



## Department of Molecular Biology and Biochemistry

### Director:

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**Resources for effective communication, career advancement, professional development, research integrity, and teaching in the (molecular life) sciences:  
a compilation of books, articles, and web links**

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[www.sfu.ca/mbb](http://www.sfu.ca/mbb)

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### General Advice for Graduate Students:

Resources prepared for a teaching program in professional survival skills and ethics operated by Michael Zigmond and Beth Fischer:

[http://www.skillsandethics.org/Site\\_2/Resources.html](http://www.skillsandethics.org/Site_2/Resources.html)

overview: <http://www.angelfire.com/la3/laprairie/FischerZigmond.pdf>

Slightly cynical “guide” for grad careers:

<http://www.eeb.yale.edu/stearns/advice.htm>

More upbeat response to Stearns: <http://faculty.washington.edu/hueyrb/pdfs/reply.pdf>

Lots of links to info about grad studies:

<http://www.anu.edu.au/BoZo/Scott/Studentresources.html>

More links with lighter touch: <http://www-personal.umich.edu/~danhorn/graduate.html>

### Seeking Letters of Recommendation:

Applications for most jobs, scholarships, and other awards require letters of recommendation, usually from relevant professionals. Graduate students should cultivate relationships with potential referees so that the letters can be based on true knowledge and then request letters appropriately. E.g.:

<http://www.universityaffairs.ca/how-to-ask-for-a-reference-letter.aspx>

### General and Science Writing Guides:

*Style: Ten Lessons in Clarity and Grace* by Joseph M. Williams

*The Elements of Style* by W. Strunk, Jr., and E.B. White (3 rd edition; a classic, must read); online at <http://www.bartleby.com/141/index.html>

*A Short Guide to Writing about Biology* by Jan A. Pechenik (5 th edition, 2004)

*Writing Papers in the Biological Sciences* by Victoria E. McMillan (2 nd edition)

*How to Write and Publish a Scientific Paper* (5 th ed., 1998) by R.A. Day; Oryx Press.

*Presenting Science to the Public.* By B. Gastel (1983); ISI Press



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“The Science of Scientific Writing” by G.P. Gopen and J.A. Swan, *American Scientist* 780-550-558.  
(an informative discussion of the how’s and why’s of scientific writing):

<http://www.amstat.org/publications/JCGS/sci.pdf>

A comprehensive guide to writing and communication related to science:

<http://www.writing.eng.vt.edu/>

Components and purposes of each part of a scientific paper well explained:

<http://www.survival.pitt.edu/library/documents/ComponentsofaResearchArticle.doc>

*How to Teach Scientific Communication* by F.P. Woodford (1999). Council of Biology Editors, Reston, VA. (includes some useful before and after revision examples)

*Eats, Shoots and Leave. The zero tolerance guide to punctuation.* by Lynne Truss (2006). Gotham Books PB. An amusing guide to an often neglected topic.

### **Style and Technical Guides; Writing Conventions:**

*The Chicago Manual of Style*. University of Chicago Press

*Scientific Style: The CBE Manual for Authors, Editors, and Publishers* by the Style Manual Committee, Council of Biology Editors. Cambridge University Press. THE reference style guide for us.

*Using the Biological Literature* . E.B. Davis and D Schmidt (1995); Dekker

“Guide to Grammar and Style” by Jack Lynch:

<http://andromeda.rutgers.edu/~jlynch/Writing/>

Online grammar and punctuation guides:

<http://owl.english.purdue.edu> (select grammar, spelling, punctuation; includes writing exercises and guidance).

<http://writing-program.uchicago.edu/resources/grammar.htm>

Proper use of numbers: [http://www.councilscienceeditors.org/publications/ssf\\_numberstyle.cfm](http://www.councilscienceeditors.org/publications/ssf_numberstyle.cfm)

Format for bibliographic citation of internet sources:

<http://www.nlm.nih.gov/pubs/formats/internet.pdf>

[http://www.councilscienceeditors.org/publications/citing\\_internet.cfm](http://www.councilscienceeditors.org/publications/citing_internet.cfm)

Guides to genetic and cytogenetic nomenclature by organism:

<http://www.councilscienceeditors.org/publications/resources.cfm>

Commonly confused words:

<http://www.ucalgary.ca/UofC/eduweb/writing/confuse.htm>



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Microsoft manual of style for technical publications (downloadable):

<http://www.microsoft.com/downloads/details.aspx?displaylang=en&FamilyID=B494D46B-073F-46B0-B12F-39C8E870517A>

### Effective Poster Presentations:

Posters sessions have become an important way to present and discuss your research at meetings. It is important to do them well.

Useful summary of advice: <http://the-scientist.com/2011/09/01/poster-perfect/>

“Do’s and Don’ts of Poster Presentations” by Steven M. Block (1996) *Biophys J.* 71: 3527-3529 (Old but good tips, including what to avoid): [www.biophysics.org/education/block.pdf](http://www.biophysics.org/education/block.pdf)

<http://ublib.buffalo.edu/libraries/asl/guides/bio/posters.html> (links to many resources)

Links to advice on posters: <http://www.the-aps.org/careers/careers1/GradProf/gposter.htm>

<http://www.biology.lsa.umich.edu/research/labs/ktosney/file/PostersHome.html> (quite useful)

<http://www.ncsu.edu/project/posters/IndexStart.html>

[http://www.kumc.edu/SAH/OTEd/jradel/Poster\\_Presentations/PstrStart.html](http://www.kumc.edu/SAH/OTEd/jradel/Poster_Presentations/PstrStart.html) (very useful site with many examples; courtesy of Prof. Jeff Radel, U. Kansas Med. Center)

<http://courses.washington.edu/imt05595/posters.html> (how to use MS PowerPoint to make posters; some useful hints and links)

### Effective Oral Presentations and Visuals :

[http://www.kumc.edu/SAH/OTEd/jradel/Preparing\\_talks/TalkStrt.html](http://www.kumc.edu/SAH/OTEd/jradel/Preparing_talks/TalkStrt.html)

[http://www.kumc.edu/SAH/OTEd/jradel/Effective\\_visuals/105.html](http://www.kumc.edu/SAH/OTEd/jradel/Effective_visuals/105.html) (on preparing visuals for oral presentations courtesy of Prof. Jeff Radel, U. Kansas Med): **Make it Big, Simple, Clear, & Consistent)**

<http://www.swarthmore.edu/NatSci/cpurrrin1/powerpointadvice.htm>

<http://www.anu.edu.au/BoZo/Scott/Talks.html> (short and to the point do’s and don’ts)

<http://www.anu.edu.au/BoZo/Scott/SharonTalks.html> (more short, good advice)

[http://www.skillsandethics.org/Survival\\_Skills\\_%26\\_Ethics/Resources\\_files/Attending%20professional%20meetings%202009g.pdf](http://www.skillsandethics.org/Survival_Skills_%26_Ethics/Resources_files/Attending%20professional%20meetings%202009g.pdf) (practical advice on attending meetings, including reservations, planning, travel, posters, presentations, and networking)

*The Craft of Scientific Presentations. Critical steps to succeed and critical errors to avoid* by Michael Alley (2003) Springer-Verlag: New York.

*Dazzle 'em With Style: The Art of Oral Scientific Presentation* by Robert R.H. Anholt (1994). W.H. Freeman: New York. (New edition available?)

### Advice on keeping laboratory notebooks:

<http://www.swarthmore.edu/NatSci/cpurrrin1/notebookadvice.htm>

[http://www.skillsandethics.org/Survival\\_Skills\\_%26\\_Ethics/Resources\\_files/Laboratory%20notebooks.pdf](http://www.skillsandethics.org/Survival_Skills_%26_Ethics/Resources_files/Laboratory%20notebooks.pdf)

Advice on Critical Reading and Presentation of Research Articles:

[http://www.skillsandethics.org/Site\\_2/Resources\\_files/Reading%20a%20journal%20article%20%282010%29.pdf](http://www.skillsandethics.org/Site_2/Resources_files/Reading%20a%20journal%20article%20%282010%29.pdf)



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### **Making effective graphs, tables and figures:**

*The Visual Display of Quantitative Information* 2<sup>nd</sup> ed. by E. R. Tufte (2001), Cheshire, CT: Graphics Press (ISBN: 9613921) (really enlightening and fun to read).

*The Elements of Graphing Data* by W.S. Cleveland (1985), Wadsworth Advanced Books and Software, Monterey, CA.

*Preparing Scientific Illustrations: A Guide to Better Posters, Presentations, and Publications*. 2<sup>nd</sup> Ed. By M.H. Briscoe (1996). Springer, NY

### **Advice on statistics and data analysis:**

*Intuitive biostatistics* by M. Motulsky (1995). Oxford University Press

*Experimental design and data analysis for biologists* by G.P. Quinn and M.J. Keough (2001). Cambridge University Press.

“Statistical significance tests: Equivalence and reverse tests should reduce misinterpretation”. D.F. Parkhurst (2001), *BioScience* 51:1051-1057.

<http://www.graphpad.com> (general tutorials, not strictly limited to applications of this software)

### **Short, focused advice for students:** (courtesy of Professor Colin Purrington, Swarthmore College)

Advice on presentations using Powerpoint, slides:

<http://www.swarthmore.edu/NatSci/cpurrrin1/powerpointadvice.htm>

Advice on seeking letters of recommendation:

<http://www.swarthmore.edu/NatSci/cpurrrin1/letters.htm>

Advice on searching for literature: <http://www.swarthmore.edu/NatSci/cpurrrin1/litsearch.htm>

### **Tips for Writing Successful Grant Proposals:**

General Grant Writing Guides:

[www.umanitoba.ca/research/funding/tips/general\\_grant\\_tips.pdf](http://www.umanitoba.ca/research/funding/tips/general_grant_tips.pdf)

[www.research.umich.edu/proposals/PWG/pwgcontents.html](http://www.research.umich.edu/proposals/PWG/pwgcontents.html)

[www.hfsp.org/how/ArtofGrants.htm](http://www.hfsp.org/how/ArtofGrants.htm)

<http://www.learnerassociates.net/proposal/> (very helpful guide to the mechanics)

<http://www.physpharm.fmd.uwo.ca/undergrad/survivalwebv3/ArtofGrantsmanship.html>

(comprehensive, excellent guide to grantsmanship by a Canadian)

<http://www.survival.pitt.edu/library/documents/grantspersonshipmanual.pdf> (lots of specific advice)

Guides for Canadian Granting Agencies:

NSERC: [www.nserc.ca/programs/winprop\\_e.htm](http://www.nserc.ca/programs/winprop_e.htm)

CIHR: <http://www.cihr-irsc.gc.ca/e/24550.html>

Guide to writing effective NSERC fellowship applications:

[http://www.nserc.gc.ca/programs/sf/pgs\\_pdf\\_tips\\_e.htm](http://www.nserc.gc.ca/programs/sf/pgs_pdf_tips_e.htm)

Guides for American Granting Agencies:

[www.nsf.gov/home/programs/guide.htm](http://www.nsf.gov/home/programs/guide.htm) (guide to writing NSF grants, with some general guidance)

[www.niaid.nih.gov/ncn/grants/write/index.htm](http://www.niaid.nih.gov/ncn/grants/write/index.htm) (guide to writing NIH grants, with general guidance)



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### Web Sites for Granting Agencies (most have scholarship and fellowship programs for students):

NSERC: [www.nserc.ca](http://www.nserc.ca)

CIHR: [www.cihr.ca](http://www.cihr.ca)

Common CV: [www.commoncv.net](http://www.commoncv.net)

Michael Smith Foundation for Health Research: [www.mschr.org](http://www.mschr.org)

Canada Foundation for Innovation: [www.innovation.ca](http://www.innovation.ca)

British Columbia Knowledge Development Fund: [www.aved.gov.bc.ca/bckdf/](http://www.aved.gov.bc.ca/bckdf/)

To search for other funding (mostly Canadian) opportunities see: <http://www.sfu.ca/ors/database.html>

To search for American and international grants and fellowships: <http://www.grantsnet.org>

### Getting a job in science and career development advice:

Virtually all continuing academic positions in Canada are advertised in *University Affairs* (<http://www.universityaffairs.ca/>) and the *CAUT Bulletin* (<http://www.cautbulletin.ca/default.asp>)

Link to “Landing an Academic Job. The process and pitfalls” by Jonathon Dantzig:

[http://quattro.me.uiuc.edu/~jon/ACAJOB/academic\\_job.html](http://quattro.me.uiuc.edu/~jon/ACAJOB/academic_job.html)

Candidate Tools: links to job and career development info from ASCB:

<http://www.ascb.org/career/career-resources.html>

*Life Science Research and Teaching: Strategies for a Successful Job Hunt* : a downloadable book from the ASCB: <http://www.ascb.org/newsfiles/jobhunt.pdf> *Career Advice for Life Scientists* , a downloadable book ASCB, with some focus on women’s issues:

[http://ascb.org/files/WICB\\_Pub\\_Vol\\_I\\_II.pdf](http://ascb.org/files/WICB_Pub_Vol_I_II.pdf)

Career development and job seeking advice for graduate students, post-docs and junior faculty from the *Science* magazine (lots of useful information, opinion, and advice):

[http://sciencecareers.sciencemag.org/tools\\_tips/how\\_to\\_series](http://sciencecareers.sciencemag.org/tools_tips/how_to_series)

Home page of *Science* Careers section for scientists: <http://sciencecareers.sciencemag.org/>

Online Tools for job searches via *Science*: <http://scjobs.sciencemag.org/JobSeekerX/>

The *Chronicle of Higher Education* has an online newsletter providing career news and advice as well as faculty and research job listing updated daily: <http://chronicle.com/jobs>

“A Dozen Sentences That Should Appear In Your (Academic) Job Application” P.N. Howard.

<http://www.grad.washington.edu/mentoring/memos/dozen-sentences.shtml> Other useful advice on this site as well.

Excellent resources for the development of early early-career scientists from the Howard Hughes Medical Institute including “making the right moves”, lab management, mentoring skills, starting a research group, science management and training therein, including a free manual “Making the Right



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Moves: A Practical Guide to Scientific Management for Postdocs and New Faculty” available from: <http://www.hhmi.org/resources/labmanagement/>

*A Ph.D. is Not Enough* by Peter Feibelman (1993), Addison Wesley (somewhat useful and witty career advice from a solid state physicist with a bias toward national labs rather than academia or industry). Gist: as a graduate student you should be planning for your career in science, not just the completion of your thesis. That includes generating an appropriate publication record, producing content for your CV that includes the skills that are sought in your likely chosen career, and cultivating effective referees.

“Excessive trust in authorities and its influence on experimental design” T-T. Sun. *Nature Reviews/Molecular Cell Biology* 5:577-581  
<http://www.nature.com/nrm/journal/v5/n7/full/nrm1429.html> Useful advice on thinking and being responsible for your own research and career, being skeptical of authorities including kits, understanding all steps of a protocol, designing proper controls, keeping a good lab notebook, and troubleshooting.

### **Ethics and Integrity in the Scientific Workplace, Resources:**

Singapore Statement of Research Integrity (2010). Nice 1 page summary of principles and responsibilities that should guide researchers. [www.singaporestatement.org](http://www.singaporestatement.org)

“On Being a Scientist: A Guide to Responsible Conduct in Research”. 3<sup>rd</sup> edition. National Academies of Sciences and Engineering, and Institute of Medicine. National Academies Press, 2009. Free download and podcast at: [http://books.nap.edu/catalog.php?record\\_id=12192](http://books.nap.edu/catalog.php?record_id=12192)

A compilation by *Science* of many useful links concerning the ethics of science in a broad context: [http://sciencecareers.sciencemag.org/career\\_magazine/previous\\_issues/articles/2002\\_11\\_29/noDOI.9541941422654441339](http://sciencecareers.sciencemag.org/career_magazine/previous_issues/articles/2002_11_29/noDOI.9541941422654441339)  
Links to other sources related to research integrity:  
[http://sciencecareers.sciencemag.org/career\\_magazine/previous\\_issues/articles/2002\\_11\\_29/noDOI.15418829673481492130](http://sciencecareers.sciencemag.org/career_magazine/previous_issues/articles/2002_11_29/noDOI.15418829673481492130)  
NIH website for Bioethics Resources: <http://bioethics.od.nih.gov/>

What to do about suspected violations of research integrity (Koocher and Keith-Spiegel (2010) *Nature* 466: 430-440; <http://www.nature.com/nature/journal/v466/n7305/pdf/466438a.pdf> ).  
Associated website for advice: [www.ethicsresearch.com](http://www.ethicsresearch.com)

Research on human subjects in Canada must be in accordance with the Tri-Council Policy Statement: Ethical Conduct for Research Involving Humans. It has an on-line tutorial at: <http://www.pre.ethics.gc.ca/english/tutorial/>

Honesty, Accountability, and Trust: Fostering Research Integrity in Canada (2010). Council of Canadian Academies. [www.scienceadvice.ca](http://www.scienceadvice.ca)

**Authorship issues:** Council of Scientific Editors’ White Paper on Promoting Integrity in Scientific Publications (including issues regarding authorship):  
<http://www.councilscienceeditors.org/i4a/pages/index.cfm?pageid=3313>





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Authorship and acknowledgements: [http://www.icmje.org/ethical\\_1author.html](http://www.icmje.org/ethical_1author.html)

**Teaching resources:** “Simplifying Teaching” *The Scientist* May 2011 P. 61-63. Simple advice oriented toward university faculty. Includes some useful citations of books, articles, and online resources some included here: <http://the-scientist.com/2011/05/25/simplifying-teaching/>

National Science Digital Library. A searchable database of teaching tools for all levels, e.g., use of clickers). <http://nsdl.org>

BioEDUCATE: Learning and Teaching Life Sciences (<http://bioeducate.asch.org>). Lots of resources including animations and presentations from the American Society for Cell Biology.

“Scientific Teaching” J. Handelsman et al. (2004), *Science* 304:521-22.  
<http://www.sciencemag.org/content/304/5670/521.full.pdf?sid=1f8be973-e250-43c1-9b51-fbf88522dfc9> Good overview of new approaches to teaching science based on science, with lots of supplementary resources

“Clickers in the large classroom” J.E. Caldwell (2007). *CBE-Life Sciences Education* 6:9-20. Focus on development of questions. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1810212/>

“Why peer discussion improves student performance on in-class concept questions” M.K. Smith (2009) *Science* 323:122-24. Documentation that discussion and clicker surveys improve understanding. <http://www.sciencemag.org/content/323/5910/122.full.pdf?sid=60038033-6bea-4e27-be86-e1838505f462>

### Searching the Scientific Literature:

NCBI Literature Databases (Includes PubMed, a searchable database of abstracts of biomedical literature including extremely useful links to related articles; Bookshelf of online biomedical textbooks; PubMed Central, providing unrestricted, full text access to many life science journals; OMIM, a database of human genetic diseases): <http://www.ncbi.nlm.nih.gov/Literature/index.html>

Entrez (sequence oriented databases, including links to PubMed):  
<http://www.ncbi.nlm.nih.gov/Entrez/>

Web of Science (ISI Science Citation Index) at SFU Library (find abstracts of papers by author, and find papers that cite papers of interest; also lots of citation data):  
<http://www.lib.sfu.ca/researchtools/databases/dbofdb.htm?DatabaseID=328>

Chemical and biochemical structures, etc:  
<http://www.lib.sfu.ca/researchtools/databases/dbofdb.htm?DatabaseID=400>

**Finding worldwide universities and people working at them:**  
<http://www.braintrack.com/>



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**Many useful links for scientists and professionals:**

<http://www.councilscienceeditors.org/i4a/pages/index.cfm?pageid=3291>

**Dictionaries:**

An on-line dictionary that includes some science terms:

<http://dictionary.reference.com/>

Compendium of on-line dictionaries etc., in several languages:

<http://www-math.uni-paderborn.de/dictionaries/Dictionaries.html>

American Heritage Dictionary: <http://www.bartleby.com/61/>

**Pronunciation**, including some scientific terminology: <http://www.howjsay.com/>  
(has apps for iPhone and Blackberries)

**Online Encyclopedias:** <http://en.wikipedia.org/wiki/Wikipedia>

Columbia Encyclopedia: <http://www.bartleby.com/65/>

**Thesaurus:** Roget's II: <http://www.bartleby.com/62/>

**Acronyms:** Medical acronyms: <http://medstract.org/>

Finding the meaning of general acronyms, abbreviations, and initialisms:

<http://www.acronymfinder.com/>

**Medical eponyms** (medical phenomena named for a person): <http://www.whonamedit.com/>

**On-line clock and calendar; time zones:** <http://www.timeanddate.com/>

**Currency converter:** <http://www.oanda.com/convert/classic>