Dear Parents/Guardians/Participants,

Welcome to SFU Summer Camps! In preparation for a fun-filled and memorable camp experience, we have outlined some important information below:

**Sign-in/Sign-out:**
- **Location:** SFU Lorne Davies Complex (LDC) – Central Gym
- **Drop-off Time:** Monday, July 29th - 8:45 am (9:00 am start)
- **Pick-up Time:** Thursday, August 1st - 3:30 pm
- **Pick-up Authorization & Self-Sign-Out:** Self-sign-out privileges are permissible to campers aged 12 years and older, allowing participants to sign-out of camp without an adult present. First & last names of additional adults authorized to pick up your child from camp can also be included on camper profiles. For both, please provide consent to the Camps Office at: camps@sfu.ca.

**What to Bring:**

Workout gear, wrestling shoes, running shoes, water bottle, towel, toiletries, jacket, sunscreen, small fan (optional), (please leave all valuable items and electronics at home).

**For Campus Accommodations, other items to bring:**
- Shorts
- T-Shirts
- Socks
- Underwear
- Hoodie
- Sweat Pants
- Extra Running Shoes
- Sunblock
- Shampoo/soap
- Toothbrush / Toothpaste
- Flip-Flops (if desired for shower)
- Other toiletry items

**Additional Notes:**

1) If your child is late/sick please text coach Mclean at 509-951-4747 and leave a message with your child’s name and camp.

2) If there are any details about your child you would like us to know before camps begin, please fill out the participant inclusion form available at the following online link: https://www.sfu.ca/camps/CampInfo/participant-inclusion.html
WRESTLING JR.
INTERNATIONAL OVERNIGHT

Accommodations Information

Accommodations: Residence/Lorne Davies Complex Map

Participants will be assigned a room at check-in. Each camper staying on campus will have his/her own fully furnished room and meals will be provided. If possible, we can arrange for campers to be roomed next to each other during check-in. Room keys will be assigned and participants will have access to their rooms upon check-in at the camp. A chaperone from the wrestling staff will be present in the dorms to supervise campers during the evening hours.

Meals: Resident campers are provided with 2 meals on Mon/Thu and 3 meals on Tue, Wed. Snacks: Feel free to pack some snacks and extra drinks for your stay.

Keys: Will be attached to a lanyard when you receive them. Wear the lanyard as an extra precaution not to lose your keys. *Lost or unreturned keys are subject to a $150 replacement fee, which will be billed to the camper!*

Dorm Room Information: The dorm rooms are not equipped with phones, but each floor lounge has a telephone with local calling. If you require long distance calling, calling cards can be purchased at the convenience stores on campus.

Each floor lounge is equipped with a TV, a DVD player, and a microwave. Each dorm room is equipped with linens, towels, and a pillow. They only come with one set of towels so you may wish to bring another towel. Each floor has shared washrooms, so make sure you bring your toiletries. Each dorm room also comes equipped with a mini-fridge where you can store water, Gatorade, or late night snacks. You may also wish to bring a fan, as the dorm rooms can get hot in the summer.

The Residence and Housing office cannot give out information about our guests. This means that if someone in your family needs to contact you, they will need to call Residence and Housing Service at 778-782-5598.

Bus Directions
WRESTLING JR.  
INTERNATIONAL  
OVERNIGHT

Getting to SFU Burnaby Campus from YVR Airport: For those of you arriving at YVR airport that does not have transportation. (SFU does not provide pick-up or drop-off at the airport).

NOTE: Travel times do not include wait times at the listed stations.

Canada Line Skytrain/Expo Line Skytrain/bus service: visit the Translink website for more information (http://www.translink.ca/)

Option 1: approx. travel time 1:13 hrs
- Take the Canada Line Skytrain (access at the YVR terminal) to Vancouver City Centre Station (approx. 24 mins), transfer to the Expo Line Skytrain via Granville Station.
- Take the Expo Line Skytrain to Commercial-Broadway Station (approx. 10 mins), transfer to the Millennium Line Skytrain to Production Way-University Station (approx. 22 mins).
- Transfer to the 145 bus to SFU Burnaby Campus (approx. 17 mins).

Option 2: approx. travel time 1:12 hrs / 1:24 hrs
- Take the Canada Line Skytrain to Waterfront Station (approx. 26 mins), transfer to the Expo Line Skytrain via Waterfront Station.
  - Take the Expo Line Skytrain to Commercial-Broadway Station (approx. 10 mins), transfer to the Millennium Line Skytrain to Production Way-University Station (approx. 19 mins).
  - Take the 145 bus to SFU Burnaby Campus (approx. 17 mins).

or
- Take the Expo Line Skytrain to Production Way-University Station (approx. 41 mins), Make sure to get on the Expo Line running to University Station (not King George Station) watch the station platforms digital display for train information.
  - Take the 145 bus to SFU Burnaby Campus (approx. 17 mins).

Option 3: approx. travel time 1:20 hrs
- Take the Canada Line Skytrain to Waterfront Station (approx. 26 mins),
- Transfer to the 95 SFU B-Line bus direct to SFU Burnaby Campus (approx. 54 mins).