

S.87-47

SIMON FRASER UNIVERSITY

MEMORANDUM

TO: Senate

FROM: J.W.G. Ivany,
Chair, SCAP

SUBJECT: Faculty of Arts
Gerontology Program
Reference: SCUS 87-27
SCAP 87-16

DATE: Nov.19, 1987

Action taken by the Senate Committee on Academic Planning/Senate Committee on Undergraduate Studies gives rise to the following motion:

MOTION: "That Senate approve and recommend approval to the Board of Governors, as set forth in S.87-47

- 1) changes to the admission requirements for the Diploma Program in Gerontology, and
- 2) New Course GERO 404-3 - Health and Illness in Later Life"

FOR INFORMATION

Acting under delegated authority, SCUS approved a minor curriculum change and a change in the prerequisite for GERO 403-3 as set out in S.87-47.

SIMON FRASER UNIVERSITY

MEMORANDUM

To..... Sheila Roberts.....
Administrative Assistant
..... Dean of Arts.....

From..... Gloria Gutman, Coordinator.....
..... Diploma Program in Gerontology.....

Subject... Calendar Change: ... GERO.....

Date..... 20 October 1986.....

I realize that this calendar change may not go through in time for the 1987-88 calendar, but I would like to put it forward now, on the off-chance that it might be approved quickly:

p. 87: Admission Requirements -

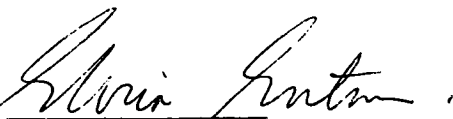
Please add a third point, as follows:

-- Three letters of reference attesting to the applicant's personal qualities and characteristics, ability to complete a post-baccalaureate program of studies and career potential and dedication to the field of gerontology.

Rationale:

We have found that applicants forward letters of reference from time to time. When this is done, the Curriculum Committee has found it very helpful in assessing their aptitude for our program, and especially in cases where they have had some experience in working with the elderly, in deciding whether or not to require that they undertake a practicum as part of their DGT requirements.

Many of our students have been out of school for a number of years. It is frequently difficult to determine, from their marks alone, whether they have the ability and motivation to undertake the fairly rigorous program of studies which DGT requires. Career potential is even more difficult to assess. Where letters of reference have been included with the application, we have found these most helpful.


Gloria Gutman

GG/sgs

OFFICE OF THE DEAN
OCT 27 1986
FACULTY OF ARTS

NEW COURSE PROPOSAL FORM1. Calendar Information:Department: GERONTOLOGYAbbreviation Code: GERO Course Number: 404Credit Hours: 3 Vector: 2-Title of Course: Health and Illness in Later LifeCalendar Description of Course:

An examination of issues related to health and illness among older adults, drawing upon theories and concepts from biological, social and public health sciences.

An introduction to assessment and intervention skills useful to persons working with older adults in a broad range of practice settings.

Nature of Course: Lecture/SeminarPrerequisites (or special instructions): GERO 300

What course (courses), if any, is being dropped from the calendar if this course is approved: None

2. Scheduling:

How frequently will the course be offered? Once a year on campus and once a semester via DISC.

Semester in which the course will first be offered? 87-3

Which of your present faculty would be available to make the proposed offering possible? Sessionals. Dr. Murray Allen (Kines.) has agreed to contribute to the campus offering and to act as consultant for the DISC offering.

3. Objectives of the Course:

To familiarize students who work, or plan to work, with elderly persons with the major theoretical, methodological and practical issues concerning health and aging.

4. Budgetary and Space Requirements (for information only)

What additional resources will be required in the following areas:

Faculty

Staff

Library

Audio Visual

Space

Equipment

None

APPROVALDate: Feb 18/87

Elvira Gutierrez
Department Chairman

Sept 30/87
RC Sum
Dean

[Signature]
Chairman, SCUS

Proposed Course Outline

Health and Illness in Later Life

Elaine M. Gallagher
November 1, 1986

Course Description

This course will focus on patterns of health and illness among older adults, drawing upon theories and concepts from biological, social and public health sciences. Students will be introduced to assessment and intervention skills useful to workers in a broad range of practice settings.

Required Readings

1. Texts:

Hickey, T. (1980). Health and Aging. Monterey: Brooks/Cole.

Lewis, C. (1985). Aging: The Health Care Challenge. Philadelphia: F. A. Davis.

Phillips, H. & Gaylord, S. (1985). Aging and Public Health. New York: Springer. (Optional)

2. Additional Readings as listed in the class schedule.

3. Course notes and study guide.

Course Organization

The course will consist of 12 lessons, each based on textbooks, supplemental readings and course notes. One lesson will include a videotape presentation. For on-campus delivery, students will meet weekly for three hours of lecture and discussion. For off-campus sessions, materials will be mailed to the students; small group teleconferences will be scheduled every other week. The instructor will be available to students for individual consultation by telephone at scheduled times throughout the course.

Course Requirements

Each student will be required to submit three assignments as follows:

1. Report of an assessment of an elderly person to determine his or her attitudes and beliefs about health and illness, help-seeking behavior patterns and health-related needs. (25% of final mark)
2. Assessment of a private or institutional environment to determine its impact on the health and safety of older residents (25% of final mark).
3. Term paper on a topic selected from a list of suggested topics or one chosen in consultation with the instructor. (50% of final mark)

Class Schedule

1. Week One: Theoretical Perspectives

- Health field concept
- Stress/adaptation theory
- Medical and problem-solving models
- Epidemiological models
- Gender and cultural factors in health

Related Readings:

Lalond, M. (1974). A New Perspective On The Health of Canadians. (pp. 31-42). Ottawa: Ministry of Supply and Services.

Phillips, H. & Gaylord, S. (1985). Aging and Public Health. (pp. 1-34). New York: Springer.

Hicky, T. (1980). Health and Aging. (pp. 1-31).

Chappell, N., Strain, L. & Blandford, A. (1986). Aging and Health Care: A Societal Perspective. (pp. 33-52). Toronto: Holt, Reinhart & Winston.

2. Week Two: Lifestyle and Health

- Defining health, high-level wellness, health indicators
- Identifying seniors who are "at-risk"
- Principles and methods of primary prevention

Related Readings:

Brody, J. (1984). Facts, projections and gaps concerning data on aging. Public Health Reports, 99 (5), 468-475.

Hickey, T. (1980). Health and Aging. (pp. 55-76).

Phillips, H. & Gaylord, S. (1985). Aging and Public Health. (pp. 181-242).

Lewis, C. (1985). Aging: The Health Care Challenge. (pp. 245-268).

3. Week Three: Environment and Health

- Framework for assessing the health of the environment
- Accidents, use of restraints.
- Enhancing the health and safety of the home

Related Readings:

Blackie, N. (1978). Environment and mental health. In Psychogeriatric Care in Institutions and in the Community: Proceedings of the Fifth Meeting of the Ontario Psychogeriatric Society. (pp. 21-25). London, Ont.

Burnside, I. (1976). Nursing and the Aged. (pp. 559-572). Toronto: McGraw Hill.

Restraints: Necessity or Convenience? (1979) Proceedings of a Workshop of the Ontario Psychogeriatric Society. Toronto, April 20.

Phillips, H. & Gaylord, S. (1985). Aging and Public Health. (pp. 101-146).

4. Week Four: Biology and Health - Chronic Illness

-Symptoms, treatment and complications of chronic illnesses in old age

Related Readings:

Hickey, T. (1980). Health and Aging. (pp. 33-52, 99-121).

A Concept of Geriatric Medicine. (1976). Editorial in Canadian Medical Association Journal, 115, 9-12.

Miller, M. (1983). Prevention of disability in the ill aged. In Systems Science in Health-Social Services for the Elderly and the Disabled: Proceedings of the International Conference. (pp. 185-188). Montreal, July 10-16.

5. Week Five: Continuation of Week Four

-Vision, hearing and speech disorders

Related Readings:

Lewis, C. (1985). Aging: The Health Care Challenge. (pp. 59-82, 101-116).

Gallagher, E. & Jackson, M. (Content Coordinators). (1985). Communicating with the Elderly: Part Two. Gerontology Nursing Practice. (Videocassette). Victoria, B.C.: University of Victoria.

6. Week Six: Biology and Health: Acute Illness

-Symptoms, treatment and complications of common acute diseases among the elderly.

Related Readings:

Taylor, R. (1983). Health After 40. (pp. 81-113). Washington: Acropolis Books.

Gioiella, E. & Bevil, C. (1985). Nursing Care of the Aging Client: Promoting Healthy Adaptation. (pp. 425-451, 473-481).

7. Week Seven: Mental and Emotional Illness in Later Life

-Symptoms, management and prognosis of psychiatric disorders in late life

Related Readings:

Busse, E. & Pfeiffer, E. (1973). Mental Illness in Later Life. (pp. 89-144, 199-232). Washington: American Psychiatric Association.

Hendricks, J. & Hendricks, C. (1979). Dimensions of Aging: Readings. (pp. 160-171).

8. Week Eight: Terminal Illness and Death

- Medical definitions of death
- Care of a dying patient and his family
- Dying at home - medical and legal issues.

Related Readings:

Lewis, C. (1985). Aging: The Health Care Challenge. (pp. 321-330).

Gioiella, E. & Bevil, C. (1985). Nursing Care of the Aging Client: Promoting Healthy Adaptation. (pp. 543-563). Norwalk: Appleton-Century-Crofts.

Kart, C., Metress, E. & Metress, J. (1978). Aging and Health: Biological and Social Perspectives. (pp. 250-268). Don Mills, Ont.: Addison-Wesley.

9. Week Nine: The Health Care System

- Levels of care
- Legislation governing treatment facilities
- Placement issues
- Health and related community resources
- Non-traditional health care

Related Readings:

Chappell, N., Strain, L. & Blandford, A. (1986). Aging and Health Care: A Social Perspective. (pp. 89-155). Toronto: Holt, Rinehart & Winston.

Schwenger, C. (1983). An Overview of our health care system for the elderly. In Gallagher, E., Jackson, M. & Ziln, G. (Eds). Proceedings of the First National Conference on Gerontological Nursing. (pp. 1-13). Victoria, June 7-10.

Canadian Governmental Report on Aging. (1982). (pp. 43-60). Ottawa: Minister of Supply and Services.

10. Week Ten: Professional and Ethical Issues in Health Care

- Professional roles and responsibilities
- Ethical issues in health care

Related Readings:

Ebersole, P. & Hess, P. (1981). Toward Healthy Aging. (pp. 625-635). Toronto: C.V. Mosby.

Kart, C., Metress, E. & Metress, J. (1978). Aging and Health: Biologic and Social Perspectives. (pp. 270-288). Don Mills, Ont.: Addison-Wesley.

Spradley, B. (1986). Readings in Community Health Nursing. (pp. 94-101). Toronto: Little, Brown and Company.

11. Week Eleven: Pharmacologic Issues in Late Life

- Assessing drug-taking behavior patterns
- Polypharmacy, self-medication, outdated medicine
- Practical difficulties and solutions

Related Readings:

Mullen, E. & Granholm, M. (1981). Drugs and the elderly patient. Journal of Gerontological Nursing, 7 (2), pp. 108-111.

Ebersole, P. & Hess, P. (1981). Towards Healthy Aging. (pp. 174-193). Toronto: C.V. Mosby.

12. Week Twelve: Nutritional Aspects of Health in Late Life

- Major nutritional requirements in old age
- Assessing dietary habits
- Nutritional counselling

Related Readings:

Kart, C., Metress, E. & Metress, J. (1978). Aging and Health: Biologic and Social Perspectives. (pp. 103-117). Don Mills, Ont.: Addison-Wesley.

Gioiella, E. & Bevil, C. (1985). Nursing Care of the Aging Client: Promoting Healthy Adaptation. (pp. 174-179). Norwalk: Appleton-Century-Crofts.

Phillips, H. & Gaylord, S. (1985). Aging and Public Health. (pp. 70-95).

McNally, S., Gibaut, S. & Rosales, A. (1981). When the elderly refuse to eat. Proceedings of the Eighth Annual Meeting of the Ontario Psychogeriatric Society. (pp. 74-79). Kingston, Ont.

SIMON FRASER UNIVERSITY

MEMORANDUM

FOR INFORMATION

Evan Alderson, Chair, F.A.C.C.

From.. Ellen Gee, Chair

Gerontology Curriculum Committee

Subject.. Gero Calendar Entry Change

Date.. February 17, 1987.

The Gerontology Diploma Program would like to propose the following calendar change;

p. 87, under Notes

add a paragraph: Courses other than those listed above may be designated for Gerontology Diploma credit from semester to semester. Check with the Program for listings.

Rationale:

This does happen and we would like students to be informed formally about it, so that they can take advantage of such courses in the tailoring of their individual program of studies.

Eg/vc

SIMON FRASER UNIVERSITY

MEMORANDUM

FOR INFORMATION

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To..... Faculty of Arts Curriculum Committee

From..... Ellen Gee, Chair

Curriculum Committee

..... Gerontology Diploma Program

Subject.... Proposed Prerequisite Change: GERO
403-3

Date..... 24 July 1987

PROPOSED PREREQUISITE CHANGE - GERO 403

FROM: GERO 403 - Counselling with Older Adults

An examination of the ways of adapting counselling theory and practice to meet the needs of older adults and their families. Emphasis will be placed on counselling techniques and outcomes appropriate to the needs of persons living independently, with their families, or in institutional settings.

Prerequisites: GERO 300. This course is restricted to students in the Gerontology Diploma Program.

TO: GERO 403 - Counselling with Older Adults

An examination of the ways of adapting counselling theory and practice to meet the needs of older adults and their families. Emphasis will be placed on counselling techniques and outcomes appropriate to the needs of persons living independently, with their families, or in institutional settings.

Prerequisites: GERO 300 and either PSYC 357 or S.A. 420. This course is restricted to students in the Gerontology Diploma Program.

RATIONALE:

It is our experience that students who enroll in this course with GERO 300 only do not have sufficient background. This prerequisite change will mean this course will be restricted to students who are further along in the DGT and will allow the instructor to teach the course at a higher level.

OFFICE OF THE DEAN

AUG 2 1987

FACULTY OF ARTS

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