A recent series of events involving our faculty and staff should make us all in Kinesiology feel a warm sense of pride as the days get shorter and the nights colder. Working chronologically: Kinesiology members participated in what most of those who attended seemed to think was a very successful Retreat in October at the Sasamat Outdoor Centre. We came away from the Retreat with a general sense of accomplishment, a sense of unity and purpose. It was heartening to witness the faculty working together and philosophically united.

Next, three excellent candidates were interviewed for the Biomechanist position in Kinesiology. All the candidates were impressive and, although the final result has yet to be determined, it is reasonable to expect that we will know the results soon and that we will be happy with the outcome.

I am pleased to announce that Tony Leyland was invited to attend, free of charge, a CrossFit workshop in Santa Cruz, California. Apparently the originators of CrossFit, which is a unique exercise program widely used by the military, law enforcement units, and elite athletes, were so impressed with Tony’s knowledge and expertise that they invited him to write articles for their monthly newsletter.

Speaking of workouts, I attended a rigorous training session for department heads and chairs (yes, and directors) that was put on by the University of Manitoba. Thanks to Vice-President Waterhouse, who shared the cost of this training program and my travel, I feel better equipped to deal with the complexities of the Directorship. I would advise anybody considering the possibility of becoming a department head, chair (yes, or director) to take this course before they sign on the dotted line. It was a real eye-opener!

Finally, we learned that Laurie Klak has received the richly deserved recognition of the SFU Staff Achievement Award for Work Performance. We all know how hard Laurie works and how dedicated she is to the School of Kinesiology. Despite how much we thank her for all she does, it is truly fitting that Laurie was nominated by a co-worker, and that her efforts have been acknowledged in this way. Congratulations, Laurie!

While I’m at it, please join me in extending a round of thanks and “job well done” to all of our hard-working Kinesiology staff. We’d be lost without you.

The winter holidays are nearly upon us, and I, for one, am looking forward to spending some down-time with family and friends. Before we all go our separate ways for the holidays, please be sure to come to the Christmas lunch at the Diamond Alumni Club on December 14 at noon. Let’s keep that feeling of camaraderie as we close out the year and approach the challenges that await us in 2007.

Peter Ruben

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Congratulations to our FAS Dean’s Honour Roll students! These students are all approved majors and honours students in the Faculty of Applied Sciences who are registered in the current semester, began the current semester with a CGPA of 3.50 or higher, and have over 30 total hours passed, with a minimum of 15 hours passed at SFU.

Yuki Abe
Ljubomir Acimovic
Naeen Aftab
Luke Armstrong
Micheli Bevilacqua
Leah Boeckermann-Belanger
Courtney Brown
Henry Chan
Tara Chan
Jennifer Chao
Kim Cheema
Sandra Cortina
Ladan Davallow Ghajar
Jennifer Fong
Denise Galuska
Charis Goh
Sana Goldan
Samantha Hage-Moussa
Rebecca Hartley
Karina Ho
Kerri Jang
Eun Jeoun
Benjamin Jong
Vojislav Jovanovic
Erin Kastelein
Jeffrey Krah
Eric Lee
Doris Leung
Cindy Lou
Shawna Lum
Laura Lush
Jennifer Lyle
Manjot Mander
Kim Martel
Brittney Merryweather
Adham Momen
Preveshen Moodley
**SFU Staff Award**

Congratulations to Laurie Klak for winning the SFU Staff Achievement Award for Work Performance. Laurie has been our Undergraduate Secretary for many years. We are very happy that our appreciation of her hard work is now extended to her in this very special way.

**Conference Awards**

Marcus Yung, a third year kinesiology co-op student, won the Julian Christiansen undergraduate student paper award at the Annual Conference of Canadian Ergonomists in Banff, Alberta in October. Our school was well represented with papers by current students (see Marcus and Willms under the Conference Awards section), many alumni doing graduate work or working in the ergonomics community and by faculty members. Jim Morrison presented current research in hand-arm vibration assessment amongst tree-planters. Watch the display case for opportunities for students and faculty at next year’s conference in Toronto.

Jim Morrison attended the 37th Annual Conference of the Association of Canadian Ergonomists in Banff, Alberta where he presented or was co-author on the following papers:


Several Kinesiology Graduates were also in attendance and presented papers including Phil Bigelow, Dan Robinson, Catherine Trask Judy Village and Marcus Yung.

Dan Robinson gave the Opening Keynote Address entitled “Musings of an Ergonomist,” at the 37th Annual Conference of the Association of Canadian Ergonomists, Banff, Alberta (October 2006).


**Faculty, Adjuncts & Grad Students**

Anne-Kristina Arnold, acting as Technical Chair, helped to organize the Annual Conference of Canadian Ergonomists in Banff, Alberta in October. Our school was well represented with papers by current students (see Marcus and Willms under the Conference Awards section), many alumni doing graduate work or working in the ergonomics community and by faculty members. Jim Morrison presented current research in hand-arm vibration assessment amongst tree-planters. Watch the display case for opportunities for students and faculty at next year’s conference in Toronto.

Kirsten Willms, a former undergraduate student in the Ergonomics Stream in Kinesiology, won the award for the best International Masters level work in Human Factors and Ergonomics at the International Ergonomics Association meeting in Delft, Netherlands. She is now working with a large military consulting company in Calgary, General Dynamics. Congratulations Kirsten!
JIM MORRISON reports that the Environmental Physiology Unit ongoing projects for the past several months include portable blood gas analyser testing at high altitude in the Hypobaric Chamber and hazardous material protective suit testing in the Climate Chamber.

FABIO FELDMAN, PhD student (Supervisor STEPHEN ROBINOVITCH) reports that he has a new job as Fraser Health’s new Manager of Seniors Falls and Injury Prevention. His job is to find ways to reduce the rate of falls, which he estimates cost the provincial government about $180 million per year. Fabio is putting his academic work in biomechanics to good use. “The real challenge to finding solutions is that falls are rarely the result of one factor,” says Fabio. A person might fall because of the medications they are taking, poor balance, vision problems or muscle weakness or a combination of all these and other factors.” Because of this, solutions call for a multi-disciplinary approach in a wide range of health care professionals as a team.

JENNIFER LITT MILLER, PhD student (Supervisor WADE PARKHOUSE) reports on her presentations in her job as Research Facilitator with Interior Health.


JENNIFER LITT MILLER, "Developing Health Services Research Capacity and Knowledge Translation Activities in Interior Health" as part of the CIHR-funded NETHRN-BC 2nd Annual Workshop, Thompson Rivers University, December 1, 2006.

JENNIFER LITT MILLER, in collaboration with research facilitators from Interior Health, Northern Health and Vancouver Island Health Authorities, and the Michael Smith Foundation, led a theme-based table discussion entitled "Developing health services policy research capacity and translation activities in largely rural and remote BC health authorities" at the Canadian Health Services Research Foundation (CHSRF) Research Use Week (Northwest), Prince George, BC, Nov 6-8, 2006.

JENNIFER LITT MILLER and Maria Judd (CHSRF) presented and led a plenary session/workshop entitled "Assessing Your Organizations Capacity to Do Research" at the Canadian Health Services Research Foundation’s (CHSRF) Research Use Week (Northwest), Prince George, BC, November 6-8, 2006.


The Association of Canadian Ergonomists presented a webcast workshop entitled: Upper Extremity Musculoskeletal Injuries in the Workplace on December 7th, 2006 - from 8:30am to 4:30pm EDT. Facilitated by: Peter Keir, Ph.D This workshop provides participants with current research findings related to risk identification, assessment and control in the workplace.

For more information, see www.ace-ergocanada.ca events pages or contact the Nat’l Office at info@ace-ergocanada.ca or 1-888-432-2223.

ACE WORKSHOP

The Association of Canadian Ergonomists presented a webcast workshop entitled: Upper Extremity Musculoskeletal Injuries in the Workplace on December 7th, 2006 - from 8:30am to 4:30pm EDT. Facilitated by: Peter Keir, Ph.D This workshop provides participants with current research findings related to risk identification, assessment and control in the workplace.

For more information, see www.ace-ergocanada.ca events pages or contact the Nat’l Office at info@ace-ergocanada.ca or 1-888-432-2223.

SEMINAR SERIES

During November and December, the School of Kinesiology was privileged to hear the following speakers for the Seminar Series. Please check the Kinesiology Seminar Series website for future offerings and plan to join us: http://www.fas.sfu.ca:9093/kinseminarseries/

SEMINARS HELD NOVEMBER & DECEMBER 2006

Tuesday, November 14th, 2006: KELLY JOSEPH JANTZEN, PhD Research Assistant Professor Human Brain Behavior Lab Center for Complex System and Brain Sciences Florida Atlantic University

TOPIC: Distributed and context dependent networks underlying human timing.

Tuesday, November 21st, 2006 MARK CARPENTER, PhD Canada Research Chair and Assistant Professor The University of BC

TOPIC: The influence of fear and anxiety on balance control and falls.

Tuesday, December 5th, 2006 KIER PEARSON, PhD Professor University of Alberta

TOPIC: The neurobiology of walking.

Tuesday, December 12th, 2006 JOHN GOSLINE, PhD Professor University of California - Berkeley

TITLE: Bio-inspired materials design oozes out of hagfish slime.
Note that due to the snow closure at SFU, the following two seminars are planned to be rescheduled in 2007:

**M. BRUCE MACIVER, PHD**  
Department of Anesthesia and the Neuroscience Institute  
Stanford University  
School of Medicine  
TBA in 2007

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**PETER JONES, PHD**  
Canada Research Chair in Nutrition and Functional Foods  
Director, Richardson Centre for Functional Food and Nutraceuticals  
Professor, Dept of Food Science and Human Nutritional Sciences  
University of Manitoba  
TBA in 2007

**KINESIOLOGY**  
**CHRISTMAS LUNCH**

Join us for a delicious Buffet Lunch on:

**THURSDAY, DECEMBER 14TH**  
12:00 NOON  
DIAMOND UNIVERSITY CENTRE

Cost: Only $10! (with thanks to the School for subsidizing part of the cost).

Please pay LAURIE KLAK by **FRIDAY, DECEMBER 8TH** to reserve a seat.

**Merry Christmas and a Happy New Year to everyone!**