

PRE-DOCTORAL INTERNSHIP IN:

Counselling Psychology

AT SIMON FRASER UNIVERSITY

APPLICATION DEADLINE: NOVEMBER 1, 2018

Health & Counselling Services at Simon Fraser University (SFU) offers full-time pre-doctoral internships to doctoral students in counselling psychology. This internship provides a range of training and service opportunities designed to enable interns to further develop their counselling skills, interests, and professional identities. The training process includes primarily counselling within individual, group, and couple contexts; crisis intervention and risk assessment; and opportunities to facilitate a variety of therapeutic and psycho-educational groups. Although all interns participate in the general training program, individuals may tailor some of the internship to meet their particular goals.

OPPORTUNITIES

We have two pre-doctoral internship opportunities for the 2019/2020 academic year. Our pre-doctoral internship program is a one-year full-time placement beginning September 2019 on the Tuesday after Labour Day, and ending August 31, 2020. Our hours of operation are 8:48 am - 4:30 pm Monday to Friday. Pre-doctoral Interns complete at least 1,600 hours of supervised work experience.

The goal of our training program is to provide interns with an opportunity to experience a diverse and comprehensive set of learning and professional activities to enhance their counselling knowledge and skills in preparation for independent practice and registration with the College of Psychologists of British Columbia. Also, interns are encouraged to explore various other learning opportunities within the university context. Finally, we value the skills and knowledge that interns bring to our centre and, therefore, see the interns as contributors to our growth and development.

INTERNSHIP ACTIVITIES

DIRECT SERVICE

Individual, couple and group counselling; delivery of workshops, groups, outreach activities; crisis assessment and intervention; consultation provided to/and with faculty and staff; and clinical supervision of practicum trainees. Student/client presenting concerns include (but are not limited to) issues related to coping with adjustment to the university environment, depression, anxiety, self-esteem and confidence, relationships, relocation, trauma, abuse, health, diversity, disordered eating, suicide, and academic issues.

INDIRECT SERVICE

Administrative activities that support direct service such as documentation of counselling sessions, consultations, and group sessions; review of emails; consultation with other professionals; file review; review of recorded counselling sessions; intervention planning; and psycho-educational material development related to outreach or group presentations.

SUPERVISION & CASE MANAGEMENT

Interns will receive supervision directly related to their counselling/professional development based on client contact at our site. Interns receive, on average, four hours of regularly scheduled individual supervision sessions per week with Registered Psychologists. In addition, trainees can consult with supervisors or other staff members as needed.

DIDACTIC

Interns attend an in-house Training/Orientation program at the beginning of their internship, offered by our counselling staff. Interns participate in weekly staff and case conference meetings with counselling staff throughout the year. In addition, Interns also engage in monthly meetings with the staff psychologists to discuss issues of particular interest to psychologists (e.g., assessment, diagnosis, etc.). Interns attend one or two full days of professional development training seminars offered by our centre. They are also offered 5 professional development days off site, and \$500.00 PD funds.

RESEARCH

Interns generally have three hours/week of time to focus on research. This time is banked and interns spend every second Friday off-site engaged in research activities. Interns alternate the Fridays they are off so one Intern is on site.

EXPECTED OUTCOME

It is expected that upon completion of the pre-doctoral internship, the intern will have developed the competencies, knowledge, skills, and professionalism that are required for independent practice in psychology and registration with the College of Psychologists of British Columbia, should they wish to apply.

EVALUATION

Two formal evaluations will be carried out during the internship, one at mid-term and one at the end. These evaluations will be focused on giving the student feedback on their progress regarding the overall goals of the internship as well as on the specific goals that the intern set for him or herself at the beginning and at the mid-point of the internship. Ongoing feedback will be provided by the supervisors in order to keep the intern informed of their progress on a continuous basis. Interns are expected to keep a written log of the numbers of hours and numbers of clients they see, and their research activities. Supervisors will also keep a log of supervision hours, issues discussed during each supervision session and progress.

APPLICATION INFORMATION

Applicants need to submit all of the following in a single package:

1. A letter of intent including a statement of professional objectives for the internship, your specific reasons for selecting SFU Health and Counselling Services as an internship site, and a summary of your theory of change and theoretical orientation.
2. A current curriculum vitae.
3. A DVD showing you conducting an entire mock counselling session (an intake session is acceptable).
4. Official transcripts for all post-secondary graduate academic work to date.
5. A complete **Summary of Doctoral Training & Preparation for Internship** form (available at the Health and Counselling website: www.sfu.ca/students/health/volunteer/internships1.html), or equivalent that contains all the same information, that has been signed by your home educational institution's Director of Training and confirms your readiness for full-time internship (e.g., all required coursework, 600 hours of practica, and doctoral thesis proposal draft have been completed and approved).
6. Three letters of recommendation evaluating your competence in both academic and clinical settings.
7. A statement from you answering this question: Have you applied to, or are you planning to apply to, APPIC? If yes, what is your status?

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We are accepting applications for the 2019/2020 internship year until the positions are filled. Preference will be given to applications received by November 1, 2018.

Applications will be reviewed by the Internship Director, along with the selection committee. While we appreciate all the applications received, only those who are short-listed will be contacted.

SUBMIT YOUR APPLICATION TO:

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Health and Counselling Services
Simon Fraser University
8888 University Drive
Burnaby, B.C. V5A 1S6

FOR MORE INFORMATION, CONTACT:

Dr. Lorne Prupas, R.Psych.,
Associate Director, Counselling & Director of Training
Phone: 778-782-4615
Email: prupas@sfu.ca

Simon Fraser University is committed to the principle of equity in employment, and welcomes applications from all qualified students. Ranked by respected national surveys as one of Canada's top three comprehensive universities for almost 20 years.

NOTE: *Successful applicants will be required to present a Criminal Records Search attesting they are cleared to work with minors and members of vulnerable populations, prior to commencing the internship. The period covered must include the entire internship (September 1, 2019 to August 31, 2020).*

THE PROFESSIONAL COUNSELLING STAFF

Lorne Prupas, Ph.D., R.Psych. #1151 (Simon Fraser University)

Lisa Eisen, Ph.D., R.Psych. #01144 (University of Miami)

Angela Post, Ph.D., R.Psych. #01546 (University of British Columbia)

Lyndsay Cotterall, MEd, RCC (Simon Fraser University)

Kion Davies, MEd, RCC (University of British Columbia)

Tanu Gamble, MEd, RCC (University of British Columbia)

Wayne Heaslip, MA, RCC (Adler University)

Dylan LeRoy, MA, RCC (Adler University)

Sarah Parkes, MA, RCC (Simon Fraser University)

Les Reimer, MA, RCC (Providence Theological Seminary)

Beth Triano, MA, RCC (Yorkville University)

Monique Wong, MA, MEd, RCC, CCC (The Chinese University of Hong Kong; Simon Fraser University)