

# SCHOOL OF KINESIOLOGY

## CERTIFICATE IN HEALTH AND FITNESS STUDIES

Name: \_\_\_\_\_ Student #: \_\_\_\_\_ Date: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Email: \_\_\_\_\_

### Required Courses:

KIN. 105-3\* \_\_\_\_\_ (or KIN. 205-3 or 208-3)  
110-3\* \_\_\_\_\_  
140-3\* \_\_\_\_\_  
142-3\* \_\_\_\_\_  
143-3\* \_\_\_\_\_  
342-3\* \_\_\_\_\_ (or KIN 343-3)

### Electives (9 credits from the following):

KIN. 207-3 \_\_\_\_\_  
241-3 \_\_\_\_\_  
303-3+ \_\_\_\_\_  
310-3\*+ \_\_\_\_\_  
312-3\* \_\_\_\_\_  
325-3\* \_\_\_\_\_ (or KIN 326)  
340-3 \_\_\_\_\_  
367-3\*+ \_\_\_\_\_  
375-3\* \_\_\_\_\_  
461-3\*+ \_\_\_\_\_

\* courses available by distance education  
+ courses which have additional prerequisites

CPR \_\_\_\_\_ (Cardio Pulmonary Resuscitation)

*You need to show the Kinesiology Undergrad Secretary your current CPR certificate at the time you apply for graduation.*

### NOTES

- There is a limited number of transfer credits permitted; please read the SFU calendar for information on Residency Requirements.
- Students must have a minimum 2.00 GPA calculated on courses counting towards the certificate, and a current cardiopulmonary resuscitation (CPR) certificate at time of completion. The certificate is normally completed within five years of admission to the certificate program.
- If you are working on more than one Certificate program, please note that you can't apply credits from this Certificate to any other SFU Certificate or Diploma.
- If planning on completing this Certificate by correspondence please check the Centre for Distance Education website to confirm the availability of distance ed courses <http://www.sfu.ca/cde/>
- Admission is governed by the University admissions regulations. For details, see the Admission and Re-admission section of SFU Calendar.
- After being admitted to Simon Fraser University, submission of a completed Program Approval form to the Kinesiology Undergraduate Advisor is required for formal acceptance in the program.