### EXCHANGE PARTICIPANT QUESTIONNAIRE

**STUDENT INFORMATION**

<table>
<thead>
<tr>
<th>Faculty:</th>
<th>Arts and Social Sciences</th>
<th>Major/Minor:</th>
<th>Psychology</th>
</tr>
</thead>
<tbody>
<tr>
<td>Host university:</td>
<td>University of Sussex</td>
<td>Host Country:</td>
<td>England</td>
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<tr>
<td>Dates of your exchange: (month/year)</td>
<td>January/2013</td>
<td>to (month/year)</td>
<td>June/2013</td>
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**TRAVEL**

- Approximately how much did air transportation cost? $1300 (including insurance)
- Approximately how much did any required ground transportation cost? $30 (to and from Gatwick airport)
- Do you have a recommended routing or airline?  
  - No
  - Yes: Air Transat (direct flight)

**VISAS**

- What is your citizenship? (voluntary; may impact following information) Canadian
- Did you need a student visa/permit?  
  - No
  - Yes: What was the cost? Free (for < 6 mo.)
- If yes, what documentation was needed? Return flight, proof of enrollment, bank statement
- Did you need a visitor visa/permit?  
  - No
  - Yes: What was the cost? ______
- If yes, what documentation was needed? ______
- Where was your immigration documentation processed? UK Immigrations/Passport Control desk at airport
- How long did it take to procure your visa/permit? Received it immediately
- Were any other documents required (residence permit, etc)?  
  - No
  - Yes
- If yes, please comment: ______

**AIRPORT RECEPTION**

- Were you met at the airport by representatives of the host university?  
  - No
  - Yes
- Is there easy transportation between the airport and university?  
  - No
  - Yes
- Please comment: The train from Gatwick takes about 45 minutes, with a change at Brighton station, and takes you right to campus. There is a coach from Heathrow to Brighton that takes 2 hrs.
- What is the closest airport to the host university? London Gatwick

**ORIENTATION**

- Is there an organized orientation session upon arrival at the host university?  
  - No
  - Yes
- Was there a cost for the orientation session?  
  - No
  - Yes, how much? ______
- If yes, do you recommend that future students participate?  
  - No
  - Yes
- Please comment: There was a fish and chip dinner on the first night and then welcome and information talks for the next few days. There are lots of opportunities to mingle with the other exchange students, so this is a great time to meet people. The school also puts on a variety of day trips throughout the semester that you can buy tickets for.
**LANGUAGE PROGRAMS**

Is there a language program available either before or during the term?  
☐ No  ☑ Yes

If yes, how long is it?  

Is there an additional cost for language training?  
☐ No  ☑ Yes: How much? 

Please comment:  
You can choose to take a language course as one of your electives for the term.

**ACCOMMODATION & LIVING**

Is on-campus or university dormitory accommodation available?  
☐ No  ☑ Yes

If yes, are you living in a university dormitory?  
☐ No  ☑ Yes

If yes, can you make a recommendation for a specific dormitory?  
☐ No  ☑ Yes

If yes, please describe:  
East Slope (cheap, social, dirty); Lewes Court (more expensive, social, newer)

What is the average monthly cost of accommodation?  
$510 - $830

Is there a meal plan?  
☐ No  ☑ Yes: How much is it? 

If no, do you have access to adequate cooking facilities?  
☐ No  ☑ Yes

How far is your dormitory from the main campus?  
5-10 minute walk depending which building

Please comment on internet and phone access in your dormitory:  
There is a phone provided in the room. There is free calling to other residence buildings and you can add credit to your phone via credit/debit cards to make calls outside the university. Wired and wireless internet is available in the room.

Did you have to make a deposit for your accommodation prior to arrival?  
☐ No  ☑ Yes

If yes, how did you arrange this?  
Paid rent for entire semester by credit card before arriving

Is off-campus housing easily available?  
☐ No  ☑ Yes

Please comment on off-campus housing:  
There is university-managed off-campus housing that you can apply for that includes gas, electricity, water, internet access and personal contents insurance. Prices range from $450 - $700 per month. Non-university-managed housing also seems relatively easy to find in Brighton. See www.yourstudentpad.co.uk.

Approximately how much money per month is needed for living, including accommodation and meals?  
$1500

Any other comments on accommodation:
FINANCIAL DETAILS

Have you opened a bank account in your host country? [ ] No [ ] Yes

What are the challenges/benefits to opening a local bank account?

How would you recommend students bring money (Canadian/American cash, travelers’ cheques, local currency?)

Bring a small amount of cash (~100 pounds) to get you through the first few days. Other than that, bring a debit and credit card.

What is/are the preferred method(s) of payment at most establishments? [ ] Cash [ ] Debit [ ] Credit card

Please comment: I used VISA and had no problems. Check with your bank to see if they have a partner institution in the UK - using that bank while you’re here could save you money at the ATM.

ACADEMIC DETAILS

Was it possible for you to get all of the courses that you wanted? [ ] No [ ] Yes

Please describe the course registration procedure:

You choose your courses from the Sussex website, and then include your choices in the application package that you mail to Sussex. They will email to let you know whether or not they could put you in the course.

What discipline(s)/program(s) are you taking at your host university? Psychology

What is the language of instruction in your courses? English

If not English, are English-taught courses available? 

Describe the manner and quality of instruction at your host university.

Lecture courses are taught similarly to those at SFU. Seminar courses involved reading papers before class and then having a group discussion. In all my courses, 20% of my grade was based on a powerpoint presentation, and 80% was based on a final paper/exam. The grading system is also different, with 70%+ being the equivalent of an ‘A’ and with 40% being a passing grade. Much more focus is put on independent study, but professors will give you guidance if you ask for help.

What do you feel is/will be the main academic benefit of your participation in this exchange program?

The main academic benefit of my participation in this exchange program was getting a new perspective on psychological research and therapy. For example, I got to learn about the mental health care system in England and can compare it to how mental health care works in Canada. In addition, the heavier emphasis on research at Sussex helped me to improve my research skills.

Submission Instructions:

1. Please complete and return this form by E-mail to studyabroad@sfu.ca as a PDF.
2. Subject line of email: Questionnaire - [Host Country, Host University]
3. Please include your full name and student number in the body of your E-mail.