This bulletin was sent to Spring undergraduates on January 28 at 4:00pm.
SPECIAL EDITION FUN-RAISER

See nominated professors debate topics of a nonsensical nature to vie for the Gnome-It-All Award. Join the fun online **February 10** at 11:30am. [Tickets and more information](#). Proceeds go to the **United Way**. Renaissance Coffee on Burnaby campus is donating $1 per coffee as well through **January 29**.

VIRTUAL STUDY HALL

Are you feeling isolated working alone? Is it more difficult than ever to stay focused and motivated? Are your best time management efforts being put to the test? [Study Hall @Home](#) will provide you with a dedicated time and space to work in a supported environment alongside other students. Writing & Learning Peer Educators and Math & Science Peer Tutors will be on hand to provide academic support at your request.

U-PASS BC UPDATE

The U-Pass BC website is still unavailable. The February U-Pass BC will be automatically loaded onto Compass Cards for students who used their January U-Pass BC. If you do not have access the February U-Pass BC, visit the [SFU U-Pass website](#) for detailed instructions.
COVID-19 SAFETY MEASURES FOR SPRING TERM

All students returning to campus must complete COVID-19 safety training and daily self-assessments:

- The Student Safety training module on Canvas: COVID-19 Awareness for Students
- A daily self-assessment using BC’s Self-Assessment Tool is also required before arriving on campus.

  If the assessment identifies that you have possible symptoms, do not come to campus.

Access to campus buildings is only available to current members of the SFU community (students, faculty, staff) who present SFU identification, which can include your SFU ID. Please also remember that you must wear a mask in all indoor common areas on SFU campuses, and that your mask must cover both mouth and nose. For more information on the latest COVID-19 and SFU updates, please visit this page.

ANNOUNCEMENTS

ESPORTS LEAGUES

SFU Rec Sports is bringing you more Esports leagues to play and compete! Now offering competitive leagues in many different games! More information and registration.

CREATIVE COLLECTIVE

There are a few days left to submit an art piece or song recommendation in support of Sexual Assault Awareness Month. You will also be entered for a chance to win 1 of 2 Indigo or SFU Bookstore gift cards. Find out more.

JACK P. BLANEY AWARD FOR DIALOGUE

Nominate someone who is helping effect systems change that advances anti-racism. This year’s nomination for the Jack P. Blaney Award for Dialogue, presented by the Morris J. Wosk Centre for Dialogue, includes new criteria involving individuals or teams committed to systems change that advances anti-racism.

MAP THE SYSTEM CHALLENGE

Map the System is an internationally recognized system thinking competition that challenges students to think outside the box about social or environmental issues. Compete against other students in our local competition for a chance to represent SFU on the national and international stage. Registration ends February 7. More information.

WHAT’S NEW AND COMING SOON

VIRTUAL GAME NIGHT

“Ready, Set, Go!” January 29, 7:00 - 8:00pm. Good times are ahead! Ready to hang out with amazing people and win prizes? Go register now! All SFU students are welcome.

SEXUALIZED VIOLENCE, TRANSFORMATIVE JUSTICE, AND THE SHIFT AWAY FROM CRIMINALIZATION

Learn about the basics of transformative justice as a model for ending and responding to sexual violence, intimate partner violence, and other harms in society January 29. SFU and UBC students, faculty, and staff are invited to this event. Presented by the SFPIRG and SVSPO. More information and registration.

FREE MARKETING, DESIGN, FINANCE, AND WEB DEVELOPMENT WORKSHOPS

Learn an in-demand industry skills with Emerge SFU’s free and engaging workshops on Zoom, open for all students. Deadline to enroll January 31. Free enrollment. Through Emerge SFU.

TRU SWEATER DANCE PARTY
Thompson Rivers University has invited SFU and all other institutions across BC to participate in a COVID-friendly virtual dance party and climate change action and awareness event on February 5 at 9:00pm. Turn down the thermostat and turn up the music! Use your SFU email account to email sustain@tru.ca with Sweater Dance in the subject line by February 1 for an invitation. More information.

GLOBAL TALENT NIGHT

Our performers have been selected and we are getting ready for showtime! Sign up to attend Global Talent Night February 5 for an evening showcasing the diverse talents at SFU. Attendees will be entered into a draw to win gift cards to SFU Bookstore, Skip the Dishes, Doordash, and more. More information and registration.

THE COLONIALITY OF WHITE RAGE


ENVISIONING SOCIAL JUSTICE FROM THE MARGINS

The next President’s Faculty Lecture will be with Parin Dossa of Sociology & Anthropology on February 9. Dr. Dossa will draw on transformative stories of Muslim women (homelands and diasporas) to reveal ambiguities and challenges in reversing systemic injustice. More information and registration.

INTERESTED IN PSYCHOLOGY'S HONOURS PROGRAM?

Curious about how the program works? Get all of your questions answered February 10 at PSYC Honours Info Session! The event will feature a presentation by Associate Professor and Chair of Undergraduate Studies Dr. Rebecca Cobb, as well as a Q&A panel with previous psychology honours students who will share their experiences with the program. More information and registration.

THRIVING BEYOND CAMPUSES
SFU Health Promotion, UBC Health Promotion and Education, and BCcampus are partnering to host Thriving Beyond Campuses: Wellbeing in Learning Environments, a dialogue series connecting BC post-secondary schools. Join in on their final sessions on **February 3**, focusing on systemic changes for well-being in learning environments. [More information and registration.](#)

### ARTIFICIAL INTELLIGENCE WORKSHOP

This part-time, three-day (**February 17-19**) workshop offers foundational data science and AI concepts. You will come away with the kind of data science experience and knowledge that organizations and recruiters value. [More information.](#)

### BLACK STUDENT SUPPORT AND HEALING SPACE

Tricia-Kay is joining us to host Black Student Support and Healing Space. Check out this [article she wrote](#) about coping with the trauma and stress of racial injustice. New session starts **February 24**. [More information and registration.](#)

### INTERESTED IN MAJORING/MINORING IN ECONOMICS?

Let Economics academic advisors guide you through the qualifying requirements, the process timeline, and the step-by-step process on how to declare your major/minor in Economics. Session is **February 24**. [More information and registration.](#)

*After recurring notices appear in the Bulletin several times they may be moved to the Bulletin home page which also features an archive of previous Bulletin issues.*

### EMPLOYMENT AND VOLUNTEER OPPORTUNITIES

**APPLY TO CO-OP FOR FREE DRAW**
APPLY TO CO-OP FOR FREE DRAW

Looking for a job this Fall 2021? Apply for the Co-op program today to get the work experience you need. Plus, any undergrad who applies this term before January 31 will be automatically entered into our “Apply to Co-op for Free Draw” for a chance to have their application fee credited back! More information.

FREE SKILL-BUILDING WORKSHOP FOR REFUGEE STUDENTS

This February 4 workshop is targeted specifically towards refugee students of SFU across BC. Do you want to be career-ready and take a solid step towards finding meaningful employment? Join this workshop and learn more about skill-building tips related to refugee talent seeking meaningful employment, as well as learn about Employment Support available to refugees at Jumpstart Refugee Talent. More information and registration.

WHERE CAN MY DEGREE TAKE ME?

Missed out on registering for Careers’ January 29 workshop? We’ve added a second session on February 4. Join us to discover ideas, tools, and actionable steps to design your career during COVID-19. For undergrads and alumni. More info and registration.

EMBARK SUSTAINABILITY IS LOOKING FOR NEW BOARD MEMBERS

Are you interested in being a part of a team that collaboratively governs SFU’s only student-led sustainability non-profit? We are now looking for prospective board members that are passionate about intersectional sustainability and excited about the opportunity to represent the interests of 35,000+ undergraduate and graduate students. Apply by February 14. More information.

LOOKING FOR STUDENT FUNDRAISERS IN THE LOWER MAINLAND

We are looking for student fundraisers for the SFU Annual Giving Call Centre to talk with alumni and help raise funds for student mental health. Apply to be a part of a fun team where your work will have significant impact on your fellow students! (Must reside in the Lower Mainland.) More information.

JOB SEARCH SUCCESS WORKSHOP ONLINE
Receive expert feedback on your cover letter and résumé, and engage in activities relevant in today's diverse workplace. Think differently about your experiences and how your unique background can positively contribute to your job search. **Job Search Success** costs $20; non-refundable after course start date.

**INTERVIEWING 101**

Prepare for interviewing with this free Canvas course. Join any time during the term. [More information and registration.](#)

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### ONGOING RESOURCES AND SUPPORT

**Health & Counselling Services is still open.** Student life is challenging. Health & Counselling Services is still operating with most of our services provided virtually. [Book an appointment today.](#)

**Your Health Matters newsletter.** Health & Counselling has a newsletter that you can subscribe to! Stay updated on all the events and resources they are offering this term. [Subscribe now.](#)

**Self-Isolation Support:** If you need to self-isolate, the [CARES program](#) (COVID Assistance & Remote Engagement Support) to help provide you with a safe environment while meeting all necessary guidelines and allowing you to feel part of our community. Our program includes options for accommodation and meals, if needed, as well as remote support if you already have your own self-isolation plans.

**Living with Chronic Pain** is an acceptance and commitment therapy-based support group for students struggling with chronic pain. [More information.](#) Starts February 1.

**Mental Wellness during COVID-19** is a series of four drop-in workshops open to any SFU students who want to learn about student life and mental wellness during a pandemic. Topics include recognizing signs of distress, coping with perfectionism, staying (or becoming) connected, and healthy boundaries. First session is February 4. [Check it out.](#)

**Mindful Medicine for Women of Colour:** Self-identified women of colour can find support at Mindful Medicine for Women of Colour. This is a 6-week therapy group focused on mindfulness and self-compassion. [Book your intake session.](#) Starts February 5.

**Thriving with ADHD/ADD** is back with two workshops this term! The second session is on February 11:
Getting Past Our Good Intentions: Turning Low Motivation Into Action. [Register through our website.](#)

**Stress Management and Building Resilience**: Balancing various roles while being a student can be overwhelming, especially during these uncertain times. Join our [Stress Management and Building Resilience series](#) to learn about strategies, tools, and resources to support your well-being. If you attend all three workshops, your participation will be noted on your CCR. Starts [February 11](#).

**Experience Disability** is designed to provide a space for students with disabilities to seek support in a safe environment. Sessions will feature discussions about self-advocacy, accessing on-campus services, and more. Restricted to CAL registrants. [Find out more.](#)

**Thriving in University 101**: Are you interested in working within the mental health field? Check out Thriving in University 101, a panel led by your Health Peers and featuring HCS staff members. They will be discussing SFU's mental health support services, resilience during a pandemic, and more. Attendees have a chance to win one $20 Indigo gift card. [February 12](#). [More information.](#)

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**INTERNATIONAL STUDENTS**

**Health insurance**: If this is your first term at SFU you are automatically enrolled in a temporary medical insurance plan called Guard.me@SFU. You can opt out by [January 30, 2021](#) for a full refund, if you meet the eligibility. Please visit our [Medical Insurance website](#) for more information.

**Immigration Updates and Q&A for International Students**: Join us [February 8](#) for the latest updates on immigration policy, travel restrictions, and important reminders for international students, and a chance to have your questions answered by an International Student Advisor.

**TRAVELLING TO CANADA**

All air passengers five years of age or older, including Canadians, are now required to show a negative PCR test (COVID-19 molecular polymerase chain reaction) result taken within 72 hours prior to boarding their scheduled departure to Canada. Written or electronic documentation of a negative laboratory test result must be presented to the airline. Travelers are advised to contact their local health authorities to find out where they can get a PCR test. See more information on the [Government of Canada website](#).

This requirement is in addition to the Government of Canada mandated 14-day mandatory self-isolation upon arrival. Please register your plan with SFU at least 10 days prior to travelling, so we can support you.
upon arrival please register your plan with SFU at least 10 days prior to travelling, so we can support you before and after your arrival. All travellers to Canada are also required to submit a quarantine plan and contact and travel information electronically through the ArriveCAN app before boarding their flight.

CONNECTING WITH STUDENT SERVICES

Registrar & Information Services: Our offices have temporarily discontinued in-person services on all three campuses until further notice. However, our staff are still available to help during remote office hours to support you via Live Help, phone, and email.

Undergraduate dates and deadlines For a list of Spring term deadlines related to adding and dropping classes and other important deadlines, please visit Deadlines.

Do you have your SFU ID? Obtaining your SFU student ID is easy. Fill out the online form and we’ll mail your card to the address you’ve provided in goSFU. (Please check that you have the correct address listed.)

Spring term payment plan: We’re offering a payment plan for the Spring term which will let you divide the charges into four installments (January 2, February 2, March 2 and April 2). Late fee penalties will still apply for the amounts outstanding. As long as your plan status is Active (ie, fulfilled the installment requirement indicated at Flywire), you may enroll in Summer.

FOR ON-GOING ACTIVITIES, RESOURCES AND MORE

We can't always fit everything in the Bulletin email, so check out our Bulletin page for even more info and advice.