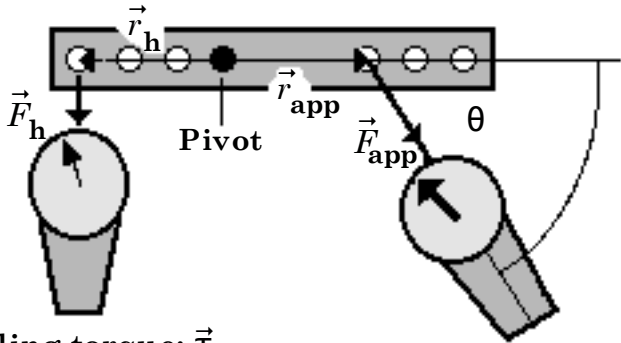




Holding torque: $\vec{\tau}_h$