



Alexander L. Chapman, Ph.D., R.Psych

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Alexander L. Chapman, Ph.D., R.Psych

Assistant Professor & Associate Chair (Graduate)

Department of Psychology

ADDRESS & CONTACT INFORMATION

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EDUCATION HISTORY & PREVIOUS POSITIONS

Aug '03 – Jun '05	Postdoctoral Fellow Department of Psychology, University of Washington (Dr. Marsha M. Linehan)
Aug '03	Doctor of Philosophy (Ph.D.) in Clinical Psychology Idaho State University (APA Accredited)
Jul '02 – Jul '03	Clinical Psychology Internship Duke University Medical Center (APA Accredited) Department of Psychiatry & Behavioral Sciences
May '00	Master of Science (M.S.) in Clinical Psychology Idaho State University
May '96	Bachelor of Arts (B.A.) in Psychology University of British Columbia

RESEARCH

RESEARCH PROGRAM

Research in my lab (the Personality and Emotion Research Laboratory; PERL) focuses on role of emotion regulation in borderline personality disorder (BPD), self-harm, impulsivity, and other such problems related to disinhibition and self-destructive behaviours. Within this domain, some of my research has focused on factors that influence, predict, and protect against self-harm. Another area of research has focused on the association of personality with impulsive behaviour and the role of negative emotional states in impulsivity and other behavioral difficulties among persons with BPD or elevated BP features. Additionally, I have been involved in research and theory development pertaining to mechanisms of change and the efficacy of treatments for BPD.

CURRENT AND ONGOING STUDIES

- ⇒ The effects of adaptive and maladaptive emotion regulation strategies (e.g., acceptance versus suppression) on daily functioning among persons with BPD (compared with depressed and healthy controls).
- ⇒ The development/effects of a social rejection emotion induction among persons with BPD and BP features.
- ⇒ The development of a novel measure of protective factors for deliberate self-harm.
- ⇒ A longitudinal study of predictors of self-harm, including emotion-regulation related factors.
- ⇒ The effects of negative emotional states on impulsivity in the laboratory in BPD.

REFEREED JOURNAL ARTICLES & BOOK CHAPTERS

(students & trainees underlined; hollow bullets indicate book chapters)

--IN PRESS/ACCEPTED--

- **Chapman, A.L.**, Dixon-Gordon, K.L., Walters, K.N., & Layden, B.K. (accepted with minor revisions). Borderline personality features moderate the effect of a fear induction on impulsivity. *Personality Disorders: Theory, Research and Treatment* (an APA journal).
- **Chapman, A.L.**, Dixon-Gordon, K.L., & Turner, B.J. (in press). Dialectical behaviour therapy: Mental health substance use. In D.B. Cooper (Ed.), *Mental Health –Substance Use*. Radcliffe Publishing, Ltd.
- **Chapman, A.L.**, Walters, K.N., & Dixon-Gordon, K.L. (in press). Experiential avoidance and borderline personality disorder. *Journal of Rational Emotive and Cognitive Behavioral Therapy*.
- **Chapman, A.L.**, & Brown, M.Z. (in press) Cognitive behavioural theory of suicidal behavior. In A. Shrivastava (Ed.), *Handbook of suicidal behaviour*. London, England: Gaskell.

--2009--

- **Chapman, A.L.**, Derbidge, C., Cooney, E., Hong, P., & Linehan, M.M. (2009). Temperament as a prospective predictor of self-injury among patients with borderline personality disorder. *Journal of Personality Disorders*, 23, 122-140.
- **Chapman, A.L.**, Rosenthal, M.Z., & Leung, D. (2009). Emotion suppression and borderline personality disorder: An experience-sampling study. *Journal of Personality Disorders*, 23, 27-45.
- **Chapman, A.L.** (2009). Is dialectical behavior therapy the right fit for your patients? *Current Psychiatry*, 7, 60-69.
- **Chapman, A.L.** (2009). Borderline personality disorder. In J.S. Abramowitz, D. McKay, & S. Taylor (Eds.), *The expanded scope of cognitive-behavior therapy: Lessons learned from refractory cases* (pp.347-367). Washington, DC: American Psychological Association.
- Specht, M.W., **Chapman, A.L.**, & Cellucci, A.J. (2009). Schemas and borderline personality features in incarcerated women. *Journal of Behavior Therapy and Experimental Psychiatry*, 40, 256-264.
- Ekblad, A., **Chapman, A.L.**, & Lynch, T.R. (2009). Borderline personality disorder and co-occurring substance use disorders: Conceptualization & treatment. In E. Nunes, J. Selzer, P. Levounis (Eds.), *Substance dependence and co-occurring psychiatric disorders: Best practices for diagnosis and treatment*. Civic Research Institute.
- Brown, M.Z., Comtois, K.A., Linehan, M.M., Murray, A., & **Chapman, A.L.** (2009). Emotions as prospective predictors of self-inflicted injury in borderline personality disorder: A multi-modal analysis. *Behaviour Research & Therapy*, 47, 815-822.
- Bohus M., Wolf, M., Stieglitz, R.D., Limberger, M.F., Domsalla, M., **Chapman, A.L.**, Steil, R., Philipsen, A., & Kleindienst, N. (2009). The short-version of the Borderline Symptom List (BSL-23): Development and initial data on psychometric properties. *Psychopathology*, 42, 32-39.

--2008--

- **Chapman, A.L.**, Leung, D.W., & Lynch, T.R. (2008). Impulsivity and emotion dysregulation in borderline personality disorder. *Journal of Personality Disorders*, 22, 148-164.
- **Chapman, A.L.**, Leung, D.W., & Walters, K.N. (2008). Psychological theories of self-injurious behaviour. In C. Schmahl (Ed.), *Self-injurious behaviour in stress-associated disorders*. Kohlhammer: Stuttgart, Germany.
- **Chapman, A.L.** (2008). *Self-injurious behavior*. In G. Reyes, J. Elhai, & J. Ford, *Encyclopaedia of Psychological Trauma* (pp. 591-597). John Wiley & Sons.

- Harned, M., **Chapman, A.L.**, Dexter-Mazza, E., Murray, A., Comtois, K.A. & Linehan, M.M. (2008). Treating comorbid axis I disorders in chronically suicidal women with borderline personality disorder: A two-year randomized trial of dialectical behavior therapy vs. community therapy by experts. *Journal of Consulting and Clinical Psychology*, 6, 1068-1075.
- Smoski, M.J., Lynch, T.R., Rosenthal, M.Z., Cheavens, J.S., **Chapman, A.L.** & Krishnan, R.R. (2008). Decision-making and risk aversion among depressive adults. *Journal of Behavior Therapy and Experimental Psychiatry*, 39, 567-576.
- Kleindienst, N., Bohus, M., Ludaescher, P., Limberger, M.F., Kuenkele, K., Ebner-Priemer, U., **Chapman, A.L.**, Reicherzer, M., Stieglitz, R.D., & Schmah, C. (2008). Motives for non-suicidal self-injury among women with borderline personality disorder. *Journal of Nervous and Mental Disease*, 196, 230-236.

--2007--

- **Chapman, A.L.**, & Dixon-Gordon, K.L. (2007). Emotional antecedents and consequences of deliberate self-harm and suicide attempts. *Suicide & Life Threatening Behavior*, 37, 543-552.
- **Chapman, A.L.**, Lynch, T.R., Rosenthal, M.Z., Cheavens, J.S., Smoski, M., & Krishnan, R. (2007). Risk aversion among depressed older adults with obsessive-compulsive personality disorder. *Cognitive Therapy & Research*, 31, 161-174.
- **Chapman, A.L.**, & Cellucci, A.J. (2007). The role of borderline and antisocial features in substance dependence among incarcerated females. *Addictive Behaviors*, 32, 1131-1145.
- Gratz, K.L., & **Chapman, A.L.** (2007). The role of emotional responding and childhood maltreatment in the development and maintenance of deliberate self-harm among male undergraduates. *Psychology of Men and Masculinity*, 8, 1-14.
- Brown, M.Z., & **Chapman, A.L.** (2007). *Stopping self-harm once and for all: Relapse prevention in Dialectical Behavior Therapy* (pp. 191-213). In G. A. Marlatt & K. Witkiewitz (Eds.), *Therapist's Guide to Evidence-Based Relapse Prevention*. Elsevier.
- Bohus, M., Limberger, M.F., Frank, U., **Chapman, A.L.**, Kühler, T., & Stieglitz, R.D. (2007). Psychometric properties of the Borderline Symptom List (BSL). *Psychopathology*, 40, 126-132.

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- **Chapman, A.L.** (2006). Acceptance and mindfulness in behavior therapy: A comparison of Dialectical Behavior Therapy and Acceptance and Commitment Therapy. *International Journal of Behavioral Consultation and Therapy*, 2, 308-313.
- **Chapman, A.L.** (2006). Dialectical behavior therapy: Current indications and unique elements. *Psychiatry* 2006, 3, 62-68.
- **Chapman, A.L.**, Gratz, K.L., & Brown, M.Z. (2006). Solving the puzzle of deliberate self-harm: The experiential avoidance model. *Behaviour Research & Therapy*, 44, 371-394.
- Lynch, T. R., **Chapman, A.L.**, Rosenthal, M.Z., Kuo, J.K., & Linehan, M.M. (2006). Mechanisms of change in dialectical behavior therapy: Theoretical and empirical observations. *Journal of Clinical Psychology*, 62, 459-480.
- Koons, C., **Chapman, A.L.**, Betts, B., O'Rourke, B., & Robins, C.J. (2006). Dialectical behavior therapy adapted for the vocational rehabilitation of significantly disabled mentally ill adults. *Cognitive and Behavioral Practice*, 13, 146-156.
- Lindenboim, N., **Chapman, A.L.**, & Linehan, M.M. (2006). Homework use in dialectical behavior therapy for borderline personality disorder. In N. Kazantzis & L. L'Abate (Eds.), *Handbook of homework assignments in psychotherapy: Research, practice, and prevention* (pp. 227-245). New York: Springer.

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- **Chapman, A.L.**, Specht, M.W., & Cellucci, A.J. (2005). Factors associated with suicide attempts in female inmates: The hegemony of hopelessness. *Suicide and Life Threatening Behavior*, 35, 558-569.
- **Chapman, A.L.**, Specht, M.W., & Cellucci, A.J. (2005). Borderline personality disorder and deliberate self-harm: Does experiential avoidance play a role? *Suicide and Life Threatening Behavior*, 35, 388-399.
- **Chapman, A.L.**, & Linehan, M.M. (2005). Dialectical behavior therapy for borderline personality disorder. In M. Zanarini (Ed.), *Borderline Personality Disorder* (pp. 211-242). Florida: Taylor & Francis.
- Gremore, T.M., **Chapman, A.L.**, & Farmer, R.F. (2005). Passive avoidance learning among female inmates as a function of behavioral inhibition and activation. *Personality and Individual Differences*, 39, 925-936.

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- Robins, C.J., & **Chapman, A.L.** (2004). Dialectical behavior therapy: Current status, recent developments, and future directions. *Journal of Personality Disorders*, 18, 73-79.
- **Chapman, A.L.**, Mayer, J., Specht, M., Farmer, R.F., & Field, C.E. (2003). Passive avoidance learning as a function of Cloninger's temperament typology: An extension to male undergraduates. *Personality and Individual Differences*, 35, 1571-1584.
- **Chapman, A.L.**, Gremore, T.M., & Farmer, R.F. (2003). Psychometric evaluation of the psychopathic personality inventory (PPI) in female inmates. *Journal of Personality Assessment*, 80, 165-173.
- **Chapman, A.L.**, & Compton, J.S. (2003). From behavioral couples' therapy to integrative behavioral couples' therapy: New research directions. *The Behavior Analyst Today*, 4, 17-25.
- Farmer, R.F., Field, C., Gremore, T.M., **Chapman, A.L.**, Nash, H., & Mayer, J. (2003). Passive avoidance learning as a function of Cloninger's temperament typology. *Personality and Individual Differences*, 34, 983-997.
- **Chapman, A.L.**, & Dehle, C. (2002). Bridging theory and practice: A comparative analysis of integrative behavioral couple therapy and cognitive behavioral marital therapy. *Cognitive and Behavioral Practice*, 9, 150-163.
- Farmer, R.F., & **Chapman, A.L.** (2002). Evaluation of DSM-IV personality disorder criteria as assessed by the Structured Clinical Interview for DSM-IV Personality Disorders. *Comprehensive Psychiatry*, 43, 285-300.

--UNDER REVIEW--

- **Chapman, A.L.**, Gratz, K.L., & Turner, B.J. (submitted Aug '09). Risk-related and protective correlates of deliberate self-harm among incarcerated females: Comparisons with suicide attempts. *Journal of Behavior Therapy and Experimental Psychiatry*.
- Walters, K.N., **Chapman, A.L.**, & Dixon-Gordon, K.L. (submitted June '09). Emotional reactivity to social rejection and failure among persons with borderline personality features. *Personality Disorders: Theory, Research, & Treatment*.
- Dixon-Gordon, K.L., **Chapman, A.L.**, Walters, K.N., & Lovasz, N. (submitted Sept '09). The relationship between emotions, social problem solving, and borderline personality features. *Journal of Personality Disorders*.

--IN PREPARATION--

- **Chapman, A.L.**, Dixon-Gordon, K.L., & Walters, K.N. (empirical paper in preparation). The association of borderline personality features with reactivity to fear stimuli and emotion regulation.
- **Chapman, A.L.**, Turner, B.J., & Dixon-Gordon, K.L. (invited review article). Issues to consider in the

integration of DBT with other treatment approaches. *Clinical Social Work Journal*.

- **Chapman, A.L., Richard, N., Rosenthal, M.Z., & Dixon-Gordon, K.L.** (review article in preparation). Psychological treatments for borderline personality disorder: A review.
- **Chapman, A.L., Leung, D.W., Walters, K.N., Dixon-Gordon, K.L., & Rosenthal, M.Z.** (empirical paper in preparation). Unravelling the connection between affect intensity and borderline personality disorder: The role of emotion dysregulation and experiential avoidance.
- **Dixon-Gordon, K.L., & Chapman, A.L.** (empirical paper in preparation). Asian ethnicity moderates the effects of social rejection.
- **Walters, K.N., & Chapman, A.L.** (review article in preparation). A review and critique of the evidence for adaptations of Dialectical Behavior Therapy.

AUTHORED BOOKS

- **Chapman, A.L., & Gratz, K.L.** (in progress; publication date: Fall 2011). *The DBT skills workbook for anxiety disorders*. Oakland, CA: New Harbinger Publications. Book contract finalized.
- Gratz, K.L., & **Chapman, A.L.** (2009). *Freedom from self-harm: Overcoming self-injury with skills from DBT and other treatments*. Oakland, CA: New Harbinger Publications.
- **Chapman, A.L., & Gratz, K.L.** (2007). *The borderline personality disorder survival guide: Everything you need to know about living with BPD*. Oakland, CA: New Harbinger Publications.
- Farmer, R.F., & **Chapman, A.L.** (2007). *Behavioral interventions in cognitive behavior therapy: Practical guidance for putting theory into action*. APA Books: Washington, D.C.

NON-REFEREED CONTRIBUTIONS, NEWSLETTER & MAGAZINE ARTICLES

- o **Dixon-Gordon, K.L., & Chapman, A.L.** (2008). Dialectical behavior therapy for borderline personality disorder. *New Therapist Magazine*.
- o **Chapman, A.L.** (2008). Dialectical behavior therapy for borderline personality disorder. *Clinician's Corner Newsletter*, New Harbinger Publications. February 2008.
- o **Chapman, A.L.** (2007). Review of Walsh's *Treating self-injury: A practical guide*. *Journal of Behavior Therapy and Experimental Psychiatry*, 38, 86-88.
- o **Chapman, A.L.** (2007). Putting opposite action into action: Working with emotions in DBT. *Scientist-Practitioner.com*.
- o **Chapman, A.L.** (2005, Sept). Borderline personality disorder. *Moods Magazine*.
- o **Chapman, A.L.** (2005, June). Dialectical behavior therapy. *Moods Magazine*.
- o **Chapman, A.L.** (2003). Clinical assessment and treatment of non-suicidal self-harm. *Idaho Psychological Association Newsletter*.
- o **Chapman, A.L.** (2001). Rural psychology service provision: A challenging opportunity for growth in our profession. *The Clinical Psychologist*, 54, 3-8.
- o **Chapman, A.L.** (2001). Issues and informational resources for prospective internship applicants. *AABT Student SIG Newsletter*, 1, 3-5.
- o **Chapman, A.L.** (2001). The clinical psychology doctoral program at Idaho State Univ. *AABT Student SIG Newsletter*, 1, 6-7.
- o Lundgren, J., **Chapman, A.L.**, Boggs, K., & Winterowd, C. (2001). The student SIG. *the Behavior Therapist*, 24, 181.

SCIENTIFIC CONFERENCE PRESENTATIONS (students & trainees underlined)

--2009--

- **Chapman, A.L.**, Dixon-Gordon, K.L. & Layden, B.K. (2009, Nov). *Behavioral inhibition system activity moderates the association of borderline personality features with fear reactivity*. Poster session presented at the 43rd annual meeting of the ABCT, New York, NY.
- **A.L. Chapman** & C. Schmahl (2009, Nov) (Chairs). *The role of universal cognitive and neurobiological factors in deliberate self-harm*. Symposium presented at the 43rd annual meeting of the ABCT, New York, NY.
- **Chapman, A.L.**, Dixon-Gordon, K.L., & Walters, K.N. (2009, July). *Behavioral inhibition system moderates the association of borderline personality features with fear reactivity in the laboratory*. Symposium: 37th annual meeting of the British Association for Behavioural and Cognitive Psychotherapies (BABCP), Exeter, UK.
- K.L. Gratz, & **A.L. Chapman** (2009, Nov) (Chairs). *Innovative approaches to the investigation of emotion-regulation difficulties in diverse forms of psychopathology and functional impairment*. Symposium presented at the 43rd annual meeting of the ABCT, New York, NY.
- Dixon-Gordon, K.L., Chapman, A.L., & Lovasz, N. (2009, Nov). *Pinpointing the emotion regulation difficulties of persons who self-harm*. In, K.L. Gratz, & **A.L. Chapman** (2009, Nov) (Chairs). *Innovative approaches to the investigation of emotion-regulation difficulties in diverse forms of psychopathology and functional impairment*. Symposium presented at the 43rd annual meeting of the ABCT, New York, NY.
- Dixon-Gordon, K.L. & **Chapman, A.L.** (2009, Nov). *Experiential avoidance mediates the association of anxiety with skin conductance responses to social rejection in the laboratory*. Poster session presented at the 43rd annual meeting of the ABCT, New York, NY.
- Turner, B.J., & **Chapman, A.L.** (2009, Nov). *Assessing protective factors for self-harm: Development of the Barriers to Self-Harm Inventory*. Poster session presented at the 43rd annual meeting of the ABCT, New York, NY.
- Turner, B.J., & **Chapman, A.L.** (2009, Nov). *Assessing protective factors for self-harm: Development of the Barriers to Self-Harm Inventory*. Poster session presented at the 43rd annual meeting of the ABCT, New York, NY.
- Turner, B.J., **Chapman, A.L.**, & Dixon-Gordon, K.L. (2009, Nov). *The measurement and experience of emotion regulation difficulties among Asian and non-Asian participants*. Poster session presented at the 43rd annual meeting of the ABCT, New York, NY.
- Walters, K.N., **Chapman, A.L.**, & Dixon-Gordon, K.L. (2009, Nov). *Emotional Reactivity to Rejection Among Persons With Borderline Personality Features: The Importance of Interpersonal Stressors*. In T.R. Lynch (Chair), *Borderline personality disorder: Emotional reactivity and sensitivity*. Symposium presented at the 43rd annual meeting of the ABCT, New York, NY.
- Walters, K.N., **Chapman, A.L.**, & Dixon-Gordon, K.L. (2009, August). *Emotional reactivity to social rejection among persons with borderline personality features*. Presented in paper session, *Glimpses into the future of diagnosis and psychotherapy*. 117th Annual Meeting of the American Psychological Association (APA), Toronto, ON.
- Lovasz, N., **Chapman, A.L.**, Dixon-Gordon, K. L., & Turner, B.J. (2009, June). *BPD as a disorder of Intersubjectivity: Narrative and Identity Disturbance in Borderline Personality Disorder*. Poster presented at the Canadian Psychological Association (CPA) 70th Annual Convention, Montreal, QC.
- Dixon-Gordon, K.L., Turner, B.J., & **Chapman, A.L.** (2009, Nov). *Emotional avoidance mediates the association of Asian ethnicity with skin conductance responses during a fear induction*. Poster session presented at the 43rd annual meeting of the ABCT, New York, NY.

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- **Chapman, A.L.** (2008, Nov). *Behavioral models of non-suicidal self-injury: Experiential avoidance and beyond*. In Klonsky, E.D. (Chair), *Data-driven theories of non-suicidal self-injury*. Symposium: 42nd annual meeting of the ABCT, Orlando, FL.
- **Chapman, A.L., Dixon-Gordon, K.L., & Walters, K.N.** (2008, Nov). *Borderline personality features and the effects of a fear induction on impulsivity in the laboratory*. In **Chapman, A.L., & Gratz, K.L.** (Chairs), *The role of emotion regulation in deliberate self-harm and borderline personality disorder*. Symposium: 42nd annual meeting of the ABCT, Orlando, FL.
- **Walters, K.N., Chapman, A.L., & Dixon-Gordon, K.L.** (2008, Nov). Emotional reactivity and urges for maladaptive behaviours among people with borderline personality disorder features. Poster: 42nd annual meeting of the ABCT, Orlando, FL.
- **Dixon-Gordon, K.L., Chapman, A.L., Walters, K.N., & Layden, B.K.** (2008, Nov). *Skin conductance and subjective emotional reactivity to a laboratory stressor in borderline personality disorder*. Poster: 42nd annual meeting of the ABCT, Orlando, FL.
- **Dixon-Gordon, K.L., Chapman, A.L., Walters, K.N., & Layden, B.K.** (2008, Nov). *The effect of emotion induction on social problem solving in borderline personality disorder*. Poster: 42nd annual meeting of the ABCT, Orlando, FL.
- **Walters, K.N., Chapman, A.L., & Dixon-Gordon, K.L.** (2008, Nov). *Emotional reactivity to social rejection and failure among persons with borderline personality disorder features*. Poster: 42nd annual meeting of the ABCT, Orlando, FL.
- **Dixon-Gordon, K.L., Chapman, A.L., Walters, K.N., & Fikowski, J.** (2008, Nov). *Social problem solving and emotion dysregulation in borderline personality disorder*. Poster: 42nd annual meeting of the ABCT, Orlando, FL.
- **Lovasz, N., Walters, K.N., Dixon-Gordon, K.L., Bonci, A., & Chapman, A.L.** (2008, Nov). *The relationship between affect intensity, thought suppression, and emotion regulation and identity problems*. Poster session, Student Special Interest Group, 42nd annual meeting of the ABCT, Orlando, FL.
- **Chapman, A.L.** (2008, Jul). *Impulsivity and emotion dysregulation in borderline personality disorder*. In B. Renneberg (Chair), *Emotion regulation in borderline personality disorder: New findings regarding sensitivity and reactivity to emotional stimuli*. Symposium: International Congress on Psychology, Berlin, Germany.
- **Chapman, A.L.** (2008, Jul). *Emotion suppression in borderline personality disorder: An experience sampling study*. In M. Berking (Chair), *Emotion regulation and mindfulness*. Symposium: International Congress on Psychology, Berlin, Germany.

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- **Chapman, A.L., Rosenthal, M.Z., Leung, D.W., Dixon-Gordon, K.L., & Walters, K.N.** (2007, Nov). *Emotion suppression in borderline personality disorder: An experience sampling study*. In Gratz, K.L., & **Chapman, A.L.** (Chairs), *Basic research on emotional responding in borderline personality disorder: Implications for clinical practice*. Symposium: 41st annual meeting of the ABCT, Philadelphia, PA.
- **Chapman, A.L., Farmer, R.F., & Dixon-Gordon, K.L.** (2007, Nov). *Borderline personality disorder and patterns of emotion in daily life: An experience sampling study*. Poster session: 41st annual meeting of the ABCT, Philadelphia, PA.
- **Chapman, A.L.** (Discussant) (2007, Nov). *New mechanisms [of change in treatment] research*. Symposium, 12th annual meeting of the ISITDBT, Philadelphia, PA.
- **Walters, K.N., & Chapman, A.L.** (2007, Nov). *The relationship between coping style and suicidal ideation among incarcerated females: Hopelessness as a mediator*. Poster session: 41st annual meeting of the ABCT,

Philadelphia, PA.

- Dixon-Gordon, K.L., & **Chapman, A.L.** (2007, Nov). *Experiential avoidance as a partial mediator of the relationship between Asian ethnicity and phobic anxiety*. Poster session: 41st annual meeting of the ABCT, Philadelphia, PA.
- Smoski, M.J., Lynch, T. R., Rosenthal, M.Z., Cheavens, J.M., **Chapman, A.L.**, & Krishnan, K.R. (2007, Nov). *Decision making and risk aversion among depressive adults*. Poster session: 41st annual meeting of the ABCT, Philadelphia, PA.
- **Chapman, A.L.**, Rosenthal, M.Z., Leung, D., Lihou, A., & Turner, B.J. (2007, August). *Emotion suppression in borderline personality disorder: An experience sampling study*. Poster session: 115th annual meeting of the APA, San Francisco, CA.
- Turner, B.J., **Chapman, A.L.**, & Walters, K.N. (2007, June). *Functions of deliberate self-harm and suicide attempts*. Paper presentation: Annual meeting of the CPA, Ottawa, ON.

--2006--

- **Chapman, A.L.**, & Gratz, K.L. (2006, November). *Apples and oranges or grapes from the same vine: Do correlates of deliberate self-harm differ from those associated with suicide attempts?* In Gratz, K.L., & **Chapman, A.L.** (Chairs). *New directions in research on deliberate self-harm*. Symposium: 40th annual meeting of the ABCT, Chicago, Ill.
- **Chapman, A.L.** (2006, November). *Mechanisms of change in opposite action and chain analysis*. In L. Dimeff (Chair), *Mechanisms of Change in DBT*. Panel discussion, 11th annual meeting of the ISITDBT, Chicago, Ill.
- **Chapman, A.L.**, Dixon-Gordon, K.L., Walters, K.N., Layden, B., & Morrison, L. (2006, November). *Impulsivity, borderline personality features, and emotional state: A laboratory study*. Poster session: 11th annual meeting of the ISITDBT, Chicago, Ill.
- **Chapman, A. L.**, Leung, D., Bleim, I. C., & Bell, K. L. (2006, November). *Impulsivity and emotion dysregulation in borderline personality disorder*. Poster session: 40th annual meeting of the ABCT, Chicago, Ill.
- **Chapman, A. L.**, Leung, D., Bell, K.L., Bleim, I.C., & Watt, K.J. (2006, November). *Unraveling the connection between affect intensity and borderline personality*. Poster session: 40th annual meeting of the ABCT, Chicago, Ill.
- Koons, C., **Chapman, A.L.**, Betts, B., O'Rourke, B., & Robins, C.J. (2006). *Dialectical behavior therapy adapted for the vocational rehabilitation of significantly disabled mentally ill adults*. Symposium presentation, 11th annual meeting of the ISITDBT, Chicago, Ill.
- Harned, M., **Chapman, A.L.**, Dexter-Mazza, E., Comtois, K.A., & Linehan, M.M. (2006, November). Treating comorbid Axis I disorders in BPD outpatients: A comparison of DBT versus therapy by community experts. In **Chapman, A.L.**, & Lynch, T.R. (Chairs). *Adaptations and advancements in research on borderline personality disorder*. Symposium: 40th annual meeting of the ABCT, Chicago, Ill.
- Gratz, K.L., & **Chapman, A.L.** (2006, November). The role of emotional responding and childhood maltreatment in the development and maintenance of deliberate self-harm among male undergraduates. In Gratz, K.L., & **Chapman, A.L.** (Chairs). *New directions in research on deliberate self-harm*. Symposium: 40th annual meeting of the ABCT, Chicago, Ill.
- Smoski, M.J., Lynch, T.R., Rosenthal, M.Z., Cheavens, J.M., **Chapman, A.L.**, & Krishnan, K.R. (2006). *Enhanced learning from negative feedback in depressive adults*. Poster session: 40th annual meeting of the ABCT, Chicago, Ill.

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- **Chapman, A.L.**, Derbidge, C., Cooney, E., Hong, P., & Linehan, M.M. (2005, November). *Novelty Seeking, Harm Avoidance and Reward Dependence as Predictors of Change in Parasuicidal Behavior in Patients with*

Borderline Personality Disorder. Poster session: 39th annual meeting of the AABT, Washington, D.C.

- **Chapman, A.L.** (2005, November). *Mechanisms of Change in Dialectical Behavior Therapy*. In Marsha M. Linehan, *Mechanisms of Change in DBT: Empirical and Clinical Observations*. Symposium: 39th annual meeting of the AABT, Washington, D.C.

--2004--

- **Chapman, A.L.** (2004, November). *Exploring the function of deliberate self-harm: Experiential avoidance and borderline personality disorder (BPD)*. In Mandra L. Rasmussen Hall, *Emotional Responding and Emotion Regulation in Self-Harm*. Symposium: 38th annual meeting of the AABT, New Orleans, LA.
- **Chapman, A.L.**, Specht, M.W., Cellucci, A.J., & Fruik, B.D. (2004, November). *Borderline Personality Disorder and the Emotional Antecedents and Consequences of Deliberate Self-Harm*. Poster session: 38th annual meeting of the AABT, New Orleans, LA.
- Specht, M.W., **Chapman, A.L.**, & Cellucci, A.J. (2004, November). *Higher order factor structure of the Young Schema Questionnaire*. Poster session: 38th annual meeting of the AABT, New Orleans, LA.
- Cellucci, A.J., Krogh, J., Specht, M.W., **Chapman, A.L.**, Davis, K., & Darling, J. (2004, November). Alcohol and drug involvement in parasuicide events among women inmates. Poster session: 38th annual meeting of the AABT, New Orleans, LA.

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- **Chapman, A. L.** (2003, January). *Emotion regulation and borderline personality disorder: New directions for translational research*. Colloquium: Simon Fraser Univ., Burnaby, B.C.
- **Chapman, A.L.**, Specht, M. W., & Cellucci, A. J. (2003, November). *Predictors of Suicidal and Self-Harm Behavior among Female Inmates*. Poster session: 37th annual meeting of the AABT, Boston, MA.
- **Chapman, A.L.**, Rosenthal, M.Z., Cheavens, J.M., & Lynch, T.R. (2003, November). *Risk Taking as a Function of Personality Disorder Features in Older Adults*. Poster session: 37th annual meeting of the AABT, Boston, MA.
- Farmer, R.F., **Chapman, A.L.**, Field, C.E., & Nash, H. (2003, November). *Passive avoidance learning as a function of personality disorder features and memory*. Poster session: 37th annual meeting of the AABT, Boston, MA.
- Specht, M.W., **Chapman, A.L.**, & Cellucci, A.J. (2003, November). *Early maladaptive schemas mediate the association between childhood trauma and borderline personality disorder*. Poster session: 37th annual meeting of the AABT, Boston, MA.
- Cellucci, A.J., Specht, M.W., **Chapman, A.L.**, & Toussaint, L.. (2003). *Antisocial and borderline personality features among alcohol and drug dependent women*. Poster session: 37th annual meeting of the AABT, Addictions SIG, Boston, MA.
- Koons, C., Betts, B., **Chapman, A.L.**, O'Rourke, B., & Robins, C.J. (2003). *Dialectical behavior therapy for vocational rehabilitation*. Poster session: 8th annual ISITDBT convention, Boston, MA.
- Koons, C., Betts, B., **Chapman, A.L.**, O'Rourke, B., & Robins, C.J. (2003). *Dialectical behavior therapy for vocational rehabilitation*. Poster session: 37th annual meeting of the AABT, Boston, MA.
- **Chapman, A.L.** (2003, January). *Emotion regulation, behavioral disinhibition, and borderline personality disorder: New directions for translational research*. Colloquium: Queen's Univ., Kingston, Ontario.

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- **Chapman, A.L.**, Specht, M., & Cellucci, A., Phillips, M., Matthews, J., & Sweet, K. (2002, November). *Borderline personality features and parasuicide: The role of experiential avoidance*. Poster session: 36th annual meeting of the AABT, Reno, NV.
- **Chapman, A.L.**, Mayer, J., Specht, Farmer, R.F., & Field, C. (2002, November). *Passive avoidance learning*

among males as a function of Cloninger's temperament typology. Poster session: 36th annual meeting of the AABT, Reno, NV.

- Specht, M.W., **Chapman, A.L.**, Cellucci, A., Matthews, J., Phillips, M., & Condie, R. (2002, November). *Criterion validity of the Young Schema Questionnaire and Young-Rygh Avoidance Inventory with borderline, antisocial, and depressed women inmates.* Poster session: 36th annual meeting of the AABT, Reno, NV.
- Farmer, R.F., & **Chapman, A.L.** (2002, August). *Diagnosis of personality disorders with the SCID-II Interview and Questionnaire.* Poster session: New Zealand Psychological Society Meetings, Christchurch, New Zealand.
- **Chapman, A.L.**, Gremore, T.M., & Farmer, R.F. (2002, August). *Psychometric analysis of the Psychopathic Personality Inventory in Female Inmates.* Poster session: New Zealand Psychological Society Meetings, Christchurch, New Zealand.
- Gremore, T.M., **Chapman, A.L.**, & Farmer, R.F. (2002, August). *Anxiety, impulsivity, and behavioral disinhibition among female inmates.* Poster session: New Zealand Psychological Society Meetings, Christchurch, New Zealand.
- **Chapman, A.L.**, Specht, M.W., & Cellucci, A.J. (2002, April). *Suicidal behavior and borderline personality features among female prisoners: A preliminary test of a new model.* Poster session: 31st annual meeting of the IPA, Sun Valley, ID.
- Specht, M.W., **Chapman, A.L.**, & Cellucci, A.J. (2002). *A psychosocial profile of female inmates: Preliminary findings.* Poster session: 31st annual meeting of the IPA, Sun Valley, ID.
- **Chapman, A.L.**, & Farmer, R.F. (2001, November). *Personality disorders and suicidal ideation: The role of negative emotionality and hopelessness.* Poster session: SIG Poster Exposition at the 35th annual meeting of the AABT, Philadelphia, PA.

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- Stevens, S., Cellucci, A.J., Joe, V., Sellers, K., & **Chapman, A.L.** (2001, November). *The effectiveness of motivational enhancement therapy for adolescent smokers.* Poster session: 35th annual meeting of the AABT, Philadelphia, PA.
- **Chapman, A.L.**, Gremore, T.M., & Farmer, R.F. (2001, September). *Evaluation of a self-report questionnaire of psychopathic tendencies: The Psychopathic Personality Inventory.* In R. F. Farmer (Chair), *Passive avoidance and psychopathy in female inmates.* Symposium conducted at the 9th meeting of the National Workshop on Adult and Juvenile Female Offenders, Boise, ID.
- Gremore, T.M., **Chapman, A.L.**, & Farmer, R.F. (2001, September). *Passive avoidance learning, psychopathy, and personality in female inmates.* In R. F. Farmer (Chair), *Passive avoidance and psychopathy in female inmates.* Symposium conducted at the 9th meeting of the National Workshop on Adult and Juvenile Female Offenders, Boise, ID.
- **Chapman, A.L.**, & Dehle, C. (2001, August). *Bridging theory and practice: A comparative analysis of IBCT and CBMT.* In A. Christensen (Chair), *Marital therapy: New conceptualizations and research developments.* Paper presentation at the 109th annual meeting of the APA, San Francisco, CA.
- **Chapman, A.L.**, Gremore, T.M., & Farmer, R.F. (2001, August). *Psychometric evaluation of the Psychopathic Personality Inventory in female inmates.* Poster session: 109th annual meeting of the APA, San Francisco, CA.
- Gremore, T.M., **Chapman, A.L.**, & Farmer, R.F. (2001, August). *Passive avoidance learning as a function of proposed temperament typologies.* Poster session: 109th annual meeting of the APA, San Francisco, CA.
- Farmer, R.F., & **Chapman, A.** (2001, August). *Evaluation of DSM-IV personality disorder criteria as assessed by the Structured Clinical Interview for Personality Disorders.* Poster session: 109th annual meeting of the APA, San Francisco, CA.
- Cellucci, A.J., **Chapman, A.L.**, & Vik, P.W. (2001, August). *Help-seeking and treatment receptivity among*



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college drinkers. Poster session: 109th annual meeting of the American Psychological Association (APA), San Francisco, CA.

- **Chapman, A.L.**, Gremore, T.M., & Farmer, R.F. (2001, May). *Temperament dimensions of reward and punishment sensitivity in female inmates*. Poster session: 30th annual meeting of the IPA, Sun Valley, ID.
- Menchaca, D., Atkins, C., **Chapman, A.L.**, Gremore, T.M., (2001, May). *Effects of emotional expressiveness training on the physiological arousal of spouses*. Poster session: 30th annual meeting of IPA, Sun Valley, ID.

--1999 – 2000--

- **Chapman, A.L.** (2000, August). *Dialectical behavior therapy for borderline personality disorder*. Invited presentation to staff at State Hospital South, Blackfoot, ID.
- **Chapman, A.L.** (2000). *Psychopathy, anxiety, and passive avoidance learning in female inmates*. Paper session: Idaho State Univ. Psychology Department's Annual Research Forum, Pocatello, ID.
- **Chapman, A.L.**, Gremore, T.M., & Farmer, R.F. (2000, November). *Passive avoidance learning and psychopathy in female inmates*. Poster session: Special Interest Group Poster Exhibition at the 34th annual meeting of AABT, New Orleans, LA.
- **Chapman, A.L.**, Gremore, T.M., & Farmer, R.F. (2000). *Passive avoidance learning and psychopathy in female inmates*. Poster session: 29th annual meeting of the Idaho Psychological Association (IPA), Boise, ID.
- Farmer, R.F., Field, C., Nash, H., **Chapman, A.L.**, Gremore, T.M., Mayer, J., & Perry, L. (1999). *Passive avoidance learning as a function of Cloninger's temperament typology*. Poster session: 33rd annual meeting of the Association for the Advancement of Behavior Therapy (AABT), Toronto, ON.

GRANT APPLICATIONS IN PREPARATION

In Preparation **Principal Investigator** (~\$600,000 direct): Canadian Institutes of Health Research (CIHR). Emotion regulation and self-harm in borderline personality disorder (Co-I: Dr. K. L. Gratz, University of Mississippi Medical Centre).

CURRENT RESEARCH FUNDING

May '08 – May '11	Principal Investigator (\$148,824 direct): SSHRC Standard Research Grant. Borderline personality disorder and emotion regulation in daily life. (Collaborator: Dr. M. Z. Rosenthal, Duke University Medical Centre, Durham, NC, U.S.).
Feb '09 – Feb '11	Principal Investigator (\$12,455 direct): SSHRC Small Research Grant. Development of a novel measure of protective factors for deliberate self-harm. (Co-Investigators: Dr. Kevin S. Douglas, Dr. Shannon Zaitsoff)
Sept '07 – Sept '09	Principal Investigator (\$40,000 direct): SSHRC Research Development Initiatives. <i>Developing measures of interpersonal emotional sensitivity in borderline personality disorder</i> . (Co-I: Dr. Thomas R. Lynch, University of Exeter, U.K.).
Jul '07 – Oct '09	Principal Investigator (\$10,000 direct): Discovery Parks SFU/SSHRC 4a Research Grants. <i>Impulsivity and Emotions among Persons with Borderline Personality Features</i> .
Aug '05 – Pres	Principal Investigator (\$52,830): Faculty Start-up Grant. Simon Fraser University Arts & Social Sciences Dean's Office & VP Academic. For establishing a lab to study BPD, emotion regulation, and treatment.

STUDENT TRAINING GRANTS & SCHOLARSHIPS

Sept '09 – Aug '12 **Senior Supervisor**: Social Sciences and Humanities Research Council, Canada Graduate



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Studies Award (Doctoral), \$105,000 (direct), awarded to Ms. Nathalie Lovasz*.

*When she takes up this award, she will be under another faculty member's supervision.

- Sept '08 – Aug '11 **Senior Supervisor:** Social Sciences and Humanities Research Council, Canada Graduate Studies Award (Doctoral). \$105,000 (direct), awarded to Ms. Kristy Walters.
- May '08 – May '10 **Senior Supervisor:** Michael Smith Foundation for Health Research, Junior Graduate Scholarship. \$45,000 (direct), awarded to Ms. Kristy Walters.
- May '08 – May '10 **Senior Supervisor:** Social Sciences and Humanities Research Council, Canada Graduate Scholarship, \$17,500 (direct), awarded to Ms. Nathalie Lovasz.
- May '08 – May '09 **Senior Supervisor:** Social Sciences and Humanities Research Council (SSHRC), Canada Graduate Scholarship. \$17,500 (direct), Ms. Nathalie Lovasz.
- Sept '07 – Aug '08 **Senior Supervisor:** Social Sciences and Humanities Research Council (SSHRC), Canada Graduate Scholarship. \$17,500 (direct), Ms. Kristy Walters.

PREVIOUS/COMPLETED RESEARCH FUNDING

- Mar '07 – Feb '08 Social Sciences and Humanities Research Council (SSHRC), Small Research Grant. \$14,811 (direct). (PI: Dr. Kevin S. Douglas, Simon Fraser University)*.
- * I was *unofficially* a **Co-Investigator** on this grant, because I held a small SSHRC grant and was not permitted to be an investigator on another one.
- Dec '05 – Dec '07 **Principal Investigator** (\$4,500 direct): Social Sciences and Humanities Research Council (SSHRC), Small Research Grant. *Impulsivity and emotion regulation in borderline personality disorder*.
- Oct '05 – Oct '07 **Principal Investigator** (\$10,000 direct): Simon Fraser Univ., President's Research Grant. *Emotion suppression and impulsivity in borderline personality disorder*.
- Nov '06 **Principal Investigator** (\$600): SSHRC Support Travel Grant. (for conference travel and airfare).
- Jan '99 – Jan '00 **Co-PI** (US\$653): ISU Office of Research # S2000-06. *Psychopathy and passive avoidance learning in female inmates* (PIs: A. L. Chapman & T. Gremore).

AWARDS & HONOURS

- Sept '07 **Young Investigator's Award**, The National Education Alliance for Borderline Personality Disorder (NEA-BPD). For outstanding contributions to research on Borderline Personality Disorder.
- May '06 **Award for Best Workshop/Invited Talk**. 35th Annual Idaho Psychological Association Convention, Sun Valley, ID.
- Apr '04 **Who's Who in Social Sciences Higher Education**. *Academic Keys for Social Sciences, Inc.*
- Apr '03 **Outstanding Student Achievement Award for a Doctoral Student**. *Alumni Association*, Idaho State Univ.
- May '02 **Most Outstanding Graduate Student of the Year**. *Clinical Psychology Doctoral Program*, Idaho State Univ.
- Apr '02 **Idaho Psychological Association Award for Best Poster**. 31st Annual IPA Convention, Sun Valley, ID.
- Nov '01 **AABT Student Special Interest Group Research Award**. 35th Annual AABT Convention, SIG Poster Exposition



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- Nov '00 **AABT Student Special Interest Group Research Award.** *34th Annual AABT Convention, SIG Poster Exposition*
- Mar '00 **Most Outstanding Research Presentation.** *Department of Psychology, Idaho State Univ.*
- May '99 **Graduate Assistant Scholarship & Tuition Waiver.** *Department of Psychology, ISU*

TEACHING & SUPERVISION

GRADUATE: SENIOR SUPERVISOR

- Sept '08 – Pres **Senior Supervisor.** Brianna J. Turner (M.A. student).
- Sept '06 – Pres **Senior Supervisor.** Katherine L. Dixon-Gordon (Ph.D. student)
- Sept '06 – Pres **Senior Supervisor.** Kristy N. Walters (Ph.D. student)
- Sept '07 – Aug '09 **Senior Supervisor.** Nathalie Lovasz (M.A. student).

GRADUATE: SUPERVISOR AND COMMITTEE MEMBER

- May '09 – Present **Committee Member.** Valery Sramko (Ph.D. dissertation committee).
- May '09 – Present **Committee Member.** Marlena Szpunar (Ph.D. dissertation committee).
- May '08 – Apr '09 **Supervisor.** Patrick Poyner-Del Vento (M.A. thesis committee).
- May '07 – Pres **Supervisor.** Kevin Whitfield, M.A. (Ph.D. dissertation committee)
- May '07 **Committee Member.** Vanessa Wiebe, M.A. (Ph.D. dissertation committee)
- May '07 **External Committee Member.** Alexa Fankboner, M.A., University of Victoria
- May '06-Aug '07 **Supervisor.** Sherri Frohlick (M.A. thesis committee).

UNDERGRADUATE: HONOURS AND DIRECTED STUDIES

- Sept '09 – Apr '10 **Senior Supervisor.** Honours. Natalie Michal.
- Sept '09 – Apr '10 **Secondary Supervisor.** Honours. Brittany Day.
- Spring '09 **Supervisor.** Directed Studies. Natalie Michal.
- Sept '08 – Apr '09 **Senior Supervisor.** Honours. Brianne K. Layden.
- Spring '08 **Supervisor,** Directed Studies. Brianne K. Layden.
- Apr '08 **Chair.** Honours thesis defense. Kelly Davies.
- Apr '08 **Chair.** Honours thesis defense. Kim Burrus.
- Apr '07: **Chair,** Honours Thesis Defense. Lyndsay Sanders.
- Spring '07 **Supervisor,** Directed Studies. Brianna J. Turner.
- Spring '06 **Supervisor,** Directed Studies. Laura Morrison.
- Sept '03-Jun '05: **Research Supervisor.** Graduate & undergraduate students. Department of Psychology, Univ. of Washington.

COURSES TAUGHT (SFU)

*New course preparations (6 total; 5 regular credited courses)

**Significant course enhancements made from my previous teachings (3 total)

- Fall '09 Teaching release for Associate Chair (Graduate) appointment
- Winter/Spring '09 **Psyc820-3; 821-2** (seminar and practicum in individual assessment)**



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Winter/Spring '09	Psyc822-3; 823-2 (seminar and practicum in intervention)
Fall '08	Psyc371-3 (intervention: process & outcome)**
Winter/Spring '08	Psyc807E-3 (dialectical behavior therapy)*
Winter/Spring '08	Psyc822-3; 823-2 (seminar and practicum in intervention)*
Fall '07	Psyc371-3 (intervention: process & outcome)
Fall '07:	Seminar in Mindfulness (graduate; no credit)
Winter/Spring '07	Psyc371-3 (intervention: process & outcome)
Winter/Spring '07	Psyc820-3; 821-2 (seminar and practicum in individual assessment)**
Fall '06:	Psyc770-3 (seminar in personality)*
Winter/Spring '06	Psyc820-3; 821-2 (seminar and practicum in individual assessment)*
Winter/Spring '06	Psyc371-3 (intervention: process & outcome)*
Fall '05 – Fall '06:	Seminar in Mindfulness (graduate; no credit)*

PREVIOUS COURSES TAUGHT

Jan '03 – Jan '05:	Psyc499-2 (research seminar). University of Washington.
Jan '04 – May '05:	Social Work 598-2 (dialectical behavior therapy). University of Washington.

INVITED GUEST LECTURES (SFU)

Oct '08	<i>Borderline Personality Disorder: Theory & Research</i> . Psyc744 (Dr. R. Cobb).
Oct '08	<i>Borderline Personality Disorder: Theory, Research, & Treatment</i> . Forensic Area Meeting.
Nov '07	<i>Borderline Personality Disorder: Theory, Research, & Treatment</i> , Psyc300 (Dr. G. Rose).
Mar '07	<i>Borderline Personality Disorder: Theory, Research, & Treatment</i> , Psyc300 (Dr. G. Rose).
Oct '07	<i>Borderline Personality Disorder: Theory, Research, & Treatment</i> , Psyc744 (Dr. R. Cobb).
Mar '07	<i>Ethics and Borderline Personality Disorder</i> , Psyc819 (Dr. Kevin Douglas).
Oct '06	<i>Borderline Personality Disorder: Theory, Research, & Treatment</i> , Psyc300 (Dr. G. Rose).
Oct '06	<i>Borderline Personality Disorder: Theory, Research, & Treatment</i> , Psyc744 (Dr. R. Cobb).
Oct '05	<i>Borderline Personality Disorder: Theory, Research, & Treatment</i> , Psyc744 (Dr. R. Cobb).

CLINICAL SUPERVISION

Sept '05 - Pres:	Clinical Supervisor. Graduate students. Clinical Psychology Centre, Simon Fraser Univ. 1.5 – 2 hours per week. Total ~ 325 hours (Aug '05 – present)
Mar '04-Jun '05:	Clinical Supervisor for DBT. Graduate student therapists. Univ. of Washington.
Sept '02-Jul '03:	Clinical Supervision DBT/CBT. Psychiatry residents. Duke Univ. Medical Center.
Jan '00 – Jan '02:	Supervision. Psychoeducational testing by graduate students. Idaho State Univ.

ACADEMIC SERVICE

EDITORIAL BOARDS

- 2008 – present *Personality Disorders Theory, Research & Treatment* (an APA Journal)
- 2008 – present *Journal of Personality Disorders*
- 2007 – present *Journal of Behavior Analysis of Offender and Victim Treatment and Prevention*



PREVIOUS EDITOR

2002: AABT Student SIG Newsletter (2002)

AD-HOC REVIEWER

Journal of Abnormal Psychology; Personality Disorders: Theory, Research, and Treatment; Canadian Journal of Psychiatry; Journal of Consulting and Clinical Psychology; Journal of Youth & Adolescence, Personality and Mental Health; British Journal of Clinical Psychology; Journal of Psychopathology and Behavioral Assessment; Current Psychiatry; Journal of Contemporary Psychotherapy; Cognition and Emotion; American Journal of Orthopsychiatry; Clinical Neuropsychiatry; International Journal of Cognitive Therapy; Journal of Personality Disorders; Journal of Personality Assessment; Clinical Psychology Review; Journal of Clinical Psychology; Behavior Therapy; Journal of Clinical Psychiatry; Comprehensive Psychiatry; Journal of Nervous and Mental Disease; Cognition and Emotion; Personality and Individual Differences; Behavior Therapy; Journal of Health Psychology; Addictive Behaviors; Journal of Behavior Therapy and Experimental Psychiatry; Psychiatry Research; Journal of Psychosomatic Research; Social Science & Medicine; Depression and Anxiety; Journal of Cognitive Psychotherapy; Journal of Community and Applied Social Psychology; Journal of Child Psychology and Psychiatry; Personality and Social Psychology Bulletin; Canadian Medical Association Journal; Journal of Behavior Analysis of Victim Treatment and Prevention

**For several of these journals, I have reviewed multiple articles. I have reviewed approximately 80 in total.*

GRANT & BOOK REVIEWING

2008-2009: **SSHRC Standard Research Grants**, Reviewer
 Nov 2008: **Textbook Reviewer**, Pearson Education / Prentice Hall
 Jul 2008: **Book Proposal Reviewer**, Routledge (Taylor & Francis Group)
 Nov 2007: **Book Reviewer**: The Guilford Press
 2007: **Book Proposal Reviewer**: Oxford University Press
 Aug 2007: **Book Reviewer**: The Guilford Press
 2006: **CIHR Grant Reviewer**: Randomized Clinical Trials Committee.
 2006: **Book Proposal Reviewer**: Cambridge Univ. Press.
 2004: **Grant Reviewer**: Yale University General Clinical Research Center

ACADEMIC COMMITTEES & CONSULTATION

Sept 2008 **Young Investigator's Award Committee**, National Education Alliance for BPD.
 Oct '08– May '09 **Member**, Advisory Board for Regional Clinical Day, New Westminster, BC.
 Spr 2008 **Clinical Evaluation Committee**, Michael Smith Found. Trainee Award Program
 Jul '07 – Pres **Member**, Internat. Society for the Study of Self-Injury (ISSS) Methods Workgroup
 Sept '07- Sept '09 **Adherence Coder, Consultant, Supervisor**, Department of Psychology, University of Washington. Clinical trials of treatment for BPD (PI: Dr. Marsha M. Linehan).
 Jun '06 – Sept '08 **Expert Panel Member**, Mental Health First Aid Standards for Self-Injury.
 March '06 – Pres **CIHR Synapse Mentor** (science oriented mentoring for high school students)
 Mar '04- Pres **Member**, DBT Strategic Planning (Research) Group
 Feb '04 – Pres **Member**, Program Committee, Assoc. for Behavioral and Cognitive Therapies
 Aug '03 **On-Line Mentor**, AABT Student Special Interest Group



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Nov '01-02 **President**, AABT Student Special Interest Group.
Nov '01 – Nov '03 **Member**, AABT Student Membership Committee
Nov '00-01 **President Elect**, AABT Student Special Interest Group.

PROFESSIONAL ACADEMIC AFFILIATIONS

Jun '07 – Pres **Full Member**, BC Women's Health Research Institute
Jan '07 – Pres **Member**, International Society for the Study of Self-Injury (ISSS)
Oct '01 – Pres **Member**, Canadian Psychological Association (CPA)
Jan '99 – Pres **Member**, American Psychological Association (APA) (Division 12: Clinical Psychology)
Sept '98 – Pres **Member**, Association for Behavioral and Cognitive Therapies (ABCT)

SIMON FRASER UNIVERSITY SERVICE

SIMON FRASER UNIVERSITY AND DEPARTMENT SERVICE

Jan '09 – Pres: **Associate Chair (Graduate)**, Department of Psychology
Mar '08 – Pres: **Member, Graduate Studies Committee** (SFU Psychology)
Fall '07 – Pres: **Fire Warden**, RCB building 8000 level (SFU Psychology)
Jun '07 – Pres: **Member, after hours emergency contact list**, Clinical Psychology Centre (CPC)
Aug 05 – Pres: **Member, Clinical Committee** (SFU Psychology)
Fall '06,07,08,09: **Faculty Mentor**, New Undergraduate Student Orientation (SFU).
May 2009: **Barry Beyerstein Teaching Award Committee** (SFU Psychology)
Dec '08 – Jan '09 **CIHR Scholarship Adjudication Committee** (SFU Graduate Studies)
Oct '08: **SSHRC Vanier Adjudication Committee** (SFU Faculty of Arts & Social Sciences)
Jan 07,08, May 07: **Acting Director of Clinical Training** (SFU Psychology)
Jun '07 – Aug '07: **Member, Sub-Committee**: development of the Clinical Research Area (SFU Psychology)
Mar – May '07: **Chair**, Ethics Oral Exam Committee (SFU Psychology)
May-Aug '06: **Member, Sub-Committee** on Clinical Training/Supervision (SFU Psychology).
Oct '05 **Volunteer**, Convocation Assistance (SFU)

COMMUNITY SERVICE

CLINICAL CONSULTATION

Oct – Dec '09: Clinical consultation (weekly), Fraser Health Region (East), Langley, B.C.
Sept '08: Clinical/ research consultation, DBT Program, Chilliwack Addictions and Mental Health
Mar – Oct '07: Clinical consultation, Suicide Attempt Follow-Up Education and Research Program (SAFER), Vancouver, BC.
Nov '04 – Sept '05: Clinical consultation, Alaska Social Work Association, Anchorage, AK.

INVITED TALKS AND WORKSHOPS

--2009--

- o **Chapman, A. L.** (2009, October). *Dialectical behaviour therapy emotion regulation skills*. Invited workshop at the 3rd Biennial Forensic Mental Health Conference (Correctional Services Canada), Vancouver, B.C.
- o **Chapman, A. L.** (2009, October). *Self-harm: Theory, research, & practice*. Invited plenary talk at the 3rd Biennial Forensic Mental Health Conference (Correctional Services Canada), Vancouver, B.C.
- o **Chapman, A. L.** (2009, October). *Dialectical behaviour therapy: Mindfulness and emotion regulation skills*. Invited 1-Day Workshop, BC Psychological Association, Vancouver, B.C.
- o **Chapman, A. L.** (2009, October). *Dialectical behaviour therapy*. Invited 2-Day Workshop, University of the Fraser Valley, Abbotsford, B.C.
- o **Chapman, A. L.** (2009, May). *Dialectical behaviour therapy: Theory, research, and practice*. Invited Grand Rounds, Royal Columbian Hospital, New Westminster, B.C.
- o **Chapman, A. L.** (2009, May). *Borderline personality disorder: Theory, research, and treatment*. Invited talk, Canadian Mental Health Association, Vancouver, B.C.
- o **Chapman, A. L.** (2009, Apr). *Dialectical behaviour therapy: Theory, research, and practice*. Invited Grand Rounds, University of Mississippi Medical Center, Jackson, MS.
- o **Chapman, A. L.** (2009, Apr). *Dialectical behaviour therapy emotion regulation skills*. Invited workshop, 6th Annual Forensic Psychiatry Conference, Vancouver, B.C.
- o **Chapman, A. L.** (2009, Feb). *Borderline personality disorder: Theory and current research*. Invited Grand Rounds, Royal Columbian Hospital, New Westminster, B.C.

--2008--

- o **Chapman, A. L.** (2008, Nov). *Dialectical behaviour therapy*. Invited talk, Kwantlen Polytechnic University, Surrey, BC.
- o **Chapman, A. L., & Wagner, J.R.** (2008, Oct). *3-Day Dialectical behaviour therapy workshop*. Invited workshop, Burnaby Addictions and Mental Health, Burnaby, BC.
- o **DuBose, A.P., & Chapman, A. L.** (2008, Sept). *Five-day foundational DBT training*. 5-day workshop, Ministry of Children and Family Development, Vancouver, BC.
- o **Chapman, A. L.** (2008, May). *Borderline personality disorder: Theory, research, and treatment*. Invited talk given at the Education Evening for the Mood Disorders Association of BC, Vancouver, BC.
- o **Chapman, A. L.** (2008, May). *Coping with chaos: Dialectical behavior therapy for clients with multiple disorders*. 1-day workshop given to nurses and other mental health practitioners, Oshawa, Ont.
- o **Chapman, A. L.** (2008, May). *Borderline personality disorder: Theory, research, and treatment*. Invited talk given at the Strathcona Mental Health Association, Vancouver, BC.
- o **Chapman, A. L.** (2008, April). *Borderline personality disorder: Theory, research, and treatment*. Invited talk given at the SFU Psych in the City event, Simon Fraser University, Surrey, BC.
- o **Chapman, A. L.** (2008, April). *Mindfulness in Dialectical Behaviour Therapy*. Invited workshop presentation. 5th Annual Forensic Psychiatry Conference, Vancouver, BC.
- o **Chapman, A. L.** (2008, Feb). *Practical strategies for challenging, therapy interfering behaviour*. Colloquium, Clinical Psychology Centre, SFU, Burnaby, BC.
- o **Chapman, A. L.** (2007, Nov). *Skills training in dialectical behavior therapy*. Workshop, Eastern Health, Memorial University of Newfoundland, St. John's, NFLD.

--2007--

- o **Chapman, A.L.** (2007, Oct). *Borderline personality disorder and emotion regulation: Laboratory and experience sampling research*. Invited talk, National Education Alliance for Borderline Personality Disorder Conference: Insights into BPD: Neurobiological Research and Clinical Interventions. Mt. Sinai Medical Center, New York, NY.
- o **Chapman, A. L.** (2007, Oct). *DBT and the borderline personality*. Workshop, Forensic Mental Health Conference, SFU Harbour Centre, Vancouver, BC.
- o **Chapman, A. L.** (2007, May). *Coping with chaos: Dialectical behavior therapy for clients with multiple disorders*. 1-day workshop given to nurses and other mental health practitioners, sponsored by Executive Links, Winnipeg, MA.
- o **Chapman, A. L.** (2007, May). *Coping with chaos: Dialectical behavior therapy for clients with multiple disorders*. 1-day workshop given to nurses and other mental health practitioners, sponsored by Executive Links, Toronto, ON.
- o **Chapman, A. L.** (2007, April). *Coping with chaos: Dialectical behavior therapy for clients with multiple disorders*. 1-day workshop given to nurses and other mental health practitioners, sponsored by Executive Links, Vancouver, BC.
- o **Chapman, A. L.** (2007, Mar). *Dialectical Behavior Therapy*. Two 1/2-day workshops presented, 4th Annual Forensic Psychiatry Conference, Victoria, BC.
- o **Chapman, A. L.** (2007, Feb). *Mindfulness and emotion regulation skills in Dialectical Behavior Therapy*. 1-day workshop, Health & Career Counseling Centre, Simon Fraser University, Burnaby, BC.
- o **Chapman, A. L.** (2007, Feb). *Coping with chaos: Dialectical behavior therapy for clients with multiple disorders*. 1-day workshop given to nurses and other mental health practitioners, sponsored by Executive Links, Calgary, AB.
- o **Chapman, A. L.** (2007, Feb). *Coping with chaos: Dialectical behavior therapy for clients with multiple disorders*. 1-day workshop given to nurses and other mental health practitioners, sponsored by Executive Links, Edmonton, AB.

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- o **Chapman, A. L.** (2006, Nov). *Coping with chaos: Dialectical behavior therapy for clients with multiple disorders*. 1-day workshop, Alberta Psychological Association, Edmonton, AB.
- o **Chapman, A. L.** (2006, Oct). *Coping with chaos: Dialectical behavior therapy for clients with multiple disorders*. 1-day workshop presented at the Post-Secondary Counselor Association, Vancouver, BC.
- o **Chapman, A. L., & Samra, J.** (2006, Oct). *Mindfulness and emotion regulation skills in dialectical behavior therapy*. Workshop presented to mental health practitioners within the Ministry for Children and Family Development, Vancouver, BC.
- o **Samra, J., & Chapman, A. L.** (2006, Sept). *An introduction to dialectical behavior therapy: Treatment for borderline personality disorder*. 2-day workshop. Workshop presented to mental health practitioners within the Ministry for Children and Family Development, Vancouver, BC.
- o **Chapman, A. L.** (2006, May). *Dialectical behavior therapy: Theory and practice*. Invited Grand Rounds talk: Lion's Gate Hospital. North Vancouver, B.C.
- o **Chapman, A. L.** (2006, May). *Coping with chaos: Dialectical behavior therapy for clients with multiple disorders*. Invited 1-day workshop: Idaho Psychological Association (IPA) Convention. Sun Valley, ID.
- o **Chapman, A. L.** (2006, March). *Dialectical behavior therapy*. Invited talk: Community Youth Justice Violent Offender Forum. Richmond, BC.
- o **Chapman, A. L., & Galietta, M.** (2005, Sept). *Dialectical Behavior Therapy Skills*. 2-day Workshop. Detroit, MI.



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- o **Chapman, A. L.** (2005, May). *Dialectical Behavior Therapy*. 1-day Workshop. Park City, Utah.
- o **Chapman, A. L.** (2005, March). *Dialectical Behavior Therapy: Overview of the Treatment and Research*. Invited talk presented to Evergreen Treatment Services, Seattle, WA.
- o **Chapman, A. L.** (2005, April). *Application of Dialectical Behavior Therapy*. Invited 1-day Workshop: FACES Conference, Seattle, WA.

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- o **Chapman, A.L.** (2004, October). *Dialectical Behavior Therapy: Targeting & Treating Emotion Dysregulation*. Invited workshop: Southwest Psychiatric Symposium, Albuquerque, NM.
- o **Chapman, A.L.** (2004, October). *Dialectical Behavior Therapy for Borderline Personality Disorder: An Overview of the Treatment and the Research*. Invited talk: Southwest Psychiatric Symposium, Albuquerque, NM.
- o **Chapman, A. L.** (2004, October). *Borderline Personality Disorder*. Invited talk presented at Evergreen Treatment Services, Seattle, WA.
- o Sayrs, J.S., & **Chapman, A.L.** (2004, October). *Two-Day Workshop on Dialectical Behavior Therapy*. Anchorage, Alaska.

OTHER/PREVIOUS VOLUNTEER WORK

Jun '03	Administrative Team , Seattle Intensive DBT Training
Oct '97-99	Student Clinician , National Depression Screening Day (Oct '97, 98, 99), Idaho State Univ.
Oct '99	Student Clinician National Alcohol Screening Day (Oct '99), Idaho State Univ.
Sept '96-97	Volunteer , Riverview Psychiatric Hospital, Port Coquitlam, B.C. Canada
Sept '96-May '97	Volunteer Research Assistant , Dr. S. J. Rachman's Anxiety Disorders Research Lab, Univ. of British Columbia, Vancouver
Sept '95-May -96	Volunteer , South Granville Park Lodge (nursing home), Vancouver, Canada

MEDIA

April 2008	PsychJourney podcast interview regarding borderline personality disorder, and my book: <i>The Borderline Personality Disorder Survival Guide</i> . http://psychjourney.libsyn.com/ . Interviewer: Deborah Harper.
Feb 2008	Radio interview regarding borderline personality disorder, and my book: <i>The Borderline Personality Disorder Survival Guide</i> . WPFW 89.3 FM: Pacifica Radio. Interviewer: Dr. Pamela Brewer.
Nov 2007	Interview, Richmond News regarding tazer incident at YVR.

RECENT PROFESSIONAL DEVELOPMENT

SELECTED RECENT WORKSHOPS ATTENDED (SINCE 2005)

Nov '09	Clark, D.A., & Coles, M.E. (2009, Nov). <i>Problematic recurrent cognition in the anxiety disorders: New possibilities from empirically derived intervention strategies</i> . Workshop at the annual meeting of the ABCT, New York, N.Y.
May '09	Linehan, M.M., Manning, S., Best, H., et al. (2009). <i>DBT trainers meeting and workshops</i> .



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- Workshops on how to teach professionals about evidence-based treatments.
- March '09 Day, R. (2009). *Teaching Large Classes: Beyond Survival*. Workshop. Simon Fraser University.
- Jan '09 Hawk, P., & Linehan, M.M. (2009). *Tucson Mindfulness Retreat/Workshop*. Tucson, AZ. An extended mindfulness retreat/workshop for treatment providers.
- Nov '08 Taylor, S. (2008). *Treatment of post-traumatic stress disorder*. University of British Columbia.
- Jul '08 Linehan, M.M., Manning, S. (2008). *Dialectical behavior therapy trainers meeting and workshops*. Workshops on how to teach professionals about evidence-based treatments.
- Feb '08 Hawk, P., & Linehan, M.M. (2009). *Tucson Mindfulness Retreat/Workshop*. Tucson, AZ. An extended mindfulness retreat/workshop for treatment providers.
- Jul '07 Linehan, M.M., Best, H. (2007). *Dialectical behavior therapy trainers meeting and workshops*. Workshops on how to teach professionals about evidence-based treatments.
- Feb '07 Hawk, P., & Linehan, M.M. (2009). *Tucson Mindfulness Retreat/Workshop*. Tucson, AZ. An extended mindfulness retreat/workshop for treatment providers.
- Oct '06 Driver, J. (2006). *Supervising graduate students*. Workshop: Simon Fraser University.
- Sept '06 Hawk, P., & Linehan, M.M. (2009). *Tucson Mindfulness Retreat/Workshop*. Tucson, AZ. An extended mindfulness retreat/workshop for treatment providers.

RESEARCH & DEVELOPMENT MEETINGS

- May '06 Strategic planning meeting for research on Dialectical Behavior Therapy. Seattle, WA. A research meeting to set agendas and discuss methodology for researchers who study evidence based treatments for borderline personality disorder.
- May '05 Linehan, M.M. (2005). Strategic planning meeting for suicide research. Seattle, WA. A research meeting to set agendas and discuss methodology for suicide researchers.
- March '05 Strategic planning meeting for research on Dialectical Behavior Therapy. Seattle, WA. A research meeting to set agendas and discuss methodology for researchers who study evidence based treatments for borderline personality disorder.

CLINICAL PSYCHOLOGY PRACTICE & PREVIOUS TRAINING

AREAS OF EXPERTISE: BPD, self-harm, suicidal behaviour; evidence-based treatment for multi-diagnostic clients.

CLINICAL PRACTICE & CONSULTATION

- Apr '07 – Present **President**, *Dialectical Behaviour Therapy Centre of Vancouver, Inc.* This is a treatment centre specializing in evidence-based treatments for individuals with borderline personality disorder and related problems. www.dbtvancouver.com
- Aug '06 – Present **Registered Psychologist**, British Columbia (#01701)
- Oct '04 – Present **Dialectical Behaviour Therapy Trainer & Consultant**, Behavioral Tech, LLC

PREVIOUS FORMAL CLINICAL TRAINING

- Aug '03 – June 2005: **Post-Doctoral Fellowship (University of Washington)**
-Training and Supervision in research on and practice of Dialectical Behaviour Therapy (DBT); Supervisor: Marsha M. Linehan, Ph.D., ABPP



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Jul 2002 – June 2003:

Predoctoral Clinical Internship Rotations (Duke University Medical Centre)

- CBT & and Dialectical Behaviour Therapy (Drs. Clive Robins & Tom Lynch)
- Inpatient consultation service (Dr. Clive Robins)
- Male sexual health clinic (urology) (Dr. Steve Herman)
- Smoking cessation program (Dr. Steve Herman)

Aug 1997 – May 2002:

Clinical Practica and Externships (Idaho State University)

- Child assessment and treatment (Dr. Mark Roberts)
- Couples assessment and treatment (Dr. Cristal Dehle)
- Personality disorder assessment/treatment (Dr. Richard Farmer)
- Substance use disorder assessment/treatment (Drs. T. Cellucci & P. Vik)
- Indian Health Services (Fort Hall, ID)
- State Hospital South – inpatient psychiatric (Blackfoot, Idaho)
- Child neuropsychological assessment (Dr. Ken Lindsay; Pocatello, ID)