INTERNATIONAL UNDERGRADUATE STUDENTS
YOUR SFU CHECKLIST
FALL 2018

1 BEFORE SCHOOL STARTS...

☐ Read about your medical insurance coverage while at SFU

☐ Read about immigration requirements while you study in Canada

☐ Sign up and attend International Orientation designed for International Students

☐ Register and join Welcome Day

☐ Familiarize yourself with SFU Mail

☐ Join campus tours

☐ Complete University Prep Part 1 and 2

IF APPLICABLE

• If you are planning to extend your study permit, learn how to apply for an extension

• If your study permit is valid, you need to change your DLI before starting at SFU

2 IN YOUR FIRST WEEK OF SCHOOL...

☐ Sign up for BC Medical Services Plan (MSP) if you haven’t done so

☐ Have your photo taken for your SFU ID card

☐ Purchase your Compass Card and load the U-Pass BC onto it

☐ Review Enrollment Requirements for International Students

☐ Thinking of adding/dropping courses? Find out the deadlines before you do

☐ Buy your textbooks

3 IN YOUR SECOND WEEK OF SCHOOL...

☐ Pay your fees

☐ Learn about the coverage of secondary insurance and opt-in if necessary (Opt-in if necessary Aug 29 - Sep 17, 2018)

☐ Check out the services and student clubs at Simon Fraser Student Society (SFSS)

☐ Check out more resources for international students

☐ Read International Services Weekly Newsletter!

☐ Check out international services workshops and events

☐ Get involved with on and off campus work and volunteer opportunities. Check out myInvolvement for on campus and myExperience for off campus work and volunteer opportunities

☐ Learn about driver licensing in BC

IF APPLICABLE

• Opt out of the Guard.Me @ SFU plan online if you have valid MSP coverage (Opt out period: September 4-30, 2018)
INTERNATIONAL UNDERGRADUATE STUDENTS
RESOURCES AND SERVICES
FALL 2018

IMPORTANT DATES

Academic Dates:
http://www.sfu.ca/students/calendar/2018/fall/

Deadlines (add/drop courses, fee payments, etc.):
https://www.sfu.ca/students/deadlines/fall/

Medical Insurance Opt-Out Deadlines:
www.sfu.ca/medical-insurance/deadlines.html

ON CAMPUS RESOURCES & SERVICES

International Services for Students (ISS)
Programs, events, advising services and up-to-date information that supports all international students at SFU.

Medical Insurance
PRIMARY:  Government- BC Medical Services Plan
Private- guard.me@sfu
SECONDARY: SFSS Health and Dental Plan

Academic Resources
Academic Advising: book an appointment for help with planning your degree.

Student Services, Registrar & Information Services
Your resource for information on admission, co-op, finances, advising, degree planning, and campus life.

Health and Counselling
Visit a doctor or counsellor at the Health and Counselling Services office (MBC 0300).

My SSP (Student Support Program)
Call or download My SSP app to get free mental support available 24/7 in multiple languages to all SFU students.

Financial Aid and Awards
Information on scholarships, awards, bursaries and the Work-Study program.

Get Involved
Information on opportunities at SFU such as Peer Mentorship and Education, Leadership and volunteer programs.

Career & Volunteer Services
Explore your career options and volunteer opportunities. Get support for your career development and work search.

ON CAMPUS RESOURCES & SERVICES (cont.)

Library
So much more than just books! The library is open for research, learning, and collaboration.

Student Learning Commons
Expert and friendly help with academic writing, learning, and study strategies.

Global Student Centre
A space for all things global, intercultural, and international - your campus hub for creating connections, engaging in global issues, and sharing international experiences.

Centre for Students with Disabilities
Provides disability related information, support and counselling to the SFU community.

Interfaith Centre
Supporting spiritual well-being and increasing understanding of religious beliefs and practices at SFU.

SFU Recreation
Get active! Check out the athletics and recreation facilities you have access to as an SFU student.

Women’s Centre
A pro-feminist, sex-positive, trans & intersex inclusive, pro-choice and anti-racist space for all genders that provides education, support, resources and free supplies.

Out on Campus
A space for LGBATQ+ education, advocacy, & resources.

Campus Security
Keeping us safe on campus; your lost and found contact.

Where do I go for help?
You need help but not sure where to start? Check out this list!

OFF CAMPUS RESOURCES & SERVICES

Tenant Resource & Advisory Centre (TRAC)
Find legal information and services for tenants about renting and housing.

8-1-1 BC health information and advice phone line
Speak to a health service navigator, who can help you find health information and services; or connect you directly with a healthcare professional.