

Rebecca J. Cobb, PhD
Curriculum Vitae
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Department of Psychology
Simon Fraser University
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Current Position

Simon Fraser University – Associate Professor	Sept 2011 – present
Simon Fraser University – Assistant Professor	Aug 2004 – Sept 2011

Education

University of California, Los Angeles	July 2002 – July 2004
Postdoctoral Fellow	
University of California, Los Angeles	Sept. 1996 – June 2002
PhD program in Clinical Psychology	
Dissertation Chair: Thomas N. Bradbury, PhD	
Dissertation Title: <i>Attachment and Marital Quality: Changes in the First Years of Marriage</i>	
Major: Clinical Psychology; Minor: Measurement and Statistics	
Degrees: MA (1998) PhD (2002)	
Neuropsychiatric Institute and Hospital, UCLA Medical Center	June 2001 – June 2002
APA accredited Clinical Psychology Internship	
Simon Fraser University	Jan. 1992 – June 1996
Psychology, Honours	
Degree: Bachelor of Arts (First Class Honours)	
University of British Columbia	Sept. 1988 – April 1989

Research Interests

- Developmental trajectories of marital functioning and psychopathology
- Prevention of marital distress and dissolution
- Stability and change of attachment security
- Prosocial behaviors (e.g., social support, empathy, forgiveness) as predictors of relationship functioning
- Transition to parenthood

Research Funding

Cobb, R. J. (June, 2013). *Interpersonal transgressions and forgiveness in close relationships*. Vice President Research 4A Grant (\$10,000), funded.

Cobb, R. J., & Bartholomew, K. (June 2013). *The role of sexual communication in trajectories of relationship and sexual satisfaction over nine months*. SSHRC small grant. (\$9,331), funded.

Cobb, R. J. (November, 2012). *Interpersonal transgressions in close relationships*. Social Sciences and Humanities Research Council Insight Grant (\$191,102) (4A, not funded).

Dutton, D., Mathieu, C., Godbout, N., & Cobb, R. J. (November, 2012). *Coercion traps in intimate partner violence*. Social Sciences and Humanities Research Council Insight Grant (\$153,155) (4A, not funded).

- O'Rourke, N., Cobb, R. J., & Mahmood, A. (November, 2012). *Grey divorce: The burgeoning phenomenon of marriage dissolution in later life*. Social Sciences and Humanities Research Council Insight Grant. (not funded)
- Cobb, R. J., & Watson, N. (2011). *Stress hormone production and health: The importance of forgiveness in newlywed marriage*. Small Social Sciences and Humanities Research Council of Canada (SSHRC) grant (\$12,236) (funded).
- O'Rourke, N., Cobb, R. J., Mahmood, A. (2011). *Grey divorce: Pilot Study*. SFU Vice President's Research Grant. (\$10,000), (funded).
- O'Rourke, N., Cobb, R. J., Mahmood, A. (2011). *Grey divorce: The burgeoning phenomena of marriage dissolution in later life*. Social Sciences and Humanities Research Council of Canada Standard Research Grant. (\$120,910), 4A (not funded).
- O'Rourke, N., DeLongis, A., & Cobb, R. J. (2009). *The health and well-being of older gay men in long-term relationships*. CHIR Catalyst Grant: Pilot projects in aging (\$15,000) not funded.
- Cobb, R. J. (2006). *Capitalization in Romantic Relationships*. SSHRC Travel Grant (\$1500) funded.
- Cobb, R. J. (2005 - 2008). *Risk and resilience: The transition to marriage*. Social Sciences and Humanities Research Council of Canada Standard Research Grant (\$106,500) funded.
- Cobb, R. J. (2006). *Daily Experiences in Romantic Relationships Project*, Dean's Research Grant (\$10,000) funded.
- Cobb, R. J. (2004-2006). SFU President's Research Grant (\$10,000), funded.

Fellowships and Awards

Social Sciences and Humanities Research Council of Canada Doctoral Fellowship (CAD\$49,860.00)	May 1998 – April 2001
UCLA Graduate Division Conference Research and Travel Awards (2 awards, US\$700.00)	Fall 1998 & Fall 2000
American Psychological Association Travel Award (US\$500.00)	August 1999
Certificate of Excellence Award for Outstanding Achievement in the Study of Psychology, awarded by the British Columbia Psychological Association	June 1996
University Honor Roll, Simon Fraser University	Fall 1993 - Spring 1995
Simon Fraser University Open Undergraduate Scholarship	Spring 1993 - Fall 1995

Professional Affiliations

American Psychological Association (to Dec 2013)
 Association for Behavioral and Cognitive Therapies (ABCT)
 ABCT Couples Research and Therapy Special Interest Group
 International Association for Relationship Research
 Society for Personality and Social Psychology

Refereed Publications (*Student co-authors are underlined*)

- *Rogge, R. D., **Cobb**, R. J., Lawrence, E. L., Johnson, M. D., & Bradbury, T. N. (2013). Is Skills Training Necessary for the Primary Prevention of Marital Distress and Dissolution? A 3-year Experimental Study of Three Interventions. *Journal of Consulting and Clinical Psychology*.
- *This article received extensive worldwide (e.g., Canada, US, UK, Norway, South Africa, Australia, India, Pakistan, Malaysia) print and TV press coverage in a variety of news sources (e.g., Scientific America, New York Times, USA Today, New York Daily News, LA Times, Macleans Magazine, the Telegraph, the BBC, CTV news, ABC news, Huffington Post, New York Magazine, Women's Health Magazine, Men's Health Magazine, and India Times)
- Mitchell, M., Bartholomew, K., & **Cobb**, R. J. (2013). Need fulfillment in polyamorous relationships. *Journal of Sex Research*. doi:10.1080/00224499.2012.742998
<http://dx.doi.org/10.1080/00224499.2012.742998>

- Logan, J. M., & **Cobb**, R. J. (2012), Trajectories of relationship satisfaction: Independent contributions of capitalization and support perceptions. *Personal Relationships*. doi:10.1111/j.1475-6811.2012.01408.x
- Poyner-Del Vento, P. W., & **Cobb**, R. J. (2011). The association between depressive symptoms and marital satisfaction and the moderating role of chronic stress. *Journal of Social and Clinical Psychology*, 30, 905-936. doi:10.1521/jscp.2011.30.9.905
- Burrus, K. J., & **Cobb**, R. J. (2011). Spouses' perceptions of aggression and associations with relationship satisfaction. *Partner Abuse*, 2, 189-207.
- Lawrence, E., Rothman, A. D., **Cobb**, R. J., Rothman, M. T., & Bradbury, T. N. (2008). Marital satisfaction across the transition to parenthood. *Journal of Family Psychology*, 22, 41-50.
- Lawrence, E., Nylén, K., & **Cobb**, R. J. (2007). Prenatal expectations and marital satisfaction over the transition to parenthood. *Journal of Family Psychology*, 21, 155 – 164.
- Rogge, R. D., **Cobb**, R. J., Story, L. B., Johnson, M., Lawrence, E., Rothman, A., & Bradbury, T. N. (2006). Recruitment and selection of couples for intervention research: Achieving developmental homogeneity at the cost of demographic diversity. *Journal of Consulting and Clinical Psychology*, 74, 777-784.
- Davila, J., Steinberg, S., Kachadourian, L., **Cobb**, R. J., & Fincham, F. (2004). Adolescent romantic involvement and depressive symptoms in early and late adolescence: The role of a preoccupied relational style. *Personal Relationships*, 11, 161-178.
- Davila, J., & **Cobb**, R. J. (2003). Predicting change in self-reported and interviewer-assessed attachment security: Tests of the individual and life-stress model. *Personality and Social Psychology Bulletin*, 29, 859-870.
- Cobb**, R. J., Davila, J., & Bradbury, T. N. (2001). Attachment security and marital satisfaction: The role of positive perceptions and social support. *Personality and Social Psychology Bulletin*, 27, 1131-1143.

Book Chapters

- Bartholomew, K., Cobb, R. J., & Dutton, D. G. (in press). Guiding perspectives and future directions in the study of violence within intimate relationships. In J. Simpson & J. Dovidio (Vol. Eds.), P. Shaver & M. Mikulincer (Series Eds.), *APA Handbook of Personality and Social Psychology Volume 2: Interpersonal Relationships and Group Processes*. New York: APA Books.
- Bartholomew, K., & **Cobb**, R. J. (2011). Conceptualizing relationship violence as a dyadic process. In L. M. Horowitz & S. Strack (Eds.) *Handbook of Interpersonal Psychology: Theory, Research, Assessment, and Therapeutic Interventions* (pp. 233-248). Hoboken, NJ: John Wiley & Sons.
- Lawrence, E., Rothman, A. D., **Cobb**, R. J., & Bradbury, T. N. (2010). Marital satisfaction across the transition to parenthood: Three eras of research. In M. Schulz, M. K. Pruett, P. Kerig, & R. Parke (Eds.), *Strengthening Couple Relationships for Optimal Child Development: Lessons From Research and Intervention*. (pp. 97-114). New York: APA Books.
- Cobb**, R. J. (2009). Newlyweds. In H. Reis & S. Sprecher (Eds.), *Encyclopedia of Human Relationships*. Thousand Oaks, CA: Sage.
- Cobb**, R., & Davila, J. (2009). Internal working models and change. In J. H. Obegi & E. Berant (Eds.), *Attachment Theory and Research in Clinical Work with Adults*. (pp. 209-233). New York, NY US: Guilford Press.
- Davila, J., & **Cobb**, R. (2004). Predictors of change in attachment security during adulthood. In J. A. Simpson & W. S. Rholes (Eds.), *Adult attachment: New directions and emerging issues*. NY: Guilford.
- Cobb**, R. J., & Bradbury, T. N. (2003). Implications of adult attachment for preventing adverse marital outcomes. In S. Johnson & V. Whiffen (Eds.), *Attachment Theory and Couple and Family Therapy* (pp. 258 – 280). New York: Guilford Publications, Inc.

- Rogge, R., **Cobb**, R. J., Johnson, M., Lawrence, E., & Bradbury, T. N. (2002). The CARE Program: A preventive approach to marital intervention. In N. Jacobson and A. S. Gurman (Eds.), *Clinical handbook of couple therapy, third edition* (pp. 420 – 435). New York: Guilford Publications, Inc.
- Bartholomew, K., **Cobb**, R. J., & Poole, J. (1997). Adult attachment patterns and social support processes. In G. R. Pierce, B. Lakey, I. G. Sarason, & B. R. Sarason (Eds.), *Social support and personality: Structure, process and change* (pp. 359 - 378). New York: Plenum.

Conference Presentations

- Williamson, H. C. , **Cobb**, R. J., Johnson, M. D., Lawrence, E., Rogge, R., & Bradbury, T. N. (2013, November). Does risk moderate the outcome of premarital education? In L. A. Benson & E. Georgia (Chairs), *Early, preventative, and low-intensity relationship interventions*. Symposium conducted at the 47th annual convention of the Association for Behavioral and Cognitive Therapies. Nashville, TN.
- Pink, J., & Cobb, R. J. (2013, November). Attachment insecurity and perceptions of direct communication in couples engaged to be married. Presented at the 47th annual convention of the Association for Behavioral and Cognitive Therapies. Nashville, TN.
- Millman, R. D., Logan, J. M., & Cobb, R. J. (2013, November). What is the Nature of the Association between Sexual and Relationship Satisfaction? Presented at the 47th annual convention of the Association for Behavioral and Cognitive Therapies. Nashville, TN.
- Mitchell, M., Bartholomew, K., & Cobb, R. J. (2013, January). Need fulfillment in polyamorous relationships. Paper presented in J. Harmon (chair), *Not everything is vanilla: Examining non-monogamous relationships can broaden our understanding of relational processes*, symposium conducted at the 14th annual meeting of the Society for Personality and Social Psychology. New Orleans, LA.
- Cobb, R. J., & Logan, J. M. (2012, November). *Inclusion of other in self as a buffer of the negative effects of chronic stress on marital and individual well-being*. Presented at the annual conference of the Association for Behavioral and Cognitive Therapies. National Harbor, MD.
- Poyner-Del Vento, P. D., & Cobb, R. J. (2012, November). *Observed support in marriage: The roles of support-seeking behavior and stress reactivity*. Presented at the annual conference of the Association for Behavioral and Cognitive Therapies. National Harbor, MD.
- Millman, R. D., Logan, J. M., & Cobb, R. J. (2012, July). *The longitudinal contribution of communication to relationship satisfaction*. Poster presented at the annual conference of the Canadian Psychological Association. Halifax, NS.
- Logan, J. M., Tymos, K. J., & Cobb, R. J. (July, 2012). Chronic stress and capitalization: The moderating role of forgiveness. Presented at the annual conference of the *International Association for Relationship Research*. Chicago, IL.
- Madinikia, Y., Cobb, R. J., & Bartholomew, K. (2012, April). *Frequency of masturbation and partner sex and sexual satisfaction in newlyweds over six months*. Poster presented at the Meeting of the Western Region of the Society for the Scientific Study of Sexuality. Los Angeles, CA.
- Coop-Gordon, K. Cobb, R. J., & Exline, J. (2011, November). *Forgiveness: An emotionally challenging, often rewarding, and potentially controversial process*. Panel discussion at the annual conference of the Association for Behavioral and Cognitive Therapies. Toronto, ON.
- Poyner-Del Vento, P. W., & Cobb, R. J. (2011, November). *Predicting social support solicitation and provision in marriage: an examination of the individual and social contexts*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies. Toronto, ON.
- Logan, J. M., Millman, R. D., & Cobb, R. J. (2011, November). *Celebrating good news in the face of chronic stress*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies. Toronto, ON. (Second prize winner of the ABCT Couples Research and Therapy Special Interest Group Robert L. Weiss Student Research Award; US\$100)

- Poyner-Del Vento, P. W., & Cobb, R. J. (2011, November). Predictors of observed support behavior in marriage: Depression, anxiety, and stress. In C. J. Eubanks Fleming, (Chair), *Beyond satisfaction: An examination of the associations between depression, stress, and new domains of relationship health*. Symposium conducted at the annual conference of the Association for Behavioral and Cognitive Therapies. Toronto, ON.
- Millman, R., D., Logan, J. M., & Cobb, R. J. (2011, November). *Dyadic perspective taking as a moderator of the association between sexual satisfaction and marital satisfaction*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies. Toronto, ON.
- Sullivan, K., & Cobb, R. J. (2010, November). *Premarital education and marital trajectories of newlywed couples*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies. San Francisco, CA.
- Poyner-Del Vento, P. W., & Cobb, R. J. (2010, November). *Predicting social support solicitation and provision in marriage*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies. San Francisco, CA.
- DeHaas, E. C., Bartholomew, K., Cobb, R. J. (2010, November). *Sexual satisfaction in newlywed couples: the role of attachment orientation and sexual motivations*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies. San Francisco, CA.
- Bognar, J., Poyner-Del Vento, P., & Cobb, R. J. (2010, November). *Forgiveness in close relationships: cost or benefit?* Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies. San Francisco, CA.
- Yew, A., & Cobb, R. J. (2010, June). *Inclusion of other in self and marital satisfaction*. Talk presented at the Connecting Minds Undergraduate Research Conference. Vancouver, BC.
- Yew, A., & Cobb, R. J. (2010, April). *Inclusion of other in self, social support and marital satisfaction*. Poster presented at the annual conference for the Western Psychological Association. Cancun, Mexico.
- Poyner-Del Vento, P. W., & Cobb, R. J. (2009, November). *The Role of Chronic Stress in the association between depressive symptoms and marital satisfaction: A two-year longitudinal study*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies. New York, New York.
- Poyner-Del Vento, P. W., & Cobb, R. J. (2008, November). *The role of chronic stress in the association between depressive symptoms and marital satisfaction*. Symposium presented at the annual conference of the Association for Behavioral and Cognitive Therapies. Orlando, FL.
- Poyner-Del Vento, P. W., & Cobb, R. J. (2008, November). *The dyadic process of conflict and forgiveness in marriage: A longitudinal study*. Presented at the annual conference of the Association for Behavioral and Cognitive Therapies. Orlando, FL.
- Asmaro, D., Hitchen, C., Kalloch, J., Luts, A., Watt, K. J., & Cobb, R. J. (2008, May). *A qualitative assessment of newlywed husbands' hurt feelings*. Poster presented at the annual Kwantlen University College Undergraduate Research Conference. Richmond, BC.
- Watt, K. J., Pirnak, J., Bognar, J., & Cobb, R. J. (2008, April). *The interrelationship among self-forgiveness, forgiveness of others, and depression*. Poster presented at the annual conference of the Western Psychological Association. Irvine, CA.
- Watt, K. J., Pirnak, J., Bognar, J., & Cobb, R. J. (2008, April). *Investigating self-forgiveness in two relationship domains*. Poster presented at the annual conference of the Western Psychological Association. Irvine, CA.
- Asmaro, D., Hitchen, C., Kalloch, J., Luts, A., Watt, K. J., & Cobb, R. J. (2008, April). *A qualitative assessment of newlywed husbands' hurt feelings*. Poster presented at the annual University of British Columbia Psychology Undergraduate Conference. Vancouver, BC.
- Burrus, K. J., & Cobb, R. J. (April, 2008). *Spouses' perceptions of aggression: Associations with relationship satisfaction*. Poster presented at the Western Psychological Association convention, Irvine, CA.

- Watt, K. J., Allison, C. J., & Cobb, R. J. (November, 2007). *Predictors of marital adjustment in engaged couples: Attachment security and forgiveness*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapy. Philadelphia, PA.
- Poyner-Del Vento, P. W., & Cobb, R. J. (November, 2007). *Depression as a mediator of the link between chronic stress and marital distress*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapy. Philadelphia, PA.
- Williams, A., Logan, J., Brown, K., & Cobb, R. J. (November, 2007). *Satisfaction with physical appearance as a mediator of the link between depression and sexual satisfaction*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapy. Philadelphia, PA.
- Papile, C., Behr, M., Theny, A., & Cobb, R. J. (June, 2007). *The effects of sampling strategies on sample composition in marital research*. Poster presented at the annual convention of the Canadian Psychological Association. Toronto, ON.
- Watt, K., & Cobb, R. J. (June, 2007). *Predictors of depression in engaged couples: Attachment security and forgiveness*. Poster presented at the annual convention of the Canadian Psychological Association. Toronto, ON.
- Papile, C., Theny, A., Behr, M., & Cobb, R. J. (May, 2007). *Correlates of relationship satisfaction in Canadian couples*. Paper presented at the annual convention of the Western Psychological Association. Toronto, ON.
- Poyner-Del Vento, P., & Cobb, R. J. (May, 2007). *Violence in childhood, attachment security, and forgiveness in marriage*. Poster presented at the annual convention of the Western Psychological Association. Vancouver, BC.
- Watt, K., Pirnak, J., & Cobb, R. J. (May, 2007). *Predicting physical health in engaged couples from attachment security and forgiveness*. Poster presented at the annual convention of the Western Psychological Association. Vancouver, BC.
- Williams, A., Logan, J., Brown, K., & Cobb, R. J. (May, 2007). *Body image and relationship and sexual satisfaction*. Poster presented at the annual convention of the Western Psychological Association. Vancouver, BC.
- Sharifi, M., Behr, M., & Cobb, R. J. (May, 2007). *Attachment and family violence: Predictors of PTSD*. Paper presented at the annual convention of the Western Psychological Association. Vancouver, BC.
- Cobb, R. J., Rogge, R. D., Lawrence, E. L., Johnson, M. D., & Bradbury, T. N.** (November, 2006). *Preventing marital distress through a focus on forgiveness*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
- Rogge, R. D., **Cobb, R. J.**, Story, L. B., Lawrence, E. L., Johnson, M. D., & Bradbury, T. N. (November, 2006). *Exploring differential efficacies over time: Findings of a randomized clinical trial of relationship enhancing workshops*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
- Cobb, R. J., & Logan, J. M.** (July, 2006) *Capitalization and social-support processes in dating relationships*. Paper presented at the annual meeting of the International Association of Relationship Research. Crete, Greece.
- Logan, J. M., & Cobb, R. J. (July, 2006). *Attachment security, support seeking, capitalization, and relationship satisfaction: Conceptual and empirical links*. Paper presented at the annual meeting of the International Association of Relationship Research. Crete, Greece.
- Cobb, R. J., Logan, J. M., & Bradbury, T. N.** (November, 2005). *The transition to parenthood: Child temperament and parenting expectations*. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies. Washington, DC.
- Logan, J. M., & Cobb, R. J. (July, 2005). *Disclosure, relationship satisfaction, and attachment security: Differential associations in disclosing positive versus negative events*. Presented at the IARR Mini-Conference: Privacy, Confidentiality, and the Ethics of Health Relationships, Indiana University-Purdue University, Indianapolis, USA.

- Heng, C., **Cobb, R. J.**, Rogge, R., & Bradbury, T. N. (November, 2004). *Increasing prosocial and adaptive conflict behaviors in newlywed couples: Does behavior change?* Presented at the annual meeting of the Association for Advancement of Behavior Therapy. New Orleans, LA.
- Yoneda, A. C., **Cobb, R. J.**, Rogge, R. & Bradbury, T. N. (November, 2004). *Prevention of Marital Distress: Moderators of Treatment Outcome*. Presented at the 38th Annual Association for Advancement of Behavior Therapy, New Orleans, LA.
- Cobb, R. J.**, Rogge, R., & Bradbury, T. N. (July, 2004). *Fostering attachment security*. Paper presented at the 112th annual meeting of the American Psychological Association. Honolulu, HI.
- Cobb, R. J.**, Davila, J., & Bradbury, T. N. (November, 2003). *Positive biases and marital outcome in a premarital intervention*. Presented at the annual meeting of the Association for Advancement of Behavior Therapy. Boston, MA.
- Emmerson, N. A., **Cobb, R. J.**, & Bradbury, T. N. (November, 2003). *The role of marital workshops: Are we helping or harming couples?* Presented at the annual meeting of the Association for Advancement of Behavior Therapy. Boston, MA.
- Fish, K. M., **Cobb, R. J.**, & Bradbury, T. N. (November, 2003). *Predicting child outcomes from early family environmental factors*. Presented at the annual meeting of the Association for Advancement of Behavior Therapy. Boston, MA.
- Story, L. B., **Cobb, R. J.**, & Bradbury, T. N. (November, 2003). *Preventing marital discord among couples exposed to stress*. Presented at the annual meeting of the Association for Advancement of Behavior Therapy. Boston, MA.
- Cobb, R. J.**, Vargas, I., & Bradbury, T. N. (2003, August). *Working alliance and attachment in a preventive marital intervention*. Poster presented at the 111th annual meeting of the American Psychological Association. Toronto, ON.
- Emmerson, N. A., **Cobb, R. J.**, & Bradbury, T. N. (2003, August). *Transition to parenthood: The mediating influence of expectations*. Poster presented at the 111th annual meeting of the American Psychological Association. Toronto, ON.
- Cobb, R. J.**, Rothman, A., Lawrence, E. L., Davila, J., & Bradbury, T. N. (2003, May). *Transition to parenthood: The role of social support and attachment security*. Paper presented at the Western Psychological Association. Vancouver, BC.
- Davila, J., Steinberg, S., Kachadourian, L., **Cobb, R.**, & Fincham, F. (2002, April). *Early romantic experiences and depressive symptoms: Emerging depressogenic patterns*. Paper presented at the Society for Research on Adolescence. New Orleans, Louisiana.
- Bradbury, T. N., Rogge, R., **Cobb, R. J.**, Rothman, A., Barcelo, L., Lawrence, E. L., & Kruse, N. (2001, July). *Prosocial behavior and the prevention of marital distress*. In D. R. Snyder (Chair), Primary and Secondary Prevention of Marital Distress. Paper presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.
- Cobb, R. J.**, Rothman, A., Lawrence, E., & Bradbury, T. N. (November, 2000). *Becoming parents: The influence of attachment and expectations about parenthood*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, Louisiana.
- Barcelo, L., Rothman, A., **Cobb, R. J.**, Rogge, R., & Bradbury, T. N. (2000, November). *The quest for diversity in marital workshop participants*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, Louisiana.
- Davila, J. **Cobb, R. J.**, & Lindberg, N. (2000, March). *Risk factors for romantic dysfunction among late adolescents*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Chicago, Illinois.
- Cobb, R. J.**, Davila, J., & Bradbury, T. N. (1999, August). *Attachment and marital satisfaction: The role of illusions and social support*. Poster presented at the 107th annual meeting of the American Psychological Association, Boston, MA.

- Davila, J., **Cobb**, R. J., Lindberg, N., Baliotis, V., & Polsky, R. (1998, June). *Attachment and personality disorders: Association and relations to romantic functioning*. Paper presented at the 9th International Conference on Personal Relationships, Saratoga Springs, NY.
- Cobb**, R. J., & Poole, J. (1996, August). *Social support processes and adult attachment patterns*. Poster presented at the XXVI International Congress of Psychology, Montreal, P.Q.
- Cobb**, R. J., & Bartholomew, K. (August, 1996). *Attachment representations, childhood rejection, and loneliness*. Poster presented at the conference of the International Society for the Study of Personal Relationships, Banff, AB.
- Scharfe, E., Bartholomew, K., Henderson, A., Trinke, S., **Cobb**, R. J., Poole, J., Callander, L., & Servello, S. (1996, August). *Four-Category model of adult attachment: Measurement issues, prototype descriptions, and other tidbits*. Workshop presented at the conference of the International Society for the Study of Personal Relationships, Banff, AB.
- Cobb**, R. J., & Bartholomew, K. (1996, June). *Childhood rejection, attachment representations, and depression*. Poster presented at the conference of the International Network on Personal Relationships, Seattle, WA.
- Cobb**, R. J., & Bartholomew, K. (1995, August). *Childhood experiences and social support as predictors of attachment security*. Poster presented at the annual convention of the American Psychological Association, New York, NY.
- Cobb**, R. J., & Bartholomew, K. (1995, June). *Childhood experiences and social support as predictors of attachment security in adults*. Poster presented at the annual convention of the Canadian Psychological Association, Charlottown, P.E.I. (Abstract appears in *Canadian Psychology*, 36(2a), 117.)

Invited Presentations

- Madanikia, Y., **Cobb**, R. J., & Bartholomew, K. (November, 2011). *Initial forays into the psychology of masturbation*. Presented at the Department of Psychology Social Area Research Seminar. Burnaby, BC.
- Cobb**, R. J. (November, 2011). *Graduate school in Clinical Psychology*. Presented at Psychology Major's meeting: Life after the BA....Burnaby, BC.
- Cobb**, R. J. (April, 2008). *Enhancing Relationships: Preventing Marital Distress*. Presented at Psych in the City public lecture series. Surrey, BC.
- Cobb**, R. J. (September, 2007). *Coping with Transgressions in Marriage: The Forgiveness Process*. Presented at the Department of Psychology Social Area Seminar. Burnaby, BC.
- Viljoen, J., & **Cobb**, R. J. (September, 2007). *Integrating assessment into clinical practice: Using the OQ.45 for youth and adults*. Presented at the SFU Clinical Area Colloquium. Burnaby, BC.
- Cobb**, R. J., & Watt, K. (August, 2007). *Coping with Transgressions in Marriage: Associations among forgiveness behaviours, attachment security and health*. Paper presented at Close Relationships and Health: Developing an Interactive Approach to Research and Therapy conference. Vancouver, BC.
- Watt, K., & **Cobb**, R. J. (August, 2007). *Predicting physical health in engaged couples from attachment security and forgiveness*. Presented at the Close Relationships and Health: Developing an Interactive Approach to Research and Therapy conference. Vancouver, BC.
- Cobb**, R. J. (April, 2007). *Enhancing Relationships: Preventing Marital Distress*. Presented at Psych in the City public lecture series. Surrey, BC.
- Cobb**, R. J. (October, 2006). *Becoming Parents: Detrimental for Marriage?* Presented to eHarmony.com. Pasadena, California.
- Cobb**, R. J. (October, 2005). *The Transition to Marriage Project*. Presented at the Department of Psychology Social Area Seminar. Burnaby, BC.
- Cobb**, R. J. (December, 2004). *Computer Mediated Relationships*. Presented to Teligence Communication Inc. Vancouver, BC.

- Cobb, R. J.** (October, 2004). *Preventing Relationship Distress*. Presented at the Department of Psychology Social Area Seminar. Burnaby, BC.
- Cobb, R. J.** (2004, September). *Evaluating symptoms of depression in a community sample: Using the SCID-IV*. Workshop presented at the University of California, Los Angeles.

Other Scholarly Work

- Cobb, R. J., & Regan, K.** (2011). *Intimate Relationships: Testbank*. New York: W.W. Norton.
- Cobb, R. J., Watt, K. J., & Logan, J. M.** (2010). *Transgression Interaction Coding System*. Unpublished Coding Manual.
- Poyner-Del Vento, P. W., & Cobb, R. J.** (2009). Why are depressed spouses at risk? *The BC Psychologist*, June, 8-10.
- Rogge, R. D., Cobb, R. J., Johnson, M., Lawrence, E., & Bradbury, T. N.** (1998). *CARE: Compassionate and Accepting Relationships through Empathy*. Unpublished Treatment Manual.

Newspaper and Magazine Interviews

- February, 2014 – RomComs prevent divorce by Cathy Gulli, Maclean's Magazine
- November, 2012 – "Death Becomes Him" by Dana Carlson, More Magazine.
- December 14, 2010 – Radio interview for Evolution 1079.0.com on the Transition to Parenthood
- February 6, 2006 - Interview regarding Transition to Marriage Project with Burnaby NOW
- February 14, 2006 – Interview on CTVs "Breakfast Television" regarding the Transition to Marriage Project
- July 2006 – Interview regarding marriage in Chatelaine Magazine

Professional Activities

Simon Fraser University, Department of Psychology

- | | |
|---|---|
| Member, Tenure and Promotion Committee | Fall 2013 - present |
| Undergraduate Studies Committee, Clinical Science Area representative | Fall 2013 - present |
| Member, Honours Thesis Prize Subcommittee | Spring 2013 |
| Member, Tenure and Promotion Committee | May 2013-April 2014 |
| Thesis Committee | Fall 2012- present |
| Undergraduate Studies Committee, Clinical Science Area representative | Fall 2010-Summer 2011 |
| Fire Warden | 2009 - present |
| Member, Honours Thesis Prize Subcommittee | Spring 2009 |
| Clinical Admissions ad hoc committee | 2008/2009/2010/2011/2012
2013 |
| Chair, Clinical Admissions Process Review ad hoc committee | Summer - Fall 2008 |
| Coordinator of the Social Area Seminar Series | Spring 2008 |
| Member, Tenure and Promotion Committee | May 2007 - April 2008 |
| Member, Clinical Assessment in the CPC ad hoc committee | Fall 2007 |
| Coordinator of the Social Area WPA Preconference | May 2007 |
| Member, Ethics Oral Examination Committee | Spring 2005, 2009 |
| Member, Social Area Faculty Search Committee | Oct. 2004 – Jan. 2005 |
| Chair, Honours Defense (10 students) | 2006, 2007, 2009, 2010,
2011, 2012, 2013 |
| Member, Clinical Science Research Area and Program | Sept. 2004 - present |
| Member, Social Research Area | Sept. 2004 - present |

Simon Fraser University

- | | |
|---|--------------|
| Member, University MA/PhD SSHRC Fellowship Committee | Jan 2007 |
| SFU Open House. <i>Close Relationships Research Lab</i> . | June 3, 2006 |

External

Member, Robert L. Weiss Student Poster Award Committee	2010, 2011
Co-President, ABCT Couples Therapy and Research Special Interest Group	Nov 2007 – Nov 2009
Member, International Association for Relationship Research conference program committee	2007, 2008
Chair, Robert L. Weiss Student Poster Award Committee	2006, 2007
Member, Canadian Psychology Association conference program committee	2006, 2007
Member, Association for Behavior and Cognitive Therapies Conference program committee	2005, 2006, 2007, 2008, 2009, 2012, 2013

UCLA

Member, Clinical Area Admissions Committee	Oct. 1998 – Feb. 1999
Member, Clinic Committee	Sept 1997 – June 1998
Member, Clinical Area Committee	Oct. 1996 – June 1997

Reviewing

Associate Editor, <i>Journal of Social and Personal Relationships</i>	January 2012 - present
Editorial Board Member, <i>Journal of Social and Personal Relationships</i>	August 2006 – Dec 2011
Editorial Board Member, <i>Personal Relationships</i>	Jan 2006 – Dec 2011

Ad hoc Journal Reviewing

Behavior Therapy, European Journal of Social Psychology, Journal of Clinical Psychology, Journal of Consulting and Clinical Psychology, Journal of Family Psychology, Journal of Personality, Journal of Personality and Social Psychology, Journal of Social and Clinical Psychology

Grant Reviewing

The Israeli Science Foundation (2008)
Social Sciences and Humanities Research Council of Canada Insight Grant competition (2011, 2012, 2014)
Social Sciences and Humanities Research Council of Canada Standard Research Grant Competition (2006, 2007, 2010)