

# Resource Directory of Montreal:

## Services for older adults with experiences of homelessness and housing precarity



**AIRP**  
Aging in the Right Place  
PARTNERSHIP

**VABE**  
Viellir au Bon Endroit  
PARTENARIAT

Developed by: The Montreal team of the pan-Canadian project:  
Aging In the Right Place (AIRP)

This resource directory is supported by the Aging in Place project, a research partnership in Montreal, Calgary and Vancouver, which was funded by Canada Mortgage and Housing Corporation and the Social Sciences and Humanities Research Council (CMHC-SSHRC joint initiative).

The purpose of the Aging In the Right Place study is to assess promising housing and accommodation practices for seniors experiencing homelessness in Montreal, Calgary and Vancouver. Our overall goal is to improve housing and accommodation options to meet the unique and complex health and social service needs of seniors experiencing homelessness in Canada.

Project website: <https://www.sfu.ca/airp/vabe.html>

As part of our data collection process, participants took photos and explored their meaning in relation to the concept of aging in place.

Our online photo exhibit is available here:

French version: <https://www.emaze.com/@ALORWLFZC/vieillir-au-bon-endroit>

English version: <https://www.emaze.com/@ALORQRQCC/aging-in-the-right-place>

All information included in this resource repository was collected from public websites (between March 2022 and April 2023) and therefore may not include the most current information available.

## Projet Logement Montréal (PLM)

| Program | Older Adult Specific | Territory | Services  | Type  | Location   |
|---------|----------------------|-----------|---|---|--|
|         | No                   | Montreal  | Support with finding affordable housing with psychosocial support and follow up in their community, on the Island of Montreal for men, women, and youth . | Affordable housing search and accompaniment | <b>info@projetlogementmontreal.org</b><br>ADRESSE POSTALE Projet Logement<br>Montréal 550, boulevard René-Lévesque Est Montréal, Québec<br>H2L 2L3 |

## Maison du Père

| Program           | Older Adult Specific | Territory   | Services  | Type                                   | Location  |
|-------------------|----------------------|-------------|---|--|---|
|                   | No                   | Ville-Marie |   |  | Maison du Père 550, boulevard René-Lévesque Est Montréal (Québec)<br>H2L 2L3 P<br>hone Région du Grand Montréal 514<br>845-0168 |
| Maison JA de Sève | Yes                  | Ville-Marie | Long term housing - Private Residence for Seniors.<br>87 private rooms -autonomous or semi-autonomous | Long term housing (men)                | J.A. DeSève Residence Pascal Vanasse, Coordinator 514-845-0168, ext. 351  |
| Accès-santé       | No                   |             | 8 convalescence beds and 2 rooms for oncology care  | Urban Health and Palliative Care (men) |   |

|   |    |             |   |  |  |
|---|----|-------------|---|--|--|
| Le Refuge -<br>Emergency<br>Shelter                                       | No | Ville-Marie | Emergency overnight accommodation<br>Daytime centre on very cold or very hot<br>days  | Emergency shelter (men)                                | 550 René-Lévesque Boulevard East<br>Montréal, H2L 2L3, QC 514 845-0168<br>ext. 230 |
| The Centre<br>d'accueil et<br>d'hébergement en<br>référéncement<br>(CAHR) | No |             | Psychosocial support follow up for 4<br>months focused on residential<br>stabilization in community   | Referral service & finding<br>affordable housing (men) | CAHR, Emergency Shelter<br>Coordinator 514 845-0168, ext 305                       |
| Social<br>Reintegration<br>Program  | No |             | Transitional Housing with psychosocial<br>supports for men experiencing one or<br>more of the following challenges<br>(mental health, drug addiction, loss of<br>housing, leaving an institution, etc..) to<br>reintegrate into community permanently<br>in a stable accommodation. | Transitional Housing<br>(men)                          | Social Reintegration Catherine<br>Frappier, Coordinator 514 845-0168,<br>ext 234   |

### Old Brewery Mission

| Program                                  | Older<br>Adult<br>Specific | Territory   | Services   | Type                                     | Location  |
|--|----------------------------|-------------|--|--|---|
|  | No                         | Ville-Marie |  |  | Administration 902 Saint-Laurent<br>Blvd. Montreal (Quebec) H2Z 1J2 Tél. :<br>514 866-6591<br>info@missionoldbrewery.ca |
| La Traversée<br>Grace Dart<br>Foundation | Yes                        | Undisclosed | Long-term housing for individuals with<br>experiences of homelessness who are<br>aged 50 and over. | Long Term Housing (50+<br>men and women) |   |

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|--|----|---|--|---|--|
| Le Pont-TD   | No | Montreal  | Supports individuals in finding permanent affordable housing in Montreal.  | finding affordable housing                    | tel:514 788-1496   |
| Marcelle & Jean Coutu Pavilion   | No | Ville-Marie   | 30 studio apartments for men   | Long term housing (men)                       | 7 Saint-Antoine Street, Ville-Marie, Montréal, QC, H2Z 1G8   |
| Webster Pavilion (emergency services and shelter for men)              | No | Ville-Marie   | All services are available 24/7, 365 days a year for men. Emergency shelter and access to meals and showers.   | Emergency shelter (men)                       | Webster Pavillion 915, Clark street Montreal (Quebec) H2Z 1J8 Tel. : 514 798-2244                          |
| Lise Watier Pavilion   | No | Hochelaga - Maisonneuve                               | 29 housing units for women   |   | 4450 Ontario Street East, Mercier-Hochelaga-Maisonneuve, Montréal, QC, H1V 1K6 tel:514 687-2025 ext. 625   |
| Patricia Mackenzie Pavilion (emergency services and shelter for women) | No | Centre-Sud de Montreal (boulevard De Maisonneuve Est) | All services are available 24/7, 365 days a year for women. Emergency shelter and access to meals and showers.<br>Étape and Étape+ Emergency Programs: As part of the emergency services offered to women, this program supports women in emergency situations to take steps in pursuing affordable housing, accessing health and social services and treatment. | Emergency shelter and services (Women)        | Patricia Mackenzie Pavillion 1301, de Maisonneuve boul. East Montreal (Quebec) H2L 2A4 Tel. : 514 526-6446 |
| Les Voisines   | No | Centre-Sud de Montreal (boulevard De Maisonneuve Est) | Transitional Program for women in a shared apartment with psychosocial support to help women develop skills to live independently (10 women at a time)   | Transitional community/shared housing (women) | Patricia Mackenzie Pavillion 1301, de Maisonneuve boul. East Montreal (Quebec) H2L 2A4 Tel. : 514 526-6446 |

|                                    |    |   |  |  |   |
|------------------------------------|----|---|--|--|---|
| Lise Watier Pavilion               | No | Hochelaga-Maisonneuve                                   | 29 housing units offer affordable rent (25% of income + additional charges) with activities.   | Long term housing (women)                  |   |
| Les Voisines in the Community      | No | Throughout Montreal                                     | Using the Housing First model, allows homeless women to move into their own apartment, in the Montreal neighbourhood of their choice (9 affordable apartments)         | Housing First / Affordable housing (women) |   |
| Accueil Program                    | No | Ville-Marie/Old Montreal (Provided through the shelter) | Provides residential assessment and referral program for people who are homeless for the first time and includes access to psychosocial supports and counselling.      | Referral program                           |   |
| Café Mission Keurig                | No | Ville-Marie/Old-Montreal                                | Internet-style café open 8 a.m. to 4 p.m. every weekday for homeless men and women (offers free coffee, internet access and a place to stay during day).               | Day Centre (men and women)                 | 906 Saint-Laurent Boulevard                               |
| Suivi intensif en itinérance (SII) | No |   | Provides close health and social service follow up to over 50 people in community who are homeless or at risk of being homeless, and experience severe mental illness. | Urban Health (men and women)               |   |
| Walk-in Medical Clinic             | No | Ville-Marie   | Mission operates a walk-in medical clinic adapted to the needs of homeless men and women in Montreal. Open weekdays from 8 a.m. to 4 p.m.                              | Urban Health (men and women)               | Steps away from Keurig Café (906 Saint-Laurent Boulevard) |

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|-------------|----|--|--|--|--|
| Shuttle Bus | No |  | Beginning each year on December 1st, A driver and a crisis counsellor drive around the streets of Montreal between 2:30 p.m. and 3 a.m. every night, inviting homeless men and women to be transported to resources in the city that will ensure their safety for the night. |  |  |
|-------------|----|--|--|--|--|

**Pas de la Rue**

| Program    | Older Adult Specific | Territory              | Services  | Type       | Location   |
|------------|----------------------|------------------------|---|------------|--|
|            | Yes                  | South Centre Hochelaga | <p>The mission of PAS de la rue is to welcome, support and accompany any homeless person aged 55 and over or in a situation of precarity, with a view to inclusion, stabilization and enhancement. This organization is inclusive organization that welcomes people of all cultures, religions, sexual orientations, and gender identities.</p> <p>To be a Pas de la Rue user you must be 55 years or older and be in a situation of precarity and/or homelessness.</p> |            | <p style="text-align: center;">Centre-Sud<br/>1575, boul. René-Lévesque Est<br/>Montréal (Québec) H2L 4L2 * 514 526-1699 * 514 526-1411</p> <p>Heures d'ouverture Lundi, mardi, jeudi, vendredi : 8 h à 15 h Mercredi : 8 h à 14 h *Ouvert tous les jours fériés.</p> <p style="text-align: center;">Mercier-Est 9605, rue Hochelaga Est<br/>Montréal (Québec) H1L 0B5 * 514 419-1696 * 438 380-3649</p> <p>Heures d'ouverture Lundi, mardi, jeudi, vendredi : 8 h 30 à 15 h Mercredi : 8 h 30 à 14 h *Ouvert tous les jours fériés.</p> |
| Day Centre | Yes                  |                        | <p>Welcoming place to socialize, rest, have a cup of coffee, have lunch and dinner, participate in activities, use the computers, borrow books from the library</p>   | Day Centre |  |

|                         |     |                       |  |                             |  |
|-------------------------|-----|-----------------------|--|-----------------------------|--|
| Meals                   | Yes |                       | Healthy and balanced meals as well as access to attentive listening of the team who can identify other needs and refer the person to many services.  |                             |  |
| Psychosocial Support    | Yes |                       | Individualized psychosocial support to marginalized seniors who wish to receive these supports. Supports are aimed at providing stability and fostering autonomy and empowerment.  | Psychosocial Support        |  |
| Activities              | Yes |                       | .Leisure and recreation activities aimed at supporting connection, developing skills, improving self-esteem and having new experiences. Include but not limited to: Bowling, Arts, Discussion groups, Card tournaments, etc..              | Recreation & Leisure        |  |
| Le Programme Le Relais  | Yes | Hochelaga             | 8 equipped subsidized units supervised for people 55 and over who are homeless and who need support to stabilize themselves before moving into independent permanent housing.  | Short-Term Housing (2 year) | Location: 1174 de Champlain Street, Montreal, Quebec H2L 2R8 |
| Les logements St-Victor | Yes | Hochelaga             | 40 subsidized 3 ½ bedrooms with long-term lease for people 55 and over who are homeless or in a very precarious situation. People must be referred by the staff of one of our day centres or another organization.                         | Long-term housing           | Location: 2505 Hector Avenue, Montreal, Quebec H1L 3X3       |
| Les Studio              | Yes | Hochelaga-Maisonneuve | 19 studios one and a half furnished with long-term lease and subsidized for people 55 and over who are homeless or in a very precarious situation. People must be referred by the staff of one of our day centres or another organization. | Long-term housing           | 9695 Notre-Dame Street, Montreal, Quebec H1L 3P9             |



Ma Chambre

| Program | Older Adult Specific | Territory   | Services   | Type  | Location  |
|---------|----------------------|-------------|--|---|---|
|         | No                   | Ville-Marie | <p>To promote the autonomy, stability and social integration of low-income single people by offering them safe, affordable housing, a better quality of life and access to support resources.</p> <p>Access to affordable housing options (rooming houses) with psychosocial support which includes: Referral and accompaniment to local resources; Presence to ensure a sense of security and to intervene when necessary; Advocacy and public education; Food services, notably on the basis of collective kitchens and community dinners; Support for daily life, upon request and on an ad hoc basis; Interventions carried out with a view to self-help. Community support has been proven to work. It is recognized that these interventions, even if minimal, contribute to residential stability and improved quality of life, thus avoiding return trips to the street and to institutions.</p> | <p>Affordable long-term housing</p> <p>Psychosocial support</p> | <p>Telephone: 514 287-9511<br/>                     Housing application - ext. 225 or 226<br/>                     Rent collection - extension 221<br/>                     Accounting - extension 227<br/>                     Repair service - extension 230</p> <p>Office address: 1626 Saint-Hubert Street Montreal, Quebec H2L 3Z3<br/>                     Office hours: 9 a.m. to 12 p.m. / 1:30 p.m. to 3 p.m. Monday to Friday<br/>                     Housing applications: 9:00 a.m. to 12:00 p.m. / 1:30 p.m. to 3:00 p.m. on Tuesdays</p> |

Salvation Army (Montreal- Quebec Division)

| Program   | Older Adult Specific | Territory           | Services   | Type  | Location   |
|---|----------------------|---------------------|--|---|--|
|   | No                   | South-West Montreal | Range of services to meet the needs of the homeless community in Montreal  |   | 1700-625 AVENUE DU PRÉSIDENT-KENNEDY AVE MONTREAL QC H3A 1K2 melisa.tardifesalvationarmy.ca PHONE: 514 288-2848 FAX: 514 288-4657  |
| L'Abri d'espoir (Emergency & short-term housing for women with or without children) | No                   | Undisclosed         | <p>Open 24/7, offers emergency up to 24 months housing for women in crisis, aged 18 and over and includes 60 beds.</p> <p>Short-term program: 30 beds in 15 rooms, stabilize and refer to adequate resources.</p> <p>Long-term program: 12 individual rooms for women in crisis to access individualized psychosocial supports who want to be self-sufficient and financially autonomous.</p> <p>Family-Program:Short &amp; long-term housing for women in crisis and their children</p> | Emergency shelter & short-term housing (Women with or without children) | Phone 514-934-5615 Fax: 514-934-0437   |
| Community and Family Services (CFS)   | No                   |                     | emergency food aid and supplies, back-to-school supplies, Christmas hampers, special activities for women, families, and more.   | Affordable Food and supplies  | Greater Montreal area Greenfield Park 321, Empire Street Greenfield Park (QC) J4V 1V4 Ville Émard Phone : 514 766-2155 6620, Monk Boulevard Montréal (QC) H4E 3J1 Rosemont Phone : 514 722-8534 6735, Pie IX Boulevard Montréal (QC) H1X 2C7 |

|                                   |           |                                |  |   |  |
|-----------------------------------|-----------|--------------------------------|--|---|--|
| <p>The Booth Center<br/>(men)</p> | <p>No</p> | <p>South-West<br/>Montreal</p> | <p>The Gouvernail: Offers longer-term housing and a supportive community to men aged 18 and older</p> <p>The Rivage – Mental illness: men 18 and older who have severe and persistent problems related to mental health</p> <p>Ancrage – Therapy Ancrage is a 4-month program for men 18 years or older who consume alcohol or substances to the extent that it interferes with their employment, health, interpersonal relationships and psychological well-being, who will move on to the Delta program and of 6 months for those who do not.</p> <p>Le Delta – Social reintegration: The Delta can last from 3 months to 18 months and is intended for adult men who have completed the Ancrage program or have recently completed another therapy of at least 3 months. (must understand and speak French)</p> | <p>Longer term housing (men) Housing specific for men with mental illness In-patient therapy program for men with housing precarity and substance use difficulties Short term housing (men must be French speaking)</p> | <p>880 Guy Street, Le Sud-Ouest,<br/>Montréal, QC, H3J 1T4</p> <p>The Gouvernail: (514) 601-4799 The<br/>Rivage: (514) 265-6164</p> <p>L’Ancrage and Le Delta – Social<br/>reintegration For admissions: 514 214-<br/>6232</p> |
| <p>Thrift Stores</p>              | <p>No</p> | <p>Ville-Marie</p>             | <p>Access to affordable clothing</p>   | <p>Thrift Store/Affordable<br/>Clothing</p>   | <p>Armée du Salut 6116 Sherbrooke St W<br/>#6112, Montreal, Quebec H3A 1Y3</p> <p>The Salvation Army Thrift Store 4025<br/>Rue Wellington, Verdun, QC H4G 1V6</p>  |

## Projet Autochtones du Québec

| Program                           | Older Adult Specific | Territory         | Services  | Type   | Location  |
|-----------------------------------|----------------------|-------------------|---|--|---|
|                                   | No                   | Ville-Marie       | Services for Indigenous Men and Women from First Nations, Inuit, and Metis communities facing housing insecurities  |  | <p>169 rue de la Gauchetière E.<br/>Montréal, Qc. H2X 1P7 514-879-3310<br/>info@paqc.org</p> <p>Opening Hours: Administration: 9 am to 5 pm Monday to Friday Shelter: 5 pm to 8:30 am daily To contact a psychosocial worker: Call 514-879-3310 # 202</p> |
| Emergency Shelter (men and women) | No                   |                   | 12 beds for women and 36 beds for men with psychosocial services and accompaniment  | Emergency Shelter for Indigenous men and women                     | <p>The PAQ psychosocial worker is available from Monday to Friday, 9 AM to 4 PM. You can reach our worker at: * By telephone at 514-879-3310 #202 By email at sheltercaseworker@paqc.org</p>  |
| Transition Rooms (men and women)  | No                   |                   | 16 transition apartment studios: 9 for men and 6 for women, and an accessible apartment for a person with mobility challenges. Tenants are provided with access to a full-time psychosocial worker. | Transitional housing for Indigenous men and women                  | <p>CONTACT A psychosocial worker for Transition program is available Monday to Friday, 9 AM to 4 PM. To contact the psychosocial worker: By telephone at (514) 879-3310 #205<br/>By email at transitioncaseworker@paqc.org</p>                            |
| Managed Alcohol Program (men)     | No                   | Downtown Montreal | This program provides an option of services-housing with a Managed Alcohol Program for eight homeless Indigenous men with severe alcohol addiction  | Managed Alcohol Program (Indigenous men experiencing homelessness) | <p>For more information, please contact : Mark Alsop<br/>mapcoordinator@paqc.org</p>  |

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| Life Skills Program          | No |  | <p>This pilot project supports the development of life skills and rebuilding participants' self-esteem. It is open to everybody in the urban Indigenous community. The program is 12 consecutive weeks, 3 hours daily, Monday to Friday, for a total of 180 hours.</p>                                 | Life Skills Program (Indigenous men and women)  | <p>For more information, please contact:<br/>Nicolás Plazas<br/>nicolas.plazas0118@paqc.org</p>   |
| Safe Start Program           | No |  | <p>Program for newly arrived Indigenous women and men in Montreal who are at risk of being vulnerable. Complete follow up using a holistic approach ( This service lessens the severity of cultural shock by providing a proactive, positive, culturally adapted introduction to the urban space).</p> | Integration Program (newly arrived Indigenous men and women to Montreal)              | <p>For more information, please contact:<br/>Noor Ain 514-919-6037<br/>safestart@paqc.org</p>   |
| Psychosocial Support program | No |  | <p>Crisis management, advice and supportive psychosocial support to Montreal's Indigenous community.</p>   | Psychosocial Support (Indigenous Community)   | <p>For more information, please contact:<br/>At the shelter: Marie-Eve Picard<br/>sheltercaseworker@paqc.org<br/><br/>At the transition rooms: Matthew Biddle<br/>transitioncaseworker@paqc.org</p> |
| Justice and Health Program   | No |  | <p>Mobile team of CLSC nurses offer weekly visits to those in need of health and medical advice</p> <p>The Mobile Legal Clinic: Law students &amp; law professionals who come on site to PAQ to offer legal advice to community members.</p>   | <p>Urban health (Indigenous Community)</p> <p>Legal Clinic (Indigenous Community)</p> |   |

La Rue des Femmes (women)

| Program  | Older Adult Specific | Territory                            | Services  | Type  | Location  |
|--|----------------------|--------------------------------------|---|---|---|
|  | No                   | Ville-Marie/<br>Downtown<br>Montreal |   |   | La rue des Femmes 1050 Jeanne<br>Mance Street Montréal, (Quebec)<br>H2Z 1L7 Phone: 514 284-9665 Fax:<br>514 284-6570<br>info@laruedesfemmes.org |
| Olga House -<br>Psycho-<br>relational<br>therapy and<br>transition | No                   |                                      | Transition & Emergency Housing 20<br>individual transition rooms 5 emergency<br>beds Includes: Housing, Meal services,<br>access to Day Centre. | Transition and emergency<br>housing (women)     |   |
| Dahlia Centre -<br>Transitioning to<br>independent<br>housing      | No                   |                                      | Transition Housing - 12 transition<br>studios, Steps in preparation for<br>independent housing, Housing in<br>supervised studios, Activities    | Transition housing<br>(women)                   |   |
| Jacqueline<br>House -<br>Emergency and<br>stabilization            | No                   |                                      | Emergency Housing - 20 emergency<br>beds, Housing, Meal services, Access to<br>Day centre (activities and services)                             | Emergency shelter<br>(women)                    |   |
| Day Centre   | No                   |                                      | Meals 2nd-hand clothing counter<br>Laundry facilities   | Meal Service (women)<br>Laundry Service (women) |   |

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| Counselling and therapy     | No |  | <ul style="list-style-type: none"> <li>• Intervention, support and general follow-up</li> <li>• Counselling and relational therapy</li> <li>• Addiction counselling</li> <li>• Follow-up provided by a nurse, social worker and retired psychiatrist</li> </ul> | Counselling & therapy (women)               |  |
| Rehabilitation activities   | No |  | <ul style="list-style-type: none"> <li>• Art therapy</li> <li>• Textile art</li> <li>• Photography workshops</li> <li>• Crafts</li> <li>• Drama therapy</li> <li>• Choir</li> <li>• Yoga</li> <li>• Museum visit</li> </ul>                                     | Leisure and Recreational activities (women) |  |
| Follow up and accompaniment | No |  | <ul style="list-style-type: none"> <li>• Accompaniment and follow-up in the community</li> <li>• Financial support</li> <li>• Referral to other resources</li> </ul>  | Support and referrals (women)               |  |

### Welcome Hall Mission

| Program                              | Older Adult Specific | Territory                           | Services   | Type                    | Location   |
|--------------------------------------|----------------------|-------------------------------------|--|-------------------------|--|
|                                      | No                   | South-West Montreal/<br>Saint-Henri |  |                         | 606 De Courcelle Street, Montreal, QC H4C 3L5<br>Phone: (514) 523-5288 Fax: (514) 523-6456<br>info@missionba.com |
| Macaulay Emergency Shelter (for men) | No                   |                                     | Approx 200 men accessing shelter each night (includes clothes and undergarments, shower, and hygiene products) with psychosocial support | Emergency shelter (men) | MACAULAY EMERGENCY SHELTER<br>1490 St-Antoine West Montreal, QC H3C 1C3<br>Phone: 514 935-6396                   |

|  |           |  |  |   |   |
|--|-----------|--|--|---|---|
| <p>Welcome Hall Residences Rehabilitation Program</p>      | <p>No</p> |  | <p>For men experiencing housing precarity &amp; addiction-related issues to obtain housing and become fully integrated into society. Includes a personalized plan with emphasis on residential stability, healthy eating and skill development</p> | <p>Rehabilitative program and housing (men experiencing homelessness and/or substance use issues)</p> | <p>WELCOME HALL RESIDENCES REHABILITATION PROGRAM<br/>4755A Acorn Street, 2nd floor<br/>Montreal, QC H4C 3L6 Phone: 514 523-5288 Fax: 514 906-0235</p>  |
| <p>Housing Program (temporary 3 years) (men and women)</p> | <p>No</p> |  | <p>Up to 26 apartments offered to both men and women for 3 years as they get access to counselling and support as they seek employment and reintegrate into society</p>  |   | <p>WELCOME HALL RESIDENCES REHABILITATION PROGRAM<br/>4755A Acorn Street, 2nd floor<br/>Montreal, QC H4C 3L6 Phone: 514 523-5288 Fax: 514 906-0235</p>  |
| <p>Pre-Employment and Life Skills</p>                      | <p>No</p> |  | <p>Program to develop tools to re-enter the workforce. Includes: skills-training, one-on-one support, and life-skills workshops. Current programs available include CREP/PASS ACTION, and our Micro-Enterprise Program.</p>                        | <p>Life Skills program (men and women)</p>  | <p>LIFE SKILLS<br/>4755D Acorn Street Montreal, QC H4C 3L6 Phone: 514 523-5288 ex. 138<br/>Fax: 514 937-470</p>   |
| <p>Health Services</p>                                     | <p>No</p> |  | <p>Clients can have a medical appointment with an on-site nurse from CIUSSS Centre-Sud de l'Île de Montréal</p> <p>Partnership with McGill University to provide free dental care at the Jim Lund Dental Clinic</p>                                | <p>Urban health (Indigenous Community)</p> <p>Legal Clinic (Indigenous Community)</p>                 | <p>Jim Lund Dental Clinic through Welcome hall membership: 514-937-9317.</p> <p>JIM LUND DENTAL CLINIC 606 De Courcelle Street Montreal, QC H4C 3L5 Phone: 514 523-5288 ex. 172 Fax: 514 523-6456</p> |
| <p>Meal Service</p>  | <p>No</p> |  | <p>200-seat cafeteria for nutritious and warm meals</p>  | <p>Meal Service (men and women)</p>   | <p>MEAL SERVICE<br/>Macaulay Emergency Shelter 1490 St-Antoine West Montreal, QC H3C 1C3</p>  |



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| Marché Bon Accueil, Saint-Henri and Montreal-North | No | Saint-Henri location<br><br>Montreal-North Location | Food assistance to over 3000 Montrealeers each week : access through membership and membership is based on household inco | Food assistance (men and women) | MARCHÉ BON ACCUEIL SAINT HENRI<br>4755D Acorn Street Montreal, QC<br>H4C 3L6 Phone: 514 937-9317 Fax: 514 937-4703<br><br>MARCHÉ BON ACCUEIL MTL NORTH<br>5095 Henri-Bourassa E Montreal, QC<br>H1G 2S4 Phone: 514 937-9317 Fax: 514 937-4703 |
|--|----|---|---|---------------------------------|---|

**Accueil Bonneau**

| Program                | Older Adult Specific | Territory   | Services  | Type                              | Location  |
|------------------------|----------------------|-------------|---|-----------------------------------|---|
|                        | No                   | Ville-Marie |   |                                   | 427 de la Commune Street East,<br>Ville-Marie, Montréal, QC, H2Y 1J4<br>514 845 3906<br>info@accueilbonneau.com |
| Maison Paul-Grégoire   | No                   |             | Affordable longer-term transitional housing- 33 studios People with autonomy who have lived experiences of chronic or episodic homelessness   | Long-term housing (men and women) |   |
| Maison Eugénie-Bernier | No                   |             | Indefinite unconditional shelter for people experiencing chronic or cyclical homelessness with multiple problems associated with homelessness (mental health, substance abuse, addictions, etc.), with or without medical or professional follow-up. 52 studios | Permanent housing (men and women) |   |

|   |    |             |   |  |  |
|---|----|-------------|---|--|--|
| Maison Claire-Ménard Transitional housing | No |             | Transitional housing (1-3 years) for people over 25 years old with experiences of homelessness and are engaged in a social reinsertion program. 31 studios  | Transitional housing (men and women)   |  |
| Maison Joseph-Vincent                     | No |             | Long term housing for people aged 50 over with more limited autonomy or loss of autonomy related to homelessness - 49 studios   | Long-term housing (men and women)  |  |
| Accueil Bonneau Day Centre                | No | Ville-Marie | <ul style="list-style-type: none"> <li>• CAFÉ DES SOEURS: board games, small library, free coffee</li> <li>• MULTIPURPOSE ROOM: foosball and tv CYBER CAFÉ Access to internet and computers</li> <li>• ART WORKSHOP: creation space, with supplies and various art activities</li> <li>• MUSIC STUDIO: Music instruments available - can book 30 minute practice spots and time for group practices</li> <li>• BARBER SHOP: Volunteer barbers offering over 1000 haircuts</li> <li>• SHOWER SERVICE: Shower service &amp; Hygiene products</li> </ul> | <p>Internet café</p> <p>Recreation and leisure</p> <p>Shower service</p>   | <p>Monday to Friday, 8 a.m. to 2:30 p.m.</p> <p>Drop-in centre 200, rue de la Commune O. Montréal, QC, H2Y 4B2</p>   |
| Drop-in meal centre                       | No |             | Free Warm meals available   | <p>Meal service (men and women)</p> <p>Other services: Resting space, bathroom, meetings with social workers, computers and artistic space</p> | <p>From Monday-Friday:<br/>First Meal: 9 h 30 à 11 h 15 Second Meal: 13 h 45 à 15 h Saturday &amp; Sunday De 9 h 30 à 11 h 15</p> <p><b>DROP-IN CENTER:</b> 200, rue de la Commune O. Montréal, QC, H2Y 4B2<br/>OPEN EVERYDAY - 8am to 4pm<br/>Hot-meals service: 9:30am to 12pm<br/>Cold luncheon service: 12:30pm to 3pm</p> |

|  |    |  |   |  |  |
|--|----|--|---|--|--|
| Social Reinsertion Program & employability | No |  | <p>Self-development program to develop competencies, skills and experience related to employment Program is 8 months (1x week workshops for 2 hours)</p> <p>Pre-employment program with PASS Action - Accueil Bonneau offers job opportunities of approximately 20 hours per week</p> | Social Reinsertion program and employability |  |
|--|----|--|---|--|--|

**Chez Doris**

| Program        | Older Adult Specific | Territory   | Services  | Type                   | Location   |
|----------------|----------------------|-------------|---|------------------------|--|
|                | No                   | Ville-Marie |   |                        | 1430, rue Chomedey Montreal, Quebec H3H 2A7 Telephone: (514) 937-2341 and dial "0" or Email: info@chezdoris.org General Fax number: (514) 937-2417 Fax Number, Cheque Administration Program: (514) 819-8986 |
| Drop-in Center | No                   |             | Our drop-in program, offered on location every day of the week, from 8:30 AM to 10:00 PM offers: psychosocial support, daily access to respite beds available until closing, activities & programs. | Drop-in centre (women) |  |
| Clothing Room  | No                   |             | Clothing room provides access to outerwear, pyjamas, and undergarments (by appointment)   | Clothing (women)       |  |

|  |           |  |  |   |  |
|--|-----------|--|--|---|--|
| <p>Housing Programs<br/>(3 different programs)</p> | <p>No</p> |  | <p>Vers Chez Soi Indigenous Housing Program: This program supports chronically and episodically homeless Indigenous women and their children and includes: A one-time budget for support for moving, furniture, house appliances and cleaning supplies. Additionally, a monthly budget for groceries thanks to the Trottier Foundation Rapid Rehousing Program: Low-barrier program for women earning under 31,000\$/year which includes: This program works closely with supportive and affordable housing resources to help stabilize women in their new private market rental apartment, receive a one-time budget to help the client start up which covers moving expenses, furniture, small appliances, house supplies and cleaning supplies. Programme de logements subventionnés (PSL): PSL helps women in difficulty access affordable long-term housing. Eligible applicants will be housed in a private market for up to 5 years before receiving a permanent HLM in the neighbourhood of their choice. Clients are provided with a one-time budget to help with moving, furniture, house supplies, grocery and cleaning supplies.</p> | <p>Financial support<br/>(Indigenous women)<br/>Finding affordable housing (women)<br/>Subsidized housing (women)</p> |  |
| <p>Hygiene/Showers</p>                             | <p>No</p> |  | <p>Access to clean washrooms, showers, hygiene products, and on appointment access to haircuts &amp; manicures</p>   | <p>Showers and hygiene products (women)</p>   |  |
| <p>Financial Administration Program</p>            | <p>No</p> |  | <p>Supports over 105 women on a monthly basis by offering budgeting support for women &amp; psychosocial aid</p>   | <p>Financial Support Program (women)</p>  |  |

|   |    |  |  |                                     |  |
|---|----|--|--|-------------------------------------|--|
| Meal Program                                | No |  | <p>Three healthy meals a day: breakfast (8:30 AM to 10:30 AM), lunch (12:00 PM to 1:00 PM), and supper (6:00 PM to 7:00 PM).</p> <p>In partnership with Department of Dietetics at McGill University educational workshops on nutrition are offered.</p>   | Meal Service (women)                |  |
| Urban Programming for Indigenous Peoples    | No |  | Provides services and activities for urban Indigenous peoples, and to recognize and celebrate their heritage and cultural identity and offers culturally specific outings and activities.  | Urban programs (Indigenous women)   |  |
| Inuit Assistance Program                    | No |  | Offers culturally relevant psycho-social supports through individualized intervention plans, active listening, advocacy, referrals, home visits, outreach and wellness checks, as well as legal, social and medical accompaniments.  | Psychosocial supports (Inuit women) |  |
| Physical Health Program                     | No |  | The clinic is certified by the Collège des médecins du Québec and affiliated with the Herzl Clinic of the Jewish General Hospital, appointments can be made with a medical doctor, available one day a week, as well as a podiatric nurse, and weekly massage treatments, physiotherapy, and yoga classes. | Urban Health (women)                |  |
| Educational & Socio-recreational Activities | No |  | Provide a monthly calendar of daily educational and socio-recreational activities  | Recreation and Lesiure (women)      |  |

|                       |    |  |  |                               |  |
|-----------------------|----|--|--|-------------------------------|--|
| Mental Health Program | No |  | Psychiatric support to our clients once every two weeks, with Dr. Pascale Desrosiers and a psychiatric resident from McGill University. In addition, in collaboration with the CLSC's Projet Connexion as well as with student nurses from the Université du Québec en Outaouais they provide regular follow-ups.                | Mental Health Program (women) |  |
| Legal Clinic          | No |  | In partnership with McGill's Faculty of Law, students offer legal information and assistance to clients during the fall, winter, and spring and pertain to: tenant rights, family law, criminal law and assist with drafting letters to landlords, accompanying clients to legal appointments as well as outlining their rights. | Legal Clinic (women)          |  |
| Income Tax Clinic     | No |  | Chez Doris volunteer offers twice a week help filling out tax forms.   | Tax support (women)           |  |

## Le Chaînon

| Program | Older Adult Specific | Territory          | Services | Type | Location   |
|---------|----------------------|--------------------|----------|------|--|
|         | No                   | Plateau-Mont-Royal |          |      | 4373, avenue de l'Esplanade<br>Montréal (Québec) H2W 1T2 See directions Telephone : 514 845-0151<br>Fax : 514 844-4180<br>Write us : info@lechainon.org  <br>fondation@lechainon.org |

|  |    |  |   |  |              |
|--|----|--|---|--|--------------|
| Listening & Referral services            | No |  | Offers listening supports for all women in difficult situations, respond to all requests for help day and night, every day of the week. Women are welcome to stay at Le Chaînon if suitable spots are available and based on availability. Otherwise, they are directed to an appropriate external resource.  | Referral Services (women)<br>Listening services (women)                                  | 514-845-0151 |
| Emergency & overnight occupancy          | No |  | From 6:30 pm to 10 am, Le Chainon opens on a daily basis its accommodations for 12 women in a comfortable dormitory room which includes Dinner and breakfast, and a lunch that can be taken away on departure. Timely services include health care, hygiene and clothing care.<br><br><b>A reservation is required the same day by phone at 2pm at 514-845-0151..</b><br>Places are allocated on a first call first served basis. Three lounges are also available for short emergency occupancy. | Emergency shelter (women)<br><br>Clothing (women)<br><br>Meal Service (women in shelter) |              |
| Short Term Unit - To reorganize yourself | No |  | For stays up to 6 weeks, 21 women can enjoy full accommodation in single or double room free of charge. Listening, professional support and support through reorganization procedures are offered, in addition to meeting the basic needs - meals, hygiene, laundry   | Psychosocial supports (Inuit women)  |              |
| Transition Unit                          | No |  | For a reasonable financial contribution, 15 women enjoy a stay of between 3 months and a year and allows the resident to undertake, with a counselor, a process leading towards self-determination and empowerment over her life.   | Transition housing (1 year max women)  |              |

|  |     |                        |  |                                       |   |
|--|-----|------------------------|--|---------------------------------------|---|
| Maison Yvonne-<br>Maisonneuve          | Yes |                        | 15 furnished studios for women aged 55 and over and who have stayed at the Chainon are available for a long-term period at an affordable cost. Large shared areas that are conducive to socialization. A resource team provides comfort and security 24 hours a day, and includes activities.  | Long-term housing<br>(women over 55+) |   |
| La Relance (post-<br>housing support)  | No  |                        | La Relance is aimed at providing residents at the end of their residential stay and those using the Stay-for-the-Night service with support in their housing search, as well as support with social reintegration and initiatives to prevent isolation.  | Post-housing support<br>(women)       | You can talk to a La Relance counselor at 514-845-0151 or by email at larelance@lechainon.org.                    |
| Social &<br>Recreational<br>Activities | No  |                        | Social and recreational activities, including visits from hairdressers, celebrating Christmas and more   | Recreation and leisure<br>(women)     |   |
| Food aid                               | No  |                        | Food aid ( food baskets) and the opportunity on an exceptional basis to use the dining room after the stay.  | Food aid (women)                      |   |
| The Store                              | No  | Plateau-<br>Mont Royal | The Chainon store sells clothing, furniture and home accessories at affordable prices from donations received from the community. This income constitutes the main source of financing for the Chainon association.<br><br><b>Dressing Room:</b> stocked with donations from the public at LE Chainon's Store, including seasonal clothing and accessories for all sizes | Clothing aid (women)                  | The Chainon Store 4375, boul. Saint-Laurent (corner Marie-Anne) Montreal (Quebec) H2W 1Z8 Telephone: 514 843-4354 |



## La Maison Marguerite

| Program                | Older Adult Specific | Territory   | Services   | Type                                   | Location   |
|------------------------|----------------------|-------------|--|--|--|
| Short-term housing     | No                   | Undisclosed | Offers 18 individual rooms for accommodations of up to 6 weeks for women who are alone, without financial stability and in various difficult situations. Intervention worker on-site 24 hours 365 days.                              | Short-term housing (women)             | Hébergement court terme : 514 932-2250           |
| Transition Housing     | No                   |             | 18 individual studios to reside up until 4 years for women who are alone, with precarious finances, and who lived challenges that have led to housing instability.   | Transition housing (4 years max women) | Hébergement transitoire : 514 932-8872 poste 106 |
| Permanent Housing      | No                   |             | 26 apartments for women living alone who have low income and housing instability. Individuals living in these apartments are supported by their community supports in social housing service to ensure support in housing stability. | Permanent longer term housing (women)  | Hébergement permanent : 514 932-8872 poste 106   |
| Post-Housing follow up | No                   |             | In an effort to support social reinsertion, their post-housing follow up program offers a longterm follow up support by an intervention worker for any woman who has used one of their housing supports.                             | Post-Housing support (women)           | Suivi post-hébergement : 514 932-8872 poste 106  |

Société de Saint-Vincent de Paul

| Program                 | Older Adult Specific | Territory   | Services  | Type     | Location  |
|-------------------------|----------------------|---|---|----------|---|
|                         | No                   | Montreal-Wide<br>(Montreal North, Montreal East, Ville-Marie) |   |          | <p>SOCIÉTÉ DE SAINT-VINCENT DE PAUL DE MONTRÉAL<br/> <b>Région de Montréal, Laval et la MRC de L'Assomption</b> 1930, rue de Champlain Montréal (Québec) H2L 2S8 Phone : 514 526-5937 #124   Fax : 514 526-5930 Tuesday 9 am to 12 am Except holidays (514) 356-9541</p>  |
| Food assistance Program | No                   |   | <p>transitory food assistance program that provides basic necessities to individuals and families experiencing financial distress, <b>in the form of food products or vouchers redeemable at their local supermarket.</b> The type, frequency and duration of this help is individualized according to individual's specific needs and people accessing services are also supported by follow-up (to address financial challenges).</p> | Food aid | <p>1930 Champlain's store 1930 rue de Champlain, Montréal, (Québec) H2L 2S8<br/>                     Tuesday to Saturday 9 am to 4 pm (514) 526-5937<br/>                     option 4 Magasin Saint-Antoine Marie Claret 10660 avenue Larose, Montréal, (Québec) H2B 2Z3 Tuesday and Thursday 9 am to noon. Closed the first week of each month. (514) 321-2002 marieclaret@ssvp-mtl.org<br/>                     Magasin la Boutique d'Amélie 5077 boulevard Couture, Saint-Léonard, (Québec) H1R 3B9 Monday, Wednesday and Friday 10 am to 12 pm- 1 pm to 4 pm Saturday 10 am to 2pm (514) 323-5609 boutique.damelie@ssvp-mtl.org<br/>                     Magasin Sainte-Claire 2905 rue Baldwin, Montréal, (Québec) H1L 5B6 Wednesday 9 am to noon (514) 352-0012<br/>                     Magasin Seconde Vie de Justin 8830 rue de Grosbois, Montréal, (Québec) H1K 2G8 Monday 1 pm to 4 pm<br/>                     Magasin Saint-Conrad 6527 avenue Azilda, Anjou, (Québec) H1K 2Z8 Saturday 10 am to 16 pm (514) 351-2887<br/>                     Magasin Sainte-Colette 6373 rue De Dijon, Montréal-Nord, (Québec) H1G 2L9 Wednesday noon to 4 pm (514) 322-0371<br/>                     Magasin le Grenier d'Ozanam 700 boulevard St-Jean-Baptiste, Montréal, (Québec) H1B 3Z8 Closed from July 25 to August 15, 2022 Tuesday and Thursday 12:30 to 4:00 pm (514) 645-0452 grenierozanam@ssvp-mtl.org</p> |

|  |    |  |  |          |  |
|--|----|--|--|----------|--|
| La Dépannerie - Solidarity Grocery Store | No |  | La Dépannerie is a low-cost grocery store, open to the public. | Food aid | <p><b>Opening hours:</b> every Thursday, from 12:00 p.m. to 5:00 p.m.</p> <p><b>Address:</b> 1940 rue de Champlain, Montreal, QC H2L 2S8 - La Dépannerie is located within the building of the central council of the Society of Saint-Vincent de Paul of Montreal</p> <p><b>Payment methods:</b> cash</p> |
|--|----|--|--|----------|--|

## l'Amour en Action

| Program | Older Adult Specific | Territory      | Services  | Type   | Location   |
|---------|----------------------|----------------|---|--|--|
|         | No                   | Montreal-North | <p>Offers a variety of services including:</p> <ul style="list-style-type: none"> <li>• Community Day Centre</li> <li>• Emergency Housing</li> <li>• Food Assistance</li> <li>• Meal Service</li> <li>• On-site intervention support</li> <li>• Showers</li> <li>• Employment Support</li> <li>• Finding Housing Support</li> </ul> | <ul style="list-style-type: none"> <li>• Community Day Centre</li> <li>• Emergency Housing</li> <li>• Food Assistance</li> <li>• Meal Service</li> <li>• On-site intervention support</li> <li>• Showers</li> <li>• Employment Support</li> <li>• Finding Housing Support</li> </ul> | <p>10201 Avenue Des Laurentides,<br/>Montréal-Nord, Québec, H1H 4V4<br/>514-327-0200 /<br/>amouraction@gmail.com</p> |

## Hébergement La Casa Bernard-Hubert

| Program   | Older Adult Specific | Territory | Services  | Type                       | Location  |
|-----------|----------------------|-----------|---|----------------------------|---|
|           | No                   | Longueuil |   |                            | Information : Alain Langlois 514-386-1517<br>fondationlesamisdelacasa@gmail.com |
| La Casa   | No                   |           | Short-term (6 month) housing for men with experiences of homelessness with psychosocial supports on-site                            | Short-term housing (men)   | 1215 boulevard Ste-Foy dans l'arrondissement du Vieux-Longueuil à Longueuil     |
| Le Relais | No                   |           | 22 Transitional housing spaces for 41 men 18+ with experiences of homeless. Duration is maximum 30 months with psychosocial support | Transitional Housing (men) | 7160 chemin de Chambly dans l'arrondissement St-Hubert à Longueuil              |

## Hébergement La Casa Bernard-Hubert

| Program | Older Adult Specific | Territory | Services  | Type                      | Location   |
|---------|----------------------|-----------|---|---------------------------|--|
|         | No                   |           | Housing for 130 individuals with experiences of mental health challenges, precarity, and/or experiences of homelessness. Offers on-site support | Longer-term housing (men) | 470 Chambly Rd, Longueuil, Quebec J4H 3L7 (450) 677-5201<br>snechezlise.ca |

CARE Montreal

| Program                      | Older Adult Specific | Territory | Services   | Type  | Location  |
|------------------------------|----------------------|-----------|--|---|---|
|                              | No                   | Hochelaga | All services are inclusive to men, women, LGBTQ+, Couples, and companion animals   |   | Phone: 514-798-6782 3674 Ontario Street East, Montreal<br><a href="https://caremontreal.org/contact/">https://caremontreal.org/contact/</a> |
| Day Centre with Meal Service | No                   |           | Offers a day center with meal services and on-site supports. Offering psychosocial support and follow up using a harm-reduction approach                         | Day Centre (men, women, LGBTQ+, Couples, and companion animals)<br><br>Meal Service (men, women, LGBTQ+, Couples, and companion animals ) |   |
| Navette Care                 | No                   |           | Provides service users with access to transportation from center to different centers and transport to their appointments.                                       | Shuttle bus (men, women, LGBTQ+, Couples, and companion animals)  | 514-863-2273 poste 200. 6am - 3 am  |
| Pre-Care                     | No                   |           | Transitional housing and social reinsertion program. 2 different homes offer housing to 10 individuals each with personalized psychosocial support and follow up | Transitional housing (men, women, LGBTQ+, Couples, and companion animals)   |   |
| Kitchen (meal service)       | No                   |           | 7 days of the week 2-3 meals are offered open to individuals in need of meals.   | Meal service (men, women, LGBTQ+, Couples, and companion animals)   |   |

|  |    |                               |   |  |  |
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| Compensatory or community work program | No |                               | This program offers the service user of Care Montreal to access a work-based program to pay off any debts/tickets they have with the government/city. | Compensatory program (debt payment) men, women, LGBTQ+, Couples, and companion animals |  |
| Hotel Versailles                       | No | Mercier-Hochelaga-Maisonneuve | 24/7 access to emergency shelter  | Emergency Shelter men, women, LGBTQ+, Couples, and companion animals                   | 7200 Sherbrooke St E, Montreal, Quebec H1N 1E7 |
| Care Montreal (emergency shelter)      | No |                               | 24/7 access to emergency shelter  | Emergency Shelter men, women, LGBTQ+, Couples, and companion animals                   | 3647 Rue Ontario E Montréal, QC H1W 1S1        |

**CARE Montreal & Cap-Saint Barnabé collaboration**

| Program                 | Older Adult Specific | Territory             | Services  | Type   | Location                                   |
|-------------------------|----------------------|-----------------------|---|--|--|
|                         | Yes                  |                       | 7/7 24 hour shelter Prioritize individuals 65+ 250 places total Inclusive to men, women, LGBTQ+, couples, and animal companions | Emergency shelter (men, women, LGBTQ+, Couples, and companion animals) |  |
| Cap (Emergency shelter) | Yes                  | Hochelaga-Maisonneuve | 24/7 access to emergency shelter  | Emergency shelter men, women, LGBTQ+, Couples, and companion animals   | 1475 avenue Bennett 514 251-2081 poste 209 |

|         |     |                       |                                  |  |   |
|---------|-----|-----------------------|----------------------------------|--|---|
| L'Étape | Yes | Hochelaga-Maisonneuve | 24/7 access to emergency shelter | Emergency Shelter men, women, LGBTQ+, Couples, and companion animals | 2295 rue de Chambly 514 863-2273 poste 216    |
| CARE    | Yes | Hochelaga-Maisonneuve | 24/7 access to emergency shelter | Emergency Shelter men, women, LGBTQ+, Couples, and companion animals | 2564 avenue Desjardins 514 863-2273 poste 224 |

### Cap-Saint Barnabé

| Program      | Older Adult Specific | Territory             | Services  | Type                       | Location  |
|--------------|----------------------|-----------------------|---|----------------------------|---|
|              | No                   | Hochelaga-Maisonneuve |   |                            | Venez nous voir: 1475, avenue Bennett Montréal, QC H1V 2S5 514 251-2081 |
| Day Centre   | No                   |                       | Access to space that has wifi and computers and access to supports and referrals.   | Day Centre                 | Day Centre (Mon-Fri) 2- 5pm (with meal at 2pm)                          |
| T'es CAPable | No                   |                       | Social Reinsertion program that includes supports and follow ups . Program is 20 hours per week and participants are compensated for their time/work with 200\$/month | Social Reinsertion program |   |

|                         |    |  |  |                              |                     |
|-------------------------|----|--|--|------------------------------|---------------------|
| Food Assistance Program | No |  | Two conditions: Lived in Hochelaga-Maisonneuve (HIV et HIW) 2) Low-income            |                              | 1473 avenue Bennett |
| Maison Viau             | No |  | 15 furnished studios (with toilet) for single men Transitional housing               | Transitional housing (men)   |                     |
| Maison Ste-Catherine    | No |  | 14 furnished studios (with toilet) for single women Transitional housing             | Transitional housing (women) |                     |
| Maison Adam             | No |  | 11 furnished studios (with private bathroom) for single persons Transitional housing | Transitional housing (all)   |                     |

**Women's Y of Montreal (YWCA)**

| Program                      | Older Adult Specific | Territory   | Services  | Type   | Location  |
|------------------------------|----------------------|-------------|---|--|---|
|                              | No                   | Ville-Marie |   |  | 1355 René-Lévesque Blvd W, Montreal, Quebec H3G 1T3 Phone: (514) 866-9941 |
| Social Reintegration Program | No                   |             | <p>Transitional housing residence for women experiencing difficulties/precarities : offers community living, affordable housing.</p> <p>This program offers community living in a secure environment at an affordable cost.</p> | Residence program is designed for women experiencing a difficult period in their lives, who wish to participate in a social reintegration program. |   |



|                                     |    |                              |   |                                 |                          |
|-------------------------------------|----|------------------------------|---|---------------------------------|--------------------------|
| Les Jardins du Y des femmes program | No |                              | Provides stable housing, as well as community support to women who have participated in other services of the YWCA Montreal and are now ready for a more autonomous life.   | Long-term housing (women)       | 514-866-9941, ext. 298   |
| Maison Brin d'Elles                 | No | Ahuntsic/ Cartierville       | Maison Brin d'Elles consists of 22 social housing units with access to community support and on-site counsellors  | Long-term housing (women)       | 514 844-2322             |
| Projet St-Michel                    | No | Saint-Michel (Montreal East) | Projet St-Michel has 12 studio apartments for women with access to community support and on-site counsellors  | Long-term housing(women)        | 514 844-2322             |
| Legal Information Clinic            | No |                              | <p>The Legal Information Clinic offers 30 minutes information sessions* by appointment, offered to a maximum of 3 times per year at a cost ranging from 0 - 20\$ with a volunteer lawyer or notary with experience in a variety of legal areas, such as:</p> <ul style="list-style-type: none"> <li>• Family law</li> <li>• Immigration Law</li> <li>• Criminal Law</li> <li>• Civil Law</li> <li>• Consumer protection</li> <li>• Administrative law</li> <li>• Housing Law</li> <li>• Labour Law</li> </ul> | Legal Information Clinic(women) | (514) 866-9941, ext. 293 |
| Employability Programs              |    |                              | A team of professionals specialized in career counselling, training, employability, and psychosocial counselling will accompany and guide you in your journey back to work or school.   | Employability program (women)   | 514 866-9941, ext. 416   |

Nazareth Community

| Program        | Older Adult Specific | Territory   | Services  | Type                      | Location   |
|----------------|----------------------|-------------|---|---------------------------|--|
|                | No                   | Ville-Marie |   |                           | 1197 Seymour Ave, Montreal, Quebec<br>H3H 2A4 514 933-6916 |
| Nazareth House | No                   |             | 2 residences; (in House for 10 men/+ 12 studio apartments) with psychosocial support on-site for men with experiences of homelessness, mental health challenges, and substance use challenges   | Long-term housing (men)   |  |
| Anne's House   | No                   |             | 28 private studio apartments subsidized with individual bathrooms, Community spaces, art room, computer access, camera security, Zen Den relaxation room In house psychosocial support for women with experiences of homelessness, mental health challenges, and substance use challenges | Long-term housing (women) |  |

## YMCA and PRAIDA collaboration / CIUSSS West-Centra

| Program   | Older Adult Specific | Territory   | Services   | Type                                | Location  |
|---|----------------------|-------------|--|-------------------------------------|---|
| YMCA and PRAIDA collaboration / CIUSSS West-Central | No                   | Ville-Marie | The YMCA Residence provides short-term housing to asylum seekers with psychosocial support | Short-term housing (Asylum Seekers) | YMCA Residence 4039 Tupper Street, Westmount, H3Z 1T5 514 932-5353<br><br>Opening hours Week : 6:00 to 23:59<br>Week-end : 6:00 to 23:59 Assistant Director: Benjamin Brandelet benjamin.brandelet@ymcaquebec.org |

## Auberge Madeleine

| Program | Older Adult Specific | Territory             | Services  | Type                       | Location   |
|---------|----------------------|-----------------------|---|----------------------------|--|
|         | No                   | Le Plateau-Mont-Royal | Housing for women with experiences of homelessness  |                            | Administration : 514-597-1303 poste 5<br>Auberge Madeleine : CP 83593, BP Garnier Montréal, QC H2J 4E9<br>Admission : 514-597-1499<br>administration@aubergemadeleine.org<br><a href="http://www.aubergemadeleine.org">http://www.aubergemadeleine.org</a> |
| Auberge | No                   |                       | Short-term housing of 26 rooms for women using a feminist approach to care and housing, and offering onsite psychosocial supports | Short-term housing (women) |  |

|  |    |  |   |   |  |
|--|----|--|---|---|--|
| Post-Housing Services  | No |  | Follow up support to women who have found housing in the community offers psychosocial follow up, access to on-site workshops | Post-housing follow up (women)          |  |
| Intensive Support Program: Sortir Rapidement de L'itinérance | No |  | Specific to women experiencing first time homelessness, this program offers individualized support for women                  | First-Time homelessness support (women) |  |

**Le Pont**

| Program   | Older Adult Specific | Territory   | Services  | Type  | Location  |
|---|----------------------|-------------|---|---|---|
| Short-term and emergency housing (asylum seekers) | No                   | Ville-Marie | Access to short-term / emergency Housing center for women and their families who are asylum seekers | Short-term housing<br>Emergency-Housing<br>(Asylum seekers) | DIOCÈSE DE MONTRÉAL Bureau principal Office des communautés culturelles et rituelles 2000, rue Sherbrooke Ouest Montréal, QC H3H 1G |

## Atelier-Mobile Montreal

| Program | Older Adult Specific | Territory | Services  | Type                                | Location                  |
|---------|----------------------|-----------|---|-------------------------------------|---------------------------|
|         | No                   | Montreal  | facilitate and promote creative expression for people facing social exclusion and isolation by providing access to tools, supplies, instruction and community dialogue for those who are excluded from the cultural exchange due to socio-economic factors. | Creative and Skills-based Workshops | Info@ateliermobilemtl.org |

## Réseau Solidarité Itinérance Du Québec

| Program                      | Older Adult Specific | Territory   | Services  | Type                 | Location  |
|------------------------------|----------------------|-------------|---|----------------------|---|
|                              | No                   | Ville-Marie | Awareness raising and defending of right of persons experiencing homelessness to improve living condition, and policy change. | Advocacy based group | 1431 Fullum Street, Suite 204, Ville-Marie, Montréal, QC, H2K 0B5<br>info@rsiq.org (438) 378-3643 |
| Support, advice and training | No                   |             | members and partners benefit from our support, advice and training in relation to the issue of homelessness.                  |                      | Advocacy support  |

|                |    |  |  |  |                  |
|----------------|----|--|--|--|------------------|
| Representation | No |  | The realities of people experiencing or at risk of homelessness are complex and multiple, and this is what the RSIQ defends. In order for these realities to be known, the active mobilization of the actors who understand and deal with them on a daily basis is necessary. This is done through: being consultants to political parties and discussions, to media in an effort to inform the public, to service providers in the form of trainings and workshops. |  | Advocacy support |
|----------------|----|--|--|--|------------------|

**Abri-de la Rive Sud**

| Program     | Older Adult Specific | Territory | Services  | Type   | Location   |
|-------------|----------------------|-----------|---|--|--|
|             | No                   | Longueuil | As a mixed shelter (for men women LGBTQ2+ communities, and individuals with varying health / accessibility needs, L'Abri de la Rive Sud premises itself on the following pillars: accessibility, taking care of basic needs, accompanying people towards the exit and bridging them to local resources. | Transitional housing (men women LGBTQ2+ communities) | 459 Boulevard Sainte-Foy, Longueuil, QC J4J 1X9, Canada 450-646-7809 admin@abri-rive-sud.org |
| Hébergement | No                   |           | 30 individual rooms to offer housing with duration decided on an as-needed basis (temporary)  | Temporary Housing (men women LGBTQ2+ communities)    |  |

|                       |    |  |  |   |  |
|-----------------------|----|--|--|---|--|
| Abri postal           | No |  | File opening for a mailbox is done during daytime service hours. Mail collection: A mail locker service is available on site except on Tuesday mornings. | Mail Reception Services (men women LGBTQ2+ communities) |  |
| Listening and Support | No |  | based on the path to self-esteem and autonomy, they offer access to listening and support services for service users.                                    | Listening and support (men women LGBTQ2+ communities)   |  |

**Clinique Droits Devant**

| Program | Older Adult Specific | Territory   | Services  | Type          | Location  |
|---------|----------------------|-------------|---|---------------|---|
|         | No                   | Ville-Marie | The Clinique Droits Devant assists people who have lived, are currently living or are at risk of homelessness to take control over their legal situation, mainly over tickets linked to the occupation of public space in Montreal. | Legal support | <p>Walk-in Hours Monday from 9 am to 12:30 pm and from 1;30 to 4 pm<br/>           Tuesday from 9 am to 12:30 pm and from 1;30 to 4 pm<br/>           Appointments only: Wednesday, Thursday, and Friday</p> <p>Our phone numbers: * Intervention: (514) 603-0265 * Administration: (514) 303-2227 * Fax: (514) 303-2313</p> <p>Our addresses: * Physical: 105 rue Ontario Est, office 214 Postal: 105 rue Ontario Est, office 204, Montréal (Québec) H2X 1G9<br/>           Our email addresses: * Intervention : intervention@cliniquedroitsdevant.org.<br/>           * Coordination: coordination@cliniquedroitsdevant.org<br/>           * Direction: direction@cliniquedroitsdevant.org</p> |

|                         |    |  |  |   |   |
|-------------------------|----|--|--|---|---|
| Legal information       | No |  | Provides information on penal and criminal procedure, on available regularization options (compensatory work agreements or payment adapted to individual financial situations), on how to contest tickets and on potential recourses in cases of police abuse.   | Legal Support   | Warning! The Clinique's community workers are not lawyers and thus cannot give legal advice nor plead in court. |
| Court Accompaniment     | No |  | Support in contesting tickets at the Municipal Court or to lift a warrant of arrest in criminal matters linked to provincial or federal legislation (e.g. tickets given by CN (railway service) or Sûreté du Québec officers)  | Court accompaniment                                   |   |
| Police Ethics Complaint | No |  | Support for individuals who have experienced police abuse that involves a community worker offering information on the police ethics system and on the evolution of a complaint, assist people in formulating their complaints and offer support and accompaniment throughout the process, free of charge.                         | Police ethics complaint support                       |   |
| PAJIC (social program)  | No |  | people who choose to improve their stability and who have taken, or who intend to take, steps to do so, PAJIC program offers support in regularizing legal situations (tickets related to being homeless and summary criminal charges) so that these tickets do not impact the persons ability to improve their living conditions. | Regularizing legal situations support (legal support) |   |



|  |    |  |  |  |  |
|--|----|--|--|--|--|
| Training and workshops for community workers | No |  | Workshops for workers for a contribution of 15\$ per person, to understand the penal procedure, to apply these to individualized cases, and knowledge on steps/resources for supporting someone who has experienced police abuse. Workshops are also offered to individuals with lived experience of homelessness currently residing in community orgs/housing to inform them on their legal matters, and options to regularize their legal situation. | Trainings and workshops for orgs (legal support) |  |
|--|----|--|--|--|--|

**Diogène Suivi communautaire**

| Program              | Older Adult Specific | Territory | Services  | Type                 | Location  |
|----------------------|----------------------|-----------|---|----------------------|---|
|                      | No                   | Montreal  | offers accompaniment and follow-up services in the community to people living with a mental health problem associated with legal difficulties and/or homelessness.  |                      | : 514 874-1214 C.P. 608, Succ. C, Montréal, Québec H2L 4L5<br>info@diogeneqc.org<br>intervenants@diogeneqc.org Fax 514 874-0703 |
| Transitional Support | No                   |           | accompaniment during court appearances; accompaniment during judicial processes, release from detention, community and compensatory work; medical procedures in physical and mental health; support in administrative procedures (identity papers, health insurance card, income security); assistance in finding lodging or housing, clothing or food. | Transitional support | Monday to Friday, 8am to 4:30pm; if necessary, 8pm  |

|                          |    |  |  |   |   |
|--------------------------|----|--|--|---|---|
| Continued Support        | No |  | Social reinsertion program This follow-up is essentially aimed at accompanying and supporting the applicants in the maintenance of their skills and the development of new general skills, with the goal of achieving overall stability  | Longer-term Psychosocial support (social-reinsertion) | Monday to Friday, from 8am to 4:30pm; if necessary, 8pm Saturday and Sunday, from 9am to 4:30pm |
| Supports Un toit d'abord | No |  | Housing first program: The project and service have enabled participants to move into housing of their choice, with a housing subsidy and personalized clinical follow-up, more or less intensive, depending on their needs.   | Housing first   |   |
| Recreation activities    | No |  | Outings throughout the year (granby zoo, parc safari, place ville-marie summit)  | Recreation and leisure                                |   |
| Clinical support         | No |  | Support around emotion management, stress and anxiety, non-violent communication, bullying, self-esteem, power appropriation, recovery, personal growth or a workshop to create a song based on the participants' experiences. These activities focus on reflection, sharing and learning. | Clinical Support                                      |   |
| Group Counselling        | No |  | Access to three different clinical groups including: Le groupe « vivre son rétablissement » And Karate-do a marital arts social program  | Social program Group counselling                      |   |

## Groupe Communautaire L'itinéraire

| Program              | Older Adult Specific | Territory   | Services   | Type  | Location  |
|----------------------|----------------------|-------------|--|---|---|
|                      | No                   | Ville-Marie | Groupe communautaire L'itinéraire carries out social economy projects that aim to increase the autonomy, knowledge and employability of people experiencing difficulties related to marginality and homelessness. It produces the street newspaper L'itinéraire.   | Social reinsertion program<br>Employability program | 2103 St Catherine St E, Montreal, Quebec H2K 2H9 (514) 597-0238   |
| L'itinéraire         | No                   |             | The newspaper serves both as a tool for the social entrepreneurs who are the street vendors and as an alternative information platform for the readers.  | Employability program                               |   |
| Passe-Action Program | No                   |             | participants from the Programme d'aide et d'accompagnement social (PAAS) hold positions necessary for the proper functioning of L'itinéraire. Participants include men and women in precarious financial situations and far from the labour market who want to get involved in a collective entrepreneurial project. | Passe-Action program                                | How to apply? Each participant is unique, which is why you cannot apply online.<br>To find out if you are eligible, visit the Emploi-Québec website, your local employment center (CLE) or contact them toll-free at 1 877 767-8773 |
| Roundhouse Café      | No                   |             | The mission of the Round House Café is to promote social mobility and empowerment of Aboriginal people. It is a social economy project of the Groupe communautaire L'itinéraire that hires individuals with financial precarity and/or experiences of homelessness.  | Passe-Action program                                | 2330 rue Ste-Catherine O. Square Cabot Montréal, QC 514-872-9465<br>vanessa.tremblay@itineraire.ca  |

## Saint-James Drop-in Center

| Program    | Older Adult Specific | Territory   | Services  | Type               | Location   |
|------------|----------------------|-------------|---|--------------------|--|
|            | No                   | Ville-Marie | <p>The St-James Drop-In Centre offers a safe and supportive environment where those who are marginalized and/or homeless can experience community to its fullest. The Centre seeks to be a catalyst for the flow of creativity, compassion and empathy. This includes:</p> <p>A creative art program: photography workshops, music workshops, and collective or individual creativity sessions</p>  | Art-Workshops      | <p>Address 1442 rue Panet Montreal, Quebec Canada H2L 2Z1 Phone: (514) 288-0039 Email: info@stjamescentre.ca</p> |
| Streetsuds | No                   |             | <p>As a social enterprise, Streetsuds provides commercial services to Montreal businesses. We strive to stand out in a competitive market by offering quality service at competitive prices while promoting community sustainability. The social impact of StreetSuds is tangible; we employ marginalized individuals, empowering them in our supervised transitional employment program. StreetSuds strives to follow ecological business practices throughout the spectrum.</p> | Employment Program |  |

## Resilience Montreal

| Program               | Older Adult Specific | Territory   | Services  | Type  | Location  |
|-----------------------|----------------------|-------------|---|---|---|
|                       | No                   | Ville-Marie | Aimed to support the individuals experiencing homelessness in Square Cabot  |   | Location 4000 Sainte-Catherine St West, Westmount, QC, H3Z 1P1 (Across the street from Cabot Square)<br>Monday-Thursday: 8:00 AM - 3:00 PM<br>Friday: 8:00 AM - 12:00 PM<br>Saturday/Sunday: Closed |
| Basic Needs service   | No                   |             | Individuals have access to showers, sleeping areas (40 spots), first aid, and 3 meals per day   | Resilience offers three meals per day: <ul style="list-style-type: none"> <li>• Breakfast (hot): 8 am-10 am</li> <li>• Lunch (hot): 11:30 am -1:30 pm</li> <li>• Supper (takeaway): 2 pm</li> </ul>   | First aid service   |
| Intervention services | No                   |             | Individuals have access to: <ul style="list-style-type: none"> <li>• Crisis Intervention</li> <li>• Harm Reduction</li> <li>• Indigenous Centered Wellness Services Mental and Emotional Support Services Medical Appointment, Court accompaniment</li> <li>• Detox and Rehabilitation Document assistance and transport</li> <li>• Government Documentation Assistance Community Service, Volunteer and Compensatory Hours Programs for Cabot Square community members</li> <li>• Housing Program</li> </ul> | Crisis Intervention<br>Indigenous-Centered wellness services<br>Psychosocial support<br>Referral Services and accompaniment<br>Accompaniment to court<br>Compensatory program<br>Documentation support for different services<br>Compensatory program<br>Community work / volunteer program |   |

## Mission of the Great Shepard

| Program                              | Older Adult Specific | Territory | Services  | Type                             | Location   |
|--------------------------------------|----------------------|-----------|---|----------------------------------|--|
|                                      | No                   | Sud-Ouest | The Mission offers access to meals, food and clothing for individuals living in precarity/ with experiences of homelessness.  |                                  | 2510 Centre Street, Le Sud-Ouest, Montréal, QC, H3K 1J8 Tel: (514) 933-9608 Fax: (514) 933-2801 2510, rue Centre Montreal QC H3K 1J8 demunis@missiongrandberger.com                      |
| Hot Meals on the Street              | No                   |           | Free hot meals provided at Place Émilie-Gamelin.  | Meal Service                     | Provide full course hot meals twice a week, Tuesdays and Fridays at the Place Émilie-Gamelin.  |
| Saturday Lunch                       | No                   |           | Full course meal provided on Saturday's at noon to the public.  | Meal Service                     | Saturday noon at mission: 2510 Centre Street, Le Sud-Ouest, Montréal, QC, H3K 1J8  |
| Drop in Centre & Emergency Food bank | No                   |           | Providing emergency food assistance to individuals and families in need.  | Food aid                         | Monday to Friday, between 9:30 a.m. and 5:00 p.m., and Saturday between 10 a.m. and 2 p.m. : 2510 Centre Street, Le Sud-Ouest, Montréal, QC, H3K 1J8                                     |
| Community Store                      | No                   |           | The store occupies 13,000 square feet. Items on sale include clothes, household appliances, kitchenware, furniture, toys, books and other goods, all available at very low prices. In case of extreme need, items provided for free. Sales proceeds go to support the functioning of the mission. | Affordable clothes and furniture | Mission Community store is open from Monday to Friday between 9:30 a.m. and 5 p.m. and Saturday between 9:00 a.m. and 12:00 p.m. 2510 Centre Street, Le Sud-Ouest, Montréal, QC, H3K 1J8 |

## Le Sac à Dos - Action- Réinsertion

| Program        | Older Adult Specific | Territory   | Services   | Type  | Location   |
|----------------|----------------------|-------------|--|---|--|
|                | No                   | Ville-Marie | Located in the Ville-Marie borough of Montreal, Le Sac à dos helps people who are homeless or at risk of becoming homeless with  |   | 110, Sainte-Catherine Est Montréal (QC) H2X 1K7 514 393-8868 info@lesacados.org Day centre: 1274, rue De Bullion Montréal (QC) Regular schedule Monday, Tuesday, Thursday and Friday : 7 a.m. to 2 p.m. Wednesday : 7 a.m. to 12 p.m.  |
| The Day Centre | No                   |             | <p>Provides a variety of services and programs adapted to the needs of individuals .</p> <p>These include: Workshops and Animation of activities that cover topics like Job search, Non-violent communication, Stress and anxiety, Compulsive gambling, Health and hygiene, Budget management</p> <p>Showers: Access to showers and free hygiene products</p> <p>Laundry services: For the cost of 2\$ people can access the laundry machines, detergent, and drying machines. Meal Services: Free soup and 0.50 cent coffee, tea, and hot chocolate all day. Referral Services: Access to telephone, internet, and intervention worker support to access referrals to appropriate services, therapies and programs offered in-house or by partner agencies to assist them in their reintegration efforts. In partnership with RAMQ, Le Sac à dos can write reference letters so that participants in the employment assistance program can obtain a health insurance card.</p> <p>Outpatient clinical services: The Centre offers a variety of services in collaboration with its partners, such as an eyewear clinic (with Eyeglass Man), a legal clinic and a tax clinic.</p> | <p>Therapeutic workshops</p> <p>Shower service with hygiene products</p> <p>Laundry Services</p> <p>Meal Services</p> <p>Referral services</p> <p>Clinical services</p> | <p>Workshops and animation: In general, workshops and animation take place on Wednesday mornings. The schedule is posted each week at the Day Centre.</p> <p>Showers: Monday, Tuesday, Thursday, Friday from 7am - 12:30pm Laundry services: Monday, Tuesday, Thursday, Friday from 7 am - 1230pm Meal services: begin at 9 am Referral services: services must be requested at the reception of the day centre.</p> |

## CLSC Des Faubourgs- Homelessness Clinic

| Program | Older Adult Specific | Territory   | Services  | Type              | Location  |
|---------|----------------------|-------------|---|-------------------|---|
|         | No                   | Ville-Marie | For individuals 25 years and over, access to Nursing and psychosocial services without appointment for homeless people. * Services done by a psycho-educator specialized in intellectual disabilities by appointment. * Medical services by appointment. * Assistance in the process of obtaining identity cards. * Outreach work within the territory of the CSSS Jeanne-Mance and at the Old Brewery Mission. | Clinical services | 66 Sainte-Catherine Street East, Ville-Marie, Montréal, QC, H2X 1K6<br>514 527-2361 ext. 3625 nursing and psychosocial services: Monday, Wednesday, Thursday and Friday 8h00 to 12h00, other services: by appointment |

## Groupe d'entraide à l'intention des personnes séropositives, itinérantes et toxicomanes

| Program | Older Adult Specific | Territory   | Services  | Type  | Location  |
|---------|----------------------|-------------|---|---|---|
|         | No                   | Ville-Marie | Offer services to a clientele living with HIV/AIDS or hepatitis C (HCV), who are homeless and have a profile related to drug addiction and sometimes mental health. GEIPSI is a self-help group that reaches out to adult men and women affected by these issues. The vast majority of activities and membership are free: - Community dinner last Tuesday of the month - Newspaper "Le Sans-Mots - Individual and punctual support - Mutual aid between peers - Needle exchange - Condom distribution - Cultural outings | Psychosocial support (People living with homelessness and HIV/AIDS or Hepatitais C) Meal Service (People living with homelessness and HIV/AIDS or Hepatitais C) Recreation and leisure ((People living with homelessness and HIV/AIDS or Hepatitais C) Needle Exchange ((People living with homelessness and HIV/AIDS or Hepatitais C) STI prevention Materials | Groupe d'entraide à l'intention des personnes séropositives, itinérantes et toxicomanes<br>Telephone (514) 523-0979   Fax : (514) 523-3075 1223 rue Ontario Est, Montréal (Québec)<br>H2L 1R5 Email: info@geipsi.ca |



## Native Friendship Circle

| Program                            | Older Adult Specific | Territory   | Services   | Type  | Location   |
|------------------------------------|----------------------|-------------|--|---|--|
|                                    | No                   | Ville-Marie | <p>Services for the urban Indigenous population of Montreal and their families and is the only comprehensive service and referral point in the Greater Montreal Area (GMA) in relation to health, social services, legal, orientation/information, education, training, and employment referral for those migrating to or through the city including those from across Quebec, Canada, and the Americas.</p> | Clinical services   | <p>Address 2001 Saint-Laurent Boulevard<br/>                     Montreal, Quebec H2X 2T3 Canada<br/>                     Phone: (514) 499-1854 Toll-Free: 1-855-499-1854 (Canada / USA) Fax: (514) 499-9436<br/>                     Opening Hours<br/>                     Monday: 9AM-5PM Tuesday: 9AM-5PM Wednesday: 9AM-8PM Thursday: 9AM-5PM Friday: 9AM-4PM Saturday: closed Sunday: closed</p> |
| Ka'wáhse Street Patrol             | No                   |             | <p>The Street Patrol provides Aboriginal and non-Aboriginal homeless of Montreal downtown with supplies, information, support and referral services in order to alleviate the hardship of their situation and stabilize the living conditions of those at risk of abuse in the streets.</p>  | Outreach Support and referral (Indigenous and non-Indigenous) |  |
| Kaie:ri:nikawera:k<br>e Day Centre | No                   |             | <p>The Project provides on-site services such as referral, food, clothing, emotional support and other services may be provided to Indigenous people who are homeless or at risk of becoming homeless by improving their living conditions, quality of life, and offer increased possibilities to socialize and regain self-respect in a warm and culturally suited environment.</p>                         | Day Centre with Front-line supports (Indigenous Individuals)  |  |

|   |    |  |   |   |  |
|---|----|--|---|---|--|
| Residential Schools Resolution Health Support Program | No |  | Providing support services to former Indian Residential School (IRS) students and their families before, during, and after participation in Settlement Agreement (SA) processes, including Common Experience Payments (CEP) and the Independent Assessment Process (IAP), as well as those who participated in Truth and Reconciliation Commission events and Commemoration activities. Includes a crisis line: for support, assistance and referral 24 hours per day, 7 days a week by calling: 1-866-925-4419 | Psychosocial Support to former Indian Residential School (IRS) students, families |  |
|---|----|--|---|---|--|

**St.Michael's Mission**

| Program | Older Adult Specific | Territory                      | Services  | Type  | Location   |
|---------|----------------------|--------------------------------|---|---|--|
|         | No                   | Ville-Marie/Down town Montreal | Provides front-line services to men and women experiencing food insecurity and homelessness Access to: Social workers Barbers Lawyers Medical professionals | Psychosocial support Urban Health Haircut Service Legal support | 137 President Kennedy, Montreal, QC H2X 3P6 Info@stmichaelsmission.ca 514-844-8127 |

Face to Face

| Program                            | Older Adult Specific | Territory   | Services   | Type                                       | Location   |
|------------------------------------|----------------------|-------------|--|--|--|
|                                    | No                   | Ville-Marie | Provides psychosocial support and other services for individuals experiencing precarity and homelessness.  |  | 1857 Maisonneuve West, suite 100<br>Montreal, Quebec H3H 1J9 (514) 934-4546. info@faceafacemontreal.org<br>Open Wednesday to Friday 9am to 5pm |
| Counselling Service                | No                   |             | Free short-term 8 week long counselling for individuals experiencing different emotional and or psychological stresses.  | Counselling service                        |  |
| Active Listening and Referral line | No                   |             | Offer active listening services in person or over the telephone to anyone struggling with personal or social issues with the aim of promoting healing, personal growth and empowerment as well as referral services to other resources | Active listening line and referral service |  |
| Mail Reception                     | No                   |             | A secure mail reception service for individuals without a fixed address or who need a safe place to receive important documents  | Mail Reception service                     |  |
| Housing and Accompaniment          | No                   |             | Offer a housing search service with access to internet, a volunteer can accompany the individual with the search and in specific situations can accompany the individual to visit potential housing options, etc.                      | Finding housing and accompaniment program  |  |

## Benedict Labre House

| Program      | Older Adult Specific | Territory                      | Services   | Type   | Location  |
|--------------|----------------------|--------------------------------|--|--|---|
|              | No                   | Ville-Marie/Down town Montreal | Provide supports, services and resources to individuals experiencing homelessness.   |  | 4561, Notre-Dame W, Montreal, Qc H4C 1S3 Phone number : (514) 937-5973 email : info@benedictlabre.org<br>Day Centre : TUE-TU, SAT-DIM-8:30am to 4:30pm Night Centre :Between December and March |
| Day Centre   | No                   |                                | The Day Centre provides individuals with access to: Psychosocial Support<br>STI prevention materials Nalaxone kits<br>Meal Service: 6 days a week, 2 meals are offered on-site Locker Rooms<br>(Clothing): Access to dry and laundered clothing Showers: Showers daily with access to hygiene products<br>Recreational and Lesiure: offered occasionally which includes community garden, occasional activities, zotherapy | <ul style="list-style-type: none"> <li>• Psychosocial support</li> <li>• STI prevention materials Nalaxone kits</li> <li>• Meal Service</li> <li>• Clothing support</li> <li>• Showers and hygiene products service</li> <li>• Recreation and leisure</li> </ul> |   |
| Night Centre | No                   |                                | 50 places and 35 beds available between the months of December - March between 8pm - 7 am with food access<br><br>Shuttle Service: to the warm stops situated in Le Sud Ouest and Verdun with the possibility of returning afterwards  | Winter night shelter<br><br>Shuttle service  | SHUTTLE: 514-704-5973   |

|                           |    |  |   |                       |  |
|---------------------------|----|--|---|-----------------------|--|
| Pre-Employability Program | No |  | Provides opportunities for individuals looking to develop pre-employability skills, opportunities include: The Centre's Kitchen, Propulsion Program, Stages, Wage Subsidy Program, User Committee | Employability program |  |
|---------------------------|----|--|---|-----------------------|--|

**Montréal - Exterior Warming Centre**

| Program | Older Adult Specific | Territory | Services   | Type                              | Location  |
|---------|----------------------|-----------|--|-----------------------------------|---|
|         | No                   | Montreal  | Daytime exterior warming centers provided across Montreal. | Exterior warming centres (winter) | 9h00 to 17h00<br>7 days<br>Locations include: Centre-ville, Hochelaga-Maisonneuve, Côte-des-neiges, Montréal-nord, Ahuntsic, Parc-extension, Le Plateau Mont-royal et L'Ouest-de-l'-île |

**The Green Pirate**

| Older Adult Specific | Territory | Services   | Type     | Location  |
|----------------------|-----------|--|----------|---|
| No                   | Hochelaga | Food recovery for individuals on a low income. Voluntary contributions | Food aid | 1513 Dézéry Street, Mercier-Hochelaga-Maisonneuve, Montréal, QC, H1W 2R6 514 773-9227<br>lespiratesverts.orgrais@lespiratesverts.org Food distribution on Tuesday and Friday, check their Facebook page for other distribution days which vary depending on the receipt of food |

Doctors of the World

| Program | Older Adult Specific | Territory       | Services   | Type         | Location                    |
|---------|----------------------|-----------------|--|--------------|-----------------------------|
|         | No                   | Across Montreal | <p>The mobile clinic allows for free and accessible health services aim to connect with people on the margins, who are also sometimes struggling with mental health conditions or a substance use disorder, and refer them to community organizations, doctors, and healthcare professionals who will foster a trust-based relationship with Clinic clients.</p> <p>Primary Care services offered on board at the mobile clinic include: vaccination, Screening for sexually transmitted and blood-borne infections (STBBIs), wound care, distribution of harm-reduction materials</p> | Urban Health | Mobile Clinic: 514 501-3411 |

## Fondation Émergence

| Program                    | Older Adult Specific | Territory   | Services  | Type                 | Location   |
|----------------------------|----------------------|-------------|---|----------------------|--|
|                            |                      | Ville-Marie | Fondation Émergence is a non-profit organization which fights against homophobia and transphobia through a range of actions   | Awareness & Advocacy | Fondation Émergence inc.<br>CP 55510<br>Maisonneuve Center<br>Montreal, QC, H1W 0A1<br>(438) 384-1058<br><a href="https://www.fondationemergence.org/">https://www.fondationemergence.org/</a> |
| Pour que vieillir soit gai | Yes                  |             | Raise awareness and provide tools to senior environments to better welcome diversity.<br>For more than 12 years, Pour que vieillir soit gai has been advocating for the rights of LGBTQ+ seniors and providing tools and training for more inclusive senior environments.<br><br>Includes: Trainings, Consultation, and Tools | Awareness & Advocacy |  |

## Équipe mobile de référence et d'intervention en itinérance (EMRII)

| Program | Older Adult Specific | Territory       | Services   | Type                 | Location                       |
|---------|----------------------|-----------------|--|----------------------|--------------------------------|
|         | No                   | Across Montreal | outreach work to reach out to people experiencing homelessness who are subject to repeated police interventions and who present vulnerability factors. The members of this team ensure that these people are directed or accompanied to appropriate services according to their needs, in order to improve their living conditions and promote their social reintegration. | Police outreach work | 514- 280-2231 emriiespvm.qc.ca |

## Sidalys

| Program | Older Adult Specific | Territory                      | Services  | Type | Location   |
|---------|----------------------|--------------------------------|---|------|--|
|         | No                   | Plateau Mont Royal/Ville-Marie | Sidalys is a non-profit organization that provides supportive housing and community support in social housing to homeless or precariously housed individuals who are infected with or at risk of sexually transmitted and blood-borne infections, including HIV and hepatitis C, and who are also struggling with various substance use, mental health and stigma issues. We provide short, medium and long-term housing as well as community-based social housing intervention and support services. |      | 3702 Ste-Famille Montreal QC H2X 2L4 Tel: 514-842-4439 |



|   |    |              |   |  |  |
|---|----|--------------|---|--|--|
| Centre Sida Secours                           | No |              | Short-term housing (maximum of 3 months) to help people living with HIV/AIDS access care and services that can support in stabilizing their health, get medical follow-ups and checkups and, ideally, start antiretroviral therapy. | Short-term housing (people living with HIV/AIDS) | 3702 Ste-Famille Montreal QC H2X 2L4 Telephone: 514-842-4439 Fax: 514-842-2284 email: sidasecoursehotmail.com                        |
| Centre Amaryllis                              | No |              | Emergency shelter for people living with HIV who are marginalized and have serious difficulties adapting socially   | Emergency shelter (people living with HIV/AIDS)  | 1466, rue Panet Montréal (Québec) H2L 2Z3 Téléphone: (514) 526-3811 Télécopieur: (514) 419-1140 Courriel : intervenantsama@gmail.com |
| Les Habitations Jean-Pierre-Valiquette (HJPV) | No | South-Centre | 19 apartments subsidized by the Rent Supplement Program for people living with HIV/AIDS and who have unique needs. Those needs may be occasional or regular, and may require help, guidance and support at different times.         | Long-term housing (people living with HIV/AIDS)  | 2290, rue Bercy Montréal (Québec) H2K 2V7 Téléphone : (514) 819 0890 Télécopieur : (514) 842 2284 Courriel : hjpv2290@hotmail.com;   |

**Les Habitations du Réseau de l'Académie (RESAC)**

| Program | Older Adult Specific | Territory          | Services  | Type              | Location  |
|---------|----------------------|--------------------|---|-------------------|---|
|         | No                   | Plateau Mont-Royal | Les Habitations du Réseau de l'Académie (RESAC) is a non-profit housing organization offering community-based social housing with community support. 6 different homes, all located in the Plateau-Mont-Royal borough. We offer permanent housing, with community support when needed. Our housing units are intended for autonomous individuals, at risk of homelessness and/or with mental health problems. | Permanent housing | Les Habitations du Réseau de l'Académie (RESAC) 4827 avenue Papineau, # Bureau Montréal, QC H2H 1V7 Téléphone (514) 658-8013 Télécopieur (514) 303-4322 Courriel info@resac.org |

|   |     |  |  |                   |   |
|---|-----|--|--|-------------------|---|
| Garnier Phase 1                         | No  |  | 18 furnished studios with cable and tv, for individual 18-60 |                   | 5006, rue Garnier, Montréal, QC   |
| De la Roche Phase 2                     | No  |  | 15 furnished studios with cable and tv, for individual 18-60 |                   | 4318, rue De La Roche, Montréal, QC   |
| Chambord Phase 3                        | No  |  | 18 furnished studios with cable and tv, for individual 18-60 |                   | 4525, rue Chambord, Montréal, QC  |
| Papineau-Gilford Phase 4                | No  |  | 24 furnished studios with cable and tv, for individual 18-60 |                   | 4815, 4823, 4825, 4827, rue Papineau, Montréal, QC                            |
| Laval Phase 5                           | No  |  | 56 furnished studios with cable and tv, for individual 18-60 |                   | 3732, 3734, 3736, 3738, 3740, 3742, 3744, 3746, 3748, rue Laval, Montréal, QC |
| Mont Royal- L'ÂGE A Ses Raisons Phase 6 | Yes |  | 24 furnished studios with cable and tv, for individual 60+   | Permanent housing | 2432, avenue du Mont-Royal Est, QC  |
| Papineau-Ontario Phase 7                | No  |  | 14 furnished studios with cable and tv, for individual 18-60 |                   |   |

## Le Réseau Habitation Femmes (RHF)

| Program               | Older Adult Specific | Territory                      | Services  | Type                        | Location |
|-----------------------|----------------------|--------------------------------|---|-----------------------------|----------|
|                       | No                   | Ville-Marie                    | Provides women living with precarity access to financially accessible and safe housing (90 studios, rooms or community apartments available). |                             |          |
| Maison Hôtel-de-Ville | No                   | Ville-Marie                    | Eight rooms on 3 floors (shared kitchen and toilet on each floor)<br>Four studios, one 3 ½ and one 2 ½  | Longer-term housing (women) |          |
| Maison Pie-IX         | No                   | Rosemont La Petite- Patrie     | Twenty small studios and three 3 ½  | Longer-term housing (women) |          |
| Maison Ste-Catherine  | No                   | Mercier-Hochelaga, Maisonneuve | Twenty-two spacious studios   | Longer-term housing (women) |          |
| Maison Ontario        | No                   | Ville-Marie                    | Thirty 3 ½ and 1 studio   | Longer-term housing (women) |          |

## CLSC Métro - Équipe de connexion

| Program | Older Adult Specific | Territory   | Services  | Type                          | Location   |
|---------|----------------------|-------------|---|-------------------------------|--|
|         | No                   | Ville-Marie | <p>Program that supports homeless people to access the health and social services they need and foster a return to housing</p> <p>* Outreach work: team including social workers, nurses, an addictions worker and a supportive peer.</p> <p>* Recuperation and distribution of sterile material.</p> | Urban Health Clinical Support | <p>514-934-0354</p> <p><a href="http://www.csssdelamontagne.qc.ca">www.csssdelamontagne.qc.ca</a> 1801 De Maisonneuve Boulevard West, Ville-Marie, Montréal, QC, H3H 1J9</p> |

## Refuge du Cœur de l'Île

| Program | Older Adult Specific | Territory              | Services   | Type              | Location  |
|---------|----------------------|------------------------|--|-------------------|---|
|         | No                   | Centre-Nord (Villeray) | Emergency housing (all year long and 24/7) with psychosocial support | Emergency shelter | <p><u>Address:</u> 8200 Rue St-Hubert, Montréal, QC H2P 1Z2</p> <p>Basement of church</p> |

Centre des femmes de convictions à Montréal

| Program | Older Adult Specific | Territory      | Services   | Type  | Location  |
|---------|----------------------|----------------|--|---|---|
|         | No                   | Montreal-North | The mission of the Women's Conviction Centre of Montreal is to alleviate poverty among single homeless women aged 18 and over by providing them with temporary and safe housing. In order to promote their social reintegration.   |   | 5872, boul. Léger, suite 225 B<br>Montréal QC H2S 5X5 o (438) 334-8325 info@femmesdeconvictions.org |
|         | No                   |                | Short-term and emergency housing options for women experiencing homelessness: The accommodation offer will include different lengths of stay with psychosocial support with an opportunity to access post-housing supports and follow up. 8 emergency spaces (one night) 4 short-term places (2 to 12 weeks) Other services offered are: A listening line, information and referral services, housing search accompaniment, supporting finding employment, and workshops | Short-term housing (women) Emergency housing (women) Post-housing support and follow up (women) Listening line (women) Information and referral service (women) Housing search support (women) Employment search support (women) Recreation and Leisure (Women) |   |