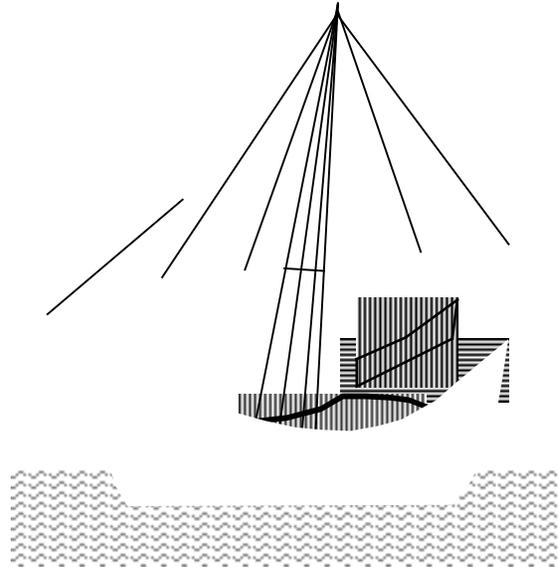
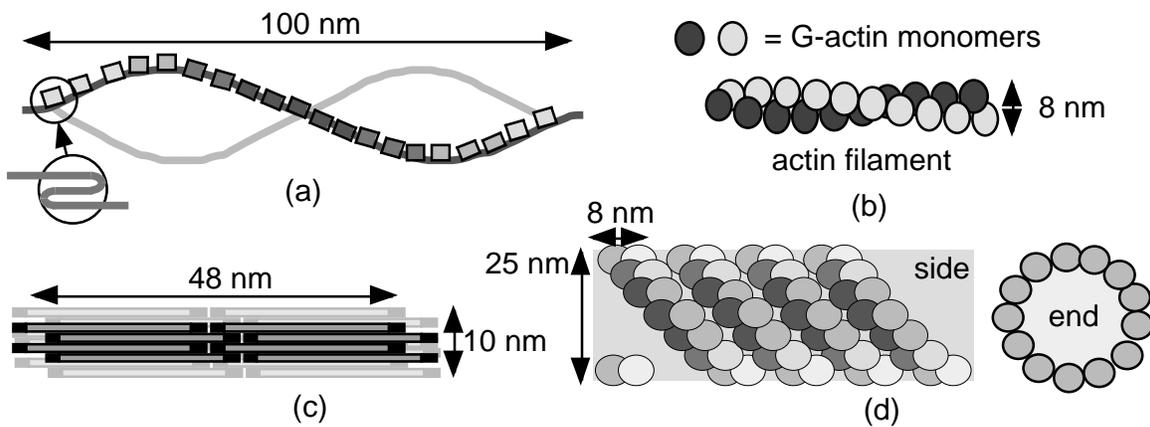


FILAMENTS IN THE CELL



STRATEGY: RODS AND ROPES FOR TENSION AND COMPRESSION

CONSTRUCTION MATERIALS: FILAMENTS IN MODERN CELLS



<u>FILAMENT</u>	<u>DIAMETER (nm)</u>
SPECTRIN	FEW
F-ACTIN	8
INTERMEDIATE FILAMENTS	10
MICROTUBULES	25