

# Volunteers Needed!

*Passionate about working with the community  
to promote health and well-being?  
If your answer is yes, we have a volunteer  
position for you!*

## Looking for Volunteer Cardiovascular Health Educators at REACH Community Health Centre:

- Conduct cardiovascular health screening and provide health education such as:
  - Conduct interactive risk assessments (e.g. monitor blood pressure)
  - Learn of participants health history or lifestyle habits that may put them at risk
  - Empower and influence participants to eat healthy and have an active living plan
  - Provide participants resources in the community to support a health heart
- Promote health services at REACH CHC

**Gain valuable  
health care and  
health promotion  
experience!**

**Work to create a  
difference in  
community  
health!**

**Contact Faith to apply:**

ftang@reachcentre.bc.ca  
604-245-3838

**Must be available (in-person) on the last  
Wednesday of every month from 4-7pm for a  
minimum of 4 months (position begins May 2023).**

**Mandatory training held on May 24th from  
4-5:30pm at REACH Community Health Centre.**