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Hong Kong Chicken

ı large bottle dark soya sauce

water

fist-sized fresh ginger root

1/4 cup white sugar12 pieces chicken legs

- In large pot, put bottle of soya sauce plus I bottle of water
- 2 Wash and slice ginger in 1/2 cm slabs and add to pot
- 3 Bring soya and ginger mixture to boil
- 4 Add sugar to taste (approximately 1/4 cup)
- 5 Add chicken and simmer covered for approximately 40 minutes
- 6 Serve with rice and steamed lettuce with oyster sauce

4 servings

Source of recipe: Fellow students

I was backpacking through Europe, first stop London, England, where I stayed with friends of a friend who were Doctoral students from Hong Kong. With busy schedules and four people sharing one small flat we ate this frequently, re-using the sauce and refilling the rice cooker.

Zoe McDougall, Contemporary Arts



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