

Draft: 28 November 2011

**Health Issues and Ethics
Course Outline Fall 2012
DIAL 390, 391, 392 (15 credits)**

Faculty:

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?? Canada Health Act/Budget Assignment??

Administration

Linda Bannister

Undergraduate Semester in Dialogue
Simon Fraser University at Harbour Centre
3332-515 West Hastings Street
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Location: SFU Harbour Centre Campus, HC 3050

Time: The program is intensive, meeting five days a week from 9:30-4:00 PM. Note that students are not able to take other courses during the semester, or have employment or other commitments during the course hours.

Topics

Canadians identify health care as a core value, but the practical realities of delivering care are overwhelming our compassion. “Health Issues and Ethics 2012” will focus on Populations at Risk, highlighting the challenges and opportunities around:

- Mental health
- Addiction
- Aboriginal health
- Children/youth
- Pregnant women and single mothers
- Seniors in the last year of life

These themes will serve as a substrate to examine the nature of health, inequalities, delivery of health care, and the boundary between health and other societal issues. We will explore how health and illness are defined, examine the roles of preventative and reactive approaches, focus on community health care as a developing new paradigm and examine the particular challenges of marginalized and vulnerable communities. This course will consider the nature of health itself, and probe the complexities of a health care system that corresponds with our values and ethics while being effective and financially stable.

Assignments and Activities

Growing the Story: first day of class, and one update during the semester. This assignment involves initially building a process for class work, then learning how to engage and facilitate dialogue through a case study. Details will be provided on the day these exercises begin, but note that the latter “growing the story” exercise will involve an overnight assignment requiring evening work at SFU.

Reflective journal: keep a regular journal with your reflections/observations concerning how the values, approaches and experiences of the course provide insights into your own personal and professional health. This assignment will not be read or graded, although we hope you share your observations with the faculty and class. Occasionally, we may ask for a one-page reflection on some aspect of the course, and we will return those to you with feedback.

Photos and biographies: students work in pairs to prepare brief biographical sketches of each other. Each 200-word biography is prepared by the other member of each pair and is based on an interview and follow-up discussion with that person. Each completed biography is accompanied with a photo of the person and is emailed to Linda Bannister for posting on the Undergraduate Semester in Dialogue website.

First Paragraph: each student will prepare an opening paragraph related to the course

theme. Working collaboratively, each anonymous paragraph is reviewed and edited by the entire class and faculty. The assignment demonstrates effective approaches to giving and receiving feedback and constructively supporting one another in writing situations.

Preparing for Dialogue with Thought Leaders: a student will be assigned to each Thought Leader to prepare a short document circulated to all students electronically a week prior to the guest's visit. The handout should include a brief biography, one or two readings on the topic and discussion questions for the Thought Leader. The student will be responsible for greeting the guest, facilitating the dialogue, and thanking the Thought Leader at the end of the day.

Thought Leader debriefs: a short debrief will be held after most visits, either during or right after lunch.

Op-Ed Piece: You will write and submit an article for a daily newspaper. Initially, you will deliver your piece verbally and receive feedback, followed by writing and rewriting a 750-word article to submit as an opinion/commentary piece to a major Canadian newspaper.

Power in Health Care: Small groups will find and interview the five people you would call who are having influence on a current health issue. Your objective is to determine "how the world works," i.e. who wields real power, the dynamics of reaching consensus or conclusion, and the factors that encourage or inhibit progress. Your group will report back in an oral presentation in a format to be decided by the class.

Community Health Experience: This assignment will focus on issues concerning community health in your neighborhood or health "community." First, we will discuss the nature, function, and issues surrounding community and population health. Then, you will visit relevant existing community health projects, propose a public health project for your neighborhood or community, and finally present your projects to the class and possibly to a public audience.

Volunteer (see list and details at end of outline): You will arrange a volunteer position prior to the beginning of class in which you are actively involved in assisting in the delivery of health care. We will provide suggested organizations and samples of possible positions. We expect you to volunteer for 2-4 hours per week, during evenings or weekends, and write a creative, reflective commentary piece at the end of the semester describing insights concerning health care that arose through your volunteer experience.

Court: You will be visiting court to experience the intersection point between the mental health and the justice systems.

Canada Health Act and Budget: You will examine the Canada Health Act, and the provincial budget, focusing on how well the Act and budget serve seniors in or approaching their last year of life. You will decide what broad outcomes our health care

system should foster for those seniors, and then propose Act or budget changes that express desired values or outcomes.

Walking the Talk: You will propose and implement a significant change in your own health practice that reflects an effective approach to a personal health issue. Then, you will report back on what you learned through trying to change your practices.

Public Dialogue: Students choose a topic of broad public interest related to the course theme, and organize, advertise, facilitate, and report on a public dialogue. Students will be responsible for every stage of this event, with input from faculty and thought leaders.

Other assignments: Additional short assignments may be developed throughout the semester.

Final individual project: produce a 3000-word manuscript or equivalent in other media including but not limited to painting, sculpture, video, audio, multimedia, dance, etc. Your work should be on a topic relevant to the course theme and suitable for submission to major public outlets such as newspapers, magazines, book publishers, documentary film festivals, television or radio stations, art galleries, or other appropriate venues. You will be required to submit a “proposal to the editor” by early October.

Grading and Feedback

Written assignments/oral presentations: These will be reviewed and edited in a timely fashion by faculty, returned, rewritten, and resubmitted. Students also will exchange manuscripts for constructive comments. Oral presentations will be critiqued both in class and privately.

Mentoring: We expect you to meet with faculty on a regular basis to discuss your projects and any issues relating to the course, as well as to receive feedback.

Grading for the three courses will be divided as follows:

Dial 390: TBD

Dial 391: TBD

Dial 392: Final Project

Readings

Our approach to general reading assignments is different from what you may be used to in your previous coursework. To understand impacts and solutions, you need to immerse yourselves in everything related, including books, reading appropriate articles/columns in daily newspapers and weekly/monthly magazines, and uncovering reports, documents, and academic studies in areas you are particularly interested in.

The books/articles listed below are examples from which we will be drawing readings. You will be reading for general background knowledge and as aids in developing your individual perspectives, not for detail. That is, these are “pleasure books,” to be enjoyed and absorbed but not memorized. A few of the books will be ordered through the SFU Bookstore (Harbour Centre) and assigned in their entirety, and we suggest you start those readings before the semester begins. In addition, we expect you to read newspapers, magazines and websites for health-focused content.

Potential assigned summer books

(note: not all books will be assigned; final decisions will be made in May 2012)

Anne Fadiman: *The Spirit Catches You and You Fall Down*

Lori Schiller and Amanda Bennett: *The Quiet Room: A Journey Out of the Torment of Madness*

Marc Lewis: *Memoirs of an Addicted Brain*

David Kuhl: *What Dying People Want*

Campbell, L., Boyd, N., Culbert, L. (2010): *A Thousand Dreams: Vancouver's Downtown Eastside and the Fight for its Future*

Book Chapters

Gabor Mate: *In the Realm of Hungry Ghosts: Close Encounters with Addiction*

PART 3: A Different State - The Addicted Brain (pp. 127-175)

PART 4: How the Addicted Brain Develops (pp.179-208)

PART 6: Imagining a Humane Reality - Beyond the War on Drugs (pp. 251-325)

Bruce Alexander: *Globalization of Addiction: A Study of Poverty of the Spirit*

Chap. 1-4 (pp. 11-72): Definition of Addiction; Vancouver context; Dislocation Theory; Psychosocial Integration

Chap. 9-10 (pp. 207-264): Addiction & Society

Gene Heyman (2009), *Addiction: A Disorder of Choice?* [book review and Q&A in MacLeans 2009]

Chap. 4 (pp.65-87): Once an addict, always an addict?

Chap. 6 (pp. 115-140): Addiction & Choice

Articles

- Malcolm Gladwell, *Million Dollar Murray*
(http://www.gladwell.com/2006/2006_02_13_a_murray.html)
- New England Journal of Medicine (2006) Private health care in Canada.
- Andre Picard (health reporter for Globe & Mail) andrepicard.com

Government and other documents and reports

- Michael Kirby (2006), *Out of the Shadows at Last*, Senate report on mental illness in Canada,

- <http://www.parl.gc.ca/Content/SEN/Committee/391/soci/rep/rep02may06-e.htm>
- Canada Health Act: <http://laws.justice.gc.ca/eng/acts/C-6/>
 - Royal Society of Canada report: *End of Life Decision Making*, http://www.rsc-src.ca/expertpanels_reports.php
 - Juha Mikkonen & Dennis Raphael, (2010) "Social Determinants of Health: The Canadian Facts," available at <http://www.thecanadianfacts.org/>

Potential Guests and Field Trips

(note: not all will be invited)

What is death and how do we approach the end of life?

- Rabbi Laura Duhan Kaplan, Or Shalom Synagogue
- Bishop Michael Ingham, Anglican Church
- Dr. Douglas McGregor, Regional Medical Director of Palliative Care, Vancouver Coastal Health

What is Wellness, and What is Illness?

- Tim Yeomans, Physician, formerly with the Tzu Chi Institute

Intersection points: Wellness, populations, and policies

- Penny Ballem, former Deputy Minister of Health for BC

Delivery of Health Care: Public Private Partnerships

- Larry Blain, Partnerships BC (Abbotsford Hospital and Cancer Centre)

Housing for mental health and addiction: Not in my backyard?

- Doug Robinson, Project Facilitator, Development Services City of Vancouver, or Rob Whitlock, Senior Housing Planner, Housing Centre
- Darrell Burnham, Executive Director, Coast Mental Health Foundation
- Greg Richmond (Associate Director, RainCity Housing)
- Tracy Schonfeld (Associate Director, Coast Mental Health)
(Greg & Tracy have worked with homeless people in Vancouver for over 20 years and are involved in a number of new initiatives)
(Note possible field trip)

Municipal to Federal: Addiction policies in Canada

- Donald MacPherson, former Drug Policy Coordinator, city of Vancouver and leading author of the "Four Pillars" Strategy
- Bruce Alexander, Emeritus, SFU; "Globalization of Addiction,"
- Mark Hadan, Team Leader, Ravensong Community Health; proponent of drug policy reform for VCH
- Ken Tupper, recent PhD on therapeutic use of ayahuasca, also works with Ministry of Health around drug policy reform

“*Bevel Up: Drugs, Users, and Outreach Nursing*” screening and discussion

- Nettie Wild, Director

Courts and Mental Health

- Rudy Young, David MacIntyre, Mental Health Advocate for Court System

Populations at Risk

- Dr. Barbara Fitzgerald, Developmental Pediatrician, Sunny Hill Health Centre for Children, SheWay
- Michelle Fortin, ED of Watari, a non-profit for marginalized youth in DTES
- Nadine Caron, Physician and Professor, UNBC
- Dara Culhane, Professor of Anthropology, Simon Fraser University,
Author of “An Error in Judgement” and “In Plain Sight”
- Mary Bissell, screening and discussion of *My Big Fat Diet*
- Amy Salmon, ED of Sheway, a non-profit for pregnant women; also Asst. Prof at UBC who does work on addiction and women's health
- Vicki Smye, Professor UBC, aboriginal women's mental health
- Bladerunners, non-profit social enterprise for Aboriginal youth

A contemplative approach to mental health

- Mark Goheen, Maple Ridge Treatment Centre, Fraser Health

The frail elderly/home care/quality of life

- John Sloan, geriatric physician and author of *A Bitter Pill: How the Medical System is Failing the Elderly*
- Jay Slater, Conrad Rusnak, Rod Ma, physicians with Home Vive, Coastal Health home care program
- Andrew Sixsmith, SFU, home care and quality of life; role of social services

Elder Abuse

- Gloria Gutman, former Chair, SFU Gerontology and President, International Network for Prevention of Elder Abuse

Euthanasia

- Wanda Morris, Executive Director, Dying with Dignity
- Dr. Will Johnston, Physician and Chair, Euthanasia Prevention Coalition

Housing and Health

- Catharine Hume, Site Coordinator, At Home Project; Director, Mental Health Commission of Canada
- Althea Crawford, Peer Coordinator, At Home Project; Person with lived experience of homelessness, mental illness & addiction

- RainCity Assertive Community Treatment Team (interdisciplinary team that provides outreach care to homeless people who have been transitioned to market rental apartments). Can speak to philosophy of Housing First and issues of community integration, possible field trip
- Liz Evans & Mark Townsend, co-Exec Dir's of Portland Hotel Society, a non-profit that has pioneered low-barrier and affordable housing in Vancouver as well as innovations such as the Supervised Injection Site and OnSite
- Jae Kim, former President of Street-to-Home Foundation, now with Covenant House; very involved in efforts to engage private sector partnership and effect social change at a high level

Other

- Gerry Bradley, Team Leader, Strathcona Mental Health Team
 - Steven Epp, Occupational Therapist, SMHT
- (Both are very aware of the issues of homelessness and mental illness in Vancouver)
- Sri Pendakur, Head of Cross-cultural Mental Health, VCH

Communicating with the Public

- Paul Sullivan, Sullivan Media
- Andre Picard, Globe and Mail
- Lori Culbert, Vancouver Sun

Facility Tours

We will be touring some of the facilities below in small groups (5 or 10). Students will have the opportunity to sign up for one or more tours.

411 Seniors Centre

Contact Person: Carol Lloyd

Description: The 411 Seniors Centre is an easily accessible, multi-purpose social and recreational drop in facility for seniors. Centrally located in downtown Vancouver, the Centre offers a variety of programs, services and special projects for seniors. It also houses several Associate Members who directly or indirectly work with seniors. The Centre is directed by the 411 Seniors Centre Society, with a Board of Directors, a small staff and a number of volunteers.

411 Seniors Centre
<http://www.411seniors.bc.ca/>
 411 Dunsmuir St
 Contact: Neil Stark
 nstark@411seniors.bc.ca
 Phone: (604) 684-8171
 Fax: (604) 681-3589

Victory House

Description: Victory House is a licensed care residence for 47 adult residents with chronic mental illness. Each individual brings with them their own unique personality as well as complex issues from their past. These include symptoms of their illness (Schizophrenia, for example), a life of poverty, hardship and sometimes little or no support from their family.

Victory House offers a safe house where they can be themselves. Residents are encouraged to achieve individual small victories on a daily basis. They are functioning at their maximum and will remain in this "home" for the rest of their lives. Victory House is considered "supported housing" and provides 24-hour care by Assisted Living Workers. Nursing staff is available during the day and part of the evening.

St. James Community Services Society:
Victory House
 Contact: Nick Blackman 604 606 0331 / nblackman@sjcss.com
 Cottage Hospice, May's Place
 Contact: Rhonda Karliner 604 606 0381(max 5 students: call 1-2 weeks ahead)
<http://www.sjcss.com>

Kettle Friendship Society

Description: The Kettle Friendship Society began nearly 30 years ago providing support and services to mental health consumers in Vancouver. The Kettle has since grown into a registered charity with an operating budget of close to \$4 million today. Many of the individuals The Kettle serves have dual diagnosis and long histories of abuse and neglect. Kettle members suffer from schizophrenia, bi-polar disorder, and depression - often in combination with alcohol and substance issues. These are individuals who generally "fall through the cracks" of the mental health system.

The Kettle's mandate is to provide an open door drop-in. We are a complimentary service to the mental health teams and other organizations in the city. Fifty per cent of The Kettle's members use no community services at all and fear the stigma of the mental illness diagnosis. Many are compromised with poor nutrition, Hepatitis C and HIV. The Kettle is a cost-effective alternative to over-burdened hospitals and mental health

facilities. It costs over \$350 per day to provide hospitalization for mental health patients. In contrast the Kettle provides support and services daily for only \$50 per user.

The Kettle Friendship Society
 1725 Venables Street, Vancouver, BC V5L 2H3
 T: 604.251.2801
 F: 604.251.6354
 Contact: Chris Keough
 ckeough@thekettle.ca

Cottage Hospice

Contact: Rhonda (tour okay—may want to split class in two between the hospices. Groups of max 5/time)

Description: St. James Community Service Society offers two Hospices: May's Place and St. James' Cottage Hospice. Our hospices offer care and comfort for terminally ill adults in a supportive and comfortable home-like environment. May's Place, on Powell Street, offers six beds and was the first freestanding residential hospice for terminally ill adults in British Columbia. May's Place has been in operation since October 1990. St. James' Cottage Hospice, in Burrardview Park, offers 10 beds and opened in May of 1999. Operating funds for the Hospice Program come from the Vancouver Coastal Health Authority and are supplemented by the fund-raising efforts of the Society. Both Hospices have a volunteer Palliative Care program. Volunteers provide companionship and support to the clients in a variety of ways. The volunteer program adds to the individualized care we offer in the hospice.

Rhonda phone: 604-606-0381

Mid-Main Community Health Centre

Mid-Main started in 1986 from an idea originating from the Board of the REACH Clinic which envisioned a collection of Community Health Centres in the Lower Mainland. These health centres would share resources in offering multi-disciplinary health services under one roof and in doing so offer an alternative to private practice in medical and dental care. The Mid-Main area was chosen due to the need for increased health services and also because of the availability of the building located at 3998 Main Street. Their mission: to improve the health of clients by delivering comprehensive, accessible and high quality health services according to individual and family needs. At Mid-Main, they believe that healthy people make healthy communities.

Mid-Main Community Health Centre

3998 Main Street
 Vancouver, BC
 V5V 3P2
 Contact: Irene Clarence, administrator
 604-873-3666
 irenec@midmaincommunityhealth.net
<http://www.midmaincommunityhealth.net/>

Downtown Eastside Nursing Projects

Insite

Suggested Volunteer Organizations

Volunteer Organizations

Students are required to arrange a volunteer position prior to the beginning of class in which you are actively involved in assisting in the delivery of health care, optimally about three hours per week during the full semester, evenings or weekends (do not schedule during weekday hours). Below is a list of possible organizations with contact information and samples of possible positions. The organizations on this list are only **suggestions**—you are welcome to apply to other organizations provided the volunteer work corresponds with the course topic.

You are responsible for setting up these positions, as well as completing any training or background checks as required. Most positions will require a criminal background check, which can be done through your local RCMP detachment. This can take up to three months. Please note that many positions require a commitment of six months or greater.

1) Blenheim Lodge

Blenheim Lodge is owned and operated by Calling Foundation, a non-profit Society formed in 1960, with one of its purposes being to provide for the construction, equipping, and operating of homes for the aged. Blenheim opened in 1969 as a personal care home and became a Service Provider under the Ministry of Health Long Term Care Program in 1978. As personal care services were eliminated from facility settings in British Columbia, the Lodge focused on intermediate care and currently provides complex care services for 109 residents with a variety of religious and ethnic backgrounds.

Possible positions: One-to-one visitor
 Minimum 3-month commitment, 1hr / week
 Interview, 2 references, current TB test, Doctor note saying you are free of communicable disease, criminal record check

Contact: Brenda Penman
 Tel: 604 732 8717
 E: brenda@blenheimlodge@telus.net

2) St. James Community Services Society (<http://www.sjcss.com/>)

St. James Community Service Society (the Society) is a grassroots organization with a long history of community building in Vancouver's Downtown Eastside. Today, in the poorest urban area of Canada, we strive to provide support for people who face the multiple challenges of poverty, crime, chronic mental and other illnesses, IV drug use, illiteracy, homelessness and the sex trade. A large proportion of our work focuses on bridging the gaps for people who are without the support of friends and family. Our focus is on assistance for those who, regardless of who they are, need help. We treat everyone we come in contact with in a respectful, non-judgmental way; the same way we all want to be treated. Today, the Society is considered an "umbrella organization" that offers a full spectrum of community and residential services.

Possible Positions: Community Services, Hospice Programs, Housing—Mental Health/Disability, Housing—Women and Children, Housing—youth
 Minimum 3h/week, References, Criminal record check

Contact: Munir
 Tel: (604) 606-0331
 E: volunteer@sjcss.com
<http://www.sjcss.com>

3) Women's Information Safe House (WISH) (<http://www.wish-vancouver.net/index.php3>)

Mission

To increase the health, safety and well being of women working in the sex trade in Vancouver's Downtown Eastside.

Vision

WISH believes in the inherent value and dignity of all women and seeks to empower and support women in making free and positive choices. WISH also believes in making visible the issues facing women working in survival sex. We do this by providing a caring atmosphere of support, encouragement, and safety in a non-judgmental, welcoming environment in collaboration with WISH participants, the Downtown Eastside Community, Church communities and the people of Greater Vancouver at large. Through advocacy, community education, and relationship building, we are committed to working toward a society where sexual exploitation of women and children is no longer tolerated.

Possible Positions: Transition Program, Literacy Program, Hospital visits, making and serving meals, staffing the Drop-in Centre

515-119 W. Pender Street

Minimum commitment: 1 hr, alternate weeks

Criminal record check

Women volunteers

Tel: 604-669-WISH (9474)

E: wishvolunteers@telus.net

<http://www.wish-vancouver.net>

4) Fraserside Community Health Services Society (<http://www.fraserside.bc.ca/>)

Fraserside Community Services Society has served the New Westminster community for over three decades. The Society's offices are located in New Westminster, but the impact of the support and counseling services extends beyond city boundaries. The Society employs over 130 people from skilled vocational workers and employment development consultants to professional counselors and nurses.

The mission of Fraserside Community Services Society is to provide a range of services that help people overcome challenging conditions and maximize their quality of life. With this in mind, we offer structured programs that inform, motivate and facilitate self-help. Our programs promote personal development and direct individuals to resources that can help them overcome difficulties.

It is the philosophy of this organization that everyone has the right to enjoy a full and satisfying life. An important method of achieving this goal is through personal development and self-help. The organization believes that motivation for self-help can be instilled and nurtured through participation, combined with support, facilitation and challenge.

Positions available: mostly clerical, some day and residential programs

Minimum 6-month commitment (recommended)

Criminal record check

1 hour volunteer information session last Thursday of every month

Contact: Denise Letourneau, Supervisor

Tel: 604 522 3722 ex121

E: denise@fraserside.bc.ca

<http://www.fraserside.bc.ca>

5) St. Jude's Anglican Home (<http://www.stjudes.ca>)

Mission statement:

Care for and support elderly person in a home-like atmosphere

Provide services and support to elderly persons in the neighbouring community
Educate members of the community about care and aging

Possible Positions: Program Assistant: assist with recreational programs such as crafts, cooking, discussion group and entertainment evening. One-to-one visitor: spend social time with residents, walking volunteers accompany residents on outside walks and appointments, escorts escort residents to special appointments.

St. Jude's Anglican Home

Possible positions: assist recreational programs, one-to-one visitor, appointment escorts
Minimum 6-month commitment or 50 hours

Reference required

Contact: Maike Kurtze, Recreation Therapist & Vounteer Coordinator

Tel: 604 874 3200 X 224

E: recreation@stjudes.bc.ca

<http://www.stjudes.ca>

6) Providence Health Care (<http://www.providencehealthcare.ca>)

Providence Health Care was formed through the consolidation of CHARA Health Care Society, Holy Family Hospital and St. Paul's Hospital on April 1st, 1997. Providence Health Care became a single legal entity on March 31st, 2000, providing health care services on eight sites in Vancouver, BC.

Providence Health Care is a Catholic health care community that respects the sacredness of all aspects of life. In this environment of service, support and respect, we meet the physical, emotional, social and spiritual needs of those served through compassionate care, teaching and research.

Providence Health Care:

Includes: Holy Family Hospital, Mount Saint Joseph, St. Paul's, St. Vincent's

Minimum 3-month commitment

There is a mandatory Information session for all Providence sites.

Criminal record check dependent on position

Contact: Charlene Dish

Tel: 604 806 8509

Fax: 604 806 9198

E: cdish@providencehealth.bc.ca

Facilities:

Holy Family Hospital: Holy Family Hospital is a provincial referral centre providing rehabilitation and residential care to adults in their middle years and beyond. Located in South Vancouver, it is recognized as a leader in rehab and elder care services, with 76 inpatient beds, a range of outpatient rehab services and 142 residential care beds. The facility is life-changing for those learning to live with stroke, arthritis, joint replacement

and lower limb amputations.

Contact: Mary Gallop
 Phone: 604.322.2666
 Email: mgallop@providencehealth.bc.ca

Mount Saint Joseph Hospital: Mount Saint Joseph Hospital is a community hospital in Vancouver, B.C. that has a multicultural approach to service delivery and clinical programs. The hospital operates 140 acute care and 100 extended care beds. With a history of caring for sick and disadvantaged immigrants, particularly the Chinese, Mount Saint Joseph continues that tradition to this day, with services targeted at the Lower Mainland's ethnic communities.

Contact: Silvija Goodyer
 Phone: 604.877.8343
 Email: sgoodyer@providencehealth.bc.ca

St. Vincent's: St. Vincent's Hospitals includes Brock Fahrni Pavilion and Langara, both extended care facilities. St Vincent's Hospital, Heather was an acute-care and residential-care facility that was closed in March 2004, with its acute care services and programs transferred to Mount Saint Joseph and St. Paul's hospitals. In the coming years, the Heather site will be redeveloped into a "Campus of Care" — an innovative model of elder care to support healthy aging.

Contact: Silvija Goodyer
 Phone: 604.877.3096
 Email: sgoodyer@providencehealth.bc.ca

St. Paul's Hospital: St. Paul's Hospital is an acute care, academic and research hospital located in downtown Vancouver. With over 500 acute care beds in use and home to many world-class medical and surgical programs, the hospital serves both the local community and patients from across B.C. Its downtown location brings many of Vancouver's tourists and visitors to its doors. As well, St. Paul's also has a longstanding history of providing care to disadvantaged populations.

Contact: Carol Dixon	Brandon Biln
Phone: 604.806.9892	604.806-9858
Email: Cdixon@providencehealth.bc.ca	bbiln@providencehealth.bc.ca

****Please note:** to volunteer at St. Paul's you must attend a volunteer information session and hand in your completed application there.

Possible positions: mealtime visitor, one-to-one visitor, emergency room (St. Paul's & Mt. St. Joseph's), HIV/AIDS Unit (St. Paul's)

7) Dr. Peter Centre (<http://www.drpeter.org>)
 1110 Comox Street

Vancouver

The Dr. Peter Centre, with a Day Health Program and a 24-hour Assisted-Living Residence, is the first HIV/AIDS health care centre of its kind in Canada.

Mission

To provide Comfort Care for people living with HIV/AIDS

Comfort Care:

Comfort Care is guided by the following principles and values:

Accepting, respecting and valuing the dignity of each individual;

Supporting the spiritual, psychological, social & physical needs and desires of each individual based on their own choices;

Transforming despair, isolation, fear, and fatigue into inclusion, support, safety, and security; and

Recognizing the broad determinants of health and quality of life, and providing innovative, integrated, flexible, community-based care.

Possible positions: Day Health Program, residence, special events

Minimum 6-month commitment

Minimum age 19, with previous volunteer experience

2 references

Criminal record check

Volunteer application forms on website

Tel: 604 608 1874 X 2235

E: volunteer@drpetercentre.ca

<http://www.drpeter.org>

8) Three Bridges Community Health Centre

Provides full health care services including newborn home visits and hotline, child health clinics, parent-infant/toddler groups, speech/language services for children up to age five, child and adult immunizations, school-age and youth health programs, rehabilitation therapy, home care and home support, and home hospice program. Also offers information, outreach, multicultural services, community involvement opportunities, and referrals to other regional services such as residential care facilities, adult day centres, treatment centres, and meal programs. **Pride Health Services** (604-633-4220) offers confidential health services for lesbian, gay, bisexual, and transgendered individuals; drop-in hours are 3 pm to 6 pm Thursdays. Serves the City Centre Community Health Area, which includes the West End, Yaletown, Downtown Vancouver Business District, Downtown South, False Creek, Kitsilano, Fairview Slopes, and South Granville. The centre also houses **Boys R Us** (604-633-4200), a drop-in centre for male and transgendered sex trade workers in Vancouver, particularly the downtown south area. Open 7 pm to 9 pm Tuesday to Thursday, offers a safe and confidential place for connecting with others, including social activities such as dinner and movies. Helps individuals to access resources such as health care, housing, and other community

services. Boys R Us is a joint project of VCHA and AIDS Vancouver.

Possible positions: Wellness Walker (taking isolated seniors out for walks), Personal Support for persons with high-level disabilities, Needle Exchange

1292 Hornby Street

Minimum commitment: 4-6 months

Criminal record check (not required for some positions i.e. Food services)

Tel: 604-709-5211

E: chelsea.bennie@vch.ca

http://www.vch.ca/community/volunteer_cha1.htm

9): Canadian Mental Health Association

175 West Broadway

Possible positions: Recreation

Contact: Leanne MacLeod

Tel: 604.872-4902, local 233

leanne.macleod.vb@cmha.bc.ca

<http://vancouver-burnaby.cmha.bc.ca/>

undergraduate semester courses/health issues and ethics 2012 outline