

**CONNECT PARENT GROUP
Pre-Inclusion Interview**

Name of Youth: _____

Interviewer: _____

Date: _____

1. Informant relationship to youth
(e.g., mother, father, foster parent): _____

2. Where is the youth living now?

At home with one or both parent(s)

At home with foster parent(s)

Living with relative(s)

Other: _____

3. How long has the youth lived with this caregiver? _____

POTENTIAL BARRIERS AND SUPPORTS NEEDED

4. **PRACTICAL BARRIERS:** How likely are parents to attend **all** group sessions? Discuss practical barriers with parents and rate the likelihood of their attendance.

Examples:

- a. Work or other conflicts
- b. Childcare: is childcare available and arranged? Are they open to having someone provide childcare?
- c. Health issues: for themselves or family members that might interfere with attending?
- d. Transportation: do parents have reliable transportation available to them?

Not at all likely to attend all sessions			Very likely to attend all sessions	
1	2	3	4	5

Notes:

5. **FAMILY CRISIS BARRIERS:** Are there family crisis issues that would interfere with attendance or being able to focus on the group? Discuss these issues with the parents and rate the likelihood that they can participate fully in the sessions.

Examples:

- a. Family is in crisis due to pending or recent separation
- b. Family is dealing with stressful legal issues

Family crises will definitely interfere with attendance or participation			Family crises are minimal or can be managed	
1	2	3	4	5

Notes:

6. **MENTAL HEALTH BARRIERS:** Are the parents currently struggling with their own mental health issues (e.g., severely depressed, suicidal, dissociative, violent, addictions) to such a degree that this will interfere with their ability to participate fully? Discuss these issues with the parents and rate the likelihood that they can participate fully in the sessions.

Mental health challenges will definitely interfere with attendance or participation			Mental health challenges are minimal or can be managed	
1	2	3	4	5

Notes:

7. **TIMING:** Is Connect best suited to the current needs of the parents? Should other needs (e.g., stabilization of housing, basic information about their child's condition) be addressed before attending this group?

Timing is poor; other needs should be addressed first			Timing is good; other needs are managed	
1	2	3	4	5

Notes:

8. **COGNITIVE FUNCTIONING & LANGUAGE:**

Do parents have sufficient capacity to understand material presented in the group?

Circle one: **Yes** **No**

Are parents able to understand and express themselves sufficiently in English?

Circle one: **Yes** **No**

9. **SUPPORT:** Are services and/or supports in place for these parents and youth (e.g., mental health services, support of extended family, cultural group)? Are they sufficient?

Services and supports are not in place or inaccessible			Services and support are in place and sufficient	
1	2	3	4	5

Notes:

10. OTHER: Summarize any other barriers or challenges that are important in estimating readiness.

PARENT MOTIVATION AND FIT WITH INTERVENTION

Describe the Connect parent group to the parent emphasizing that it takes a new perspective; works in partnership with parents; is active, focused, and short term. Your description should aim to stimulate interest and motivation. Rate the following for each parent interested in participating in the group:

11. How interested are you in a short term structured program that focuses on new ways of understanding and practical skills?

I'm looking for long term support - not a short term, structured group			I'm interested in a short term, structured group	
1	2	3	4	5

12. How open are you to thinking about different ways of understanding your child's behaviour?

I understand my child; I do not need a new perspective			I am open to new ways of understanding my child	
1	2	3	4	5

13. How open are you to thinking about your own parenting behaviour and how it might influence your child's behaviour?

My parenting is not the issue; there's no point in discussing it			I'm interested in understanding the effect of my parenting	
1	2	3	4	5

14. How helpful do you feel it will be to look at these kinds of issues in a group where there is learning of new information and practice?

I don't think it will be helpful		I think it will be helpful		
1	2	3	4	5

15. What do you think the **benefits** might be of participating in Connect (as it has been described to you)?

Notes:

16. Are there any **possible disadvantages** to your participation?

Notes:

17. Most of our parents get the greatest benefit from the Connect group when they are **actively involved** in the group. How comfortable do you think you will be in a group that asks you to be actively involved?

Very uncomfortable		Very comfortable		
1	2	3	4	5