Team Captain Information
Terry Fox Run

What’s to remember for this year?

- SFU team captains and participants register on the same website [terryfox.org](http://terryfox.org) that they use to collect donations/pledges.
- Captains can check their team roster online 24/7. For registration instructions and links, check out [www.sfu.ca/terryfox/participate.html](http://www.sfu.ca/terryfox/participate.html).
- The event is set for Friday September 28th in Convocation Mall!

How do we define a team?

- A team is a group of people (preferably 10 or more) with a commonality to any of our SFU campuses (for example: a residence floor, club, cause, class, department, or academic unit) that sign up to walk or run at the event.
- Team challenges include (1) the largest team (an official count of the registrations as of 4:30 p.m. the day before the event) and (2) the team with the most spirit.

What are the team captain’s responsibilities?

- Create a team name/team theme – Please keep the name clean or it’ll be deleted.
- Register your team name on The Terry Fox Foundation website, along with a fundraising goal. See [www.sfu.ca/terryfox/participate.html](http://www.sfu.ca/terryfox/participate.html) for instructions.
- Round up your team by encouraging members to sign up online with the team link you’ll provide.
- Encourage your team to donate and fundraise for cancer research. For more information, see [www.sfu.ca/terryfox/donate.html](http://www.sfu.ca/terryfox/donate.html).
  - Explain that during the registration process, members will be asked to create an account and a fundraising page, which will enable them to make a donation at the time they are registering. (It will also allow friends and family to donate to their personal page.) The total amount from their personal page will show up on the team page and go towards the team’s fundraising total.
- Get your team to show their spirit in a unique way!
  - Check out [photos](http://photos) from previous year’s to get inspired. Notable challengers of the Most Spirited Team will get bragging rights acknowledged in a community email following the event!
  - Share the story of this year’s Terry Fox Gold Medal Recipient, who will be receiving the award at the ceremony preceding the Burnaby campus walk/run.
- Establish a meeting place to make sure your team members know when and where to show up on Terry Fox Day. Remind your team to dress for the weather. Signs for each team will be printed and available at the Teams Table in Convocation Mall.

If you have any questions, please contact SFU’s Terry Fox Organizing Committee Chair, Nick Sirski – [nsirski@sfu.ca](mailto:nsirski@sfu.ca)

Terry Fox Event Organizing Committee