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**MEMORANDUM**

|           |                                         |       |                                                                                     |
|-----------|-----------------------------------------|-------|-------------------------------------------------------------------------------------|
| ATTENTION | Senate                                  | DATE  | August 3, 2012                                                                      |
| FROM      | Bill Krane, Chair                       | PAGES | 1/1                                                                                 |
|           | Senate Committee on                     |       |                                                                                     |
|           | Undergraduate Studies                   |       |                                                                                     |
| RE:       | Faculty of Health Sciences (SCUS 12-36) |       |  |

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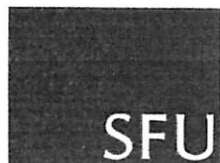
For information:

Acting under delegated authority at its meeting of August 2, 2012, SCUS approved the following curriculum revision effective Summer 2013:

1. New Course Proposal: HSCI 345-3, Texts, two-fours and tattoos...and other health issues of the tweens to twenties
2. B-Sci/Soc for HSCI 130

Senators wishing to consult a more detailed report of curriculum revisions may do so by going to Docushare: <https://docushare.sfu.ca/dsweb/View/Collection-12682>

If you are unable to access the information, please call [778-782-3168](tel:778-782-3168) or email [shelley\\_gair@sfu.ca](mailto:shelley_gair@sfu.ca).



SIMON FRASER UNIVERSITY  
ENGAGING THE WORLD

## FACULTY OF HEALTH SCIENCES

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# MEMORANDUM

**TO:** Bill Krane and the Senate Committee on Undergraduate Studies  
**FROM:** Mark Lechner, Director, Undergraduate Programs, Faculty of Health Sciences  
**RE:** SCUS Agenda Items  
**DATE:** July 10, 2012

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On June 4<sup>th</sup>, 2012 the Faculty of Health Sciences Undergraduate Studies Committee approved the new course proposal for HSCI 345 and the Breadth-Social, Breadth-Science designation for HSCI 130. The following are attached:

- New Course Proposal HSCI 345-3: "Texts, two-fours and tattoos...and other health issues of the tweens to twenties" with attached course outline.
- Memo from Susan Rhodes approving B-Sci/Soc for HSCI 130
- Breadth certification request for HSCI 130

Please place these items on the agenda for the next SCUS meeting.

Regards,

A handwritten signature in black ink, appearing to read 'Mark S. Lechner'.

Mark S. Lechner

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FACULTY OF HEALTH SCIENCES  
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**SIMON FRASER UNIVERSITY**  
**Senate Committee for Undergraduate Studies**  
**NEW COURSE PROPOSAL**

**COURSE NUMBER:** HSCI345

**COURSE TITLE:** Texts, two-fours and tattoos...and other health issues of the tweens to twenties

**SHORT TITLE:** *Health of the Tweens to Twenties*

**CREDITS:** 3 credits; State number of hours for Lect (2) Sem ( ) Tut ( ) Lab (1.5)

**COURSE DESCRIPTION (FOR CALENDAR). ATTACH A COURSE OUTLINE TO THIS PROPOSAL.**

This course is an investigation of some of the health issues facing adolescents, in Canada and in other international contexts. We will review the health status of adolescents using a range of indicators and consider how gender, ethnicity, socio-economic position, sexual identity, immigrant status and disability influence adolescent health. Students will explore theoretical approaches used in adolescent health research and we will discuss programs and policies that could promote adolescent and prevent morbidity and mortality in adolescence and throughout the lifecourse. Topics will include eating, eating disorders and obesity; physical activity and inactivity; tobacco, drugs and alcohol; stress, suicide and mental health; sleep; sexual health; bullying and violence; and employment. This course will provide students with an opportunity to reflect on their adolescence and personal experience with particular health issues and situate their personal experience in relation to the published research literature.

**PREREQUISITE:**

45 credits, HSCI130 strongly recommended.

**COREQUISITE:** N/A.

**LEARNING OUTCOMES:** Upon satisfactory completion of the course students will be able to:

1. describe the health status of various groups of adolescents using a range of indicators and critically discuss health issues facing adolescents today (in Canadian and other international contexts);
2. explain how a range of factors may act as potential determinants of adolescent health;
3. identify and evaluate a range of information sources in the area of adolescent health;
4. demonstrate a critical, in-depth examination of a particular adolescent health issue and communicate an idea/s for a program / resource / policy / research solution to address that issue.

**SPECIAL INSTRUCTIONS:**

i.e. does this course replicate the content of a previously approved course to such an extent that students should not receive credit for both courses. If so, this should be noted in the pre-requisite. **Special Topics 471 (2007) and HSCI472 (2009) cannot receive credit.**

**COURSE(S) TO BE DROPPED IF THIS COURSE IS APPROVED:** N/A.

**RATIONALE FOR INTRODUCTION OF THIS COURSE:**

A variation of this course was offered in 2007 and 2009 as a Special Topics course. The course was oversubscribed and received very positive evaluations from the students in the class. There are faculty members in FHS with the expertise to teach the course and we are hoping to expand upper division electives offered by

the Faculty of Health Science. There are potential health benefits for students taking the course, and we hope to develop a teaching and learning grant to evaluate the course in terms of (i) its influence on student health and (ii) the capacity of the format to provide an enhanced opportunity for dialogue in FHS upper division courses.

#### **SCHEDULING AND ENROLLMENT INFORMATION:**

SUMMER  
2013

Indicate effective semester/year course would be first offered and planned frequency of offering thereafter.  
~~Spring 2013~~ Course will be offered once per year at the Burnaby campus, and would be a suitable elective course to be offered at SFU Surrey.

Waiver required: No

Will this be a required or elective course in the curriculum? **ELECTIVE**

What is the probable enrolment when offered? **Minimum enrollment 200 to maximum enrollment 336**  
**{56 students per lab section therefore 4 sections=224; 5 sections=280; 6 sections=336.**

Which of your present CFL faculty have the expertise to offer this course?

**Rochelle Tucker (Assistant Professor) and Cari Miller (Assistant Professor).**

Are there any proposed student fees associated with this course other than tuition fees? (if so, attach mandatory supplementary fee approval form) **No**

#### **RESOURCE IMPLICATIONS:**

Note: Senate has approved (S.93-11) that no new course should be approved by Senate until funding has been committed for necessary library materials. Each new course proposal must be accompanied by a library report and, if appropriate, confirmation that funding arrangements have been addressed.

Campus where course will be taught: **Burnaby**

Library report status: **This is not a library resource intensive course.**

Provide details on how existing instructional resources will be redistributed to accommodate this new course. For instance, will another course be eliminated or will the frequency of offering of other courses be reduced; are there changes in pedagogical style or class sizes that allow for this additional course offering?

**This course will feature a 2 hour lecture offered to all course participants simultaneously and a 1.5 hour lab, to enable opportunities for dialogue and other pedagogical activities among upper division students. Special topics courses in adolescent health were offered in 2008 and 2009 and were oversubscribed, and there is widespread interest in the proposed course. The design of the course will facilitate a large enrolment while still providing opportunity for dialogue among upper division students.**

Any outstanding resource issues to be addressed prior to implementation: space, laboratory equipment, etc. **No**

Articulation agreement reviewed? **No**

#### **OTHER IMPLICATIONS:**

This course will create an upper division elective in the Faculty of Health Science that does not have multiple course pre-requisites.

## APPROVALS

1. **Departmental approval** indicates that the Department has approved the content of the course, and has consulted with other Departments and Faculties regarding proposed course content and overlap issues.

Chair, Dept./School

Date

MLSZ

June 26, 2012

Chair, Faculty Curriculum Committee

Date

2. **Faculty approval** indicates that all the necessary course content and overlap concerns have been resolved, and that the Faculty/Department commits to providing the required Library funds.

Dean or Designate

Date:

June 26/12

List which other Departments and Faculties have been consulted regarding the proposed course content including overlap issues. *Attach documentary evidence of responses.*

All Faculties consulted via email. Insc

**Other Faculties approval** indicates that the Dean(s) or designate of other Faculties affected by the proposed new course support(s) the approval of the new course.

Date:

Date:

3. **SCUS approval** indicates that the course has been approved for implementation subject, where appropriate, to financial issues being addressed.

Course approved by SCUS (Chair of SCUS)

Date:

APPROVAL IS SIGNIFIED BY DATE AND APPROPRIATE SIGNATURE.

# FACULTY OF HEALTH SCIENCES

## HSCI 345 – Adolescent Health

### COURSE OUTLINE

**Lectures:** One two hour lecture, once per week

**Laboratory:** One 90 minute closed laboratory, once per week

**Lecture Instructors:** Dr. Rochelle Tucker ([tucker@sfu.ca](mailto:tucker@sfu.ca)) and/or Dr. Caroline Miller ([@sfu.ca](mailto:@sfu.ca))

**Office hours:** TBD

**Teaching assistants:** TBD

#### **COURSE DESCRIPTION:**

This course is an investigation of some of the health issues facing adolescents, in Canada and in other international contexts. We will review the health status of adolescents using a range of indicators and consider how gender, ethnicity, socio-economic position, sexual identity, immigrant status and disability influence adolescent health. Students will explore theoretical approaches used in adolescent health research and we will discuss programs and policies that could promote adolescent and prevent morbidity and mortality in adolescence and throughout the lifecourse. Topics will include eating, eating disorders and obesity; physical activity and inactivity; tobacco, drugs and alcohol; stress, suicide and mental health; sleep; sexual health; bullying and violence; and employment. This course will provide students with an opportunity to reflect on their adolescence and personal experience with particular health issues and situate their personal experience in relation to the published research literature.

#### **COURSE CONTENT:**

| <b>Week</b> | <b>Lecture Topic</b>                                     | <b>Laboratory Topic</b>                                          | <b>Lab Format</b>             |
|-------------|----------------------------------------------------------|------------------------------------------------------------------|-------------------------------|
| 1           | Course Introduction & Surveillance of Adolescent Health  | Introductions                                                    | <b>GAMES</b>                  |
| 2           | Social Determinants of Adolescent Health                 | High Risk Vs. Population Based Approaches to Adolescent Health   | Instructor Facilitated        |
| 3           | Daily Lives of Teens: Sleep, School and Work             | *school hours debate<br>*part-time work debate                   | Debate & Dialogue             |
| 4           | Peer, Family and Mentor Relationships                    | Facebook, Twitter and Texting                                    | Drama/Media & Dialogue        |
| 5           | Emotional Health – Stress, Depression and Suicide        | *drugs for depression debate<br>*school-based screening debate   | Debate & Dialogue             |
| 6           | Bullying & Violence                                      | Racism and Homophobia in Canadian High Schools                   | Drama/Media & Dialogue        |
| 7           | Sexual Health                                            | Sexual Health and HIV<br>YouthCo / BCCE HIV/AIDS                 | Workshop<br>Guest Facilitated |
| 8           | Eating, Physical Activity and Sedentary Behaviour        | *physical activity policies debate<br>*junk food policies debate | Debate & Dialogue             |
| 9           | Body Image and Eating Disorders                          | Media Matters - Bodies                                           | Drama/Media & Dialogue        |
| 10          | Alcohol and Tobacco                                      | *drinking age debate<br>*binge drinking definitions              | Debate & Dialogue             |
| 11          | Marijuana and Other Drugs                                | Media Matters – Drug Use                                         | Drama/Media & Dialogue        |
| 12          | Teen Friendly: Research and Health Care Services (Panel) | Workshops                                                        | Workshop<br>Guest Facilitated |
| 13          | Wrap Up                                                  | TBD based on student interest/topics                             | Poster Presentations          |

**EVALUATION: 25% participation; 25% exam; 50% coursework**

Lecture Participation (iClicker) – 5%

Reflection Piece – 5% [instructor graded]

Lab Preparation & Participation 20% \*[tutor graded]

Lab Activity (Debate/Drama) – 15% \*[tutor graded]

Poster Project – 30% (*in pairs*) (15% research; 10% final product; 5% Q&A) [instructor graded]

Final Examination – 25% [instructor + tutor graded]

**REQUIRED TEXTBOOKS:** Reading package, to be determined.

**PREREQUISITES:** 45 credits. HSCI130 strongly recommended.

**COREQUISITE:** None

**EXPECTATIONS / IMPORTANT NOTES:** The professor may make changes to the syllabus if necessary, within Faculty / University regulations.

UNIVERSITY CURRICULUM & INSTITUTIONAL LIAISON  
OFFICE OF THE VICE PRESIDENT ACADEMIC AND PROVOST

SCUS 12-36 (2)

MEMO

ADDRESS  
8888 UNIVERSITY DRIVE  
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CANADAATTENTION Mark Lechner, Director,  
Undergraduate Programs, HSCI

TEL

FROM SUSAN RHODES, Assistant Director, University Curriculum and  
Institutional Liaison

RE B-Soc/Sci approval

DATE July 10, 2012

TIME 5:00 PM

The University Curriculum Office has approved the following:

HSCI 130 – B-Soc/Sci – effective 1134 *SUMMER 2013*

Please forward this memo to SCUS so that it proceeds to Senate for final approval.