BULLETIN - April 17, 2020

The Bulletin is now sent weekly to all undergrad and graduate students as the COVID-19 situation evolves. Information has been grouped under these sections:

- Key updates
- Important reminders
- Ongoing resources and support
- Information related to COVID-19
- What’s new this week and upcoming activities
- For grad students
- Connecting with Student Services

KEY UPDATES

U-Pass BC program updates

Post-secondary institutions and student associations have worked with TransLink to temporarily suspend the U-Pass BC program as of May 1st. We are working on a refund process so an adjustment for the U-Pass fee can be made on your student account, and expect fees will be adjusted shortly.

TransLink is continuing discussions with post-secondary schools and student association representatives about potential refunds for students not using their April passes. Students not needing their April U-Pass are encouraged not to use it. SFU will continue to provide further updates as decisions are made.

IMPORTANT REMINDERS

Office of the Ombudsperson

If you are concerned that you are not being treated fairly, the Ombudsperson at SFU is an independent, impartial and confidential resource. We provide information and assistance on university-related issues including students' rights and responsibilities, on University policies, and on appeal processes. Call 778-782-4563 or email ombuds@sfu.ca, or visit www.sfu.ca/ombudsperson for more information.

Internet banking

We recommend setting up internet banking to pay tuition fees. Detailed instructions can
be found on our Fees and Tuition website; tuition deadline is May 25 (see Deadlines).

Access to campus

Check the Campus Public Safety website for the latest updates on building access across campuses. For urgent access requests, please contact Campus Public Safety at 778-782-7991; have your SFU identification ready.

Summer 2020 course dates

- **Summer term** courses start May 11; last day of exams is August 22.
- **Intersession** courses start May 11; last day of exams is June 29.
- **Summer session** courses start June 30; last day of exams is August 22.

ON-GOING RESOURCES & SUPPORT

Building resilience and supporting your well-being

Connect with peers virtually while learning strategies, tools and resources to support your well-being and resilience. Visit Health & Counselling Services' event webpage for more details and to sign up.

Virtual mindfulness meditation

Join virtual Mindfulness Meditation sessions every Wednesday until the end of the summer term! Click here for more details and to join.

Healthy at home

Adjusting to a new routine of studying or working from home can make it difficult to keep up with your health and fitness. SFU Recreation is offering ways to fit in movement and find balance in your daily 'self-isolated' routine. Drop in for a live workout, flow through some yoga poses, or utilize the fit tips shared on our Instagram to improve your health and mental clarity. Visit SFU Healthy at Home.

Online workout classes

Keep up your fitness with six weeks of free online workout classes! Three days a week, an SFU Recreation instructor will lead a virtual class through a variety of workouts - including yoga, bootcamp, and dance. Simply follow the link to join us live or to click on a previous video to do a workout on your own!

Wegotchu

We know that COVID-19 has made life complicated – and frankly, super stressful. This is why the SFU Morris J. Wosk Centre for Dialogue created wegotchu.ca, a resource for young Canadians which includes clear info and resources about all aspects of life during this crisis. We hear you, and #wegotchu.

Centre for Accessible Learning
Centre for Accessible Learning

Staff remain available remotely to address the needs of students registered with CAL in the current term. If you want to register with us or need to renew your accommodations for the summer 2020 term, please contact us to schedule an appointment. Hours are Monday to Friday from 9:00am to 4:00pm. Email caladmin@sfu.ca, or call 778-782-3112. As changes and decisions continue to evolve, we will communicate via email and with updates to our website.

International students

- International Student Advisors are working remotely and can answer questions related to immigration (study/work permits, visa, SIN, etc.) or medical insurance. Connect with us via LiveChat.
- See immigration FAQs and medical insurance FAQs for international students.

INFORMATION RELATED TO COVID-19

For support for students regarding COVID-19 please refer to this page: www.sfu.ca/students/support/support-covid19.html


COVID-19 emotional support group

Has your mental health been impacted by the COVID-19 pandemic? Join Health & Counselling Services’ mental health team at our COVID-19 Emotional Support Group. Multiple dates available. Visit our event webpage for details and to register.

WHAT’S NEW THIS WEEK & UPCOMING ACTIVITIES!

Use your artistic voice to contribute to climate change action and cool down the planet. We make HD, 4K, and 5G look unnecessary, unsexy, and so last decade. Small files are intellectual, innovative, attractive, creative, and fun. We encourage the exploration of experimental processes through low energy technologies to deconstruct the fetishization of the pristine image. Submit through info@smallfile.ca by May 30. The Small File Media Festival is August 10 – 12 with time and venue TBA. Visit smallfile.ca, organized by SFU School for the Contemporary Arts.

Be a Peer Educator

Peer Education is recruiting for Fall 2020. Round 2 Deadline April 20. Develop skills. Make connections. Build community. Peer education is about students supporting students and building each other’s individual and collective capacity. Learn how to support other students through outreach, events, education, and more. Pursue your personal and professional development with a team of like-minded individuals. Go to myinvolvement.sfu.ca and search for opportunity ID: 5254. For general information about Peer Education visit the peer education website created by TIFF - Dillard Student.
Peer Education visit the peer education website or contact Tiffany Riddell, Student Development Educator: sde1@sfu.ca.

EMBARK is hiring!

We’re looking for our next Programs Manager. In this full-time paid position, you will be an integral part of leading EMBARK’s programming including Food Rescue, Community Kitchen, Community Cohorts, and more!

Community garden research assistants wanted

Looking for remote work for the summer term? We’re hiring TWO Community Garden Research Assistants to conduct research and develop gardening resources for a BC First Nations community, in partnership with the Faculty of Environment and the N-EAT project!

Become a Community Leader for SFU Global Connections

Build an inclusive global community by supporting other students, meeting like-minded people, and cultivating diverse friendships. For more info visit the website and submit your application by May 1.

Volunteer virtually

Volunteer virtually with youth, make a difference, and get SFU Co-Curricular Record (CCR) credit! Yes, you really can have it all – the SFU Surrey-TD Community Engagement Centre has made all of our virtual volunteer positions CCR-approved. Have fun and make a difference in a child or teen’s life, AND get CCR credit for doing it. Deadlines are coming up, so apply today.

April 23 Lunch 'n' Learn

The current COVID-19 situation has brought the issue of social isolation among seniors into even sharper focus. Join @SFUVancouver for Lunch 'n' Learn: Connecting Isolated Seniors at a Time of Disconnection on April 23 at 12:00pm. @SFUGero’s Dr. Andrew Sixsmith will look at how community engaged research initiatives and technology based solutions can help. Register now.

BFA graduating exhibition 2020, Are We All We Are

Are We All We Are runs April 16 – May 7 on Instagram: @sfugalleries | @sfucontemporaryarts. "All we are. All we are, we are. We are all, all we need." The chorus to Warlock's song "All We Are" acts as a point of entry into how the BFA 2020 graduating cohort sees themselves in relation to each other.

FOR GRAD STUDENTS

CONNECTING WITH STUDENT SERVICES

Registrar & Information Services

Our offices have temporarily discontinued in-person services on all three campuses until further notice. However, our staff is still available to support you via Live Help, phone and email during office hours.

Student Central on social media

- Student Central (Facebook)
- Student Central (Twitter)
- Student Central (Instagram)

Student Services
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