of understanding of concepts and/or techniques, with a high degree of skill and elements of originality and an ability to communicate. Strong indications of research.

B+ 3.33 80-84% Very Good
Strong levels of knowledge of concepts and techniques, together with considerable skill in using them to satisfy the requirements of an assignment or course. Some indication of research.

B 3.0 75-79% Good
A satisfactory level knowledge of the subject matter. A moderate degree of originality and independance of thought. A good ability to organize and analyze ideas and an ability to communicate clearly and fluently. Some indication of research.

B- 2.67 70-74% / C+ 65-69% 2.33 Above Average
Above average level of knowledge of concepts and techniques, together with some skill in using them to satisfy the requirements of an assignment or course. A minimum indication of research or research and contribution to critique.

C 2.0 60-64% Satisfactory
An average grasp of the subject matter. Demonstrates general understanding of assignment. Some ability to organize and analyze ideas, and ability to communicate adequately. No indication of risk or substantial research.
C  1.67  55-59%  Marginal
Below average grasp of the subject matter. Minimum ability to communicate ideas and or organize assigned material.

D  1.0  50-54%  Unsatisfactory
Minimum knowledge of concepts and techniques needed to satisfy the requirements of an assignment or course.
Rudimentary knowledge of the subject matter. Some evidence that organizational and analytic skills have been developed, but with significant weaknesses in the ability to communicate. No indication of research.

F  0 >50%  Fail
An inadequate knowledge of the subject matter. Failure to complete the required work. Inability to organize and analyze ideas and an inability to communicate.

N  0  Incomplete
Some or all of the course work is incomplete. Instructor does not expect student to ever complete the work.

DE  N/A  Deferred
Some of the course work is not yet complete—for valid (documented) reasons (e.g., medical). Instructor and student have determined a mutually agreeable timeline for completion of work.

GN  N/A  Grade Not Available
Grades not available due to circumstances beyond instructor/TA control.

AE  N/A  Compassionate Pass
Student has done at least 50% of the coursework, and would pass the course if he/she completed the remainder, but has a compelling reason why they cannot actually complete the work (e.g., medical, family crisis/death, etc.).
X Dance Student Union:

**President (could be 2 people)**
Call and run weekly DSU meetings. Set up events, such as pizza party, workshops, and fundraisers. Delegate tasks to other DSU members. Work with faculty-head staff member (changes yearly) to communicate between students and staff. Manage ds-union@sfu.ca mail list on my.sfu.ca, forwarding important notifications to students and alumni.

**Treasurer**
Attend weekly DSU meetings. Bring DSU minutes to Simon Fraser Student Society (SFSS) office and manage DSU’s financial account there, including trust funds (similar to savings) and core funds (disbursed each semester).

**Secretary**
Attend weekly DSU meetings. Record minutes and send them out to all DSU members.

**Forum Representative**
Attend weekly DSU meetings. Attend monthly SFSS Forum meetings and report information back to DSU. Bring up any questions/concerns to the SFSS.

Non-executives:

**FCAT Representative**
Attend weekly DSU meetings. Attend monthly Faculty of Communication, Arts and Technology (FCAT) meetings and report information back to DSU. Bring up any questions/concerns to FCAT.
**First Aid Representative**
Attend weekly DSU meetings. Monitor first aid kits in the studios and keep them stocked, along with other items, such as ice packs, foam rollers, hand sanitizers, and vinegar solution bottles. Bring students’ concerns about studio cleanliness to DSU’s attention, and work on keeping studios maximally clean.

**Informal Coordinator**
Attend weekly DSU meetings. Work with a faculty member (changes yearly) to set up informals (at least twice per semester) and mainstage (Spring) shows. Communicate show information to stage manager, choreographers, and performers, and address any of their questions/concerns.

**Class Representatives (1st years, intermediate, advanced, grad class)**
Attend weekly DSU meetings. Make announcements to class and bring any student questions/concerns to DSU’s attention.

**Event Coordinator**
Attend weekly DSU meetings. Organize events such as pizza parties. Book studio space for workshops and other events.

**Bake Sale Coordinator**
Attend weekly DSU meetings. Organize bakers and bake sale dates. Bring money to Treasurer. Run nor nominate people to run sales; bring a float. Also sell bottled water.
XI Academic Calendar:

Fall Term (September-December 2019)

September 2   Labour Day
All classes cancelled and offices closed

September 3   Classes start
October 10-11 Convocation
October 14    Thanksgiving Day
All classes cancelled and offices closed

November 11   Remembrance Day
All classes cancelled and offices closed

December 2    Last day of classes
December 4-16 Exams

Spring Term (January-April 2020)

January 1    New Year’s Day
All classes cancelled and offices closed

January 3    Welcome Day
January 6    Classes start

February 17   Family Day
All classes cancelled and offices closed

February 18-23 Reading Break-Classes cancelled

April 9 Last day of classes
April 10 & 13 Good Friday and Easter Monday
All classes cancelled and offices closed
April 14-25  Exams

Summer Term (May-August 2020)
May 8  Welcome Day
May 11  Classes start for summer term
May 18  Victoria Day
All classes cancelled and offices closed

June 9-12  Convocation
June 22  Intersession classes end
June 29  Intersession last day of exams
June 30  Summer session starts
July 1  Canada Day
All classes cancelled and offices closed

August 3  BC Day
All classes cancelled and offices closed

August 10  Last day of classes for summer term
August 12-22  Exam period for summer term

Fall Term (September-December 2020)
September 2-3  Welcome Day
September 7  Labour Day
All classes cancelled and offices closed
September 8  Classes start
October 8-9  Convocation
October 12  Thanksgiving Day
All classes cancelled and offices closed

November 11  Remembrance Day
All classes cancelled and offices closed

December 7  Last day of classes
December 9-20  Exams
XII Curriculum

Dance Major Program
Dance Major Program with National Ballet School Teachers
Training Program
Dance Honours Program
Dance Extended Minor Program

Dance Major Program
Students complete 120 units including the program requirements as specified below.

Entry to all first year dance courses required for the major is by audition and interview. Contact the school prior to attendance at the University to request information about audition details and dates.

Lower Division Requirements
Students complete a minimum of 45 units including:

Four core courses below:
CA 184-3 Sound
CA 186-3 Art and the Moving Image
CA 285-3 Interdisciplinary Studio – Composition/Collaboration

Plus one additional FPA history course outside their major ◊

and all of
CA 122-5 Contemporary Dance I
CA 123-5 Contemporary Dance II
CA 124-3 Dance Improvisation and Composition
CA 129-3 Movement Fundamentals
CA 220-4 Contemporary Dance III
CA 221-4 Contemporary Dance IV
CA 227-3 History of Dance: 20th Century
CA 228W-3 Dance Aesthetics
and three additional units in lower division FPA courses outside of dance from below
CA 150-3 Introduction to Acting I
CA 160-3 Introductory Studio in Visual Art I
CA 170-3 Introduction to Production Technology
CA 171-3 Introduction to Stage and Production Management

Upper Division Requirements

Students complete a minimum of 34 units including all of
CA 320-4 Contemporary Dance V
CA 321-4 Contemporary Dance VI
CA 324-3 New Dance Composition

and 14 units selected from the following**
CA 322-3 Ballet I
CA 323-3 Ballet II
CA 325-3 Special Project in Dance Composition *
CA 326-4 Repertory I *
CA 327-4 Repertory II *
CA 420-4 Contemporary Dance VII
CA 421-4 Contemporary Dance VIII
CA 425-4 Intensive Studies in Performance *
CA 426-3 Dance/Movement Analysis
CA 427-3 Ballet III
CA 428-3 Ballet IV

* may be completed more than once for credit

**other dance related courses may be substituted with permission of the school

and nine upper division FPA units including one upper division history or theory course

◊ See advisor for course options and detail about other degree options
See your advisor for course planning.

See any of the faculty if you have any questions.

Have a great semester!