

Social Security

Official Social Security Website

Actuarial Life Table

Period Life Table, 2010

Exact age	Male			Female		
	Death probability ^a	Number of lives ^b	Life expectancy	Death probability ^a	Number of lives ^b	Life expectancy
0	0.006680	100,000	76.10	0.005562	100,000	80.94
1	0.000436	99,332	75.62	0.000396	99,444	80.39
2	0.000304	99,289	74.65	0.000214	99,404	79.43
3	0.000232	99,259	73.67	0.000162	99,383	78.44
4	0.000172	99,235	72.69	0.000132	99,367	77.46
5	0.000155	99,218	71.70	0.000117	99,354	76.47
6	0.000143	99,203	70.71	0.000106	99,342	75.47
7	0.000131	99,189	69.72	0.000099	99,332	74.48
8	0.000115	99,176	68.73	0.000093	99,322	73.49
9	0.000096	99,164	67.74	0.000090	99,313	72.50
10	0.000082	99,155	66.74	0.000090	99,304	71.50
11	0.000086	99,147	65.75	0.000096	99,295	70.51
12	0.000125	99,138	64.76	0.000111	99,285	69.52
13	0.000205	99,126	63.76	0.000137	99,274	68.52
14	0.000319	99,106	62.78	0.000170	99,261	67.53
15	0.000441	99,074	61.80	0.000207	99,244	66.54
16	0.000562	99,030	60.82	0.000245	99,223	65.56
17	0.000690	98,975	59.86	0.000282	99,199	64.57
18	0.000820	98,906	58.90	0.000318	99,171	63.59
19	0.000949	98,825	57.95	0.000352	99,139	62.61
20	0.001085	98,731	57.00	0.000388	99,105	61.63
21	0.001213	98,624	56.06	0.000423	99,066	60.66

Age	Male				Female			
	Exact age	Death probability ^a	Number of lives ^b	Life expectancy	Death probability ^a	Number of lives ^b	Life expectancy	
Person	22	0.001304	98,505	55.13	0.000454	99,024	59.68	
	23	0.001345	98,376	54.20	0.000476	98,979	58.71	
	24	0.001350	98,244	53.27	0.000494	98,932	57.74	
	25	0.001342	98,111	52.34	0.000511	98,883	56.77	
	26	0.001340	97,980	51.41	0.000531	98,833	55.79	
	27	0.001342	97,848	50.48	0.000553	98,780	54.82	
	28	0.001356	97,717	49.55	0.000579	98,726	53.85	
	29	0.001380	97,584	48.62	0.000608	98,668	52.88	
	30	0.001408	97,450	47.68	0.000641	98,608	51.92	
	31	0.001435	97,313	46.75	0.000677	98,545	50.95	
	32	0.001466	97,173	45.82	0.000719	98,479	49.98	
	33	0.001499	97,031	44.88	0.000765	98,408	49.02	
	34	0.001539	96,885	43.95	0.000818	98,332	48.06	
	35	0.001592	96,736	43.02	0.000879	98,252	47.10	
	36	0.001660	96,582	42.08	0.000948	98,166	46.14	
	37	0.001741	96,422	41.15	0.001022	98,073	45.18	
	38	0.001837	96,254	40.22	0.001100	97,972	44.23	
	39	0.001953	96,077	39.30	0.001185	97,865	43.27	
	40	0.002084	95,889	38.37	0.001279	97,749	42.32	
	41	0.002241	95,689	37.45	0.001387	97,624	41.38	
	42	0.002439	95,475	36.53	0.001518	97,488	40.43	
	43	0.002686	95,242	35.62	0.001676	97,340	39.50	
	44	0.002975	94,986	34.72	0.001858	97,177	38.56	
	45	0.003297	94,704	33.82	0.002055	96,997	37.63	
	46	0.003639	94,392	32.93	0.002262	96,797	36.71	
	47	0.003997	94,048	32.05	0.002480	96,578	35.79	
	48	0.004366	93,672	31.17	0.002709	96,339	34.88	
	49	0.004750	93,263	30.31	0.002947	96,078	33.97	

Exact age	Male			Female		
	Death probability ^a	Number of lives ^b	Life expectancy	Death probability ^a	Number of lives ^b	Life expectancy
50	0.005156	92,820	29.45	0.003209	95,795	33.07
51	0.005596	92,342	28.60	0.003484	95,487	32.18
52	0.006078	91,825	27.76	0.003751	95,155	31.29
53	0.006605	91,267	26.93	0.004000	94,798	30.40
54	0.007174	90,664	26.10	0.004246	94,418	29.52
55	0.007805	90,013	25.29	0.004520	94,017	28.65
56	0.008464	89,311	24.48	0.004836	93,593	27.77
57	0.009095	88,555	23.69	0.005185	93,140	26.91
58	0.009676	87,750	22.90	0.005570	92,657	26.04
59	0.010245	86,901	22.12	0.006001	92,141	25.19
60	0.010865	86,010	21.34	0.006489	91,588	24.34
61	0.011592	85,076	20.57	0.007046	90,994	23.49
62	0.012444	84,090	19.81	0.007686	90,352	22.65
63	0.013451	83,043	19.05	0.008419	89,658	21.83
64	0.014608	81,926	18.30	0.009249	88,903	21.01
65	0.015927	80,729	17.57	0.010201	88,081	20.20
66	0.017370	79,444	16.84	0.011255	87,182	19.40
67	0.018895	78,064	16.13	0.012372	86,201	18.62
68	0.020484	76,589	15.43	0.013538	85,135	17.84
69	0.022191	75,020	14.75	0.014793	83,982	17.08
70	0.024139	73,355	14.07	0.016233	82,740	16.33
71	0.026364	71,584	13.40	0.017882	81,397	15.59
72	0.028808	69,697	12.75	0.019693	79,941	14.87
73	0.031480	67,689	12.12	0.021671	78,367	14.16
74	0.034442	65,558	11.49	0.023866	76,669	13.46
75	0.037855	63,300	10.89	0.026437	74,839	12.77
76	0.041725	60,904	10.30	0.029368	72,860	12.11
77	0.045932	58,363	9.72	0.032519	70,721	11.46

Exact age	Male			Female		
	Death probability ^a	Number of lives ^b	Life expectancy	Death probability ^a	Number of lives ^b	Life expectancy
78	0.050469	55,682	9.17	0.035870	68,421	10.83
79	0.055465	52,872	8.63	0.039555	65,967	10.21
80	0.061179	49,939	8.10	0.043828	63,357	9.61
81	0.067698	46,884	7.60	0.048808	60,580	9.03
82	0.074923	43,710	7.11	0.054434	57,624	8.47
83	0.082891	40,435	6.65	0.060762	54,487	7.93
84	0.091725	37,084	6.21	0.067889	51,176	7.41
85	0.101575	33,682	5.78	0.075926	47,702	6.91
86	0.112568	30,261	5.38	0.084968	44,080	6.44
87	0.124795	26,854	5.00	0.095093	40,335	5.99
88	0.138305	23,503	4.64	0.106352	36,499	5.56
89	0.153107	20,253	4.30	0.118777	32,617	5.17
90	0.169195	17,152	3.99	0.132384	28,743	4.80
91	0.186543	14,250	3.70	0.147181	24,938	4.45
92	0.205115	11,592	3.44	0.163161	21,268	4.13
93	0.224867	9,214	3.20	0.180314	17,798	3.84
94	0.245744	7,142	2.98	0.198615	14,588	3.58
95	0.266454	5,387	2.79	0.217125	11,691	3.34
96	0.286625	3,952	2.62	0.235558	9,153	3.13
97	0.305869	2,819	2.47	0.253602	6,997	2.94
98	0.323783	1,957	2.34	0.270923	5,222	2.76
99	0.339972	1,323	2.22	0.287178	3,807	2.60
100	0.356971	873	2.10	0.304409	2,714	2.45
101	0.374819	562	1.99	0.322673	1,888	2.31
102	0.393560	351	1.88	0.342033	1,279	2.17
103	0.413238	213	1.78	0.362555	841	2.03
104	0.433900	125	1.68	0.384309	536	1.91
105	0.455595	71	1.59	0.407367	330	1.79

Exact age	Male			Female		
	Death probability ^a	Number of lives ^b	Life expectancy	Death probability ^a	Number of lives ^b	Life expectancy
106	0.478375	39	1.50	0.431809	196	1.67
107	0.502293	20	1.41	0.457718	111	1.56
108	0.527408	10	1.32	0.485181	60	1.45
109	0.553778	5	1.24	0.514292	31	1.35
110	0.581467	2	1.17	0.545149	15	1.26
111	0.610541	1	1.09	0.577858	7	1.17
112	0.641068	0	1.02	0.612530	3	1.08
113	0.673121	0	0.95	0.649282	1	1.00
114	0.706777	0	0.89	0.688238	0	0.92
115	0.742116	0	0.83	0.729533	0	0.84
116	0.779222	0	0.77	0.773305	0	0.77
117	0.818183	0	0.71	0.818183	0	0.71
118	0.859092	0	0.66	0.859092	0	0.66
119	0.902047	0	0.60	0.902047	0	0.60

^a Probability of dying within one year.

^b Number of survivors out of 100,000 born alive.

Note: The period life expectancy at a given age for 2010 represents the average number of years of life remaining if a group of persons at that age were to experience the mortality rates for 2010 over the course of their remaining life.

The Social Security area population is comprised of (1) residents of the 50 States and the District of Columbia (adjusted for net census undercount); (2) civilian residents of Puerto Rico, the Virgin Islands, Guam, American Samoa and the Northern Mariana Islands; (3) Federal civilian employees and persons in the U.S. Armed Forces abroad and their dependents; (4) non-citizens living abroad who are insured for Social Security benefits; and (5) all other U.S. citizens abroad.