Dr. Merv Gilbert is a principal partner with Psych Health + Safety, a consulting group providing services that enable organizations to foster healthy employees and workplace climates. He is a clinical psychologist with over thirty years of experience in direct clinical and leadership roles at regional, provincial and international levels. Dr. Gilbert is also a senior consultant and Adjunct Professor with the Centre for Applied Research in Mental Health and Addictions (CARMHA) a research centre within the Faculty of Health Sciences at Simon Fraser University. He is a member of the steering committee of American Psychological Association’s Psychologically Healthy Workplace Network. He is a primary participant in the development, evaluation and dissemination of resources for workplace mental health. Dr. Gilbert has consulted, published and lectured extensively and has skills in the development and implementation of best practice interventions, training, evaluation and knowledge translation as well as participating in program development, research and teaching. Dr. Gilbert has been published in national and international professional journals and has presented at a diverse array of forums on the importance of workplace psychological health issues for individuals and organizations. He has worked for governmental, private and public sector organizations and, most recently, has been developing tools and conducting research on behalf of the Mental Health Commission of Canada.