2) Read about transferable skills

Transferable skills include communication, leadership, critical thinking, and problem solving skills. These skills are important, and employers value people with a broad transferable skill set.

Read the Cornell University page on Graduate & Professional Students' transferable skills.

Then, try to locate your discipline in this Guide. Not all disciplines are represented here, but please look through a few that are closely related to your academic discipline. You can see how transferable skills and disciplinary skills are connected.

3) Read about the importance of doing a Self-Assessment

What am I qualified to do with a PhD?

This article discuss the importance of doing a Self-Assessment to better understand your own skill set, interests, and values. It highlights the idea behind the mapping exercise that you will take part in Core Session 1!