The Psychological Skills of Music Performance: The Missing Link in the Training of Performing Artists

As music educators we barely touch the surface in a formal training sense when it comes to the psychological aspects of performance. I saw a student approach her teacher just prior to a recital and announce to her teacher "I'm nervous." She was pleading for some help. The teacher responded with a quick "You will do fine." Her efforts to reassure her student didn't seem to provide much relief. The teacher really didn't know what to say and the student didn't know what to do. This is a problem. I have heard countless stories of how the musical preparation was there, but something "mental" went wrong and the end result was lots of anxiety, a fear of performing and even the end of a musical career. This is a tragedy! I am excited about the opportunity to be a part of your webinar. I will be looking forward to hearing from you.
Wednesday, Sept 11- 9:00-11:00am- **Webinar Lecture**
Dr. Jon Skidmore, Brigham Young University, Utah
*The psychological skills of music performance: The missing link in the training of performing artists*

Thursday, Sept 26- 4:00-6:00pm- **MODAL Research Group meeting**
Presentation: Deanna Peluso, Doctoral Candidate (SFU)

Wednesday, Oct 2- 4:00-6:00pm- **Webinar Lecture**
Dr. Margaret Barrett, University of Queensland, Australia
*Children’s invented song-making: the foundations of creative thought and practice*

Thursday, Oct 17- 4:00-6:00pm- **MODAL Research Group meeting**
Presentation: Zara Pierre-Vaillancourt, Doctoral Candidate (Laval University)

Wednesday, Oct 30- 9:00-11:00am- **Live/Webinar Lecture**
Dr. Susan O’Neill
*Transformative music engagement: Making music learning matter*

Wednesday, Nov 6- 9:00-11:00am- **Webinar Lecture**
Dr. Aaron Williamon, Royal College of Music, London
*Facing the music: An investigation of musicians’ physical and mental responses*

Wednesday, Nov 13- 9:00-11:00am- **Live/Webinar Lecture**
Prof. Yaroslav Senyshyn
*Changing attitudes and teaching strategies in music education classrooms to bring out the best in our students and teachers*

Wednesday, Nov 27- 5:00-8:00pm- **Arts Education Doctoral Students**
*Critical Discourse Analysis Presentations by EDUC 945 Students*

Thursday, Dec 5- 4:00-6:00pm- **MODAL Research Group meeting**
Presentation: Jim Sparks, Doctoral Candidate (SFU)