



### GSA 2020 ANNUAL SCIENTIFIC MEETING ONLINE

**Turning 75: Why Age Matters** 

November 4-7, 2020

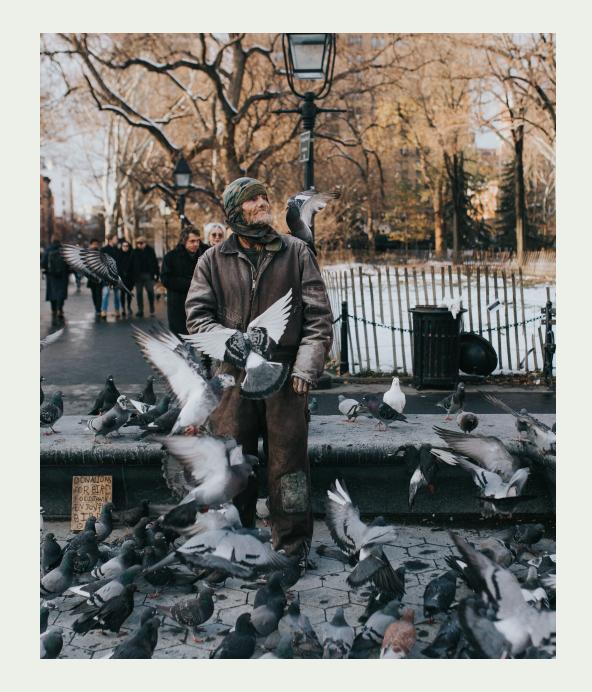
Conceptualizing the
Shelter and Housing
Needs and Solutions
of Older People
Experiencing
Homelessness

Presented by: Sarah L. Canham, PhD November 5, 2020

We acknowledge that the research for this presentation was conducted on the unceded territories of the Coast Salish people, including the territories of the xwməθkwəyəm (Musqueam), Skwxwú7mesh (Squamish), and Səlˈilwətaʔ/Selilwitulh (Tsleil-Waututh) nations, on which we are privileged to live, work, and play.

#### Background

- Cohen (1999): Accumulation of disadvantage over the life course leads to homelessness in later life
- Golant (2015): Expanding on conceptualizations of aging-inplace, aging-in-the-right-place theorizes that the 'right' set of housing, health, and social supports can enable older adults to age in a positive way



#### Research Question

What are the needs for housing and sheltering homeless older adults and some potential solutions?

# Identification Screening

Records identified through database searching (n=278)

Duplicates removed (n=41)

Records retained for title/abstract screening

(n=237)

Irrelevant records excluded (n=174)

Eligibility

Full-texts assessed for eligibility (n=63)

Articles excluded (n=45)

Included

Records included through hand search (n=1)

Articles included in review (n=19)

#### Three categories included:

Specific shelter/housing needs of homeless older adults

Existing solutions that address needs of homeless older adults

Outcomes of rehousing homeless older adults

### Specific Shelter/Housing Needs of Homeless Older Adults



Shelter use among homeless older adults and related needs



Housing supports
needed for homeless
older adults to age-in-theright-place



Access to long-term care for homeless older adults

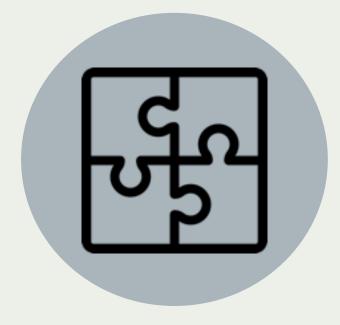
### Existing Solutions that Address Needs of Homeless Older Adults



**Housing First** 



Permanent supportive housing



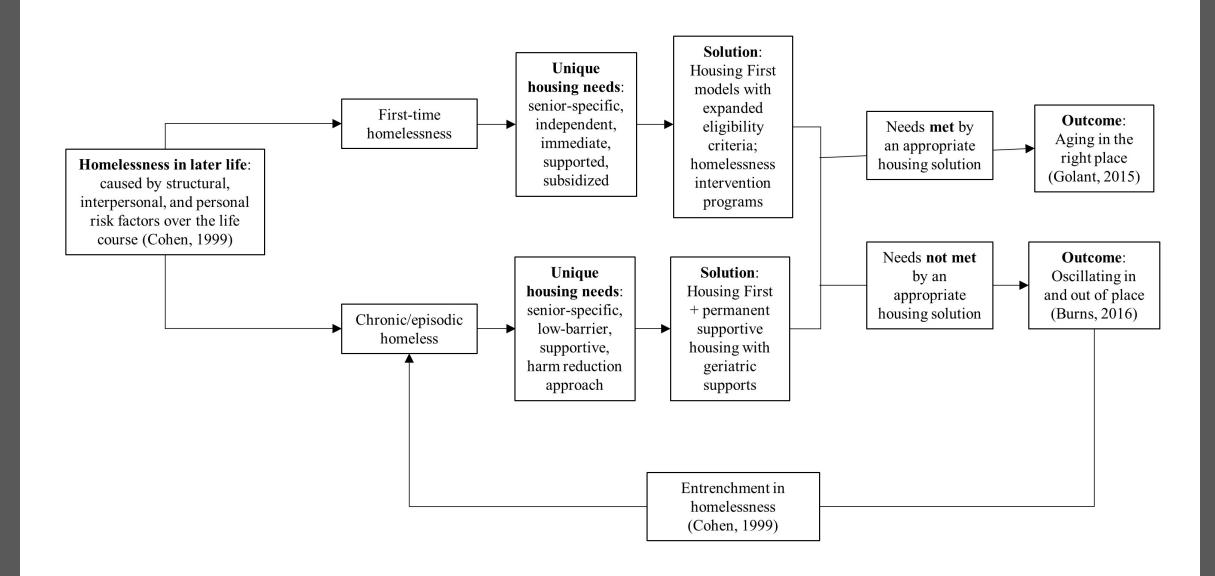
Multiservice intervention programs for homeless older adults

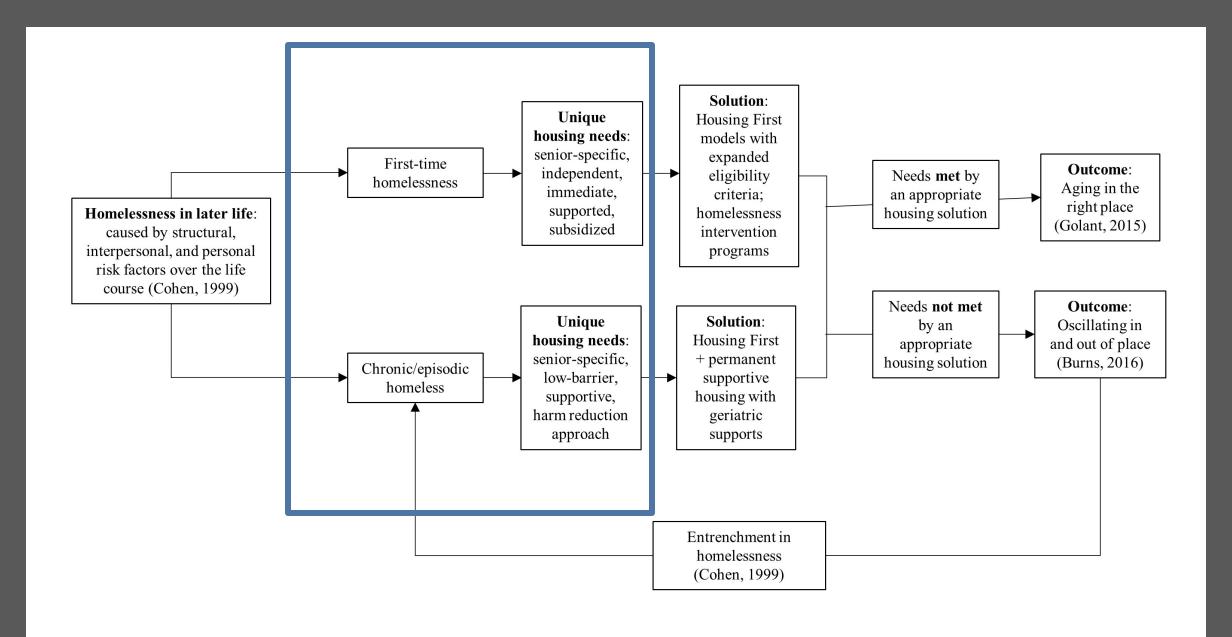
#### Outcomes of Rehousing Homeless Older Adults

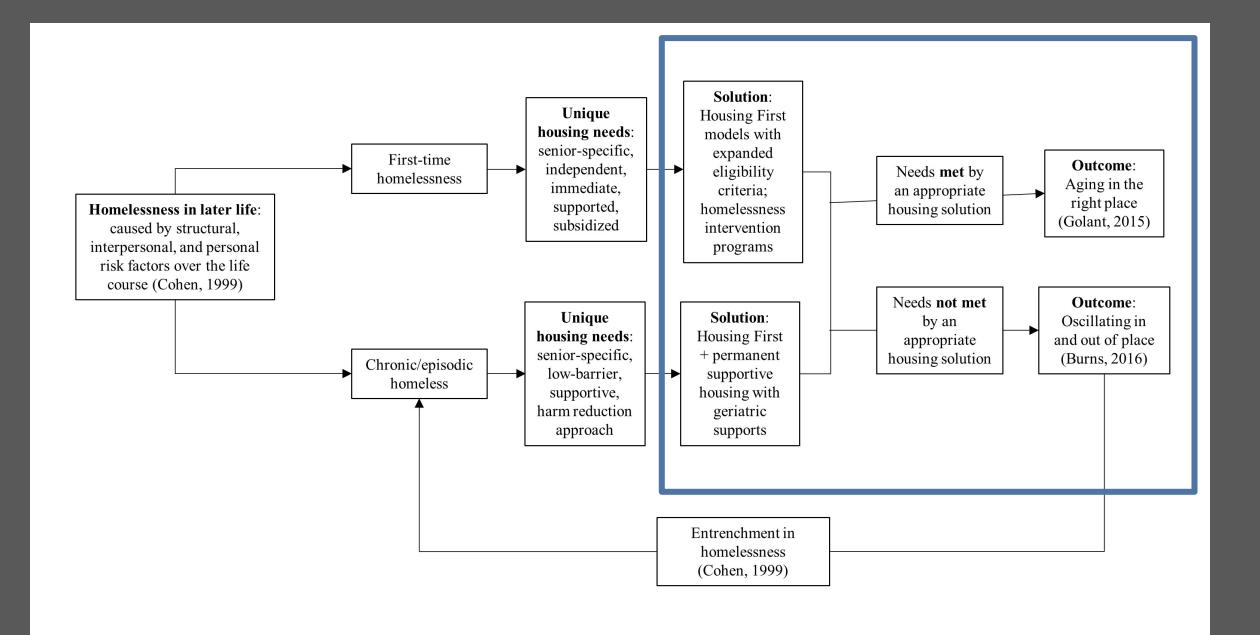


- Improvements in self-reported health, nutrition, access to care, and self-care
- Reduced stress and substance use
- Contact with family, friends, and support workers facilitates stable rehousing

# CONCEPTUAL FRAMEWORK







#### Implications for Policy and Practice

- Need for early intervention and rapid rehousing along a continuum of support and housing options
- Chronically and newly homeless older adults have different needs which require different housing solutions
- Appropriately designed housing solutions can facilitate aging-in-theright-place for formerly homeless older adults







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#### **THANK YOU**

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