

Helen Loshny is a doctoral student in Women's Studies at Simon Fraser University. She currently holds a CIHR doctoral research award to investigate the role of socioeconomic, cultural and environmental factors in hormonal contraceptive prescribing practices and use in BC. Using poststructuralist, feminist and non-religious, spiritual approaches to the body and working in various capacities as a women's health researcher and as a mother of two daughters, Helen is interested in cultivating knowledge and practices that help us to build awareness of, and take joy in our bodies.

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