

# SIMON FRASER UNIVERSITY

## MEMORANDUM

S. 84-5

o..... SENATE .....

From..... SENATE COMMITTEE ON UNDERGRADUATE  
STUDIES .....

Subject..... CHANGES - GERONTOLOGY .....

Date..... DECEMBER 15, 1983 .....

Action undertaken by the Senate Committee on Undergraduate Studies at its meeting of December 13, 1983 gives rise to the following motion:

### MOTION:

"That Senate approve and recommend approval to the Board of Governors, as set forth in S.84-5 , the proposed

New course GERO 410-3 - Special Topics in Gerontology"

Note: It is noted that this is the only special topics course in Gerontology.

# SIMON FRASER UNIVERSITY

## MEMORANDUM

SCUS 83-71

.....Mr. H. M. Evans.....  
Registrar and Secretary to  
.....the Senate Committee on.....  
Undergraduate Studies  
Subject.....GERO 410-3, SPECIAL TOPICS IN  
GERONTOLOGY (ISC 83-29)

From.....Janet Blanchet.....  
Administrative Assistant,  
.....Faculty of I.D.S.....  
Date.....December 6, 1983.....

At a meeting of the Faculty of Interdisciplinary Studies Undergraduate Curriculum Committee held today, members of the committee approved the new course proposal, GERO 410-3, Special Topics in Gerontology.

Would you please place this item on the next agenda of the Senate Committee on Undergraduate Studies.

# SIMON FRASER UNIVERSITY

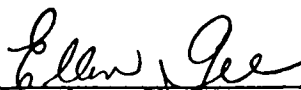
## MEMORANDUM

(ISC 83-29)

.....To Gordon Bhakthan, Chair.....  
.....FIDS Undergraduate Curriculum Committee.....  
Subject.....GERO 410, .....

From.....Ellen Gee, Chair.....  
.....Gerontology Curriculum Committee.....  
Date.....November 28, 1983.....

Please find attached a proposal for a Special Topics course in Gerontology.

  
Ellen Gee, Ph.D.

EG:ms  
attachments

c.c. Janet Blanchet  
FIDS

SENATE COMMITTEE ON UNDERGRADUATE STUDIES

NEW COURSE PROPOSAL FORM

1. Calendar Information

Department: Gerontology

Abbreviation Code: GERO Course Number: 410

Credit Hours: 3 Vector: 2-1-0

Title of Course: Special Topics in Gerontology

Calendar Description of Course:

The treatment of selected psychological, sociological, economic, biological and practical aspects of the aging of individuals and populations.

Nature of Course Lecture and Seminar

Prerequisites (or special instructions):

GERO 300

What course (courses), if any, is being dropped from the calendar if this course is approved: None

2. Scheduling

How frequently will the course be offered?

Semester in which the course will first be offered? 85-1

Which of your present faculty would be available to make the proposed offering possible? G. Gutman, E. Gee, E. Ames, G. Bhakthan, E. Fattah, R. Horsfall, Y. Chow, M. Manley-Casimir, M. Kimball, J. Herzog, visiting faculty as appropriate

3. Objectives of the Course

To allow students to have access to various gerontologically-related subjects such as: nutrition and aging; cross-cultural perspectives on aging; economics of aging; social policy in relation to population aging; death and dying.

4. Budgetary and Space Requirements (for information only)

What additional resources will be required in the following areas:

Faculty

Staff

Library

Audio Visual

Space

Equipment

None

5. Approval

Date: Nov 29/83

Dec 83

Ellen Gee  
Department Chairman

J. W. Bant  
Dean

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Chairman, SCUS

## GERO 410-3 - SPECIAL TOPICS: NUTRITION AND AGING

### Sample Course Outline

1. Nutrition misconceptions
2. Physiological changes and nutritional status in the elderly
3. Nutritional requirements of the elderly
4. Food patterns among the elderly
5. The role of activity in the nutrition of the elderly
6. The role of disease and drugs in the nutrition of the elderly
7. Cultural differences in nutrition of the elderly
8. Public health and nutrition
9. Nutrition programs for the elderly
10. Dietary management of the diseases of the elderly

### Course Organization

One two-hour lecture and one one-hour seminar

Grades will be based on the following:

|                      |     |
|----------------------|-----|
| one mid-term exam    | 20% |
| one final exam       | 30% |
| one research paper   | 40% |
| seminar presentation | 10% |

### Reading Requirements

A.A. Albanese (Ed.) Nutrition for the Elderly. Alan Lis, 1980.

Diet Manual. Ontario Dietetic Association, 1977.

J. Hsu and R. Davis (Eds.) Handbook of Geriatric Nutrition. Hayes, 1981.

M. Winick (Ed.) Nutrition and Aging. Wiley, 1976.

### Relevant Journals

American Dietetic Association Journal

American Journal of Clinical Nutrition

British Journal of Nutrition

Canadian Dietetic Association Journal

Journal of Nutrition

Journal of Nutrition for the Elderly

GERO 410-3 - SPECIAL TOPICS: AGING IN CROSS-CULTURAL PERSPECTIVE

Sample Course Outline

1. Universals in human aging
2. Varieties of aging experience
3. Culture and status of the aged
4. Aging, modernization and social change
5. The aged and cultural change
6. Variations in family/household structure and aging
7. Cultural differences in gender in relation to aging
8. Religion and the aging experience
9. The ethnic factor in aging in Canada
10. Serving the ethnic aged population

Course Organization

One two-hour lecture and one one-hour seminar  
Grades will be based on the following:

|                          |     |
|--------------------------|-----|
| one mid-term paper       | 25% |
| one final research paper | 35% |
| one final exam           | 30% |
| seminar presentation     | 10% |

Required Reading

- P.T. Amos and S. Harrell (Eds.) Other Ways of Growing Old: Anthropological Perspectives. Stanford University Press, 1981.
- D.E. Gelfand. Aging: The Ethnic Factor. Little, Brown, 1982.
- D.E. Gelfand and A.J. Kutzik (Eds.) Ethnicity and Aging: Theory, Research and Policy. Springer, 1979,
- L. D. Holmes. Other Cultures, Elder Years: An Introduction to Cultural Gerontology. Burgess, 1983.
- J. Sokolovsky (Ed.) Growing Old in Different Societies: Cross Cultural Perspectives. Wadsworth, 1983.

## GERO 410-3 - SPECIAL TOPICS: ECONOMICS OF AGING

### Sample Course Outline

1. Demography and aging
2. The graying of North America
3. National output and its distribution
4. The economic status of the aged - an overview
5. Aging and work
6. Private pension analysis
7. Financing retirement
8. Social security and the economic status of women
9. The elderly consumer market
10. Decision-making of elderly consumers

### Course Organization

One two-hour lecture and one one-hour seminar  
Grades will be based on the following:

|                      |     |
|----------------------|-----|
| one mid-term exam    | 25% |
| one final exam       | 35% |
| one final paper      | 30% |
| seminar presentation | 10% |

### Required Reading

M. Begin. Pensions in Canada. 1981.

R. L. Clark and J.J. Spengler. The Economics of Individuals and Population Aging. Cambridge University Press, 1980.

Economic Council of Canada. One in Three: Pensions for Canadians to 2030. Supply and Services Canada, 1979.

T. Espenshade and W. Sirow (Eds.) The Economic Consequences of Slowing Population Growth. Academic Press, 1978.

M. Flowers. Women and Social Security: An Institutional Dilemma. American Enterprise Institute, 1977.

G. Gasek (Ed.) Retirement Income Systems. Canadian Gerontological Collection II. Canadian Association on Gerontology, Winnipeg, 1981.

The Retirement Income System in Canada: Problems and Alternative Policies for Reform. Supply and Services Canada, 1980.

J. H. Schulz. The Economics of Aging. 2nd edition. Wadsworth, 1980.