Richer Health Consulting teaches individuals and groups that are diagnosed with chronic degenerative diseases (lifestyle diseases) how to prevent, stop the progression of and even reverse their illnesses by switching to an evidenced-based nutritional therapy that uses organic, non-processed, plant-rich, whole foods and a natural detoxification protocol. Richer Health works alongside medical doctors and other health care practitioners to achieve results and the end goal is always to help the client reverse their disease and help the client achieve optimal health. This is measured when the client's doctor can cancel a scheduled surgery or procedure and/or take their patients off prescribed medications because the patient is symptom-free and healed from illness. Health education services include online courses, one-on-one consulting, large and small workshops, corporate lunch & learns, public speaking and retreats. Richer Health's non-profit arm, Sea to Sky Thrivers Society, provides educational services to youth, health care workers, and First Nations.

Website: richerhealth.ca
Facebook: RicherHealthConsulting
Instagram: @richerhealth
YouTube: Richer Health

Visit Richer Health >

Nicolette Richer – Founder & CEO

Nicolette Richer is an Orthomolecular Health Educator, Gerson Therapy Trainer, Speaker and Founder and CEO of Green Moustache Juice Inc. Nicolette transforms people with chronic illness or cancer into conquerors of their condition through nutrition, detoxification and positive stress shifting tools. She has a BA in Interdisciplinary Studies and Sustainable Community Development from SFU, a MA in Environmental Education and Communications from RRU, and is currently pursuing her Doctorate at RRU.

Stephanie Hannekam – Director of Operations

As a former Nutrition & Dietetics university college teacher, research dietitian and independent (sports) dietitian Stephanie acquired a skill set that granted her to be a top-notch addition to the Richer Health team. Guiding others to towards a healthy, energized life filled with love, peace & happiness is her life goal. Stephie has a BSc, in Sports Dietitian and Nutrition and a BEd, in Physical Education.

Pierre Richer – Whole Foods Chef

As the Gerson Chef for Richer Health, Pierre creates healing meals and beverages using 100% organic, plant-based, nutrient-dense, whole-foods. He is also the Director of Operations and co-CEO of Green Moustache Juice Inc which now has 6 locations in BC and is expanding across BC. Teaching others how they can successfully own and operate their health-food eatery is Pierre's next big venture.