CLIMBING Summer Camp

Dear Parents, Guardians, and Participants,

Welcome to SFU Spring Break Camp! In preparation for a fun-filled and memorable camp experience, we have outlined some important information for your review below.

**Sign-In/Sign-Out:**

- **Location:** SFU Lorne Davies Complex (LDC) – Central Gym
- **Drop-Off Time:** 12:15 pm (12:30 pm start)
  - Please ensure that your camper arrives on time for the first day of camp! On day one, instructors will teach campers the belay skills required to climb safely. If your child is late, there will not be time to properly learn all the necessary skills.
- **Pick-Up Time:** 3:30 pm
- **Pick-Up Authorization & Self Sign-Out:** With permission, campers aged 12 years and older, can sign-out of camp without an adult present. First & last names of adults authorized to pick-up your child can also be documented on your camp profile.
  - For both, please provide consent to the Camps Registration Office at: camps@sfu.ca.
- **Sick or Running Late?** Phone/e-mail us a note with your child’s name and camp!

**What to Bring:**

- All required climbing equipment will be supplied by SFU Camps.
- Campers should dress in comfortable, athletic type clothing and wear closed-toed running shoes.
- Please also pack a labelled backpack with lunch, snacks, and water.
- *SFU Camps asks that parents/caregivers exercise care when preparing lunch/snacks and to avoid sending products that may contain nuts or traces of nuts.*
- Please leave all valuable items and electronics at home.

**Additional Notes:**

1. If there are any details about your child you would like us to know before camps begin, please fill out the Participant Inclusion Form available at the following online link: https://www.sfu.ca/camps/CampInfo/participant-inclusion.html
2. Post-Camp Care is available from 3:30 – 5:30 pm. Click here to register!
3. For additional camp information & policies please refer to our website: camps.sfu.ca
4. If registered for both a morning (AM) and an afternoon (PM) camp in the same week, campers will be supervised by our staff during the lunch break and transferred to their afternoon camp.

   Please see page 2 for important climbing safety information!
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Climbing Safety:

**Belaying:**
Participants will be taught essential "belay" skills which empowers them to be responsible for each other’s safety while on the climbing wall. This allows for more independence as the week progresses and ultimately results in much more climbing for participants. Parents/Guardians must be comfortable with their camper belaying and being belayed. As these skills are taught on the ground, parents/guardians should also prepare campers to engage seriously with this very important subject and do less climbing on day 1.

**Use of the Climbing Wall:**
Indoor Rock Climbing involves added risks, dangers and hazards which may include falls (up to 10 meters), cuts and abrasions; failure of climbing and rappelling equipment including ropes, harnesses, slings, anchor points, climbing holds, or any other equipment associated with or related to climbing and rappelling and belaying; and failure to climb or rappel or belay safely or within one’s own ability. Parents/Guardians with any questions or concerns about the potential risks, dangers and hazards of Indoor Rock Climbing may contact the SFU Climbing Office at 778-782-4059.
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Our camps take place at the Simon Fraser University campus, located atop beautiful Burnaby Mountain! Double check our maps and directions, before leaving, to ensure your commute is as simple as possible. Upon arriving on campus, you will also notice clear camps signage which will help you locate the parkade and sign-in area.

Driving Directions:

- **Courtesy Parking**
  20 minutes of free parking is available in West Parkade during sign-in/sign-out. Please do not pay at the parking meter [non-refundable]. If you receive a parking violation ticket during your courtesy parking, please present the ticket directly to Camps Programmers to have your ticket annulled by SFU Parking Services.

- **Directions to West Parkade**
  Once on Gaglardi Way, continue straight through the roundabout to merge onto University Drive West. Continue straight through the first set of traffic lights before arriving at an all-way stop sign next to the West Visitor’s Parkade. Turn right to access the parkade. Once inside the parkade, immediately turn right at the stop sign, and then proceed to the second level (Level 08). Follow signs for camps sign-in/out. 
  *A full-sized driving map is available online at the following link:*
  https://www.sfu.ca/content/dam/sfu/camps/Documents/Maps/Summer%20Parking%20Map.jpg

- **Need more clarity?** Watch our directional videos below:
  - From Gaglardi Way: https://www.youtube.com/watch?v=ria52l-S3hA&t=
  - From Hastings Street: https://www.youtube.com/watch?v=cDF0oWGMEFk

Bus Directions:

- Arrive by bus at **SFU TRANSPORTATION CENTRE BAY 2.**
- Walk towards the university and cross the street towards Lorne Davies Complex.
- Walk down the outdoor corridor alongside the swimming pool’s glass wall.
- Follow signs directing you to camps sign-in/out. 
  *A bus map is available online at the following link:*
  https://www.sfu.ca/content/dam/sfu/camps/Documents/Maps/Bus%20Map.jpg

If you have any questions or concerns about preparing for day one, please do not hesitate to reach out to us. We are so excited to see you soon at SFU Camps!

Warm regards,

SFU Camps Team