

Everyone knows Canadians are polite. Did you know we are also one of the happiest countries in the world? According to the United Nation's *2019 World Happiness Report*, Canada ranked the 9th happiest nation out of 156 countries.

Join us, and fellow alumni, online on Wednesday, May 27 for the 2020 SFU Alumni Association AGM and feature presentation to hear from SFU's own happiness researcher, Social Psychologist Lara Aknin. A contributor and co-editor of the *World Happiness Report*, Aknin will discuss some recent findings which suggest that helping others leads to greater happiness than helping oneself, and that this finding may be a common feature of most people around the globe.

WEDNESDAY, MAY 27

5:30 - 6:30 p.m.

LOCATION

Due to the Provincial Government's restrictions on large events, this year's AGM will take place online. We look forward to welcoming you to this unique and eventful online session.

SCHEDULE – times are PDT

5:30 p.m. Welcome, introductions and AGM

6:00 p.m. Feature presentation with Lara Aknin

6:30 p.m. Event concludes

Learn more & register for free

ENQUIRIES

778-782-6828 | events@sfu.ca

Register by May 20

If you are unable to attend and do not wish to receive reminder emails about this event, please fill out this form.

SPECIAL THANKS TO OUR AFFINITY PARTNERS



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Simon Fraser University 8888 University Drive Burnaby, BC V5A 1S6





